

# The Pamlico News



Wednesday, November 09, 2016

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## NOTABLE

### Fall Fine Arts Festival set for Saturday

The Village Gallery and the Oriental Women's Club are pleased to sponsor a Fall Fine Arts and Crafts Festival. Over twenty local artists will offer their works. The event is a wonderful opportunity to purchase affordable and unique art pieces for your friends and family for holiday gifts. The event will take place on November 12th from 9am to 3pm at the Oriental Women's Club on Gilgo St. in Oriental. For more information contact the Village Gallery at 252-249-0300.

### How the West Was Dun Opens Friday

How the West Was Dun will be performed at the Old Theater November 11-13 and tickets are now on sale at Nautical Wheelers, online at www.oldtheater.org or at the box office on performance nights. On Friday, Nov 11 & Saturday, Nov 12, the Box Office opens at 6:30 p.m./Doors open at 7:00 p.m./Performances start at 7:30 p.m. For the Sunday Matinee, Nov 13, the Box Office opens at 2:00 p.m./Doors open at 2:30 p.m./Performance starts at 3:00 p.m.

### "So You Want To Write A Book!"

Seminar & Book Signing-New Bern Author, Karen Dodd, will discuss the trials and tribulations of self-publishing! The dangers of doing it yourself include avoiding the "phishing for your money" ads, poor editing, sloppy formatting, blurred photos and under marketing. She will point out things to consider for cover selection, publishers, local help available and how to create your book in 12 months or less. Dodd is a successful writer and publisher of eight books, including both fiction and non-fiction, and journalist for Our State and several popular boating magazines. Dodd will also have copies of her latest trilogy, the Riverwalk Mysteries, about a fictional sleuth living in New Bern. The event will be held at Pamlico Community College Library on Thursday November 10th, 6:00 pm, \$10. Please call to reserve a seat: Cultural & Life Enrichment Program, 252-249-1851 x 3033 or 3117.

### Arapahoe Methodist Holds Bazaar, Bake Sale

The Arapahoe United Methodist Church will hold its Bazaar and Bake Sale Saturday November 12th. The sale will take place from 8 to 11 a.m. in the Fellowship Hall of the Arapahoe UMC located in Pamlico County on Highway 306 South, at the corner of Bennett Road in Minnesott Beach. For information or questions please call Gail Hartsough, 252-249-2267.

### Bird Tours at Lake Mattamuskeet

The Swan Days Festival returns to Lake Mattamuskeet in eastern North Carolina on Saturday, December 10. Free tours will be provided to view the migratory birds. Mattamuskeet Refuge staff will begin accepting tour reservations at 8:00 a.m. on November 14. Space is limited. Call the refuge at 252-926-4021 to reserve a tour seat and for more information about the festival.

### Cancer Support Offers Free Fitness Class

Fit Forever Class is held every Wednesday from 10:30-11:30 a.m. at Village Health and Fitness located at 1006 Broad Street in Oriental. This is a free class. Fit Forever is a group fitness class for cancer survivors and their caregivers that is designed to focus on whole body strengthening, balance and flexibility. This is a free class sponsored by The Journey of Hope Cancer Support Center. Call 249-1869 for more information.

### Hospice Sponsors 5K Fun Run

Hospice of Pamlico, Inc. will hold the 2016 Glow Over the Bridge 5K Fun Run on November 19. Registration begins at 4:30 p.m. at Lou Mac Park in Oriental. Race will start at 6 p.m. with an after party from 7-8:30 p.m. with music by Salt Water Gold. Online registration @ racesonline.com. Cost is \$30 online and \$35 the night of the race and includes a t-shirt, glow paint & accessories. For information go to www.hospiceofpamlico.org.

### Marines to Celebrate 241st Birthday

Marines, come and help the Oriental Dragon Detachment 1413 celebrate the 241st Marine Corps birthday dinner on Monday, November 14 at the Silos in Oriental. The price is \$30 per person and will include music. Please call Steve Simmons at 413-841-7128 or email at vilklynn@gmail.com by October 29. Please come and join us.

### New Bern Farmers Market

Grow it, Sew it, Make it, Bake it. The New Bern Farmers Market is now accepting SNAP/EBT. This week we will feature locally grown Fall vegetables, locally crafted Fall decorations and locally crafted foods and sauces. grown on local farms. American-made flags and locally made jewelry, soaps, candles, pottery, cutting boards, children's ware, and much more. Open Saturdays from 8 am to 2 pm and Tuesdays from 10 am to 2 pm. Located at 421 South Front Street in Downtown New Bern. Call 252-633-0043.

**Oriental Farmers Market Open Saturdays**

The Oriental Farmers Market on Hodges Street is open every Saturday, 8-11 am. The market features a wide variety of goodies including locally grown produce, farm fresh eggs, home-baked breads, biscotti, cookies, cakes, pies as well as preserves and chocolates.

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- OBITUARIES**
- Charles Linwood Scott, Sr., 84, of New Bern
  - Pastor David Lee Harris, 63, of New Bern
  - Don Deeter Martin, 99, of Reelsboro

Got News? Call us at 249-1555 or email editor@thepamliconews.com.

## GOP Sweeps; Gov's Race Dead Heat

Staff Reports

Pamlico County voters mirrored both the national and state results. According to the county's Board of Elections, 62.03 percent (4,225) cast votes for Republican Donald Trump as opposed to 35.63 (2,427) for Democratic challenger Hillary Clinton.

The race for North Carolina governor between incumbent Republican Pat McCrory and former Attorney General Democrat Roy Cooper is undecided with each holding 49 percent of the vote. Cooper does have a slight edge and has declared victory, but it is unlikely a final result will be determined until mid-month when the state completes a canvas of votes.

Also supporting the statewide races, Pamlico voters re-elected Republican Richard Burr to the US Senate with 4,166 votes or 61.96 percent while casting 2,355 votes (35.02 percent) for challenger Deborah Ross. The US House of Representatives drew similar results: 68.44 percent (4,589) for long-time GOP legislator Walter B. Jones and 31.56 percent (2,116) for Ernest Reeves.

Republican North Carolina Lieutenant Governor Dan Forrest won re-election with 62.74 percent (4,158 votes) defeating Democratic challenger Linda Coleman who garnered 35.36 percent of the Pamlico County vote.

Republican Chuck Stuber upset incumbent Democratic NC Auditor Beth Wood in a tighter race

### Grantsboro voters approve Mixed Beverage Referendum 2-1.

with 58.66 percent - 41.38 percent. The race for Superintendent of Instruction was also an upset with incumbent June Atkinson losing to Republican Mark Johnson. Incumbent Democrat Elaine Marshall held on to her seat as Secretary of State but not according to Pamlico County voters who favored GOP challenger Michael LaPaglia by just over 1,000 votes.

Other state offices that went Republican mirroring winning tallies in Pamlico County were Buck Newton for Attorney General, incumbent Steve Troxler for Commissioner of Agriculture, incumbent Cherie Berry as Commissioner of Labor, Dale Folwell for NC Treasurer.

Also winning re-election were Republican State Senator Norman Sanderson and NC House of Representatives Republican Michael Speciale.

The only contested local race pitted Republican Candy Bohmert against Jennifer Sanders Spain with Bohmert coming out on top in a 1,096-705 vote. Both Pat Prescott and Ken Heath will return to the Pamlico County Board of Commissioners and Lynn Lewis retains her position as Register of Deeds.

By almost 2-1 margin (194-100), the Town of Grantsboro approved the measure to allow mixed beverages within town limits, in an effort to woo upscale restaurants to open in the town.



(L-R) Miranda Simpson, Lana Green, Vanessa Bryant, Cristy Warner, and Michelle Noevere last Thursday organizing and sorting donations.

## Pamlico Organizations Paid It Forward

By Townley Cheek

A few days after Hurricane Matthew, representatives from Pamlico Community College, Pamlico County Government, Pamlico County Sheriff's Department, Pamlico County School Systems, and Pamlico County Chamber of Commerce met to discuss ways in which Pamlico County can help those impacted by Hurricane Matthew and its lasting effects on our region.

Pamlico Community College noticed there was a need for donation drop-off locations in this area. Instead of working alone as separate organizations, Pamlico County decided to come together as one to help coordinate the County's disaster relief effort, naming the effort, "Pamlico Pays it Forward."

From October 18 to November 12, specified drop-off locations were collecting donations of diapers, food, clothes, and more. These drop off locations were: Pamlico Community College, Pamlico County Chamber of Commerce, Pamlico County Sheriff's Office, Town of Oriental, and Bayboro Pharmacy.

Acting as the central drop-off location, when the donations began to pile up, Pamlico Community College organized a pick-up effort to help the other locations get the donations to the College.

The effort shown by the organizations involved and the citizens that donated is undeniable.

On Thursday, November 3, volunteers from Pamlico Community College and the Pamlico County Sheriff's Office sorted and organized all donations—two large classrooms worth.

Two hours and many trips to the trucks later, all the donations were organized and packed in the trucks to be delivered to those impacted by the flood.

"At first, we did not know how many vehicles we were going to need. However, as the donations began to pile up and the vehicles began to fill up, we realized we were doing to need more than what we had," says Jamie Gibbs, PCC vice president of student services. "PCC employees donated their vehicles to help, and we ended up with five trucks taking donations to two different places. It was amazing to see the desire to help others in PCC employees."

As the holiday season approaches, it is important to remember the power of giving and helping others. After witnessing this donation effort, Pamlico County needs no reminder. Pamlico County came together and paid it forward.

Thank you to all who donated to the County's relief effort.

## Deserving Veteran Gets a Helping Hand

When Warren Cottrell was injured in Iraq after 11 years in the Marines, he faced some serious hurdles. Between being separated from his unit and coming home to a long recovery from a traumatic brain injury and post-traumatic stress disorder, Cottrell and his family underwent a serious physical and emotional rollercoaster. Now, thanks to the efforts of many volunteers, Military Missions in Action and the team at Fresh Coat Painters, the Cottrell family is one step closer to a fresh start in a brand new, no-cost home.

The home was built by volunteers - with a little help from the Cottrell family themselves - in small stages over the last three years, but the exterior needed professional attention. That's where Fresh Coat Painters came in. Through the company's Paint it Forward® initiative, Fresh Coat Painters of New Bern - owned and operated by Jim Yaeger - prepped, painted and coated the home's exterior between October 14 and October 21. The retail cost of the work would have been approximately \$5,500, but through the Paint it Forward program, Military



Missions in Action was only responsible for paying about \$2,000.

See Veteran, page 15A

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of Greene County Health Care Inc.

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### "So You Want To Write A Book"

New Bern Author, Karen Dodd, will discuss the trials and tribulations of self-publishing!

Thursday November 10th at 6 pm at the PCC Library. The cost is \$10.00 Call 252-249-1851 x 3033 to learn more.



