



Wednesday, July 13, 2016

Your Community News Source Since 1968

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NOTABLE

- Military Operations Announced for July
Soil, Water to Hold Informational Meeting
Stonewall UMC Vacation Bible School
Prime Time Offers Shuttle Service
New Bern Farmers Market!
Rescue Squad to Celebrate 50th
Summer Four-Day Workweek
Rotary Hosts Open Meeting
Seats Available for PCHA Trip
Mount Zion MB Church Revival

INSIDE

- Almanac
Around Town
Classifieds
Commentary
Community
Kitchen Chatter
Legals
Neighborhood
Obituaries
On the Water
Reports
Sandy's List
Things To Know

OBITUARIES

- Marie Abbott Metts, 70, of Reelsboro
George Elbert Vendrick, 64, of Oriental



Got News? Call us at 249-1555 or email editor@thepamliconews.com.

Seven Felony Drug Arrests in "Operation Fire Cracker"

Staff Reports

Over the past several weeks the Pamlico County Sheriff's Office conducted a drug enforcement operation named "Operation Fire Cracker." During the operation, deputies arrested and charged 7 individuals with felony drug crimes.

- Charisse Hill, DOB 1-15-1980, B/F, Jacksonville
Charges: Possession with Intent to Sale/Deliver MDMA (Ecstasy), Possession of Marijuana - Bond: \$6,000
Melinda Blevins, DOB 3-9-1984, W/F, Oriental
Charges: Felony Possession of Cocaine, Possess Drug Paraphernalia - Bond: \$4,000
Todd Whorton, DOB 9-14-1964, W/M, Oriental
Charges: Possession with Intent to Sale/Deliver Sch. II CS (Hydrocodone), Possession of Drug Paraphernalia, Driving while License Revoked - Bond: \$25,000
Gregory Hopkins, DOB 9-30-1960, W/M, Alliance
Charges: Possession with Intent to Sale/Deliver

- Sch. II CS (Hydrocodone), Possession of Drug Paraphernalia, Driving while License Revoked - Bond: \$25,000
Hoyett Smith, DOB 5-1-1970, B/M, Bayboro
Charges: Possession with Intent to Sale/Deliver Heroin, Possess Drug Paraphernalia, Resisting a Public Officer - Bond: \$20,000
Marcie Hawkins, DOB 9-30-1981, B/F, Bayboro
Charges: Possession with intent to Sale/Deliver Cocaine, Possess Drug Paraphernalia - Bond: \$5,000 Secured
Sheriff Chris Davis asks that "if you believe someone in your community is involved in the use and distribution of narcotics, contact the Pamlico County Sheriff's Office at (252)745-3101."

The shot heard across The Straits

THE STRAITS - (NEWS DISPATCHES) Harkers Island residents were awakened in the early post-dawn hours of July 9th by a shot heard across The Straits.



News of the signing of the Declaration of Independence on July 4th in Philadelphia made its way down through the colonies to New Bern on July 7th. Messengers spread the word to the outlying Pamlico region of Craven County.



Vaughn Brice, patriot, prepares to row across The Straits to Harkers Island to share news about the Declaration of Independence.



PCC Unveils New Electronic Sign



On Monday, representatives from donors Harold H. Bate Foundation, Carolina East Health Center, and the PCC Foundation participated in PCC's electronic sign unveiling alongside PCC Board members, County Commissioners, and PCC faculty and staff

By Townley Cheek
If you have driven down 306 recently, you might have noticed a new addition to Pamlico Community College's campus. The electronic sign was one of Dr. Cox's initiatives, and everyone at Pamlico Community College was excited to see this project come to life.

Maria Fraser-Molina, interim president of Pamlico Community College. "We wanted to invite them down and personally say thank you for their support, because it is those partnerships that enable us to continue to serve the community."

Oriental's Parade Master Calls It Quits

Staff Reports
"10 years. 20 parades. It's not a lifetime but it's long enough," says former Parade Master Paul Fairbank.

What now?
According to Fairbank, his replacement should coordinate both of our (Croaker Festival and Spirit of Christmas) parades to preserve continuity in the process.

Embezzlement Case Ends in Guilty Plea

Thomas Benjamin Bowers II, 50, of New Bern, pleaded guilty to felony charges of fraud and embezzlement.

Bowers, an ex-volunteer fireman with Tri-Community Volunteer Fire Department, used a credit card that he was provided to use for legitimate expenditures on personal purchases including meals, hotel stays, and out-of-state travel, when no legitimate reason existed for the expenditures, such as training.

Pamlico Community Health Center of Greene County Health Care Inc. We are welcoming new pediatric, adult and geriatric patients. Call 252-745-2070 today for an appointment. 313 Main Street, Bayboro



Land/Home Sales
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Agent of the Week

Nancy Elrick
Broker

Here's what one of Nancy's customers had to say...

Nancy was very patient. She took us all over the area until we found the property just right for us. Very knowledgeable of the area and local amenities! She guided us through every step of the purchase and has kept in touch even after we closed. She helped us find a wonderful place to live and she and her husband have become great friends with us. We have already recommended her services.
Bill & Renee, GA



PRICE REDUCED
VANDEMERE - A 1928 4BR/2BA renovated in 2009, new windows & appliances. Refinished original wood flooring. Spacious country kitchen w/ tiled counters/back-splashes, laundry room. 1 bedroom downstairs & 3 upstairs, zoned heat pumps. Most furnishings convey! Public sewer & water.
OFFERED AT \$99,900



GRANTSBORO - Beautiful rural setting yet convenient to all your needs and close for New Bern commute. Well maintained 3BR/1BA ranch w/ tree lined privacy, completely fenced back yard, two-car attached carport. Unrestricted, no HOA dues, and not in a flood zone.
OFFERED AT \$129,500



PRICE REDUCED
ORIENTAL - Waterfront views of Smith & Green Creeks w/ deep-water boat slip in foreground. 2BR/2BA condo with eat-in kitchen, dining area, spacious living room and master suite, all with waterfront views. Laundry closet & spacious pantry. Covered waterfront deck with sunset views and prevailing summer breezes.
OFFERED AT \$185,000



Minnesott Beach - Exquisite waterfront Bennett Landing condo overlooking Neuse River. 2BR/2.5BA, both BRs are waterfront w/ en suite tiled baths. Reclaimed heart pine flooring in living/dining/kitchen/study. Concrete boat dock, huge 2-bay garage. Not in flood zone! Near world-class marina & 18-hole golf course-1-year membership included.
OFFERED AT \$237,500



ORIENTAL - Waterfront 3BR/3BA +FROG (with additional full bath), boat dock and covered lift on scenic 1.66 acres in Spicers Creek community. Vaulted ceilings, sunroom, formal dining room, gas log fireplace, tile & hardwood flooring, attached 2-car garage & detached RV garage/workshop/garden shed.
OFFERED AT \$449,900

See all Listings & Visual Tours at www.orientalncwaterfront.com
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Landmark Business Closes Doors After 40 Years in Business

By Deborah Dickinson
Pamlico News Staff

For forty years Swindell's Florist in Bayboro has been brightening the lives of others with beautiful floral arrangements. But, this Friday, July 15, will be the last day owner and proprietor, Pat Dickerson, will be delivering her one-of-a-kind floral creations as Pat is retiring and the long time, family-run business will be closing. The date has significance as it would be the 88th birthday of Doris Swindell, Pat's Mother, who first started the family business selling flowers out of her home in Stonewall. Closing, after providing beautiful bouquets to the people of Pamlico for so many years, was not an easy decision for Pat. But she is looking forward to now having the time to volunteer, travel, and spend time with family, friends and her three dogs.

Pat, before taking over the family business in 1998 had previously worked at Tryon Palace as a designer, as a wholesaler in Washington, a designer for the Eastern Floral Association, and freelanced at numerous florists in NC and VA. "I gave all this up when I took over the shop and I told the Lord he would come first, then family, and then business, just in that order," says Pat. Pat's relationship with Tryon Palace continued as Swindell's, for over ten years, has been entrusted to provide Christmas designs to Tryon Palace. Their floral décor, seen by so many, has been praised for its originality and beauty.

Doris Swindell started the family run business 40 years ago while working full time at Hatteras Yachts. She earned her florist certification on July 6th 1976. Hardworking and determined, she got the business up and running immediately. She tended to two large green houses on her property and a garden center next door. "My mother was always a busy woman. She worked at Hatteras Yachts during the day and in our shop at night

filling flower orders," recalls Pat.

In 1980 the Swindells moved their home-based operation to Bayboro. Pat remembers the first Christmas working in the new shop. "The line was out the door up until 30 minutes before closing." On Valentine's Day of that same year Pat says they were so busy that they had run out of vases for their arrangement. Back then deliveries came only every four weeks and they were running out of options with orders still coming in. "We called upon our customers, friends and family and asked them to bring any extra vases they had to the shop. We offered to pay for them, but not one person accepted," recalls Pat.

