Vol. 49 No. 54 14 pages



Your Community News Source Since 1968 Wednesday, January 18, 2017

NOTABLES

Goose Creek State Park

Basic and Benefits Of Prescribed Fire, Saturday, January 21 at 2 p.m. Did you know that fire plays an important role in the ecosystem at Goose Creek? This presentation covers why we burn, how we burn and some of the equipment we use to incorporate fire into the landscape. Meet at the visitor center.

Oriental History Museum A call-out for photos from Oriental's History Museum for its upcoming art exhibit, "Oriental's Forgotten Landmarks." The museum is looking for photos and drawings of places in and near Oriental. Whether you're a local artist or photographer - amateur and professional, the point here is to take photos or create drawings of your favorite landmarks and familiar sights. Then, get them to the museum by mid-January to be part of this exhibit. Noted landscape photographer, author, and cartoonist, Tony Craig, is offering a \$50 prize for the "Best of Show" entry. The exhibit will open with a reception on Sunday, February 5, 2017 and run through May. For more information contact the museum at oriental historymuseum@gmail.com or 252-249-1870.

Minnesott Golf And Country Club

"Cheap, fun things to do and places to go social" on Friday, January 20th from 4 - 6 p.m. Join in the fun and buy a chance to win two tickets to the "Comedy Get Down" featuring Cedric The Entertainer and George Lopez at the PNC Arena. For more information contact Lisa or Terry at 249-0813.

Women's Conference St. Mark Church of Christ will hold a women's conference on January 21 and 22 at 9 a.m at 1305 Raleigh Street in New Bern. Elder Denise Gibbs and Minister Kenyatta Slade will facilitate on the 21st. Elder Thelma Fonville and Dr. Pepper will facilitate on the 22nd. For more information contact Sister Nina Allen at 252-349-1485

PC Cooperative Extension

Pamlico County's Cooperative Extension office is once again offering a Master Gardener class, starting February 7. Learn about a range of horticultural topics - soil fertility, pest control, caring for plants, raising vegetables, lawn care. Classes will be held 9 a.m. to noon on Tuesdays and Thursdays from February 7 through the end of March at the Cooperative Extension office in Allianc. Register by February 1. Contact Daniel Simpson NC Cooperative Extension's County Director/Agriculture Agent, at 252-745-4121.

Polar Plunge

Craven County Special Olympics will hold its 1st Annual Polar Plunge on Saturday, January 21st at Courts Plus outdoor pool at 2911 Brunswick Ave. in New Bern. This is a fund raising event for Craven County Special Olympics. The individual entry fee is \$25, children under 18 - \$10 and the team entry fee is \$200 (teams can have up to 6 members). Special Olympians plunge for free and all Plungers will be given a free, long sleeve t-shirt. You can register on line at www.sonc.net. On-site registration starts at 9 a.m. Plungers will be "Freezin For A Reason" beginning at 10 a.m. For more information contact Steve Aster at saster@cravencountync.gov

New Bern Farmers Market

Grow it, Sew it, Make it, Bake it. Annual Harvest Bear Cupcake War. Enjoy the cupcake displays. Buy one cupcake to tate \$1.50. Take home a box of 6 for just \$8. The New Bern Farmers Market is now accepting SNAP/ EBT. Open Saturdays from 8 a.m. to 2 p.m. Located at 421 South Front Street in Downtown New Bern. Call 252-633-



Miss Pecolia Girardeau, a retired Head Start teacher and former daycare operator on Janerio Rd near Oriental, was asked on Monday afternoon, MLK Day, if she could succinctly sum up her reflections on the the ministry of the Reverend Dr. Martin Luther King, Jr. She paused momentarily, her face projecting an expression of deep contemplation before she answered, "We shall overcome."



www.thepamliconews.com | 50 Cents

New Computer Classes at PCC Computers for Beginners Computers for Intermediates • Web Design for the Business Owner Microsoft Office Suite QuickBooks **ENROLL NOW FOR ONLINE CLASSES** Pamlico Community College



www.pamlicocc.edu 252-249-1851

PCC Still Registering for Spring Semester Online Classes While Offering Opportunities to Earn College Credit While Still in High School...