PAMLICO COMMUNITY COLLEGE  
www.pamlicocc.edu  
5049 NC 306 Hwy S. Grantsboro, NC 28529

## YOUR VOTE

- United States President**  
Hillary Clinton (Dem)  
W Donald Trump (Rep)
- US House District 03**  
W Walter Jones Jr. (Rep)  
Ernest Reeves (Dem)
- US Senate**  
W Richard Burr (Rep)  
Deborah Ross (Dem)
- Governor (Undetermined)**  
Roy Cooper (Dem)  
Pat McCrory (Rep)
- Lieutenant Governor**  
Linda Coleman (Dem)  
W Dan Forest (Rep)
- Attorney General**  
Josh Stein (Dem)  
W E.S. "Buck" Newton (Rep)
- State Auditor**  
W Charles Stuber (Rep)  
Beth A. Wood (Dem)
- Agriculture Commissioner**  
Walter Smith (Dem)  
W Steve Troxler (Rep)
- Insurance Commissioner**  
W Mike Causey (Rep)  
Wayne Goodwin (Dem)
- Commissioner of Labor**  
W Cherie Berry (Rep)  
Charles Meeker (Dem)
- Secretary of State**  
Michael LaPaglia (Rep)  
W Elaine Marshall (Dem)
- Supt. of Public Instruction**  
June Atkinson (Dem)  
W Mark Johnson (Rep)
- State Treasurer**  
Daniel Blue III (Dem)  
W Dale Folwell (Rep)
- State Senate District 002**  
Dorothea White (Dem)  
W Norm Sanderson Jr. (Rep)
- State House District 003**  
Marva Fisher Baldwin (Dem)  
W Michael Speciale (Rep)
- County Commissioner (2)**  
W Candy Bohmert (Rep)  
Jennifer Sanders Spain (Dem)
- County Commissioner (5)**  
W Ken Heath (Rep)
- County Commissioner (1)**  
W Pat Prescott (Dem)
- County Register of Deeds**  
W Lynn H. Lewis (Dem)



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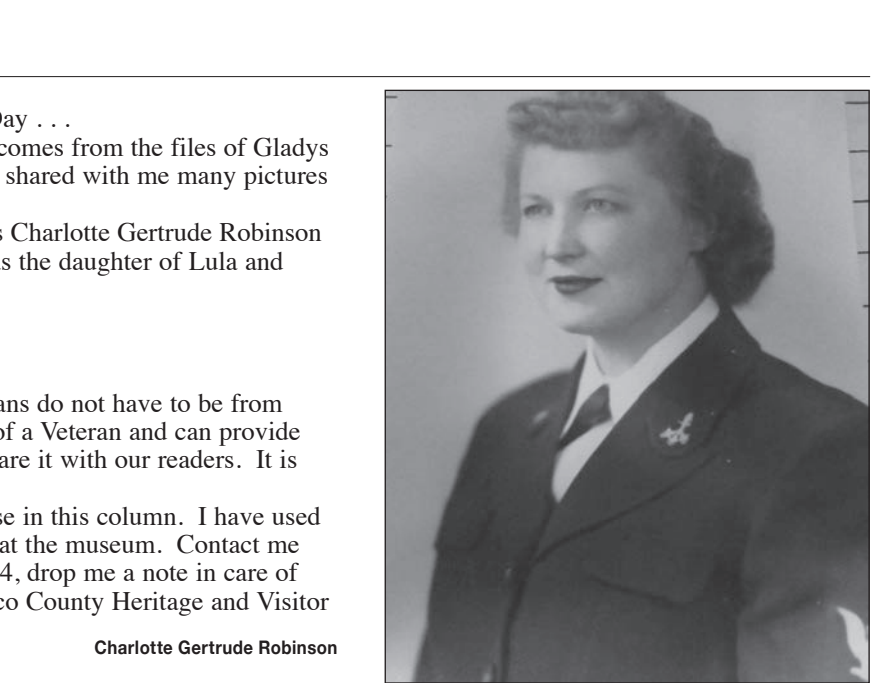
Flo Daniels  
Correspondent

In honor of Veterans Day . . .  
The picture this week comes from the files of Gladys Ives Holton. Gladys has shared with me many pictures of veterans.  
The veteran pictured is Charlotte Gertrude Robinson from Hobucken. She was the daughter of Lula and Joseph Robinson

Thanks Gladys for sharing your picture.

I would like to include pictures of Veterans (the veterans do not have to be from Pamlico County) in this column. If you have a picture of a Veteran and can provide some information on his or her service, please let me share it with our readers. It is important to remember and honor our veterans.  
Please help me by sharing your pictures with me to use in this column. I have used the old pictures from my files and the ones I could find at the museum. Contact me by email at fedaniels66@gmail.com, call me at 745-6544, drop me a note in care of The Pamlico News, or leave me a message at the Pamlico County Heritage and Visitor Center in Grantsboro.

Charlotte Gertrude Robinson



**Goose Creek Island**




Annette Jones,  
55 Plus Club  
Correspondent

Goose Creek Island 55 Plus Club met Thursday at the Community Center. This was our first meeting in two weeks and it was surely nice to be back together again. We discussed our very nice Homecoming week-end and other community events. We sang Happy Birthday to Brenda Lewis. We are so happy to have Sue Gaskill Gilgo and Roseanne Gaskill as regular members! After the meeting Mildred Fulford, Brenda Lewis and I played three very close games of scrabble. Mildred was the winner! The Rummikub ladies were still playing when we left. They really have a good time. Both groups welcome anyone who would like to join us  
Prayer List: Will Wilkins, grandson of Bootsie O'Neal Wilkins of Belhaven is a patient at Vidant Hospital in Greenville. Edna O'Neal McKinney and Bootsie went to visit with him Thursday. Will was injured in a car accident. Bob Johnson was unable to attend the 55 Plus Club meeting due to a nosebleed. Stanley Styron, Sr. is a rehab patient at Grantsbrook in Grantsboro, Velma Leary Henriks has been readmitted to Duke Hospital in Durham.  
Please continue to remember Benjy Volvia and Camden Popperwill.  
Happy Birthday: Tina Voliva and Faye Potter Mason - Nov 3, Sarah Tompkins and Delmer Atlee Bateman - Nov 4, Birdie Potter and Anna Mae Alcock Stroh - Nov 5, Erin Louise Walker, Jamey Lupton, Emma Ryan Lee and Rachel Lewis - Nov 6, Vernon Hall Mason and Kay Lupton Durden - Nov 7, Wesley Potter, Bruce Carrow Watson and Donna Henriks Cahoon - Nov 8, Glen Hopkins, and Bernice Jarvis Brothers - Nov 9.  
Happy Anniversaries Steven and Pattie Leary & Jamey & Maria Norman - Nov 5.  
Lottie Campen Caroon and I attended the Pamlico County Heritage Center meeting Monday night. The program was

"Status of the Kinston Hangings During the Civil War." Guest speaker was  
Dennis Jones from Jones County, accompanied by David French. The presentation was both informative and interesting. I had the opportunity to speak with David. He is a big help my sister, Maxine Hill Olsen who is working on our Carteret County genealogy. It was good to see many friends and enjoy refreshments after the meeting.  
Rev. Earl Sadler, Jr. was recognized for ten years of service in the ministry at the Original Free Will Baptist Church Conference meeting. Congratulations Earl Jr!  
George and Cathy O'Neal recently spent time at their summer home in Port Charles, Florida. While there they visited Sea World in Orlando and other points of interest.  
Karen Lupton Ireland, Sharon Lupton Leary and Brandi Ireland Flowers drove to Virginia Beach Saturday to visit their Uncle Myron Lupton who is a patient at Beth Shalom Village Rest Home. Myron is 94 years of age.  
Bro Ray Bonner and Scarlett, pastor of New Vision PH Church were back in Hobucken for Sunday Worship Services. The home of their daughter Alyssa of Fayetteville was flooded during Hurricane Matthew and they have been helping her with clean up, driving back and forth from their home in Kinston.  
A Halloween Party was held Friday night at Goose Creek Island Community Center. There was a large group of children and parents attending. Most were dressed in colorful and varied costumes. There was a fish pond, cake walk, Haunted House & several other fun games. Popcorn, hotdogs, cupcakes, cheese puffs and drinks were enjoyed by all. Many thanks to Pam Hannah and all who helped with this event for the children. A special thanks to those who donated the food.  
Kaleb Victor Branum and Ambra Nicole Nethercutt were united in holy matrimony October 29 at the New Bern Shrine Club in New Bern. Ambra is the daughter of Pam Popperwill Ireland and Page Nethercutt. Congratulations newlyweds!

**Whortonsville**



Reba Tiller  
Correspondent

As I look out over Brown Creek on a cool fall day, I am so grateful to be here in this beautiful place with wonderful neighbors. Tomorrow everyone will know who will be our next president, and as far as I am concerned, it doesn't matter much, it is kind of "tit" for "tat." I just want our sitting president to get back in the White House and do his duties, which are monitoring what is going on with the country, and keeping an eye on what is happening overseas with our young men and women who are fighting to help other countries.  
My sister Maomi Jones and her daughter Debbie were visiting for the weekend so I missed church. Elizabeth Cuthrell and Joan Ford attended at Pamlico U. Methodist for their Veterans' Day service. Thomas Braaten, a Marine Veteran was the speaker and the Pamlico Honor Guard presented arms at the end of the service. Everyone had a lovely lunch afterward. Craig Cooper sang for the service.  
Woodmen Life held their business meeting at the lodge in Florence on Friday night and voted on a new slate of officers. The Woodmen Christmas Dinner will be held at the Carolina Grill in James City on Sunday, December 4th at 4:00 p.m.  
Reverend Jesse Caton preached at Bethel on Sunday after being

at the hospital with his son all morning. He has more stamina than Clinton or Trump!  
Kevin and Suzy Bryan came by on Friday evening after "pigging" out on oysters at the Hope Clinic Fundraiser. Kevin brought some by for Weeks because he knows that is one of Weeks favorite things. Remember I said earlier that we have the best neighbors!  
Kevin also gave me a news flash! His company is building a gold mine or bringing back an old gold mine in South Carolina.  
The Pamlico Chorale is getting ready for the Thanksgiving Service on Sunday, November 20th at St Peter the Fisherman Catholic Church. When I go to a service there I am reminded of our former neighbors, Mary and Bob Byrnes who worked hard to get a Catholic Church here in the county.  
I received an e-mail that Marsha's Cottage will have calendars of sunrises and sunsets in Pamlico County.  
Now I am going to start with the bad news. Kevin's father fell and broke his hip, Marion Marsh fell and did some damage to her back, Chap from Silver Acres told me that he had spent time in the hospital with heart problems. Ralph Schar passed away on October 25 at CarolinaEast. The service will be announced later.  
Birthdays for November -- Lucas Gaskill. Anniversaries -- Fran and Darlene Law, Kenneth and Reba Tiller. Thought for the week -- Pray for our country!

• **Charles Linwood Scott, Sr., 84**, of New Bern, passed away, Tuesday, November 1, 2015 at Grantsbrook Nursing & Rehab Center. He was preceded in death by his wife, Clara Ann Swaringen Scott. He is survived by one son, Charles "Chuck" Scott, Jr of Pollockville; two stepsons Anthony Lynn Raynor of Reelsboro, Timmy Raynor of Grantsboro; one stepdaughter, Sheree Raynor Wainwright of New Bern; one brother, Benny Scott of Grantsboro; seven grandchildren and seven great grandchildren. A graveside service will be held at 11:00 AM Saturday, November 5, at New Bethlehem FWB Church Cemetery with the Rev. Ashley Trogon officiating. Interment will follow with military honors.  
The family will receive friends one hour prior to the service at the church.  
Arrangements by Bryant Funeral Home & Crematory, Alliance, NC.