Swindell's has prided itself on providing the perfect pairing of flowers for any type of occasion. "We have always been here to help our customers craft the most heart warming bouquet possible, that is why our customers have been coming back to Swindell's Florist since 1976," says Pat.

Swindell's Florist, a family tradition here in Pamlico County, may be closing, but the tradition of providing beautiful floral arrangements for all occasions will carry on. Carissa Sanders, owner and operator of From The Heart Florist in Bayboro will be moving her operation into the Swindell's facility at 304 Main Street and plans to be open for business at the new location beginning on July 18. Carissa promises to continue to offer quality customer service with the same commitment to choosing perfect pairings of beautiful floral arrangements for every occasion.

"I am so excited for the opportunity and look forward to serving the people of Pamlico County. In addition to fresh cut floral arrangements, From The Heart will offer a large selection of unique gifts made locally including Pamlico t-shirts and Jenni K jewelry.

Pat and her family would like to extend their warmest thanks to all of Swindell's customers they had the privilege of serving over the



Owner and proprietor of Swindell's Florist in Bayboro, Pat Dickerson.



past 40 years. "We have been here to service Pamlico at the worst times of people's lives and at the happiest time of their lives," says Pat.

She also thanks those who have helped out or worked at Swindell's over the years. "There are too many to mention, 40 years worth, but a special thank you to Vicki Williamson who worked with us for 25 years and retired in December of 2015. I also want to thank you to my mother, who passed away December 5, 2013, for the opportunity to show my God-given talent." added Pat.



Pat Dickerson with her mother, Doris Swindell, the woman that started it all.

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Farm Tour Set for July 21



The Pamlico County Cooperative Extension would like to invite our local farmers and agri-industry personnel to the 2016 Pamlico County Farm Tour on Thursday, July 21. We are excited about the 2016 Farm Tour and look forward to your participation.

We will begin the tour at McCotter Farms/Sackett Potatoes in Vandemere, NC and visit two NCSU on-farm test plots (Soybean & Corn). We will then travel to the New Ditch area in Alliance, NC to review the Cooperative Extension multi-county corn variety plot. We will conclude the tour at the Silver Hill Christian Church, where we will discuss soybean selection and forestry management. Lunch will follow.

RSVP: Please call the Pamlico County Extension Center (745-4121) by Monday, July 18th with the number attending the Tour so that we may plan for the tour and Meal

2016 PAMLICO COUNTY FARM TOUR July 21, 2016

8:00 - 8:30 AM - Registration & Welcome - Mr. Daniel Simpson
CES Cell #: 252-670-4578 Office #: 252-745-4578
8:35 AM - NCSU Soybean Management Trial - Dr. Ron Heiniger
NCSU Corn Specialist (Cooperator Todd Phelps)
9:20 AM - NCSU Corn Management Trial - Dr. Ron Heiniger
NCSU Corn Specialist (Cooperator Brian Sackett)
10:20 AM - Multi-County Hybrid Corn Variety Trial - Mr. Daniel Simpson
NC State Extension (Cooperator Clifton, Cody, Taylor Paul)
11:00 AM - Forestry Management - Mr. Colby Lambert CES Area Forestry
11:30 AM - Soybean Selection - Dr. Jim Dunphy NCSU Soybean Specialist
12:00 AM - Lunch - Silver Hill Christian Church



Chef Vivian Howard, Host of A Chef's Life. Photo Credit - Rex Miller

SECU Members Help Support "A Chef's Life" - Exploring Southern Traditions Through Local Food and Farms

North Carolina has many wonderful things to offer, one of them being a food lover's haven in Kinston with Chef Vivian Howard, who explores Southern cuisine from its origins to present-day through a popular docu-series, A Chef's Life. State Employees' Credit Union (SECU) members recognize the value of bringing life to the rich history of North Carolina's food traditions and supporting its local farmers through the series. As a result, the member-funded SECU Foundation recently provided financial support to assist with Season 4 production of the award-winning PBS television show that will broadcast nationally beginning September 2016.

Airing since 2013, A Chef's Life takes audiences inside the life and work of Howard. Her return to Kinston ten years ago with her husband to open a restaurant has shifted the economic climate of the region and introduced a growing fan base to ingredients and recipes that are quintessential to eastern North Carolina. The show highlights the importance of preserving endangered southern foodways, nutrition and the return to a focus on supporting local food producers, while instructing viewers on methods of cooking and preserving foods forgotten by many.

Chef Howard welcomed SECU Foundation as a Season 4 sponsor. Howard remarked, "The concept behind A Chef's Life is both community-driven and people-focused, the same fundamental beliefs State Employees' Credit Union members value and share through their Foundation's initiatives. I'm glad to have SECU Foundation on board and I'm proud to call them a sponsor."

"SECU members are happy to support Chef Vivian Howard and Season 4 of A Chef's Life," said Jim Johnson, SECU Foundation Board Chair. "It's a delightful documentary-style

cooking show that connects viewers to North Carolina's diverse agricultural products and their economic impact. Her passion as a chef and her use of farm fresh ingredients from local farms really resonates and brings the community together - the people, their traditions and heritage - to explore southern cooking."

A not-for-profit financial cooperative owned by its members, SECU has been providing employees of the State of North Carolina and their families with consumer financial services for 79 years. The Credit Union also offers a diversified line of financial advisory services including retirement and education planning, tax preparation, insurance, trust and estate planning services, and investments through its partners and affiliated entities. SECU serves over 2 million members through 256 branch offices, over 1,100 ATMs, 24/7 Member Services via phone and a website, www.ncsecu.org.

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Minnesott Golf & Country Club and the Town of Minnesott Beach **Minnesott Community Day PARADE & EVENTS** Saturday, July 16th

Schedule of Events

- 11:00 AM Parade Line Up Behind the Town Hall (All Welcome! March or Spectate)
- 11:30 AM Parade Route Begins at Town Hall and Ends @ Minnesott Golf & Country Club, Down Hardison Dr to Country Club ending in Parking lot of MGCC
- 12:00 PM Drawing Registration Table / Food Booths
- 12:00 PM Crazy Putting*/Corn Hole/Open Driving Range/9 Holes Golf \$12
- 1:00 PM Pool / Prize Bingo
- 3:00 PM Close Pool and Bingo
- 3:15 PM Hold Drawing for 3 Free Social Memberships for Month of August 2016 and 3 Free \$25 Rounds of Golf for Four

www.minnesottgolf.com
Event Coordinator: Valerie Calvacchia 252-725-9053/value2ad@yahoo.com
admin@minnesottgolf.com

CarolinaEast Receives Stroke Award

American Heart Association recognizes CarolinaEast's commitment to quality stroke care.

CarolinaEast Medical Center has received the American Heart Association/American Stroke Association's Get With The Guidelines®-Stroke Bronze Quality Achievement Award. The award recognizes the hospital's commitment and success in ensuring stroke patients receive the most appropriate treatment according to nationally recognized, research-based guidelines based on the latest scientific evidence.

To receive the Bronze Quality Achievement award, hospitals must achieve 85 percent or higher adherence to all Get With The Guidelines-Stroke achievement indicators for one calendar quarter. These quality measures are designed to help hospital teams provide the most up-to-date, evidence-based guidelines with the goal of speeding recovery and reducing death and disability for stroke patients. They focus on appropriate use of guideline-based care for stroke patients, including aggressive use of medications such as clot-busting and anti-clotting drugs, blood thinners and cholesterol-reducing drugs, preventive action for deep vein thrombosis and smoking cessation counseling.

"A stroke patient loses 1.9 million neurons each minute stroke treatment is delayed. This recognition further demonstrates our commitment to delivering advanced stroke treatments to patients quickly and safely," said Kathy McCurdy, Clinical Manager of Neurology at CarolinaEast Medical Center. "CarolinaEast continues to strive for excellence in the acute treatment of stroke patients. The recognition from the American Heart Association/American Stroke Association's Get With The Guidelines-Stroke further reinforces our team's hard work."

"The American Heart Association and American Stroke Association recognize CarolinaEast Medical Center for its commitment to stroke care," said Paul Heidenreich, M.D., M.S., national chairman of the Get With The Guidelines Steering Committee and Professor of Medicine at Stanford University. "Research has shown there are benefits to patients who are treated at hospitals that have adopted the Get With The Guidelines program."

Get With The Guidelines®-S puts the expertise of the American Heart Association and American Stroke Association to work for hospitals nationwide, helping hospital care teams ensure the care provided to patients is aligned with the latest research-based guidelines. Developed with the goal to save lives and improve recovery time, Get With The Guidelines®-S has impacted more than 3 million patients since 2003.