By Brandi McCullough

Are you a high school student or the parent of a high schooler who is wondering how you are going to afford college? A longtime partnership between Pamlico Community College and local high schools will help you solve this problem. The Career and College Promise program Career and College Promise (CCP) provides seamless dual enrollment opportunities for eligible NC high school students in order to accelerate completion of college certificates that lead to college transfer or provide entry-level job skills.

PCC's Career & College Promise program provides a great opportunity for students to get a head start on college courses with no costs for tuition. This program has been a longstanding opportunity for high school students to get a jump on their college education by earning credits while still enrolled in high school. Ms. Tammy Spain, PCC's Registrar, can attest directly to the benefits of this program, not only as someone in the field, but also as a parent. "At seventeen years old, my youngest started at Appalachian State University

0043

The Tryon Civitans will be hosting their 5th Annual Flapjack Fundraiser Breakfast on Saturday, February 18th from 7:30 a.m. to 10 a.m. at the River Bend Golf & Country Club in River Bend. Tickets are \$7.00 for the delicious pancake & sausage breakfast and can be purchased at The UPS Store at 1822 S. Glenburnie Rd. Mitchell's Hardware or from any Tryon Civitan member. Walk ins are also welcome. All proceeds benefit non-profits in our community, a few of which are Coastal Women's Shelter, Merci Clinic, Habitat for Humanity, Craven County Special Olympics, Religious Community Services and the Twin Rivers YMCA. For more information please contact Mack Paul at 637-7500 or Juliet Meyer 626-3588.

Pamlico Chorale

The Pamlico Chorale is rehearsing Monday evenings at 7:00 p.m. at the Oriental United Methodist Church Fellowship Hall. We are giving out new music and preparing for the Spring Concert in April. Hope to see some new faces and hear some new voices.

Girls on the Run Fundraiser

Pork Barbecue Take-Out Lunch. Treat a friend or employee to lunch on Friday, February 24, 2017. The cost is only \$10 (Moore's barbecue pork, roll, slaw, beans + dessert). Pick-up time is 11 a.m. to 1 p.m. at Bayboro United Methodist Church or South East Pamlico Fire Station (Straight Road). Tickets on sale at Nautical Wheelers and Inland Waterway Provision Company (Oriental), any Girls on the Run board member or call Betsy Hughes at (267) 566-4406.

Pamlico Partnership for Children Board of Directors Meeting. Thursday, January 26, 2017 at 1:00 pm

Partnership office at 702A Main Street, Bayboro NC. Pamlico Partnership for Children's goal is to assure that all children in Pamlico County enter kindergarten healthy and ready to succeed. PPFC is a public-private "coordinating body" which administers Smart Start funding, as well as private donations, to serve children birth to age five through a variety of programs which provide access to high quality and affordable child care, health care, family supports and other critical services. For more information call 252-745-7850

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OBITUARIES

- · Velma Leary Henries, 66 of Grantsboro
- Sherwood B. Norris, 86 of Olympia
- Charles Thomas Toler, 84 of Craven County
- Alisa "Lisa" Rae Harris DuVal, 53 of Grantsboro
- Betty Minshew Stuart, 93 of Arapahoe



Got News? Call us at, 249-1555 or email editor@thepamli-

At a recent awards dinner the Florence Whortonsville VFD awarded the Fire Fighter of the Year Award to Mary Ellen Collins. Mr. Harry Fluharty, last year's recipient, presented the award.

Reelsboro Resident Injured In Kitchen Fire

The Pamlico County Sheriff's Department received a 911 call just before noon on last Wednesday to report a residential fire with injury at 2092 Lee Landing Road in Reelsboro. The Reelsboro Fire-Rescue Department and surrounding Automatic Aid Companies were dispatched along with a Pamlico County Sheriff's Office Investigator and Fire and EMS units. Officials arrived to find a residential dwelling with heavy smoke conditions and the a resident of the home suffering from severe injuries. Fire officials extinguished the fire within minutes and the victim, Terrell McDonald, age 23, was treated by EMS for his injuries until Vidant/East Care Air arrived and air lifted McDonald to the

Burn Center in Northfolk, Virginia. After the investigation The Pamlico County Fire Marshal was able to determine that the fire was accidental and attributed to cooking grease. The victim was injured in an effort to remove the burning pot of grease from within the home.