• **Pastor David Lee Harris, 63**, of New Bern passed away, Friday, November 4, 2016, at CarolinaEast Medical Center. He was the minister at Good News Outreach IPH Church in New Bern. He was also a Vietnam Veteran serving in the Air Force for six years. He was preceded in death by his parents, Warren & Violet Harris. A loving husband, father and grandfather, he is survived by his wife, Glenda O. Harris; three sons, Michael David Harris of New Bern, Donald John Harris of Grantsboro and Randy Harris of New Bern; brother, Terry Wayne Harris of Grantsboro;

Deaths

sisters, Joanne H. Green and Alissa H. Duval, both of Grantsboro; and four grandchildren, Anna L., Morrigan L., Kendall D. and Kendra S. Harris. His funeral service was held 2:00 p.m., Monday, November 7th at Bryant Funeral Home Chapel with Bishop Danny Nelson, and Evangelist Harold Marlowe officiating. Interment to follow immediately in Paul Cemetery, Silverhill. The family received friends from 2 to 4 p.m. at Bryant Funeral Home, Sunday evening.  
Arrangements by Bryant Funeral Home & Crematory, Alliance.

• **Don Deeter Martin, 99**, of Reelsboro passed away Saturday, November 5, 2016, at CarolinaEast Medical Center. He served in the US Coast Guard during WWII serving in the Pacific and European Theater and was a member of D.A.V. Post 2514. For over 50 years he worked for Cuardian Inc. in Long Island, NY as a Welder/Fabricator. A loving husband, father, and grandfather, he is survived by his wife, Mary Martin; and several grandchildren and great-grandchildren. His memorial service was held at 11 am Wednesday, November 9th at Bryant Funeral Home Chapel with Chaplain J.T White officiating. The family received friends one hour prior to the service at the funeral home. In lieu of flowers the family suggested memorial contributions be made to Maryhaven Adult Service Center, 445 County Rd. 101 A, Yaphank, NY 11980.  
Arrangements by Bryant Funeral Home & Crematory, Alliance.

**NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION**

**NOTICE TO CREDITORS AND DEBTORS OF**  
Robert Ray Sanders  
File No.: 16 E 154

Estate, on or before January 19, 2017, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executrix.

This 26th day of October, 2016.

Jennifer Sanders Spain, Executrix  
Estate of Robert Ray Sanders  
234 Point of View Drive  
Merritt, NC 28556

All persons, firms and corporations having claims against ROBERT RAY SANDERS, deceased, are notified to exhibit them to Jennifer Sanders Spain, Executrix of the

Publish 10/26/16 & 11/2, 9, 16/2016.

**NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION**

**NOTICE TO CREDITORS AND DEBTORS OF**  
Helen Mayo Goodwin  
File No.: 16 E 148

of the Estate, on or before FEBRUARY 1, 2017, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Executor.

This 2nd day of November, 2016.

Victoria Goodwin Starr  
Executor  
P.O. Box 773  
Siler City, NC 27344

All persons, firms and corporations having claims against HELEN MAYO GOODWIN, deceased, are notified to exhibit them to VICTORIA GOODWIN STARR, EXECUTOR

Publish November 2, 9, 16 and 23.

Legals



# Welcome Autumn!



Autumn, often known as fall in the US and Canada is one of the four temperate seasons. Autumn marks the transition from summer into winter, in September (Northern Hemisphere) or

March (Southern Hemisphere) when the arrival of night becomes noticeably earlier.

The equinoxes might be expected to be in the middle of their respective seasons, but temperature lag (caused by the thermal latency of the ground and sea) means that seasons appear later than dates calculated from a purely astronomical perspective. The actual lag varies with region. Some cultures regard the autumnal equinox as "mid-autumn", others with a longer lag treat it as the start of autumn. Meteorologists (and most of the temperate countries in the southern hemisphere) use a definition based on months, with autumn being September, October and November in the northern hemisphere, and March, April and May in the southern hemisphere.

In North America, autumn is usually considered to start with the September equinox. In traditional East Asian solar term, autumn starts on or around 8 August and ends on about 7 November. In Ireland, the autumn months according to the national meteorological service, Met Éireann, are September, October and November. However, according to the Irish Calendar, which is based on ancient Gaelic traditions, autumn lasts throughout the months of August, September, and October, or possibly a few days later, depending on tradition. In Australia, autumn officially begins on 1 March and ends 31 May.



## Etymology

The word autumn comes from the Old French word *autompne* (*automme* in modern French), and was later normalised to the original Latin word *autumnus*. There are rare examples of its use as early as the 12th century, but it became common by the 16th century.

Before the 16th century, harvest was the term usually used to refer to the season, as it is common in other West Germanic languages to this day (cf. German *Herbst* and Scots *hairst*). However, as more people gradually moved from working the land to living in towns (especially those who could read and write, [citation needed] the only people whose use of language we now know), the word harvest lost its reference to the time of year and came to refer only to the actual activity of reaping, and autumn, as well as fall, began to replace it as a reference to the season. The alternative word fall for the season traces its origins to old Germanic languages. The exact derivation is unclear, with the Old English *feall* or *feallan* and the Old Norse *fall* all being possible candidates. However, these words all have the meaning "to fall from



a height" and are clearly derived either from a common root or from each other. The term came to denote the season in 16th century England, a contraction of Middle English expressions like "fall of the leaf" and "fall of the year". During the 17th century, English emigration to the British colonies in North America was at its peak, and the new settlers took the English language with them. While the term fall gradually became obsolete in Britain, it became the more common term in North America.



## Harvest

Association with the transition from warm to cold weather, and its related status as the season of the primary harvest, has dominated its themes and popular images. In Western cultures, personifications of autumn are usually

pretty, well-fed females adorned with fruits, vegetables and grains that ripen at this time. Many cultures feature autumnal harvest festivals, often the most important on their calendars. Still extant echoes of these celebrations are found in the autumn Thanksgiving holiday of the United States and Canada, and the Jewish Sukkot holiday with its roots as a full-moon harvest festival of "tabernacles" (living in outdoor huts around the time of harvest). There are also the many North American Indian festivals tied to harvest of autumnally ripe foods gathered in the wild, the Chinese Mid-Autumn or Moon festival, and many others. The predominant mood of these autumnal celebrations is a gladness for the fruits of the earth mixed with a certain melancholy linked to the imminent arrival of harsh weather.

This view is presented in English poet John Keats' poem *To Autumn*, where he describes the season as a time of bounteous fecundity, a time of 'mellow fruitfulness'.

While most foods are harvested during the autumn, foods par-

ticularly associated with the season include pumpkins (which are integral parts of both Thanksgiving and Halloween) and apples, which are used to make the seasonal beverage apple cider.



## Melancholy

Autumn in poetry has often been associated with melancholy. The possibilities of summer are gone, and the chill of winter is on the

horizon. Skies turn grey, and many people turn inward, both physically and mentally.

Similar examples may be found in Irish poet William Butler Yeats' poem *The Wild Swans at Coole* where the maturing season that the poet observes symbolically represents his own ageing self. Like the natural world that he observes he too has reached his prime and now must look forward to the inevitability of old age and death. French poet Paul Verlaine's "*Chanson d'automne*" ("*Autumn Song*") is likewise characterised by strong, painful feelings of sorrow. Keats' *To Autumn*, written in September 1819, echoes this sense of melancholic reflection, but also emphasises the lush abundance of the season.



## Halloween

Autumn is associated with the Halloween season (influenced by Samhain, a Celtic autumn festival), and with it a widespread marketing campaign that promotes it, in the US. The television, film, book, costume, home

decoration, and confectionery industries use this time of year to promote products closely associated with such a holiday, with promotions going from early September to 31 October, since their themes rapidly lose strength once the holiday ends, and advertising starts concentrating on Christmas.

Television stations and networks, particularly in North America, traditionally begin their regular seasons in autumn, with new series and new episodes of existing series debuting mostly during late September (series that debut outside the fall season are usually known as midseason replacements). A sweeps period takes place in November to measure Nielsen Ratings.

Autumn, particularly in most parts of the US, also has a strong association with the start of a new school year, particularly for children in primary and secondary education. "Back to School" advertising and preparations usually occurs in the weeks leading to the start of the fall season.

Since 1997, Autumn has been one of the top 100 names for girls. In Indian mythology, autumn is considered to be the preferred season for the goddess of learning Saraswati, who is also known by the name of "goddess of autumn" (Sharada).

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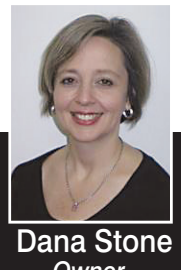
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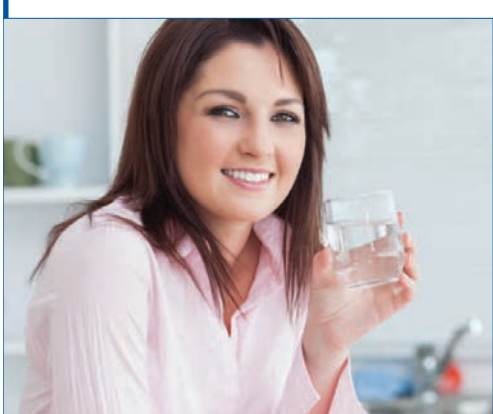
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## Extend the Harvest this Fall Season

By gardening expert Melinda Myers

Didn't get enough gardening in this season? Don't worry there is still time to grow garden-fresh vegetables and herbs this fall and winter.

Purchase transplants and seeds that will grow and flourish in the cooler fall and winter temperatures. Lettuce, spinach, Swiss chard, root vegetables, edible pansies and calendula as well as cole crops, like broccoli, are a few to consider.

Those gardening in colder regions need to select short season crops like lettuce, spinach and radishes that will mature before extremely cold winter temperatures set in. Extend the fall garden season into winter with the help of floating row covers, coldframes and portable greenhouses. Many of the elevated garden systems now have built in cold frames or row cover attachments to make extending the season much easier.

Try container and elevated gardens like the VegTrug™ (www.gardeners.com) to extend the growing season and increase your enjoyment. These contained gardens allow you to plant herbs, vegetables and flowers anywhere. Place a few right outside the front door or on the balcony for fun and convenience. Plus, contained gardens can easily be moved to a sheltered location or covered and protected from frost.

Or move your garden indoors. Select vegetables and herbs that can tolerate the less-than-ideal indoor growing conditions. Greens, onions and root crops, like radishes and short carrots, will grow in a sunny window. Expand your selection with the help of artificial lights.

Basil, oregano, thyme, sage, parsley, chives and of course mint are a few favorite herbs to grow on your kitchen or other sunny windowsill. Increase your harvest with the help of artificial lights or try an indoor tiered grow light stand to save on space.

Take cuttings from healthy herbs growing in the garden, purchase new transplants or start herb and vegetable plants from seeds.

Take four inch cuttings from healthy herbs. Remove the lowest set of leaves and place the cut end in a well-drained potting mix. Once rooted, plant the herbs in individual containers or mixed with other herbs in a windowsill planter.