According to the American Heart Association/American Stroke Association, stroke is the No. 5 cause of death and a leading cause of adult disability in the United States. On average, someone in the U.S. suffers a stroke every 40 seconds, someone dies of a stroke every four minutes, and nearly 800,000 people suffer a new or recurrent stroke each year.

About CarolinaEast Medical Center
CarolinaEast Health System has been serving the growing needs of the coastal North Carolina community since 1963. In addition to the system's flagship, 350 bed CarolinaEast Medical Center, CarolinaEast includes a rehabilitation hospital, free standing diagnostic and surgery center and several CarolinaEast Physician practices providing primary and specialty care for all phases of life.



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National Highway Traffic Safety Administration

Solid Waste Management Wins Award

The Certificate of Achievement for Excellence in Financial Reporting has been awarded to Coastal Regional Solid Waste Management Authority by the Government Finance Officers Association of the United States and Canada (GFOA) for its comprehensive annual financial report (CAFR). The Certificate of Achievement is the highest form of recognition in the area of governmental accounting and financial reporting, and its attainment represents a significant accomplishment by a government and its management.

An Award of Financial Reporting Achievement has been awarded to the individual(s), department or agency designated by the government as primarily responsible for preparing the award-winning CAFR. This has been presented to Miriam S. Sumner, Finance Officer.

The CAFR has been judged by an impartial panel to meet the high standards of the program including demonstrating a constructive "spirit of full disclosure" to clearly communicate its financial story and motivate potential users and user groups to read the CAFR.

The GFOA is a nonprofit professional association serving approximately 17,500 government finance professionals with offices in Chicago, IL, and Washington, D.C.

Legals

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION
NOTICE TO CREDITORS AND DEBTORS OF VIRGINIA B. LUPTON

Having qualified as Administrator of the Estate of VIRGINIA B. LUPTON, late of Oriental, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at 360 Riggs Road, Grantsboro, NC 28529, on or before the 10th day of October, 2016, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 6th day of July, 2016

Dawn M. Lupton
360 Riggs Road
Grantsboro, NC 28529

Publish: July 6, 13, 20, 27, 2016

HOLLOWELL & HOLLOWELL
P.O. Box 218
Bayboro, NC 28515

Notice to Creditors: Estate of Hally Bruce Tyson, File No. 16 E 103

Having qualified as Executor of the Estate of Hally Bruce Tyson, late of 22 Magnolia Way, Pamlico County, Grantsboro, North Carolina, 28529, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned

at 408 Main Street, P.O. Box 411, Bayboro, North Carolina 28515, on or before the 6th day of October, 2016, or this notice will be pleaded in bar of recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This the 6th day of July, 2016.

Jerry E. Harper, Sr., Executor
Estate of Hally Bruce Tyson

Jerry E. Harper, Sr., Executor
c/o Sara L. Delamar, Attorney
Delamar & Delamar, PLLC
408 Main Street
P.O. Box 411
Bayboro, N.C. 28515

(For Publication: 07/06/2016, 07/13/2016, 07/20/2016, 07/27/2016)

Inspections

July 2, Stanley Feigenbaum, Arapahoe, electrical, \$40
July 5, William Fisher, Oriental, new residence, \$1,541.10; Bayboro Baptist Church, Bayboro, sign, \$50; Donald Smithwick, Oriental, deck, \$63.04; Glenn Tyndall, Arapahoe, mechanical, \$40
July 6, Milton Sawyer, Bayboro, electrical, \$40; Mary Smith, Bayboro, plumbing/electrical, \$115
July 7, Guy Williams, Oriental, garage, \$157.24; Robert Vierheller, Arapahoe, electrical, \$75; Robin Garrison, Bayboro, shed, \$148; James Hahn, Oriental, deck, \$76
July 8, Dara Bass, New Bern, electrical, \$40; Dustin Turnage, Bayboro, garage, \$147.52

Incidents

July 1, Florence Rd., Merritt, communicating threats
July 1, NC Hwy 306 N., Grantsboro, injury to real property, breaking and/or entering
July 1, Main St., Bayboro, traffic crash investigation
July 1, Kershaw Rd., Oriental, DWI - alcohol and/or drugs
July 2, Hodges St., Oriental, Tiki Bar, missing persons
July 2, Seafarer Rd., Arapahoe, traffic collision
July 2, NC Hwy 304, Bayboro, larceny - all other larceny
July 4, NC Hwy 55/NC Hwy 306, Grantsboro, driving while license revoked, fictitious info to an officer,

driving while license revoked (FTA/OFA)

July 4, Foxwood Trail Rd., New Bern, domestic standby
July 4, NC Hwy 55, New Bern, Potter Trucking Company, larceny - from motor vehicle
July 6, Dixon Rd., New Bern, domestic disturbance, involuntary commitment order
July 6, Lynchs Beach Loop Rd./Swan Point Rd., Bayboro, child abuse
July 7, Browns Creek Rd., Merritt, burglary - forcible entry, larceny - all other larceny
July 7, Sawyer Rd., Alliance, fraud - wire/computer/other electronic manipulation

Property Transfers (July 1 - July 8)

July 1, 0.13 AC, from Joan K. Coley to Joan K. Coley/TR, Joan K. Coley Revocable Trust, Joan K. Coley, \$0
July 1, PIN: J082-474, from Harold Loyd Stephenson, Stephenson Enterprises, LLC to James F. Mills, \$0
July 1, 0.51 AC; see map in DB 544/253, from Sara Rolan and Sarah Rolan to Roger Dale Oaks and Jeanne Lacy Oaks, \$250
July 5, Pecan Grove Marina, 3 Tracts, from John J. Mavrovich, Mary Ann Mavrovich and Mary Ann L. Mavrovich to Michael McCrindle, \$30
July 5, N/S Bay River from Ponce D. Ham, Ponce D. Ham, Sr. and Mary Ellen P. Ham to Joseph

W. Matthews, Jr. and Carolyn T. Matthews, \$2

July 5, Oriental Harbor Village Marina, Boat Slip 16, Dock C; CB 1/78, CB 1/101 & CB 1/104, from Eugene F. Kenny, Kathy Kenny and Kathy Kenney to William Earl Taylor, Jr. and Marie D. Taylor, \$30
July 6, 10.18 AC; Tract One, PCA 197-1, PIN: D061-99 (portion) from John L. Trudo, Kim W. Trudo, Jeffery Brian Connor, Sr. and Stacy Trudo Connor to John L. Trudo and Kim W. Trudo, \$0
July 6, 5.702 AC, from Connie C. Lewis to Charles G. Lewis, Jr. and Charlie Littleton-Reid Lewis, \$1
July 6, Indian Bluffs Lot: 6, Indian Bluffs Lot: 7, Section II, MB 10/43, from John E. Shannon and Arleene C. Shannon to John C. McKee and Kristina M. McKee, \$580
July 6, Oriental Plantation Lot: 113, Section 4, PCA 65-9; Map attached, boat slip 13, CB 1/72, from Stanley R. James and Barbara H. James to Michael E. Bolitho and Karen M. Bolitho, \$100
July 8, Minnesott Estates Lot: 1, Map Book 5/15; 11318 NC hwy 306 South, Arapahoe, Estoppel Deed; DT 508/58, from Marilyn B. Mason to Citifinancial, Inc, Citifinancial Servicing, LLC, \$292
July 8, 6.91 Acres; Western R-O-W NC Hwy 306; map in DB 92/514 and File No. 95-SP-19, PIN: F06-1-1; 16E3 from Dewitt C. Brinson, Julia B. Given and Brian R. Given to Spencer Schoen, \$55

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The Good, the Bad

Maureen Donald
The Editor's Desk

Get ready. I realized over the weekend that summer is officially here - at least by my standards. This revelation isn't due to the warm (ok, hot) temperatures, the tip off for me is the traffic. Yes, I said traffic. I realize many of you probably can't fathom why traffic might be considered noteworthy in Pamlico County. After all, one simply has to make a brief stop in midtown Manhattan to make Pamlico County appear downright bucolic. Even a drive to downtown Raleigh is enough to remind me what fun it is to attempt a merge onto a six-lane highway at 70 mph. Nevertheless, traffic-spoiled as I might be, I can't help but get a tad frustrated when summer arrives and the population (and therefore vehicles) begins to swell. As I drove around the county the past few days, I noticed the gradual increase in traffic. It takes a little longer to pull out onto

55, make a left turn and yes, find a parking spot at local merchants. I remember when none of this was a problem. But as the county grows, so does the traffic - among other things. How about the queues at local markets and the post office? It wasn't too long ago (last month actually) that pulling out of Home Builders was a piece of cake. Now I sometimes have to wait at least 3, maybe 4 minutes, to hit the road. Then there's Hardee's. I pulled into the drive-through yesterday only to find 3 cars in front of me - imagine that. And just wait until summer events start in earnest in downtown Oriental. The streets will be lined with folks and yes, a variety of powered and non-powered vehicles moving slowly through the crowds searching for a parking spot. Yes, I realize I'm spoiled, but for those of you that have been less than 10 years or so - things truly have changed. For one, we now have two traffic lights - something some of us are still getting used to. Keep in mind that the installation of both traffic lights

made front-page news - that says something. Yes, there have been setbacks in the growth of the county. A few businesses have gone by the wayside, but lately we've seen new ones sprout up and the expansion of some established merchants. Watch for the reopening of the Inland Waterway Provision Company and the opening of Nautical Wheelers at a brand new location. In general I believe it's safe to say things are looking up for the area, in the wake of a recovering economy. Naturally, that also means the traffic will continue to increase causing those of us who disdain waiting an extra minute or two, an added aggravation. I find it interesting that those of us who want less traffic creating a more peaceful setting, get stressed if we can't pull out immediately - there's something contradictory about that. For now I'll try to look on the bright side of things. More traffic, more people, more prosperity for the area. How long until fall?