The Reelsboro-Fire-Rescue, Olympia Fire Department, Grantsboro-Silverhill Fire Department, Arapahoe Fire-Rescue, Triangle Fire Department, Pamlico County Sheriff's Office, Pamlico County Rescue Squad, and the Pamlico County Fire Marshal's Office all responded to the scene of the fire. Authorities say the victim remains in serious condition with non-life threatening injuries at the Burn Center in Norfolk.

Commissioner Resigns From Post Amid Scandal

Three term Pamlico County Commissioner, Kenneth Heath, submitted his resignation to County Manager, Tim Buck, last Wednesday. Heath's resignation comes after he was issued a criminal summons charging him with an attempt to patronize a prostitute on December 16 in New Bern. His arrest was the result of a larger human trafficking investigation conducted by the New Bern Sheriff's Department in an effort to find Kevin Smith of New Bern, a sexual assault suspect. During the investigation Smith was arrested and charged with multiple felony counts and is being held a one million dollar bond.

According to the Craven County Sheriff's Department, officials used a social media website known as Backpage.com to advertise prostitution services to lure Heath and others. Heath was among ten people charged as a result of a human trafficking investigation.

Heath, who says he is concentrating on his wife and kids, issued the following public apology: "I have made a terrible mistake, which I take full responsibility for. It has deeply hurt my wife and family and let down those in the community who have supported me in the past. My conduct was inexcusable and I am deeply sorry

for the damage I have caused. I apologize to everyone involved. I apologize to my family, and beg for their forgiveness. My greatest concern is for my wife. One day I hope she will forgive me for this inexcusable mistake and betrayal. I hope and pray that this will, in some way, make me a better person, and help me to serve my fellow man in ways that, at this point, I cannot possibly imagine. I pray to God for his forgiveness, and I willingly accept any punishment that a court deems appropriate. All of my time and focus now needs to be spent with my family as we begin the healing process."

Heath was a sworn Law Enforcement Officer and previously worked with the Craven County Sheriff's Office. He tendered his resignation to the Sheriff's Office in December before this incident, but held a Law Enforcement Certification which has been terminated. He also held a position with the Bridgeton Police Department from which he resigned immediately following the December 16 incident. Heath has been summoned to appear in court on February 3. The Pamlico County Board of Commissioners will await a nominee from the Republican Executive Committee to replace Heath.

as a second semester sophomore. He had 48 credit hours, all of which transferred - I cannot imagine a parent not wanting to save that kind of money. We literally saved thousands of dollars by getting him involved in the Career & College Promise program."

In the wake of a continual national increase in college tuition combined with relatively stagnant wages, there is little wonder that individuals all across the country, and especially here in Eastern North Carolina are grappling with the all-important question of: "How am I going to pay for college?" For many, student loans are the only option to attain any sort of postsecondary credential. Unfortunately, however, they are not always a good option for students who find themselves with excessive amounts of debt following graduation, wondering "How am I going to ever pay this back?" The issue many face in figuring out how to pay for college is so widespread these days, the actual amount of student loan debt in the United States surpassed the \$1 trillion mark as of late - even exceeding that of the amount of credit card debt among Americans.

What does this mean for people living in Pamlico or Craven Counties? For starters, if you are a parent, it means that in today's economy, it is that much more difficult to pay for your child's college education. It means putting to use a good bit of ingenuity in thinking through ways to finance tuition, fees, books, living expenses, emergency expenses, and the list goes on. For a lot of folks, this is a pretty daunting task - coming out of one of the worst recessions in recent history does not make that any easier! While many parents are still dealing with underemployment or even unemployment themselves, they face an even more difficult situation in trying to make ends meet while putting their children through college. There is good news, however. The faculty and staff at Pamlico Community College are here to help.