Start the seeds in a flat, in individual pots or directly in a planter. Keep the rooting mix warm and moist until the seeds sprout. Move to a sunny location or under artificial lights as soon as the seedlings break through the soil. Wait until the seedlings develop two sets of leaves and then transplant them

into their permanent planter if needed.

So get busy planting and soon you will be enjoying the tasty benefits of fall and winter gardening.



## Time to Get Your Tools in Perfect Shape

For DIY-ers, the cooling weather is an ideal time to get all those important home improvement projects completed. Having a well-maintained set of tools can mean the difference between a productive weekend or one of frustration.

Here are some important things you should do to ensure your tools last a long time:

- Proper Use: Use the right tool for the right job. You can compromise the quality of your tools by using them incorrectly.

- Clean tools after use: After a long day of working on your home or in your garage, the last thing on your mind may be cleaning your tools. But putting them away without cleaning them invites rust and poor performance. Just be sure you completely dry your tools after you clean them.



- Lubricate: All the cleaning in the world can't protect your tools from the long-term effects of oxygen, which is why no DIY-er should be without a multipurpose synthetic lubricant. A long-lasting lubricant means less maintenance for you. For example, Royal Purple Maxfilm, a high-film strength, multipurpose synthetic lubricant uses a proprietary additive called Synerlec to adhere to metal parts and provide continuous protection. It is rated highly by the Handyman Club of America for performance, quality durability and effectiveness.

Maintaining your tools and lawn equipment with regular lubrication will protect them against wear, rust and corrosion and can actually improve the condition of metal surfaces. Be sure to use it in an upright position to maximize aerosol propellant life.



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## Does Your House Have What It Takes?

(StatePoint) Whether your home is on the market, or you plan to sell one day, knowing homebuyers' preferences can help you make smart upgrades that will increase your home's value and offer a great return on investment.

Luckily, a 2012 survey by the National Association of Home Builders (NAHB) is giving savvy homeowners a clear look at what potential buyers are looking for. Here are a few insights:

### Windows

When it comes to windows, energy efficiency is the prime consideration for consumers. ENERGY STAR rated windows, triple-pane insulating glass windows, and Low-E insulating glass windows are the three top "must haves" and "desirable" types of windows among new and potential homebuyers, according to the NAHB survey.

With that in mind, when replacing your home's windows, you'd be wise to look for those from an ENERGY STAR partner that's committed to meeting the strict criteria of the U.S. Environmental Protection Agency. For example, Simonton Windows has developed glass packages for each climate zone -- Northern, North Central, South-Central and Southern -- which utilize insulating glass units to drastically reduce the transfer of heat and cold, as well as block ultraviolet rays.

As far as materials are concerned, opting for lower maintenance vinyl frames is a good bet, as survey results from the study also show that vinyl framed windows are the leading preference for homebuyers for their low-maintenance features, durability and great insulating factors.

More information about ENERGY STAR qualified vinyl windows can be found at [www.simonton.com/energystar](http://www.simonton.com/energystar).

### Storage

Homebuyers want great storage features, like laundry rooms, linen closets, garage storage and



walk-in pantries, says the NAHB survey.

If you don't have these features or the budget to knock down walls or build additions, you can at least make the most of the storage you do have. Get organized and use easy-to-install closet systems that fit into your existing closets. Doing so will put your home in the best light possible.

### Entry Doors

Homebuyers want quality and beauty in their doors and entryways, according to the NAHB study, and fiberglass doors are gaining popularity. It's no wonder, since the door is the first thing anyone sees when entering a home and fiberglass doors are durable as well as aesthetically pleasing.

With quality in mind, consider selecting a door with a complete system of components engineered to work together and sourced from the same manufacturer. A door system designed to work together for lasting performance, security and energy efficiency, such as Thermo-Tru fiberglass doors, can withstand severe weather conditions along with day-to-day family activity. They also provide the home with strong protection from air and water infiltration.

Don't forget to add some beauty and detail to your entry door. Request decorative, clear or privacy doorlites and sidelites to reflect the personality and style of your home.

## Cut Utility Bills: Improve Efficiency

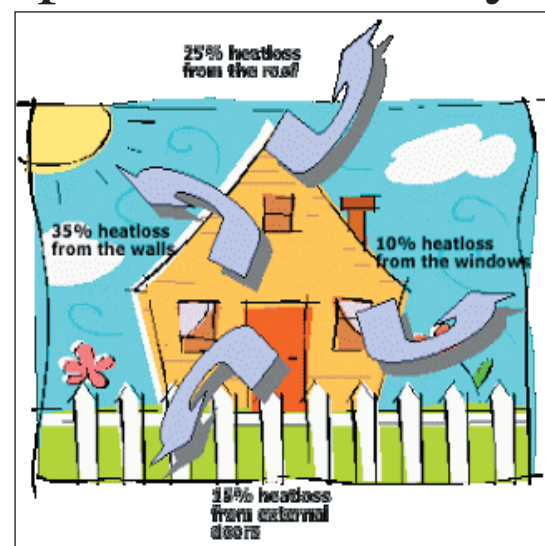
(StatePoint) Having trouble keeping your home comfortable year-round? You're not alone. The average mid-size U.S. home has a staggering half mile of gaps and cracks that outside air, including dust and allergens, can infiltrate and that inside, conditioned air can leak out of, according to the Air Barrier Association of America.

Just as you wouldn't want to leave a window open in winter or summer, you don't want to let gaps and small holes around windows, doors, plumbing penetrations and electrical outlets go unaddressed.

By doing some straightforward air sealing and insulating projects around the home, homeowners can typically save up to 30 percent on home energy costs, according to the Residential Energy Services Network (RESNET). Even if you're not that handy, you're in luck. Sealing your home is as simple as knowing your ABC's.

All you need to get started is:

- **One Sealant:** An inexpensive product can do the trick. Opt for a versatile sealant, such as Great Stuff Insulating Foam Sealant, to tackle a series of sealing projects around the home.
  - **Two Hours:** It only takes a couple of hours to seal all those gaps and cracks that cause drafts in your home performance and energy-efficiency of your house. For a complete home sealing project checklist, visit [www.GreatStuff.dow.com/pdfs/checklist.pdf](http://www.GreatStuff.dow.com/pdfs/checklist.pdf).
  - **Three Locations:** Three key locations will be impacted the most by air sealing projects -- the attic, basement and central living space.
- So where should you start looking? An easy trick to remember is the ABC's of air sealing:
- **A is for Attic:** The attic is one of the main places in the home you're likely to lose heat. So in addition to adding insulation, seal around the attic door to help keep air from escaping. You'll



keep heat inside your living space and make your family comfortable year-round by sealing the attic tightly to prevent drafts.

• **B is for Basement:** It's damp, dark and cold, and often one of the largest air leakage culprits in the home. It's also the most accessible, making it an excellent place to start sealing to prevent cooler air from seeping into the rest of your house.

• **C is for Central Living Areas:** Don't neglect the most trafficked areas of your house where you eat, sleep, watch TV and hang out. Fill the gaps and cracks in your living spaces -- including around electrical outlets and plumbing penetrations -- to prevent drafts throughout the year that directly impact the comfort of the home.

By following easy steps to seal your home, you can put a little extra spending money in your pocket and increase the overall comfort, performance and energy efficiency of your home.



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## Does Your Home Need Sprucing Up? Here's a Host of Ideas

### Spruce Up the Doorway

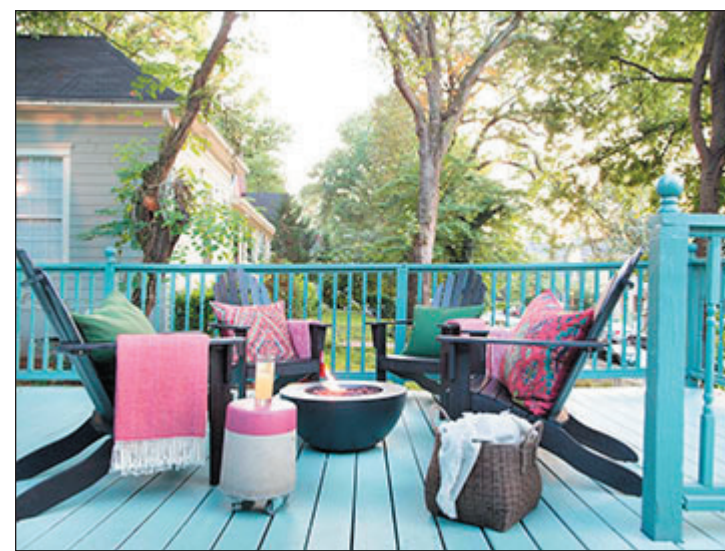
Piles of pumpkins and gourds along with potted croton and mums give this cheery front porch maximum curb appeal. Copy a few of their clever ideas — like adding vinyl house numbers to a tall pumpkin — for a similarly festive look for your home's entry.



chilly day? As inviting as it is, put safety first. Before lighting the season's first log, have the chimney and fire box inspected and cleaned by a professional chimney sweep.

### Plants Make a Difference

Fall is the time to fill window boxes and gardens with showy white, purple or fuchsia ornamental cabbages, pansies and English ivy to add a cheery pop of color that will endure winter's frosty temps and beautify your landscape into the early spring.



### Get Cozy Outside

Make the most of fall's crisp evenings by creating a small conversation area around a fire pit and add lots of pillows and throws to really boost the coziness factor. Keep a large basket handy so you can easily transport the linens indoors when inclement weather threatens.



### Nothing Like a Fireplace

Honestly, who doesn't love to curl up next to a roaring fire on a

### Colors of Fall

Nothing brightens up your home for the season like vases filled with fall flowers. Sunflowers and alstromeria are great choices because they'll remain beautiful for up to a week. The trick to keeping blooms fresh is to remove all leaves below the water line and change out the water every few days.



### Create a Photo Wall

With the imminent arrival of friends and family for the holidays, fall is the perfect time to root through boxes of old family photos, pop them in a frame and create a gallery wall so everyone can enjoy a sentimental stroll down memory lane.

### Creative Centerpiece

A few of our easy-to-create fall leaf streamers are all you need to decorate your Thanksgiving table. Best of all, skipping the centerpiece means there's nothing at eye level to block your view of the other guests.



### Menu Board Make Meals Special

With just a few supplies from the hardware and craft stores, you can up cycle an unused frame into an elegant chalkboard to display whenever holiday guests gather. Use your finished chalkboard to display a Thanksgiving or holiday dinner menu or just to jot down notes to family.



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# Kitchen Chatter

by Nancy Winfrey



## A Hodge Podge of Things to Put On Your Table

### ITALIAN VEGETABLE-BEEF SOUP

1 large onion, finely chopped (2 cups)  
2 cups thinly sliced celery  
2 cloves garlic, minced  
1 tablespoon olive oil  
1 pound ground beef  
1 can (46 oz.) tomato juice  
1 can (14.5-oz. to 16-oz.) diced tomatoes with basil and oregano  
1 package (1 lb.) frozen mixed vegetables  
1 tablespoon sugar  
2 teaspoons Italian seasoning  
1 package (1.61-oz.) brown gravy mix (Pioneer Brand recommended)  
1/2 cup cool water

In a large saucepan or Dutch oven, cook and stir onions, celery and garlic in oil over medium heat until onions and celery are translucent. Add the beef and cook and stir until browned and meat is crumbled. Stir in tomato juice, tomatoes, mixed vegetables, sugar and Italian seasoning; heat to a boil. Dissolve gravy mix in water and stir into boiling mixture until thickened. Reduce heat and simmer for 15 minutes. Makes 8 to 10 servings.