Layers

Ben Casey

Yogi Berra espoused great wisdom about the ultimate passing. He noted that if you wanted a lot of people to come to your funeral, you better go their funerals. It is generally accepted that the number of people who show up at a funeral is determined largely by the weather. Back in the day, the number of cars in the procession from the church to the grave was a prime indication of either the popularity or importance in the community of the departed. Really large funerals usually brought out the need for jumper cables after interment. The economically practical nature of cremations has decidedly decreased the number of cars whose lights were left on after traveling in the procession from the church to the cemetery. I have pre-planned. When my ashes are tossed from the Dawson's Creek bridge, I want Penny Dollar Farmer to make me look good. I have seen her work - first hand. Though Pamlico County is not a mountain enclave, my wife and I attended the funeral of a departed who was connected to both our families. He had led a colorful life, beyond the parameters of generally accepted norms. But the Right Most Reverend Farmer kept reminding the bereaved that no matter how unconventional

his friends and relatives thought his life had been, God loved him, exactly the same way God loved all those present. I immediately beseeched The Reverend that if she would create a positive spin on my life, I was ready to make a downpayment. She rejected my offer, saying, "Ben, I have my limits." Abundantly filled with uncertainties and insecurities, I check the obits every morning to see if I am there. Obits make interesting reading. I am often embarrassed about my lack of achievement compared to the accomplishments that are detailed in death announcements of many ordinary rank and file people. That is where one can find the extraordinary among the ordinary. Nightingale and I attended the funeral last week of Mrs. Mary Frances Grimes of Lowland, the late mother of a dear friend and colleague from our days at the University of Pamlico at Grantsboro. Nearing the end of my seventh decade on the planet, having attended a fair number of funerals, this is one that I am putting in the books. Two granddaughters delivered eulogies which revealed the truly extraordinary do thrive among the ordinary. Denise Woodard spoke passionately about loving memories of her grandmother. Renea Gill spoke eloquently about the layers of character traits that defined her grandmother. Denise recalled, "When I was growing up, the whole family would gather at Grandma's as much as possible, New Years,

Easter, Mother's Day, Thanksgiving, Christmas, and any other reason we could come up with just to go to grandma's to visit. ... She had a contagious smile that warmed your heart. You couldn't help but be happy at Grandma's house. ... My hope is we can all be as wise and wonderful as her and continue to teach our children the importance of family and continue that tradition for future generations." Renea, recalling the famous 7-layer chocolate cakes her grandmother prepared, created an explicitly detailed simile to end all similes. She said that her grandmother's character was like her 7-layer cake, 7 layers of admirable traits. She then delineated them: love for God, love for family, love for others, do what you do with joy and excellence, contentment with one's station in life, always exude peace, and faithful dependability. Renea concluded by saying that her grandma's cakes were frosted with love and prayer, baked with perfect timing. I didn't know Mrs. Grimes. I went to her funeral to show respect for her descendants that I knew, people who had touched my life. But I left having been touched by her life. How often do we go to funerals out of a sense of obligation? Though it might be awkward to say, one might be pleasantly surprised at a funeral. Made me think, you don't have to have known someone personally to be touched by the layers that made up their life.



Making Sense of Investing

Dan M. Roberts, IV
Financial Advisor

"Regrets? I've had a few." - Frank Sinatra. Mr. Sinatra, one of the most famous entertainers of the 20th century, did things his way, but he was also familiar with remorse. He's not alone, of course. We all deal with regrets - and financial ones are among the most troublesome. Here are the leading financial regrets, according to a recent survey by Bankrate.com, along with some suggestions for avoiding them:
• Not saving for retirement early enough - This was the top regret expressed by survey respondents. Saving and investing early for retirement offers you two key benefits. First, the more time you give growth-oriented investments, the greater their growth potential. And second, by saving and investing for retirement early in your career, you will likely need to put away less money each year than you would if you waited until, say, your 40s or 50s. So, if you aren't already doing so, contribute as much as

you can afford to your IRA and your 401(k) or similar employer-sponsored plan. And increase your contributions every time your salary rises.
• Not saving enough for emergency expenses - You can't plan for all expenses. Your furnace might die, your car may need a major repair, you may incur a sizable doctor's bill - the list goes on and on. If you don't have the money available to meet these costs, you might be forced to dip into your long-term investments. That's why it's important to maintain an emergency fund, containing three to six months' worth of living expenses, in a liquid, low-risk account.
• Taking on too much credit card debt - If you don't overuse your credit cards, they can be handy and helpful, in many ways. Try to keep a lid on your credit card debt, keeping in mind that your debt payments reduce the amount of money you have available to invest for your long-term goals, such as a comfortable retirement.
• Not saving enough for children's education - This may be perhaps the most difficult regret to address - after all, it's not easy

Act Today to Avoid Financial Regrets Tomorrow

to save for your own retirement and simultaneously put money away for your children's college educations. However, if you can afford to save for college, try to do so in as advantageous a manner as possible.
• Buying a bigger house than you can afford - If you tie up too much money in mortgage payments, you will have less to contribute to your various retirement accounts. And while home equity certainly has some value, it generally does not provide you with the same liquidity - and probably not the same potential for growth and income - as an investment portfolio that's appropriate for your needs and risk tolerance. So, think carefully before purchasing that big house - you might be better served by scaling down your home ownership and ramping up your investments. You can't avoid all the doubts and misgivings you'll encounter at various stages of your life. But if you can reduce those regrets associated with your finances, you could well increase your satisfaction during your retirement years.
This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



Campaigns Go Back to Future

John Hood
Chairman,
John Locke
Foundation

During North Carolina's primary elections earlier this year, did you get a visit to your home from a campaign worker? If so, you are far from alone. One of the most noticeable changes in political campaigns during the past decade has been the return of door-to-door canvassing. It was a mainstay of electoral campaigns many decades ago, before the advent of saturation ad buys on television. It has returned. Why have the political pros gone back to the future? Because in the highly competitive politics we're experiencing, here in North Carolina and in other parts of the country, even small differences in campaign tactics have the potential to determine outcomes. Politicos have a huge incentive to wring as much electoral benefit as possible from every dollar they spend. And according to the latest empirical research, that doesn't mean buying as many TV ads as they can afford. Not that long ago, political consultants usually sneered at grassroots campaigning. They told their candidates to raise as much money as possible so they could run as many good ads as possible. TV was the only cost-effective means of reaching large number of voters, they said. If the state or national party would also spring for get-out-the-vote efforts, the consultants welcomed the help. Still, they kept their own focus on converting campaign cash into gross ratings points (the term for how much airtime you are buying for your message). Now, it's true that consultants often made a good amount of their income from placing TV buys for their candidates. But it would be a mistake to think their belief in advertising was a sham to cover their own self-dealing. There were good reasons to think TV ads were the best use of the marginal dollar. Perhaps they were, for a while. What's happened lately is that political scientists, marketing firms, and campaign consultants themselves (pressured by donors intent on getting the biggest bang for the buck) have been con-

ducting field tests. They've studied the relative benefits of TV, radio, print, billboards, "free" media interviews, direct mail, phone calls, and door-to-door canvassing. Guess what? After a certain point, raising and spending more money on TV ads doesn't seem to help candidates very much. You certainly need your name and message out there, and to answer effective attacks by your opponents. If you plot the benefits of this strategy, however, the line goes from a rising slope to a horizontal. Once you reach that plateau, more ad spending won't do the trick. At the same time, the rate of return on the three "direct" methods of campaigning - sending targeted voters a piece of mail, calling them on the phone, and visiting them in their homes - has gone up. Ironically, the explanation is technological innovation. By collecting and manipulating massive amounts of data, a campaign, political party, or independent-expenditure group can target its message to precisely the people it needs either to persuade or (more often) to turn out to the polls. A recent paper in the journal Political Science Research and Methods quantified the effects for the 2012 presidential race. The campaigns and other supporters of Barack Obama and Mitt Romney used all three tactics extensively. On average, their efforts increased turnout in targeted battleground states by seven to eight percentage points. It's not that any single act makes a big difference. It's about repetition. The study's findings were consistent with prior research indicating that, on average, a phone call boosts turnout by four-tenths of a point, a mailer by seven-tenths of a point, and a personal visit by a full point. Because targeted voters in 2012 battlegrounds received an average of about 10 phone calls, two pieces of mail, and two knocks on the door, it's not surprising that the campaign's total effect on voter turnout averaged just over seven percent. What I've just done is provide you an elaborate explanation for what you'll likely experience this fall. Tell the campaign worker who stops by your house that I said "hi."
John Locke Foundation chairman John Hood is the author of Catalyst: Jim Martin and the Rise of North Carolina Republicans.