### PEPPER STEAK IN A CROCKPOT

1-1/2 to 2 pounds beef round steak  
2 tablespoons vegetable or olive oil  
1/2 cup soy sauce  
1 cup chopped onions  
1 clove garlic, minced  
1 teaspoon sugar  
1/2 teaspoon salt  
1/4 teaspoon pepper  
1 can (16-oz.) tomatoes with liquid, diced  
1 large green peppers, cut into strips  
1/2 cup beef broth or water  
1 tablespoon cornstarch  
Cooked noodles or rice

Cut the round steak into about 3-inch by 1-inch strips, place in a large skillet with the vegetable oil and cook until browned. Remove the meat from the skillet and place in a crock pot/slow cooker. Combine the soy sauce, onions, minced garlic, sugar, salt and pepper and pour over the steak. Cover and cook on low 6 hours or until meat is tender. Add the tomatoes and green peppers and cook on low for an additional 1 hour. Combine the beef broth or water with the cornstarch and add to the liquid in the pot, blend, and cook on high until thickened. Serve over noodles or rice. Serves 8.

### BAKED CHICKEN & RICE

2/3 cup quick cooking rice  
1 can cream of chicken soup  
4 pieces chicken  
1/2 envelope onion soup mix

Combine the rice and cream of chicken soup. Spread mixture in bottom of casserole. Lay pieces of chicken on top. Sprinkle with onion soup mix, cover tightly with foil and bake in preheated 325 degree oven for 1-1/2 hours. Serves 4.

### HAM & LIMA BEAN BAKE

Serve with piping hot cornbread for a great combination.

2 tablespoons butter  
2 cups potatoes, peeled and cut into 1/2-inch pieces  
1 cup chopped onions  
1 cup chopped green peppers  
2 cans (about 14-oz. each) chicken broth  
2 cups milk  
1 envelope white sauce mix  
1 box (10-oz.) frozen Fordhook lima beans  
1-3/4 cups fully cooked smoked ham, cut into small pieces

Melt the butter in a large pot over medium-high heat. Add the potatoes, onions and peppers and cook and stir about 8 minutes or until onions and peppers are tender. Stir in remaining ingredients - except the ham - and bring to a boil. Reduce heat to medium. Add ham and simmer about 15 to 20 minutes. Makes 8 cups.



### FRESH MUSHROOM SOUP

1 pound fresh mushrooms  
2 tablespoons vegetable or olive oil  
2 cups water  
2 cups half and half cream or milk  
1 teaspoon onion flakes  
1 tablespoon parsley flakes  
1 tablespoon flour  
1 tablespoon sherry (optional)  
Freshly ground black pepper, to taste

Slice caps and stems of mushrooms in thick slices. Heat the oil in a heavy saucepan and sauté the mushrooms quickly until just tender. Combine remaining ingredients in blender and mix until thick and foamy. Add the mushrooms and blend again at lowest speed for 5 seconds or until mushrooms are chopped into fine pieces but not pulverized. Pour the mixture back into the saucepan and heat slowly, stirring with a whisk to keep from burning. Serve immediately. Makes 1-1/4 quarts.

VARIATION: Spinach Soup - 1 package (10-oz.) frozen chopped spinach for the mushrooms. Cook spinach until it is just broken up and follow recipe for mushroom soup.

### BARBECUED CHICKEN

2 tablespoons all-purpose flour  
1 stick butter  
2 teaspoons sugar  
1 teaspoon salt  
Dash of cayenne pepper  
1 frying chicken, cut into pieces  
1/4 teaspoon Tabasco sauce  
1/4 cup cider vinegar  
1-1/2 tablespoons lemon juice  
2 teaspoons Worcestershire sauce

Combine the dry ingredients and melt the butter. Blend the dry ingredients and melted butter together - set aside. Combine remaining ingredients - except the chicken - and cook, stirring constantly, until thick. Spread on pieces of chicken in shallow pan and bake in 350 degree oven for 2 hours. Serves 4.

### FRANKS IN A CASSEROLE

1 medium onion, chopped  
2 tablespoons vegetable oil  
2 tablespoons cider vinegar  
2 tablespoons brown sugar, packed  
1/4 cup lemon juice  
1 cup catsup  
1 teaspoon dry mustard  
1/2 cup water  
1-1/2 pounds frankfurters

Brown the onions in vegetable oil. Place franks in bottom of baking dish. Combine the onions with remaining ingredients, blend well and pour over the franks. Bake in 300 degree oven for about 30 or 35 minutes.

### MEATLOAF CASSEROLE

1 pound ground beef  
2 tablespoons butter  
1 can (about 10-oz.) condensed vegetable soup  
1/2 cup water  
1/4 teaspoon garlic salt

1 teaspoon salt  
1/8 teaspoon pepper  
1 teaspoon Worcestershire sauce  
1/2 teaspoon dry mustard  
1 package (8-oz.) macaroni, cooked according to directions  
1 large tomato, sliced  
1 cup grated Cheddar cheese

Brown the beef in a bit of vegetable oil. Add the soup and water, bring to a boil. Add the seasonings and then blend in the macaroni. Pour into a well buttered baking dish and bake in 350 degree oven for about 20 or 30 minutes. Remove from oven and top with the tomato slices and grated cheese and bake 5 minutes longer. Serves 6.

### CHICKEN ALFREDO

1 package (12-oz.) fettuccine  
1/4 pound fresh mushrooms, cut in quarters  
3 green onions, sliced  
2 tablespoons butter or margarine  
1 cup heavy cream  
1 cup frozen peas  
2-1/2 cups cooked chicken, but into small chunks  
1/2 teaspoon salt  
1/2 teaspoon pepper  
1/3 cup grated Parmesan cheese

Cook the fettuccine according to directions on package. Sauté the mushrooms and green onions in the butter or margarine in a large skillet until tender - about 3 minutes. Add the cream to the skillet and bring to boiling. Lower heat and gently boil-uncovered until slightly reduced - about 5 minutes. Add the peas, chicken, salt and pepper and stir frequently. When fettuccine is done, drain well. Transfer to a large serving bowl and pour chicken mixture over all and then sprinkle top with grated Parmesan cheese. Toss gently to blend. Serve immediately.

### PRIZE-WINNING CHICKEN SALAD CASSEROLE

This dish is wonderful for those covered-dish meals!

3 cups chicken, cooked and diced  
4 hard-cooked eggs, chopped  
2 cups cooked rice (regular or brown)  
1-1/2 cups celery, finely chopped  
1 small onion, finely chopped  
1/2 cup mayonnaise  
2 cans (10-3/4-oz. each) cream of mushroom or cream of chicken soup  
1 teaspoon salt  
2 tablespoons lemon juice  
1 cup cornflake crumbs  
2 tablespoons margarine, melted

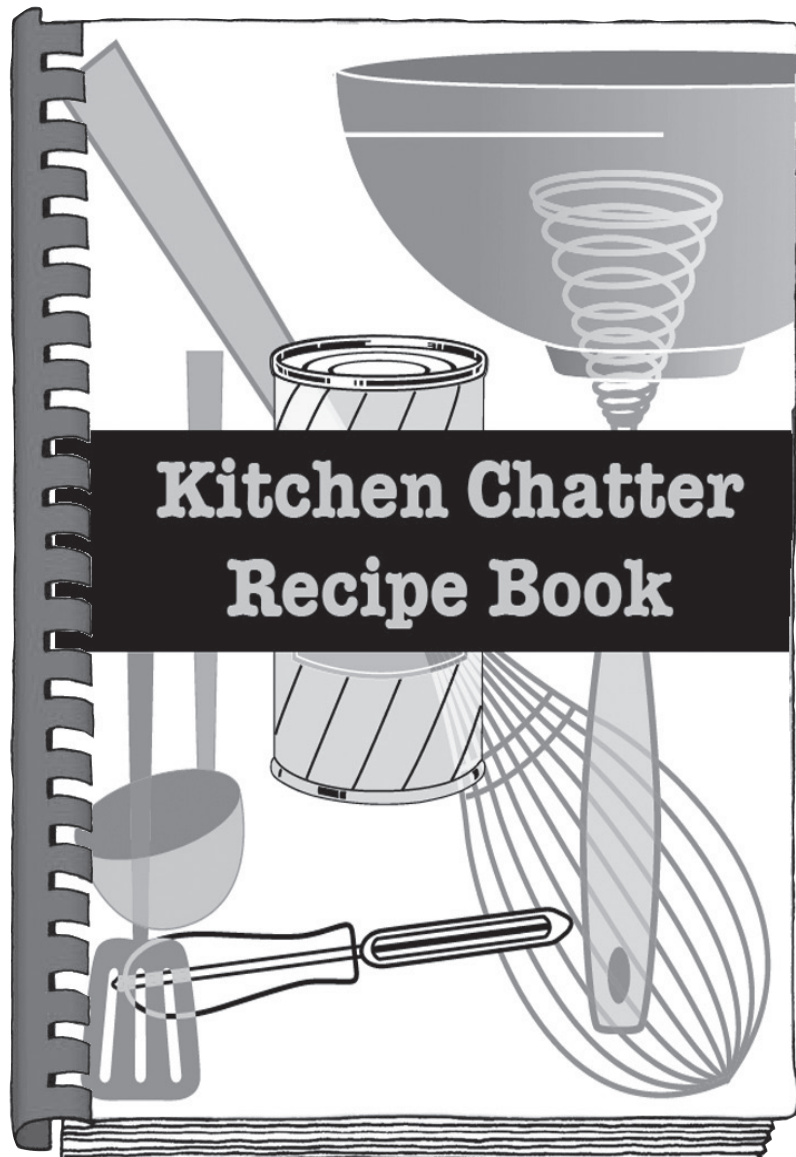
Combine all ingredients except cornflake crumbs and margarine and blend well. Pour mixture into a 3-quart oblong casserole. Combine the melted margarine or butter and the cornflake crumbs, toss to coat, and sprinkle over the top of the casserole. Bake in 350 degree oven for 35 to 40 minutes or until bubbly and hot. Serves 12.

### HOT MEXICAN-STYLE SALAD

1 pound ground beef  
1/4 cup chopped onions  
1 can (16-oz.) kidney beans, drained  
1/2 cup bottled Catalina French dressing  
1/2 cup water  
1 tablespoon chili powder  
4 cups shredded lettuce  
1/2 cup thinly sliced green onions  
2 cups (8-oz.) grated sharp Cheddar cheese

Brown the ground beef, stirring to crumble, and cook until done - drain. Add the onions to the ground beef and cook until tender. Stir in the beans, dressing, water and chili powder and simmer for 15 minutes.

Combine the lettuce and green onions and then add the meat mixture and 1-1/2 cups of the cheese - mix gently. Top with remaining cheese and serve immediately. Serves 6.