Habitat for Humanity of North Carolina's Ambitious Challenge

Habitat for Humanity of North Carolina's ambitious "SECU Habitat Mountain to the Sea Challenge" - to build a home in each of North Carolina's 100 counties - has gotten a major boost with a \$450,000 grant from Oak Foundation. The grant will cover most of the administrative costs associated with the oversight of HHNC's \$10 million partnership with the State Employees Credit Union Foundation (SECU), created early in 2015 to work with Habitat's 70 affiliates statewide. "Normally, a Habitat affiliate offers a family a zero-percent interest mortgage and waits 25 to 30 years to recover its asset," says Greg Kirkpatrick, HHNC's executive director and president. "With the SECU Foundation partnership the affiliate will recover the full mortgage value at closing up to \$150,000, and can then put those funds to work building another house for a family on the waiting list." The 100-home challenge, which is to be completed by the end of February 2018, has already resulted in finished homes in Scotland, Yancey, Avery, and Edgecombe counties - with many more to close this summer (Anson, Richmond, Rutherford, Warren, Northampton, Watauga and others). SECU Foundation

grants thus far total nearly \$400,000. "With the SECU Foundation's pledge of up to \$10 million in grants and financing, we have an opportunity to build in both the 75 counties that we are already serving and also in the 25 counties that lie outside the service area of any one affiliate," Kirkpatrick said. "The gift from Oak combined with the original grant from SECU makes possible a transformation of how and where we produce housing in NC." Since 1983, Habitat has produced 7,600 new homes in North Carolina. It has rehabbed another 500 and provided critically needed repairs on another 1,825. All told, Habitat has served more than 9,900 Tar Heel families. But the need is still great. Habitat for Humanity of NC estimates that 300,000 North Carolina families spend more than half of their gross income on housing, and housing costs have continued to rise while wages have not kept pace. Some 10,518 homes go without heat in winter, and 16,548 lack indoor plumbing. "We are proud to support Habitat for Humanity NC in its efforts to address the need for affordable housing in North Carolina," said Millie Brobston, program officer in the foundation's Chapel Hill office.

The Pamlico News

USPS 782-460 Published 51 times a year
800 Broad St., Oriental, NC 28571
(252) 249-1555 (252) 249 0857, fax
www.thepamliconews.com

Sandy Winfrey, **Publisher**

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How to Subscribe to The Pamlico News

P.O. Box 510
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Oriental, NC 28571
(252) 249-1555 (252) 249-0857, fax

Published Each Wednesday

Yearly Subscription Rates

\$30 in Pamlico County and Richland Township
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Annette Jones,
55 Plus Club
Correspondent

Goose Creek Island

Goose Creek Island 55 Plus Club met Thursday at the Community Center. Today was Bingo Day and we enjoying winning our favorite prizes! The Rummikub ladies played several games after the meeting. We were glad to have Ashley Flowers with us today.

Prayer List: Doug Campen, son of Elizabeth Lupton Campen, is having medical tests at Duke. We are pleased to report that Camden Popperwill is now at home.

Happy Birthday Stella Sadler Spence, Linda Foreman Lupton and Annette Hill Jones - Jul 17, Danny Paul Ireland, Raylon Cahoon and Victoria Goodwin Starr - Jul 19, Lynn Balance, Nancy Lou McKinney, Thomas Mayhew Potter and Sherry Patricia Gaskill - Jul 20, Layla Ireland, Sheron Jones Styron and Tillman Ireland, Sr. - Jul 21. Happy Anniversary Douglas and Kathy Jones - Jul 16

Bob and Edith Johnson enjoyed fireworks and a cookout at Rivers Edge Campground with fellow campers, friends and relatives. Zool and son, Ivan Ireland displayed fireworks at their fish house in Lowland. There was a lot of pleasure boats on the island that were fishing, water skiing or swimming.

Nina Voliva Jarvis and Glen & Patti Loftin attended worship services at Warden's Grove FWB Church Sunday and placed flowers on the grave of George Jarvis.

Patti Ross Leary and daughters, Ashley Leary & Autumn



Betty Jo
Rodgers
Correspondent

Pamlico

I have been able to put a baker's dozen of containers of corn in the freezer this week thanks to a neighboring farmer. What a blessing. I wish I felt like doing more. The spirit is willing, but the flesh is weak.

The weather has been unbearably humid this week and the biting flies are so bad, the mosquitoes won't even come out of the marsh. Roy braved the weather and mowed the farm and road side, though. It sure does look nice.

Tillie Jo Roberts came by for a short visit and her hand is in a smaller cast. Eloise Sos is back from her "good Samaritan" trip up north and Dora Brady finished her radiation this week. Continue to keep her and Ponce Ham in your prayers.

At the pastor's breakfast on Thursday, I met a nice young man from Vandemere. His name is Chris Lewis and he is a student at Mount Olive and is a licensed minister under the tutelage of the Reverend Dale Belvin. I enjoyed conversing with this young gentleman.



Reba Tiller
Correspondent

Whortonsville

It was a very busy time for our family last week. Even though the weather was extremely hot, our son Russ managed to work in the yard, while taking conference calls for Oracle, the company he works for. My neighbor MeLydia brought impatient plants from Greenville for me because our Walmart did not get them in. It was a hot job but I managed to get them all planted with help from another neighbor Amanda.

This is a great neighborhood to live in because everyone here is so giving of their time. Yesterday as I left for church, I was a bit concerned about Weeks, so when I got to the church Elizabeth Cuthrell sent her nephew Dylan to sit with Weeks so I could play for church. Audra Sampson was at church with the new baby and what a beauty she is! Audra and her family are new residents of Oriental.

My niece Jackie, who was the volunteer nurse at Camp Caroline for a special group of adults, came by for lunch on her way back to Rocky Mount. There was a lot of diabetics at camp so there was much medicine to be given throughout the day. This is her last year since she has been doing it for about fifteen years.

Mattie Cuthrell boarded the bus for Camp Seafarer this morn-

ing. It brings back memories of my grandson Jacob and next door neighbor Eric Bryan who went years ago.

We helped Eric celebrate his twentieth birthday on Saturday night. All the neighbors in a row were there along with Greg and Rita. His mom Suzy served up delicious homemade pizzas. While at the party we noticed a boat being towed in Brown Creek.

We are finally getting a few crabs. Seven in my pot one day. Maura and MeLydia dropped off some from their pots on their way back to Greenville where they are still interviewing students for nursing school.

On Sunday afternoon I visited Mrs. Winkie to read from Nick Santoro's new book about Whortonsville and how he ended up here after living in New Jersey and working in New York. I knew Nick was a great writer but he outdid himself in this book entitled The Whortonsville Yacht & Tractor Club. Even if you are not from Whortonsville, this book covers a lot of the county so you might want to get a copy.

Bears are being seen around here more and more. The Bryans think one went out on their dock because he left evidence!

Birthdays in July- Audra Sampson, Alex Adams, Josie Scott Bauer, Charles Edwards, Jennifer Hardison, Adrian Whorton, Eric Bryan. Anniversaries- Brad and Diane Hodges.

Thought for the week-- Hope is like the sun, which as we journey toward it, casts the shadow of our burden behind us.

It is exciting to see the Piggly Wiggly store as it nears its opening date later this month. Things are always changing. I understand Swindell's Florist will be under new management in another week, and Mayo's is working hard to open in their new location later this month.

I am writing this on the birthday of my twin nephews, Gregory and Jeffrey Fulcher. They were born on July 11, 1978. They always joked about being born at Seven-Eleven. Time flies; it seems just like yesterday when they went through the terrible twos.

Those celebrating July birthdays include Tal Hudgins (7/13), Penny \$ Farmer, (7/14), Charles Stackhouse (7/15), Annette Jones (7/17), Betty Lou Burnett Bishop (7/20), Joanne Gwaltney Ashton (7/22), Carlton Muse and Gladys Wright (7/26) and Bertha Gilliam (7/31). Celebrating their anniversaries in July are Mildred and Bill Harrison (7/17) and Cathy and Brent Fulcher (7/24).

Have a blessed week. Wondering what to do? Take Spiritual Vitamin W. "He hath showed thee, O man, what is good; and what doth the LORD require of thee, but to do justly, and to love mercy, and to walk humbly with thy God?" (Micah 6:8)

Deaths

• **Marie Abbott Metts, 70**, of Reelsboro, peacefully passed away on Tuesday July 5, 2016 at Carolina East Medical Center surrounded by her family. She was a member of Reelsboro United Methodist Church and loved her family dearly. A devoted wife, mother and nana she loved celebrating life with her family. She was an immaculate homemaker and devoted much of her time to caring for children. Marie enjoyed shopping, traveling, visiting friends and home cooked meals with her family. Funeral service was held Saturday, July 9, 2016 at Cotten Funeral Home Chapel with the Rev. Tim Nichols officiating. Following the service, she was laid to rest at Sand Hill Cemetery in Reelsboro.

She is survived by her husband, Joe Metts; three children, Frederick Leroy Hardison, Jr. (Donna), David Hardison (Paula), and Tina Metts (Shelly); two stepchildren, Joey Metts and Cindy Saulter (Dennis); one brother, John Abbott (Jean); three sisters, Betty Ireland, Goldie Temple and Daisy Galland; six grandchildren, Christen Lee (Justin), Courtney Finch (Cody), Jessica Hardison (Brandy), Felecia West, Crystal Homer (Skyler) and Kimberly Saulter; great grandchildren, Alyssa Hardison, Cameron



Lee, Colbey Lee, Brylea Hardison, Hallie Finch, Matthew West, Hunter West, Adyson West, Noah Todd, Hailey Dickerson, Logan Homer, Lyndsie Somers and Mackannah Pope. The family received friends Friday evening at the funeral home. Online condolences may be shared at www.cottenfuneralhome.com.

Arrangements are by Cotten Funeral Home & Crematory.

George Elbert Vendrick, 64, of Oriental passed away Friday, July 8, 2016, at home. He was a member of Bethany Christian Church and The Moose Lodge. He retired from Cherry Point after 31 years of service. He was preceded in death by his father, Elbert Vendrick. He is survived by his mother, Rachel Vendrick of Oriental; sister, Rosie Ward and husband, Johnny, of Oriental; nephews R. J. Ward (Kris), Brandon Ward (Saraye) and Dewey Ward (Kimmy) and their families. His memorial service will be held 2:00 p.m., Sunday, July 17th at Bethany Christian Church with the Rev. Torrie Osgood and the Rev. Merritt Watson officiating. The family will receive friends one hour prior to the service at the church. In lieu of flowers the family suggested memorial contributions be made to Hospice of Pamlico, PO Box 6, Bayboro, NC 28515.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

PCC Electronic Sign

For the past year, Pamlico Community College has been undergoing a rebranding process. The reason for this was not just a normal marketing tactic. We had very specific goals we wanted to accomplish. We, as a local community college, wanted to be more visible in the community. We wanted the community to know that we are a great institution of higher learning, and that we are here to serve and help our citizens and community by providing opportunities for everyone.

As Dr. Maria Fraser-Molina stated during the unveiling, our sign does help showcase our new brand, however, it means much more than that. This electronic sign is a concrete representation of the strong partnerships that PCC has had with the donors over time, pro-

viding us one more way we bring Pamlico Community College into the community.

"This sign shows the efforts not just of the donors, but also of those who make this a great college-- the faculty and staff. At the end of day, it is not colorful signs or beautiful buildings and grounds that make us special; it is the quality and rigor of the programs we offer and the support systems we provide our students who make us the college of choice and the college of our community," says Fraser-Molina.

Pamlico Community College would like to extend a heartfelt 'thank-you' to the Harold H. Bate Foundation, Carolina East Health System, the PCC Foundation, and Bollin M. Millner Jr. Thank you for believing in the power of education.

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EMPLOYMENT

New restaurant opening in Oriental looking for cooks, wait staff, dishwashers and bartenders, full or part time. Must be presentable. Background check will be conducted. Works well with people, positive attitude. Apply in person at M & Ms Restaurant in Oriental. Immediate positions available. (7/6-7/20)

MOBILE HOME FOR RENT

3 bedroom 2 bath mobile home for rent. Includes washer, dryer, refrigerator, stove, central HVAC and lawn maintenance. No pets allowed. No HUD accepted. \$525.00/Month + Deposit. Background and Reference checks required. Grantsboro 252-249-1617 Available Mid-July (7/6)

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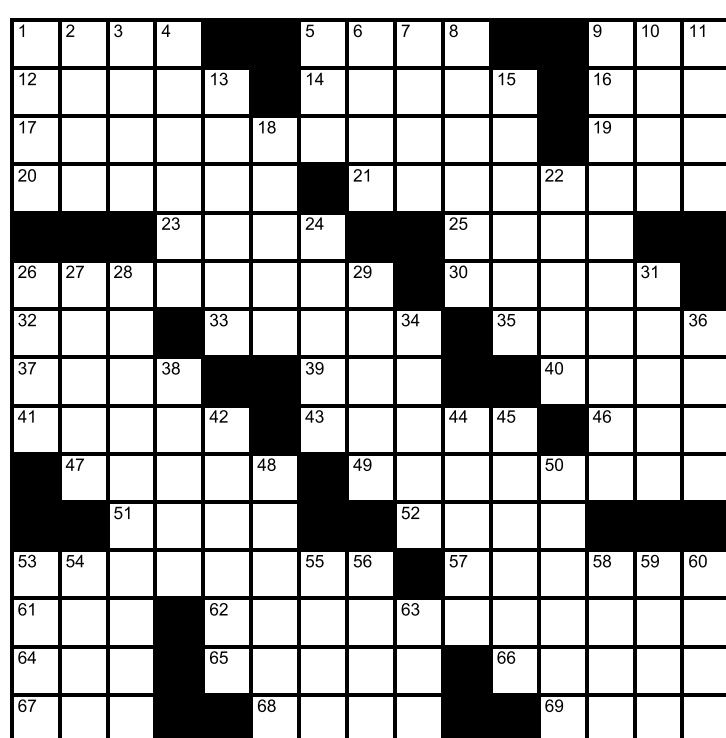
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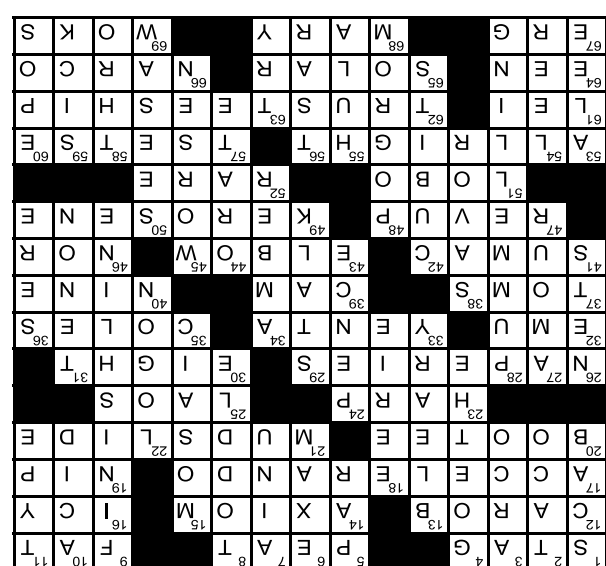


ACROSS

- Alone
- moss
- Tuesday (Mardi Gras)
- Chocolate substitute
- Adage
- Aloof
- Gradually faster in music
- Barely beat
- Baby's socklike shoe
- Movement of wet earth
- Dwell
- Golden Triangle country
- Household linens
- Black billiard ball
- Australian runner
- "Fiddler on the Roof" role
- "Unforgettable" singers
- of Maine (toothpaste brand)
- Video maker, for short
- Opening time, maybe
- Poison plant
- Bend
- " any drop to drink": Coleridge
- To energize (2 words)
- Camper's supply
- Gray wolf
- Pink, as a steak
- "I'm game"
- fly
- "Fantasy Island" prop
- Position of a trustee
- Dusk, to Donne
- Kind of battery
- Agent investigating narcotics (slang)
- .000001 joule
- " Poppins"
- Chinese cooking bowls

DOWN

- Fink
- Bell
- "Giovanna d' ____" (Verdi opera)
- Johann Wolfgang von ____
- Average
- Final, e.g.
- Hokkaido native
- Slow, relaxed walk
- Race ending
- Battery contents
- Sort
- Very tired
- Decoration of colored glass
- Like "The X-Files"
- Prepare to surf, perhaps
- Can be plural for Penny
- Brings home
- French romance
- Repeatedly hitting
- Flower holder
- Join securely
- Color of honey
- Arid
- Enjoy
- Ancient units of lengths
- Be bombastic
- Decline
- Similar to a genocide
- Go up and down
- On the safe side, at sea
- Bad look
- Maui dance
- Boris Godunov, for one
- "Comin' ____ the Rye"
- Down with something
- Epic poetry
- "Don't give up!"