## The Pamlico News is pleased to offer Mrs. Nancy Winfrey's Treasured Kitchen Chatter Recipe Book

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## Rotarian Larry Gracie Honored

Larry Gracie was named a Paul Harris Fellow at the October 31 Rotary meeting. Paul Harris was a Chicago attorney who formed the first Rotary club in 1905, one of the world's first service organizations.

The Paul Harris Fellowship was established in his honor as a means to show appreciation to members who contribute \$1,000 to the educational and humanitarian programs of Rotary. Rotary programs seek to improve the lives of millions of people around the world through educational programs, food, potable water, health care, immunizations, and shelter. For example, one such Rotary goal is to eliminate polio worldwide in the near future.

Rotary Foundation uses donations to fund projects. Local Rotary Foundation Chairman, Tim Fowler, presented the award to Mr. Gracie, stating "It gives me great pleasure to present to you, on behalf of the Foundation and our club, the three symbols of a Paul Harris Fellow: the certificate, a lapel pin, and a medal. Congratulations."

## Veteran's Day Events Set for Saturday

The 15<sup>th</sup> Annual Veterans Day Parade set for Saturday November 12<sup>th</sup>. The Pamlico County Veterans Council's 21<sup>st</sup> Annual Luncheon and ceremony for all veterans will be held following the 16<sup>th</sup> Annual Veterans Day Parade on Saturday November 12<sup>th</sup> at 10 am in Bayboro. The Parade will begin at Neals Creek Road and travel east on Hwy 55 to First Street.

The Grand Marshal and guest speaker will be Mr. Sanderson. The Veterans Luncheon will be held following the parade at Fred Anderson School on Anderson Drive at 11 am. The luncheon is open to Pamlico County Veterans, their wives, and widows of veterans with proof of husband's service.

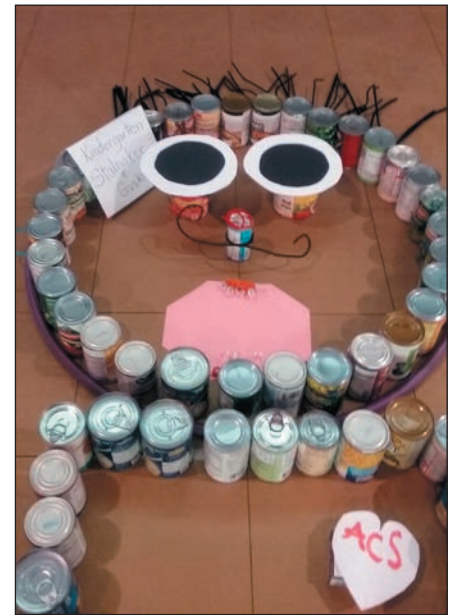
Participants in the parade from outside Pamlico who are veterans may attend the luncheon by calling in with a count of those attending for meal purposes prior to November 1<sup>st</sup>. The formal ceremony luncheon will begin at 11 am and those attending are asked to remain seated until the ceremony is over. We hope to have the County Service Officer and the Unit Officers remain to answer your questions about joining their organizations.

The new Service Officer for Pamlico will be present if possible for your questions. For more information, contact the Veterans Service Officer for Pamlico County after the dinner and Monday thru Wednesday at 745-8086.



## ACS Students Pay It Forward

Arapahoe Charter School students began collecting cans on September 21st, the International Day of Peace. The event culminated in classes building sculptures out of their cans in keeping with the school's mission to promote STEAM education. Teachers incorporated science, technology, engineering, art and math together in this project from counting and graphing in the lower grades, to ratios and area in the upper grades. They used the engineering design process to plan, create and test their designs before the final build in the gym for all to see. Altogether, the students collected more than 1,000 cans which were donated to the Salvation Army to help with flood relief in other parts of North Carolina as part of the Pay it Forward Pamlico County effort.



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The advent of "Personal Watercraft" in recent years has heightened our awareness to the issue of speed on our waterways. In general, PWC are operated at greater speeds than powerboats, and infinitely greater speeds than sailboats.

To some degree, speed is essential on a PWC since it is nearly impossible for operators to keep their balance at slow speeds (5 knots or less). Not unlike your bicycle, if you slow down enough, you'll fall over. Add a passenger behind you and some wave action, and the rate of speed to keep your balance actually increases.

There is yet another factor that enters in to the speed equation. The steering on a PWC relies on the thrust of the water jet on its stern. The water is pumped through a small jet that is directed from port to starboard by the handlebars. The slower the rate of water discharge, the less effective your steering becomes.

What does this have to do with boating? Well, the PRIMARY cause of PWC accidents is excessive speed. Also, there are many boating accidents due to excessive speed. You might be interested to know that the same Navigation Rule governing the speed of an oil tanker governs the speed of a PWC and all vessels in between.

Rule 6 of the International and Inland Navigation Rules is entitled "Safe Speed." Rule 6 requires vessels to operate at speed that will allow an operator to "take proper and effective action to avoid collision and be stopped within a distance appropriate to the prevailing circumstances." Okay, what does that mean?

Rule 6 goes on to list factors that "shall be among those taken into account" in determining safe speed. These factors apply to open water and close-quarters situations. They apply to Ski boats, sailboats, cruise ships and PWC, just to name a few. Let's talk about a few of those relevant factors.

The first is "Traffic density." Since there are essentially no speed limit signs on the water (other than in no wake areas), the more vessels in your vicinity, the slower your speed should be. Traffic density also deals with proximity. The closer you are to other vessels, the slower you should be going.

Next is the "state of wind, sea and current." These factors apply not only to your vessel, but the vessels around you as well. You may be in a 500-horse power cruiser that can overcome any current. However, that isn't true of the trawler or sailboat ahead of you. A strong wind abeam can be a menace to a slow moving boat in a narrow channel. Your wake can only make things worse.

Another factor is "maneuverability with special reference to stopping distance and turning ability." In your car, the faster you go, the longer the stopping distance and larger the turning radius will be. Just as you would drive slowly in a parking lot or a residential street, you should be prepared for quick stops on the water.

"Visibility" is another factor. The effects of fog, rain or darkness should have an influence on your boat speed. Exercising good judgment is the key.

Common sense should prevail out there. The truth is that some people just don't think, and the boating accident reports tell quite a story on those folks!

Until next time, we wish you clear skies, fair winds and calm seas!

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**Coastal Management, Marine Fisheries Offices to Close**

**RALEIGH** – The Elizabeth City office of the Divisions of Coastal Management and Marine Fisheries is closing for facility repairs and will remain closed for an undetermined amount of time.

Members of the public seeking a CAMA permit or fishing license may go to the Department of Environmental Quality's Washington Regional Office at 943 Washington Square Mall in Washington or call 252-946-6481.

Those seeking a fishing license also may go to

the Division of Marine Fisheries' Manteo Field Office, 1021 Driftwood Drive, Manteo or call 252-473-5734.

Additionally, Coastal Recreational Fishing Licenses may be purchased at many sporting goods and bait and tackle shops; online at <http://www.ncwildlife.org>; or by phone, Monday through Friday, 8am to 5pm., at 888-248-6834.

Coastal Management and Marine Fisheries staff may be reached through the Washington Office at 252-946-6481 or by email.



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## Enjoy the Voices of Countertenor Terry Barber

With an extraordinarily broad vocal range, natural fluency in many languages and musical styles, and a career on some of the world's most storied stages, rare countertenor Terry Barber is coming to Pamlico County. Presented by the Pamlico Musical Society, this grammy-nominated gifted vocalist will perform at the Old Theater in Oriental on Saturday, November 19. The show begins at 7:30 pm.

A truly international artist, Terry Barber has been a soloist for the Metropolitan Opera, Carnegie Hall, London's Queen Elizabeth Hall, and Moscow's Svetlanov Hall, to name a few. His entertaining, classically-driven program includes recognizable melodies and audience favorites. Challenging notions about what is possible with the human voice, he sings works for baritone, tenor, alto, and soprano in French, German, English, Latin, and Italian, including works by Leonard Cohen, Brahms, Caccini, Bernstein, and more.

Former member of the Grammy winning group, Chanticleer, Terry's voice can be heard on every major record label and he's sung with the likes of Madonna, Jewel, Chaka Khan, Cyndi Lauper and the London Philharmonic. Whether performing classical or popular favorites, he "breathes new life into everything he sings" and crafts what the Los Angeles Times calls "performances of great vitality and verve."

Tickets to this concert are \$22 and are available in Oriental at Nautical Wheelers, 411 Broad



Street, and online at [www.pamlicomusic.org](http://www.pamlicomusic.org). Tickets for sold-out shows may become available at the door last minute. Check at the box office at 7:15.

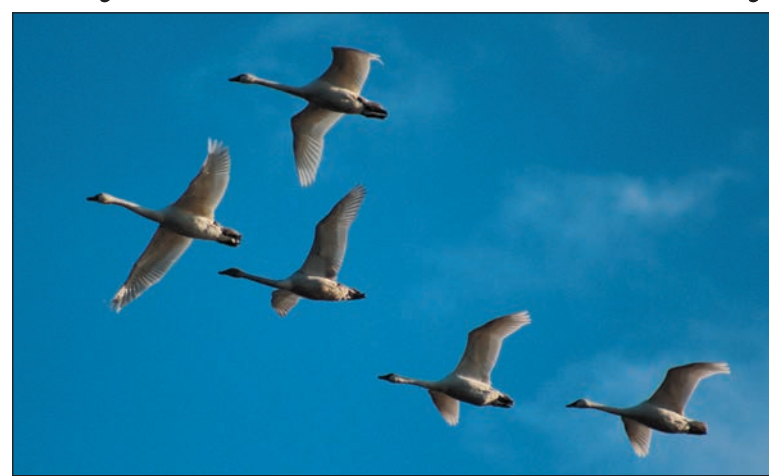
Pamlico Musical Society is a non-profit organization bringing quality musical entertainment, enrichment, and education to Pamlico County, and we welcome your support! To learn more about the benefits of joining us, including advance ticket sales and artists' receptions, call 252-617-2125, or visit [www.pamlicomusic.org](http://www.pamlicomusic.org).

## Annual Swan Days Festival Plans Underway

LAKE MATTAMUSKEET - The Swan Days Festival returns to Lake Mattamuskeet on Saturday, December 10. This event is a celebration of the annual return of the Tundra Swans and other migratory birds to Lake Mattamuskeet, providing fun for the entire family. The event is jointly sponsored by Mattamuskeet National Wildlife Refuge, the Greater Hyde County Chamber of Commerce, and the North Carolina Wildlife Resources Commission. Guided tours will begin early on Saturday, December 10, to view thousands of migratory birds.

Advance reservations are required for the bird tours. The Refuge staff will begin taking reservations on November 14, at 8:00 a.m. Space is limited on the tours, so it is essential that everyone who would like to participate call the refuge at 252-926-4021 to reserve a seat. According to Pete Campbell, manager of Mattamuskeet Refuge, the tours are so popular that all seats are usually reserved before the end of the first day so he stresses the importance of calling on November 14. Campbell explained that the tours will take visitors into gated areas that are usually closed to the public. This will include diked impoundments where the refuge grows crops to provide winter habitat for the migratory birds.