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Kitchen Chatter

by Nancy Winfrey



“Cold” Is Good This Time of Year

SHRIMP MOLD

2 cups cleaned, cooked and chopped shrimp
1 cup finely chopped celery
1 can tomato soup, undiluted
1/2 cup onions, finely chopped
1 cup mayonnaise
1 package (8-oz.) cream cheese, softened
1/4 teaspoon salt
Lemon juice to taste
2 envelopes plain gelatin

Dissolve the gelatin in 1/2 cup cold water. Blend the cream cheese and mayonnaise together until thoroughly mixed. In a saucepan, heat the soup and then stir in the gelatin/water mixture and stir until dissolved. Add the cream cheese/mayonnaise mixture to the hot soup mixture and blend well - let cool. When mixture has cooled, add the shrimp, celery, onions, salt and lemon juice. Pour into oiled mold and chill until congealed. Serve on bed of lettuce and place a bowl of mayonnaise to the side to pass to guests.

COLD CUCUMBER & SEAFOOD SOUP

3 medium cucumbers, peeled, seeded and chopped
1/4 teaspoon hot sauce
1/2 teaspoon onion juice
4 cups buttermilk
2 cups sour cream
1/4 teaspoon salt
1/8 teaspoon white or black pepper
1/2 cup cooked shrimp, diced
1/2 cup lump crabmeat, flaked

Combine the cucumbers, hot sauce, onion juice and 1 cup of the buttermilk in a blender and process until mixture is smooth. Transfer mixture to a large bowl and whisk in the remaining buttermilk, sour cream, salt and pepper. To serve, top each serving with some of the shrimp and crabmeat. Serve immediately or refrigerate until ready to serve. Makes 6 servings.

VICHYSOISE

This is one of my favorites!

4 medium potatoes, peeled and cubed
3 cups boiling water
5 chicken bouillon cubes
3 tablespoons butter or margarine
5 leeks, minced fine with about 3 inches of the green tops or 1-1/2 cups minced green onions
1 cup heavy cream
1 cup milk
1 teaspoon salt
1/4 teaspoon pepper
1 teaspoon paprika

In a large saucepan add the water, potatoes, bouillon cubes and leeks or green onions, cover and cook until potatoes are very tender - about 30 minutes. Place mixture in a blender and process until very smooth. Pour into a saucepan, add the cream, milk, salt and pepper and blend well. Let cool and store in the refrigerator in covered container until cold. When ready to serve, garnish with paprika. If desired, top the soup with buttered and toasted bread cubes.

COLD AVOCADO SOUP

1 large avocado
1 wedge of onion
1 cup heavy cream
1 teaspoon instant chicken broth or 1 chicken bouillon cube
1/4 teaspoon salt
3 or 4 drops hot sauce
2 cups milk

Peel the avocado and remove seed. Place avocado, onion and 1/2 cup of the cream in blender and process until smooth. Place avocado mixture into a bowl and beat in remaining 1/2 cup cream. Dissolve instant chicken broth or bouillon cube in a bit of the milk and then add to mixture. Add remaining ingredients and blend well. Chill in covered container before serving. Serves 4.



CAROLINA SEAFOOD SALAD

1 cup ripe olives, chopped (reserving 1/4 cup)
1 cup tomato juice
1 tablespoon grated onion
1/2 teaspoon salt
1/4 teaspoon celery seed
1/4 teaspoon sugar
1/8 teaspoon pepper
1 envelope unflavored gelatin
1/4 cup cold water
1/2 cup mayonnaise
1/2 cup heavy cream, whipped
1 cup cooked, chopped shrimp or lump crabmeat

Heat the tomato juice, onions and seasonings in a saucepan for about 5 minutes. Soften the gelatin in cold water and then add to the hot tomato mixture and stir until all the gelatin has completely dissolved. In a bowl, add the mixture, cover and chill until mixture looks like pudding but do not let it congeal. Stir in 3/4 cup of the chopped olives and then pour into a greased mold. Return to refrigerator to congeal. When ready to serve, unmold on lettuce and surround with the shrimp or crabmeat and garnish with the reserved olives.

CUCUMBER MOUSSE

This is fabulous!

2 envelopes unflavored gelatin
1 cup cold water
1/4 cup vinegar
2/3 cup mayonnaise
3/4 teaspoon salt
1/8 teaspoon pepper
2 cups grated cucumbers, well drained
1 tablespoon grated onion
1 cup heavy cream, whipped

In a saucepan, soften gelatin in water and vinegar and cook and stir over low heat until dissolved. Remove from heat and cool. Gradually add the gelatin mixture to the mayonnaise, salt and pepper and blend well. Chill until partially set (takes only a short while), remove from refrigerator and fold in the cucumbers, whipped cream and onions. Pour mixture into a 5-cup mold and chill until firm. Unmold on a bed of crisp lettuce and garnish with a bit of fresh parsley when ready to serve.

DILLED SPINACH SOUP

9 cups spinach, well rinsed and drained
2 cups milk
1 small onion, chopped
2 tablespoons snipped fresh dill
1 teaspoon lemon-pepper seasoning
2 cartons (8-oz. each) plain yogurt (regular or fat-free)
1 cup chicken or shrimp, cooked and cubed
Toasted slivered almonds (optional)

In a blender or food processor, combine about 1/3 of the spinach, 1 cup of the milk, the onions, dill and lemon-pepper seasoning. Cover and process until almost smooth. Add another 1/3 of the spinach, cover and blend until smooth. Pour blended mixture into a serving bowl or large storage container. In the blender container, combine the remaining spinach, remaining milk and the yogurt, cover and blend until nearly smooth. Stir

into the mixture in the bowl and then stir in the chicken or shrimp. Serve immediately or cover and chill in refrigerator. When ready to serve, sprinkle the toasted slivered almonds on top. Serves 4.

POTATO SALAD WITH ROASTED CORN

3 pounds red potatoes, cooked, drained and cut into cubes
1 can (15-1/4-ozs.) whole kernel corn, drained and roasted (roasting method follows)
2 teaspoons chili powder
1 cup mayonnaise (more, if desired)
1 teaspoon salt
1/2 teaspoon pepper
Juice of one lemon or lime
1 jar (12-oz.) roasted red bell peppers, drained and chopped
2 small cans sliced ripe olives, well drained
6 or 7 green onions, thinly sliced
1/2 cup chopped fresh parsley

In a large bowl, combine the mayonnaise, 2 teaspoons chili powder, salt, pepper and lime or lemon juice. Add the potatoes, chopped bell peppers, ripe olives and green onions. Cover and chill. Just before serving, sprinkle with the roasted corn. Makes 5-1/2 cups.

Roasted Corn:

Spread whole kernel corn in a jellyroll pan (15x10-inches) that has been coated with cooking spray. Also coat the corn with the cooking spray. Sprinkle evenly with 1/2 teaspoon chili powder and bake in 400 degree oven for 15 minutes or until slightly charred, stirring frequently.

SWEET VIDALIA CORNBREAD

A cornbread that is just great with both cold and hot things!

6 slices bacon
1 cup yellow cornmeal
1/2 cup all-purpose flour
1 teaspoon baking soda
1/2 teaspoon salt
1-1/4 cups buttermilk
1 large sweet Vidalia onion (or other sweet onion) cut into 1/2-inch thick slices
1 package (10-ozs.) frozen whole kernel corn, thawed
1 medium red bell pepper, chopped
1/2 teaspoon salt
1/2 teaspoon pepper
1 large tomato, thinly sliced
2 cups grated 4-cheese blend

In a skillet, cook the bacon until crisp, remove from skillet, drain and crumble and reserve the drippings. Combine the cornmeal, flour and baking soda in a medium bowl. Stir in the buttermilk and 2 tablespoons of the reserved drippings. Blend well and pour into a generously greased 12-inch cast-iron or ovenproof skillet.

Bake in 425 degree oven for 15 minutes. Cook the onions in remaining bacon drippings for 15 minutes, stirring frequently. Add the corn, red bell peppers, salt and pepper and cook and stir for about 10 minutes or until onions begin to brown. Stir in bacon.

Arrange the tomatoes over the cornbread and sprinkle with 1 cup of the cheese. Top with the onion mixture and sprinkle with remaining cheese. Bake in 425 degree oven for 10 minutes longer or until cheese melts. Serves 4.

CURRIED CHICKEN SALAD WITH NUTS

2 or 3 cups cooked, cubed chicken breasts
1 cup finely chopped celery
1/2 cup walnuts or toasted pine nuts, finely chopped
1 teaspoon salt
1/8 teaspoon black or white pepper
3 teaspoons curry powder
1 cup mayonnaise, more if desired

Combine the chicken, celery, nuts, salt and pepper. Dissolve the curry powder in the mayonnaise and blend into the chicken mixture. Chill until ready to serve. Serves 6.



The Pamlico News is pleased to offer Mrs. Nancy Winfrey's Treasured Kitchen Chatter Recipe Book

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Mrs. Nancy Winfrey stirs up a pot of Eel Newburgh during the Annual Hampton Mariners Museum Strange Seafood Spectacular held in downtown Beaufort, NC.

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Isn't it comforting when someone says "we'll keep the light on for you?" No, this isn't ad copy for a "Motel 6" commercial. I'm referring to a tradition that began around 660 B.C. and continues today. While it hasn't exactly been a porch light, mariners have known the comfort of someone keeping a light on for them for almost 2,700 years.

The earliest record of what we know today as a lighthouse dates back nearly 27 centuries and was located on the Mediterranean shore of the African continent. That "beacon" of hope for sailors employed what we would call a "bon-fire," burning atop a high and visible point of land. Mariners would use this reference to guide their ships safely into port.

Due to the curvature of the earth, it was necessary for the flames to be very high above the water in order for mariners to view the beacon early enough to guide them. The intensity of the flames was important to enable sailors to observe the beacon in poor visibility. The basic concept of yesteryear hasn't changed much regarding height and intensity requirements.

After about four hundred years of building fires on hilltops, the practice of exhibiting huge flames on very tall towers became prominent. Around 260 B.C., such towers permitted a light to be shown along a shoreline which had no hill on which to build a fire. Up through the Middle Ages, what was called the "watch-tower light" was a mariner's beacon to find the way home.

Gradually, smaller and more intense light sources were doing the job of the bon-fire. The advent of the candle, coupled with

techniques to reflect and refract the light, is an example. Those developments took place through the seventeenth and eighteenth centuries. Hundreds of candles could be consumed in a single night in those days.

The first lighthouse in the United States was erected at the entrance to Boston Harbor in 1716. It was a masonry structure that became known as the "Boston Light." Prior to that structure, as far back as 1673, pitch and oakum were burned to provide a beacon for Boston Harbor.

The second lighthouse in the United States was built at Sandy Hook, New Jersey in 1764. Situated just south of the entrance to New York Harbor, the Sandy Hook Light assisted mariners bound for ports in both New York and New Jersey.

What began as a wood fire, advanced through the use of pitch, oakum, coal, oil, kerosene and finally to electricity. Once the lighthouses were electrified, various flashing characteristics became easy to display. In that way, several lighthouses in view of a ship at one time could be distinguished from one another.

We've come a long way since the days of the bon-fire. The U.S. Coast Guard maintains over seventy-five lighthouses. Twenty-one of those lighthouses produce a light intensity of over a million candlepower each. That's a lot of candles!

We have experienced many technological advances in the last 2,700 years. Satellites gave us GPS (Global Positioning System). Electronic displays pinpoint our position within a few hundred feet. However, when a 15 cent electronic component fails, we still hope that someone left a light on for us. Some things never change.

Until next time, we wish you fair winds and may the depth of water always exceed the draft of your vessel.

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North Carolina Coastal Federation Announces 2016 Coastal Cruises

OCEAN - Climb aboard the covered passenger boat, the Lady Swan, for the Coastal Federation's 2016 Summer Cruise Series beginning June 22. These popular two-hour tours cruise through the estuaries around Swansboro and Bear Island offering participants a relaxing and fun-filled morning on the water. This year's Coastal Cruise program will depart from the Hammocks Beach State Park Visitor Center in Swansboro.

This cruise offers spectacular views of the coastline from a very different perspective. Here, where the rivers meet the sea, we come to nourish our youthful spirit by fishing, sailing, swimming and sometimes, just kicking back and enjoying the ride. Experience and learn about this vital habitat that is home to hundreds of amazing marine creatures. If conditions are favorable, we may also get to pull a dip and seine net to see firsthand what creatures actually live beneath the waves.

Coastal Cruises take place on the following Wednesdays from 10 a.m. to 12 p.m.: June 22, July 6, July 27, and Aug. 10.

Fees for either cruise are \$20 for Coastal Federation members and \$25 for nonmembers. All ages are welcome, through the program is geared toward adults and older children.

About the North Carolina Coastal Federation

The North Carolina Coastal Federation is a nonprofit membership organization that works to keep the coast of North Carolina a great place to live, work and play. Through a variety of programs and partnerships, the Coastal Federation provides for clean coastal waters and habitats, advocates to protect the coast and teaches and informs people about the coast and what they can do to protect it.

The Coastal Federation has offices in Ocean, Manteo and Wrightsville Beach, N.C.

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The shot heard across The Straits



DownEast residents from along the banks of Core Sound prepared to deliver news of the Declaration of Independence to residents of Harker's Island. Reporters from the Pennsylvania Gazette, published in Philadelphia, were on hand for the photo op.



THE STRAITS (FROM DISPATCHES)

In the pre-dawn hours of July 9, 1776, James Miller, along with his son, Josiah, hauled a cannon he had made to defend Beaufort across the North River to the banks of The Straits. They used a four wheel mule cart he had fashioned to transport the artillery piece. He had made the cannon when he had been a Loyalist in His Majesty's Navy. Fires along the shores of the Straits across from Harkers Island had been built on the evening of July 8 to signal island residents that news and a copy of the Declaration would be dispatched by rowboat the following morning to the western shore of the Island across from Lennoxville.

When he heard the news from the travelers in Gloucester, Heber Guthrie took a spirit sail he had fashioned from cypress in 1771 down to the western edge of the Straits near North River. There he was met by a hearty group of locals who shoved off with him in choppy waters producing 1-3 ft. swells. Their goal was to meet a Mrs. a life long resident of the Island, Emma Rose Guthrie, who would be waiting for them on the other side of The Straits. She would be the one to take the copy of the Declaration of Independence and share it with others while guarding it against British loyalists in the neighborhood.

Fighting a constant southwest gale, Guthrie, Dave Burney, Billy Taylor, Jacob Taylor, Bailey Willis, Nicholas Ross, Charles Conway, Vaughn Brice, and Ian Brice made it across The Straits in less than an hour, avoiding the eyes of British spies. Also along for the ride, was a Miss Jessica Conway who volunteered to act as nurse should the need arise.

Upon arriving on the shore and handing Mrs. Guthrie a quickly printed copy of the Declaration of Independence, Nicholas Ross proclaimed, "Let's celebrate by having our own tea party right here on Harker's Island."

That was not to be.

Guthrie herded the rowing crew into his vessel for a quick return across The Straits to avoid being seen or captured by

British soldiers. They escaped disclosure, primarily because the prevailing winds aided their journey back to the Mainland. No word was heard as to how Mrs. Rose managed to avoid detection.

Following is a 2016 perspective on this story.

Heber Guthrie, an icon of civic mindedness, history buff, resource person for Scout programs, and noted boat builder, initiated a re-enactment last year of a probable way the residents of Harkers Island learned about the Declaration of Independence. It would be - not just a history lesson - but a history experience for Cub Scouts. It was deemed so successful it was repeated this year for members of DownEast Pack 252 headquartered at Davis Shore and led by Melanie Ross.

Adults assisting were Dave Burney, a former Eagle Scout, and Billy Taylor, Assistant Cub Master. Jim Miller, from Beaufort, and his son, Joe, from Straits, added to the drama by firing the canon Joe built from stainless steel. The cannon is a replica of the cannon at the grave site of Otway Burns, a privateer and menace to British shipping in the War of 1812. He is buried in the Old Burying Ground at Beaufort.

Jim Miller is a retired Civil Service worker from MCAS Cherry Point. Joe Miller is a retired Army Reserves official. Joe's son, Christopher, who operates a kayak rental business in Straits, paddled along with the group to provide any assistance if needed.

The success of the event is best measured by a comment made by one of the scouts, Jacob Taylor. He said, "It makes us feel like we are part of history."

Mrs. Guthrie, who was standing by on the Harker's Island beach to receive the news and a copy of the Declaration observed, "Heber loves history and he loves to do things that help young people learn more about local history. Mrs. Guthrie herself, is a part of history. Her great, great grandfather was the man who harpooned the whale whose skeleton resides in the North Carolina Museum of Natural History in Raleigh.



Just before departing for the return across the Straits to the Mainland after delivering a copy of the Declaration of Independence to Mrs. Emma Rose Guthrie, the news bearers are, left to right, Nicholas Ross, Jacob Taylor, Jessica Conway, Mrs. Guthrie, Bailey Willis, Ian Brice, Vaughn Brice, and Charles Conway. Avoiding pursuing British soldiers, the troupe departed in ebb tide with the southwest gale at their backs. Redcoats were not engaged on either passage.



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