Lake Mattamuskeet is the largest natural lake in North Carolina, and the winter home for thousands of migratory birds. These include Tundra Swans, Snow Geese, Canada Geese, and more than twenty species of ducks. There are also large numbers of wading birds, including the Snowy Egret, Great Blue Heron, and two species of Ibis. According to Dr. Lewis Forrest,



Thousands of majestic Tundra Swans spend their winters at Lake Mattamuskeet in eastern North Carolina.

executive director of the nonprofit Mattamuskeet Foundation, it is always exciting to see a Bald Eagle during a refuge tour. Mattamuskeet Refuge has more than two hundred species of birds and is a favorite place for birders, photographers, and sportsmen.

The festival will also include educational programs for all ages, exhibits, a photography workshop, and food vendors, set up adjacent to historic Mattamuskeet Lodge, which was originally the pumping plant for America's most famous pump-supported land reclamation project. Among the educational programs will be an update on the restoration of historic Mattamuskeet Lodge by Mark Williard, architect for the lodge restoration project. Marco Gibbs of Hyde County will speak on the Native American History of Lake Mattamuskeet and Hyde County and Dr. Forrest will present a program on the history of Lake Mattamuskeet and Mattamuskeet Lodge.

For more information about the festival, contact Mattamuskeet Refuge at 252-926-4021 or by email at [mattamuskeet@fws.gov](mailto:mattamuskeet@fws.gov). Additional information is also available at [www.swandays.com](http://www.swandays.com) and on the festival's Facebook page.

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## Carteret Writers to Host Writing Workshop

Creative Writing and developing routines for successful writing will be the theme as Carteret Writers hosts guest speaker, Deborah Doolittle. Her presentation will begin at noon at the Golden Corral in Morehead city on November 9<sup>th</sup>. The program is free and open to the public. No reservations are needed.

Doolittle has had more than 360 poems published in literary magazines, and others that will soon appear in publications such as Colere, Kakalak, Miller's Pond, and Poet's Espresso. Two chapbooks, No Crazy Notions and That Echo, have won the Mary Belle Campbell and Long Leaf Press awards. Her first book, Floribunda, will soon be released from the Main Street Rag Press.

Doolittle lives in Jacksonville, NC and is an English instructor at Coastal Carolina Community College. During her presentation she will share some "tried and true" writing and submission tactics, and although widely published in Poetry, she will speak of the advantages of keep-



ing a journal to enhance short story writing.

Carteret Writers meet on the second Wednesday of each month September through April. A "Dutch Treat" lunch and networking begins at 11:15 followed by a presentation at noon. For more information visit their website at [www.carteretwriters.org](http://www.carteretwriters.org) or send questions to [carteretwriters@gmail.com](mailto:carteretwriters@gmail.com).

more information visit their website at [www.carteretwriters.org](http://www.carteretwriters.org) or send questions to [carteretwriters@gmail.com](mailto:carteretwriters@gmail.com).

## Ben Casey Portrait Photography

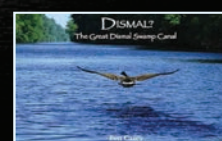
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Ben Casey has authored three books on Eastern NC waterways, is a photo-essayist, and documentary photographer.





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## Pamlico County Community Foundation Kicks Off Fundraiser

The Pamlico County Community Foundation launched a month-long fundraising campaign beginning Nov. 1 to boost local grantmaking.

The Chairman's Challenge is made possible through a campaign sponsored by the North Carolina Foundation. Any resources raised for the Pamlico County Community Foundation's local grantmaking fund will receive a proportional share of a matching pool given by several anonymous donors.

Those interested in giving to the local campaign can visit NCCF's website at [nccommunityfoundation.org](http://nccommunityfoundation.org) and click Give Now, or choose the Giving tab from the home page where online, mailing or faxing instructions are posted. Checks also can be mailed to NCCF, Chairman's Challenge, 3737 Glenwood Ave., Suite 460, Raleigh, NC 27612. Please indicate Chairman's Challenge/ Pamlico County Community Foundation in the memo line. Gifts must be postmarked no later than Nov. 30 to be eligible.

The Pamlico County Community Foundation is an important resource for making grants to local nonprofits. All money raised for the community grantmaking fund stays local and supports local needs.

"The Pamlico County Community Foundation participated in the Chairman's Challenge last year and we so appreciated the local support that helped to boost our local grantmaking," said Mary T. Skinner, board president. "We are optimistic that our residents will rise to the challenge again this year!"



In addition to Mary T. Skinner, board members include: Julia R. Mobley (V. President), Cynthia Lee Mayo (Treasurer), Heather Brewer (Secretary), Sally T. Belangia, Timothy Buck, Ann A. Holton, Flora Moorman, Pat Prescott and Gary Mastrodonato.

For further information, contact Kim Ball, NCCF regional director, at [kball@nccommunityfoundation.org](mailto:kball@nccommunityfoundation.org) or 252-670-5929.

About the North Carolina Community Foundation  
The NCCF is the single statewide community foundation serving North Carolina and has made \$116 million in grants since its inception in 1988. With more than \$222 million in assets, NCCF sustains 1,200 endowments established to provide long-term support of a broad range of community needs, nonprofit organizations, institutions and scholarships. The NCCF partners with a network of affiliate foundations to provide local resource allocation and community assistance across the state. An important component of NCCF's mission is to ensure that rural philanthropy has a voice at local, regional and national levels.

For more information, visit [nccommunityfoundation.org](http://nccommunityfoundation.org), like us on Facebook and follow us on LinkedIn and Twitter @NCCF.

## Grants Awarded by Pamlico County Community Foundation

The board of advisors of the Pamlico County Community Foundation announces local grant awards from its community grantmaking fund, according to Mary Skinner, board president.

This year's nonprofit recipients include: American Red Cross (Cape Fear Chapter) and the Girl Scouts - North Carolina Coastal Pines

Skinner thanked the community for its support of the Pamlico County Community Foundation. "These grants are important to our community and our quality of life," she said. "Critical programs would not be possible without the generosity of many individuals and organizations that have supported Pamlico County's community fund."

About the Pamlico County Community Foundation  
The Pamlico County Community Foundation is an affiliate of the North Carolina Community Foundation. In addition to Skinner, board members include: Julia Mobley (vice-president), Heather Brewer (secretary), Cynthia Lee Mayo (treasurer), Flora Moorman (Grant Chair), Sally T. Belangia, Timothy Buck, Ann A. Holton, Gary Mastrodonato and Pat Prescott.

Tax-deductible contributions can be made to the Community Grantmaking Fund, which is administered by the NCCF. Contributions should be made payable to the Pamlico County Community Foundation and mailed to the North Carolina Community Foundation, PO Box 3411, New Bern, NC 28564. Contributions can also be made online at [nccommunityfoundation.org](http://nccommunityfoundation.org).

For further information, contact NCCF Regional Director Kim Ball at 252-288-5706 or [kball@nccommunityfoundation.org](mailto:kball@nccommunityfoundation.org) or visit the NCCF website at [nccommunityfoundation.org](http://nccommunityfoundation.org).

About the North Carolina Community Foundation  
The NCCF is the single statewide community foundation serv-



(l-r) Tim Buck, Mary Skinner, Cindi Mayo, Pat Prescott, Flora Moorman, Sally Belangia, Julia M. Talley, Ann Holton and Heather Brewer.

ing North Carolina and has made \$116 million in grants since its inception in 1988. With more than \$222 million in assets, NCCF sustains 1,200 endowments established to provide long-term support of a broad range of community needs, nonprofit organizations, institutions and scholarships. The NCCF partners with a network of affiliate foundations to provide local resource allocation and community assistance across the state. An important component of NCCF's mission is to ensure that rural philanthropy has a voice at local, regional and national levels.

For more information, visit [nccommunityfoundation.org](http://nccommunityfoundation.org), like us on Facebook and follow us on LinkedIn and Twitter @NCCF.

## SECU Members Support Flood Relief to NC Food Banks

In support of fellow North Carolinians who have suffered devastation from Hurricane Matthew, State Employees' Credit Union (SECU) members via the SECU Foundation have responded with a \$500,000 grant for North Carolina Feeding America Food Banks to assist victims in the counties directly impacted by the storm. The state's food banks are a critical resource during disaster relief efforts, providing water, food, cleaning supplies and other needed items. This grant will support the food banks that directly serve residents in the flood ravaged areas.

"Once again the staff and members of State Employees' Credit Union are stepping up to meet dire needs in our state," says N.C. Feeding America Food Banks Executive Director Alan Briggs. "The generous grant from SECU Foundation will help North Carolina's food banks provide vital relief to so many of our neighbors facing hardships resulting from Hurricane Matthew. This donation will help us continue to serve food and water to early disaster responders, feed families displaced by the floods and also maintain our ability to feed those already facing food insecurity. On behalf of all those many thousands who will benefit,



but whose names and faces we will never know, we say thank you."

"We are pleased to be able to support our fellow citizens in such an impactful way through our local food banks," says SECU Foundation Chairman Jim Johnson. We encourage others who are in a position to do so, to please consider assist-

ing through donations or volunteerism - many hands can make a tremendous difference for those who need help putting their lives back together."



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New Bern  
Nov 11th & 18, 5-7 pm



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*The mission of Oriental United Methodist Church is to Share the Love of Jesus Christ by empowering our community of faith, igniting passions, and nurturing gifts.*

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## Wine & Dine Scheduled for Nov. 18

Hope Clinic is hosting its first Wine & Dine event on Friday, Nov. 18th at 6pm at the Oriental Women's Club, 1007 Gilgo Road in Oriental. This event is to raise funds for the new Family Resource Program, which connects vulnerable people in Pamlico County with emergency resources such as food, shelter, help getting into a rehab facility, getting an education, and much more. More information about this much-needed program will be available in another week or two.

Tickets are \$25 per person, and include dinner, music, an auction, and lots of fun! Tickets are available at Nautical Wheelers, Hope Clinic, and through Ann Savage (our most awesome Family Resource Advocate).

To buy tickets or for more information, you can reach Ann at (252) 671-6129 or by emailing ann@hopeclinic.net.

## Pamlico County Museum Fashion Show Returns

Co-Sponsored with Pamlico Community College, the Pamlico County Museum & Heritage Center Fashion will return this year on Sunday, November 13, 3:00 – 5:00 p.m. at the Delamar Center. As always, this will be a fun event for everyone. The show theme will be Satin Dolls and Champagne Inspired Fashions. The first half will be done by Marsha's Cottage of Oriental, sharing a sneak peek of new fall fashions. The second half will feature Weddings Through the Decades with Myra Blue of The Vintage Closet. Music for the event will be provided by Jazzomine Band and Jeff

## Veteran

"When I opened Fresh Coat Painters of New Bern, I knew I wanted to give back to the community and work with veterans. I want to do my part to make sure our veterans are treated with the respect and dignity they deserve and, for me, this Paint it Forward project is part of that commitment," Yaeger said. "We are a community-based company and it's important to us to be involved in that community."

The home-building project all started when Russ and Karen Richard bought the Nature's Run subdivision property in 2012. In 2013, the Richards decided they wanted to donate one of the lots to a local veteran organization to facilitate in building a house for a veteran family in need. After some serious searching, they got in touch with Mike Dorman of Military Missions in Action to get the ball rolling.

Military Missions in Action, under the guidance of Executive Director and Founder Mike Dorman, partnered with the Single Marines volunteer program at Cherry Point and agreed to take on the project. His organization solicited applications from local wounded veterans and selected the Cottrell family for the home through the organization's Homes for Healing program. Homes for Healing is designed to help veterans with Traumatic Brain Injury and Post Traumatic Stress Disorder with home repairs and house projects.

"Veterans with brain injuries are truly underserved in this area and Homes for Healing can make a huge difference. Sometimes even small house project – like a leaky faucet – can be the tipping point for a wounded veteran. They're home, they see the faucet and they know they should be able to fix it, but they can't. And then they get frustrated and angry, which can lead to domestic abuse and depression and, in some cases, suicide. We are losing 24 veterans a day to suicide and this is one way we can help," Dorman said.

Warren said the home – even though they haven't moved in yet – has saved his life and his family. He said it's not just about knowing his family will have an awesome place to start a new chapter, but also because he's been able to do some work alongside the scores of volunteers who have built the house over the last three years.

"When I came home, I was lost. I was dealing with my injuries, adjusting to being without my unit and trying to find my way.

Aydelette will be the master of ceremonies.

Heavy hors d'oeuvres will be served by the museum with dessert being provided by the PCC Culinary Class. Wine will be available for a donation.

Advance tickets are \$15. each and are available at the Heritage Center in Grantsboro and in Oriental at Marsha's Cottage, First Citizens Bank, and Nautical Wheelers. Tickets will be available at the door for \$17.

In the past, this event has been popular, not only for the ladies, but for the gents as well. So, mark your calendars for November 13 and purchase your advance tickets. This event will benefit the Pamlico County Historical Association (Museum & Heritage Center) a 501(c)3 organization as designated by the Internal Revenue Service. For information, call Pat Prescott at (745) 2239

## Fairfield Harbour to Hold Arts & Crafts Bazaar Saturday

There will be a Fairfield Harbour Arts & Crafts Bazaar at the Harbour Community Center on Saturday, November 12th from 9 am until 2 pm. Please stop by to say hello to neighbors and friends and get a head start on your Christmas shopping. Harbour artists and crafters will display and sell a wide assortment of handmade gifts for all occasions: jewelry, artwork, homemade soaps and hand creams, quilts, handmade accessories, holiday arrangements, ornaments and decorations, pottery and much more.

Please mark Saturday, Nov.12 on your calendar and plan on stopping and taking your time to shop, socialize, sit down and have a bite to eat - the proceeds go to Hospital Auxiliary.

Continued from page 1

Building this house made me a better Marine, a better husband and a better father. We haven't moved in yet, but already this house has given me so much," Warren said. "All I can say is thank you to Russ, Karen, Mike, Jim and the volunteers who have helped make this all possible. I'm hoping, somehow, my family can pay it forward someday."

In addition to the difference the home has made for the Cottrell family, the building project itself has also served as a classroom for many veterans from the Cherry Point base who served as volunteers through the Single Marines program.

"Many of the Marines who came to help with the project are between the ages of 18 and 22 and, although they're working on helicopters, many of them have never done this kind of work. We taught them how to lay tile, how to do electricity, how to put down hardwood floors, how to paint... in one case I taught a guy from Los Angeles how to cut grass. This project has been in the works for a long time, but the time has been well spent and the home has made a positive impact on many lives," Dorman said.

Dorman founded Military Missions in Action in 2008 after serving 20 years in the United States Coast Guard. The non-profit organization, based in both Fuquay-Varina and Southern Pines, now has five programs designed to help struggling veterans – Homes for Healing, Operation Building Hope, Military Child Access Assistance Program, Fill the Footlocker and Operation Warrior Golf.

For Mike, Russ and Karen, partnering with Fresh Coat Painters to complete this project is icing on the cake and, hopefully, a way to make sure the Cottrells get moved in by Thanksgiving.

"Originally we thought we might be able to get corporate sponsorships or builder donations to get the house built, but that didn't happen. The project has taken three years to complete because it's been a huge volunteer effort – including a ton of sweat equity from the Cottrell family – and we've had to rely on small donations along the way. Now the house is almost finished, but the exterior really needs some professional attention. We're so excited that Fresh Coat has this program to help with that and thankful that Jim was on board," Russ said.



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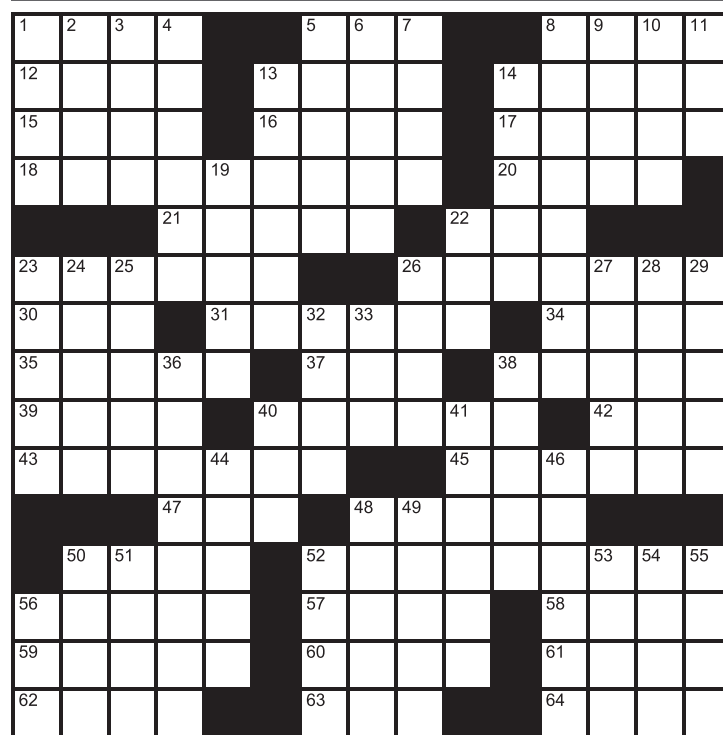
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### ACROSS

- Certain apartment
- Amigo
- Preserve, in a way
- Halo, e.g.
- Break
- Bender
- Computer picture
- "I had no \_\_\_!"
- Forgo
- Trembled
- "Shoo!"
- Downy duck
- Coal container
- Cold and sticky hands
- Service for a death
- Fix, in a way
- A, B or C
- Eastern music
- Ally
- \_\_\_ v. Wade
- Money in the bank, say
- Unload, as stock
- Dog breed
- Discharge letters?
- Goo
- Spin
- "Don't give up!"
- Unimpressed
- Fill
- Proximity
- Auspices
- Yorkshire river
- Crazily
- Great balls of fire
- Big game
- Not yet final, at law
- Reduce, as expenses
- "To \_\_\_ is human ..."
- Put one's foot down?

### DOWN

- "O, gie me the \_\_\_ that has acres o' charms": Burns
- "That hurt!"
- German married woman
- Two-seater
- Man with a mission
- A chieftain
- Detective's need
- Those who produce offspring
- "Mi chiamano Mimi," e.g.
- Impose, as a tax
- Golf ball support
- Hippy tee style
- Beau
- Barely lit
- Sticker
- Pizza feature
- Lid or lip application
- Catlike
- Pedal pushers
- Bob Marley fan
- Bond, for one
- Coffee order
- Certain surgeon's "patient"
- "Sesame Street" watcher
- Roadside problem
- Appeared
- Arch
- Desk item
- Salad green
- Letter
- More like the sky
- Doofus
- "La Scala di \_\_\_" (Rossini opera)
- Biology lab supply
- The "C" in U.P.C.
- Arabic for "commander"
- Comme ci, comme ca (hyphenated)
- \_\_\_ row
- Death on the Nile cause, perhaps



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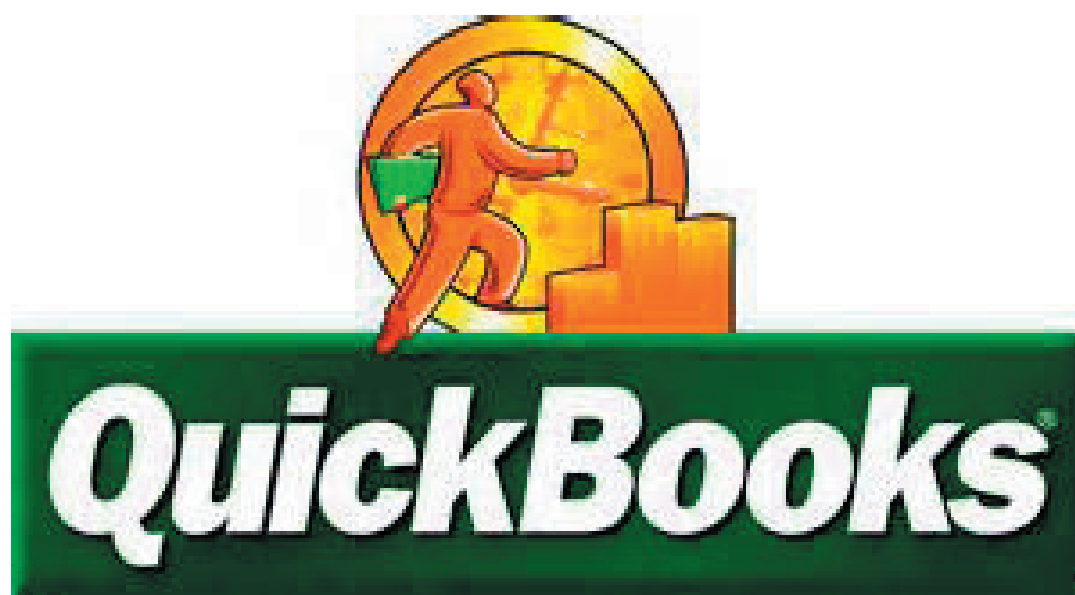
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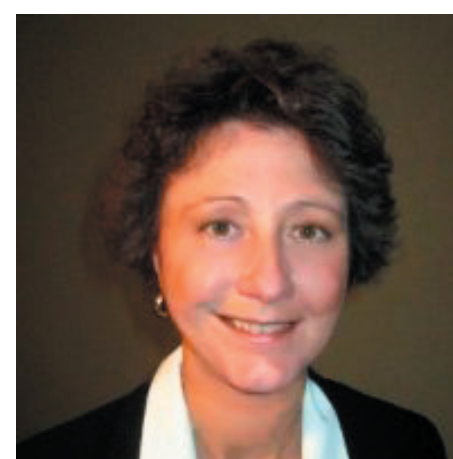


## Business Summit

Summit Location: PCC Bayboro Center, 701 Main Street, Bayboro, NC; Cost: FREE

### Thursday, November 17, 2016

- 3:15 - 5pm "Introduction to QuickBooks® Pro"
- 6 - 8pm "How to Set Up QuickBooks® Pro"



Semone Brisson, QB Pro Advisor

### Friday, November 18, 2016

- 3:15 - 5pm "Cloud based Accounting with QuickBooks®"
- 6 - 8pm "Basic Bookkeeping for Business with QuickBooks® Pro"



Registration is strongly suggested, go to the SBC website:



[www.pamlicocc.edu/sbc](http://www.pamlicocc.edu/sbc)  
252-745-7348 & 252-571-2243

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