"Our job is to help students unlock their potential, while assisting them in identifying what they want to do with their life" said PCC President Jim Ross. "Our top notch faculty & staff take this work seriously - we are really in







QUICK REFERENCE

Emergency: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance Animal Poison Control Center: 1-888-426-4435 Carteret General Hospital: 808-6000 Coastal Carolina Regional Airport: 638-8591 Emergency Pet Care: 444-1399 Highway Patrol: 1-800-441-6127 Medical Assistance (CarolinaEast Medical Center): 633-8111 Nova Urgent Care: 745-7440 **Pamlico County Departments** Board of Elections: 745-4821 County Manager: 745-3133 Emergency Management: 745-4131 Health Dept.: 745-5111 Recycling Center: 745-3283 Senior Services: 745-7196 Sheriff's Dept. (non-emergency) - 745-3101 Social Services: 745-4086 **Tax Collector:** 745-4125 Water Dept.: 745-5453 Poison Control Center: 1-800-222-1222 US Coast Guard (Hobucken): 745-3131

WEATHER

Wednesday

Showers likely, mainly before 1pm. Mostly cloudy, with a high near 65. Southwest wind around 11 mph. Chance of precipitation is 60%. New precipitation amounts between a quarter and half of an inch possible.

Wednesday Night Partly cloudy, with a low around 47.

Thursday Mostly sunny, with a high near 58.

Thursday Night Partly cloudy, with a low around 46.

Friday

A chance of showers. Partly sunny, with a high near 60. Chance of precipitation is 40%.

Friday Night A chance of showers. Mostly cloudy, with a low around 50. Chance of precipitation is 30%.

Saturday Partly sunny, with a high near 60.

Saturday Night Mostly cloudy, with a low around 48.

Sunday A chance of showers. Partly sunny, with a high near 61. Chance of precipitation is 40%.



Cultural & Life Enrichment **Opportunities At** PCC

Conversational Italian Instructor: Massimo Dell'Aria Mondays & Wednesdays 6:00 pm-7:30 pm January 18-February 27, 2017 March 2-April 10, 2017 \$60.00 per person, per session (12 classes/session)

Conversational French Instructor: Dianne Simmons Tuesdays & Thursdays 6:00 pm-7:30 pm February 28-April 6, 2017 \$60.00 per person, per session (12 classes/session)

Beginning & Intermediate Guitar Instructor: Bobby Hurff Mondays 5:30 pm-6:30 pm February 27-April 3, 2017 \$97.00 per person (6 classes per session

Jewelry Making Instructor: Suzanne Burchfiel Wednesdays 6:00 pm-8:30 pm February 1, March 1, April 5, May 3, 2017 \$35.00 per session (Materials Included)

Chair Yoga/Meditation Class @ Oriental Town Hall Instructor: Diana Peterson Thursdays 10:30 am-11:30 am January 12-March 16, 2017 March 23-June 1, 2017 \$35.00 per person/session (10 classes per session)

Winter Bird Watching Instructor: Liz Lathrop Tuesdays 9:00 am for initial class PCC Johnson Building Subsequent classes held in the field January 10-January 31, 2017 \$30.00 (4 classes)

Basic Tai Chi for Arthritis @ Oriental Town Hall

Instructor: Diana Peterson Tuesdays 3:30 pm-4:30 pm March 7-May 9, 2017 \$55.00 per person (10 classes)

Sarah Swan, YA Novelist & Children's Author Reading & Book Signing Wednesday, January 11, 2017 Community Pamlico College Library

Introduction to Machine Quilting @ Pamlico Museum & Heritage Center Instructor: Karen Dodd Thursdays 2:00 pm-5:00 pm January 12-February 9, 2017 \$55.00 (5 classes) Materials Not Included No experience required, machine

needed

Cigar Box Guitar Construction & essons @ Pamlico Museum &



PAMLICO ANIMAL WELFARE SOCIETY (PAWS)

"Helping the Helpless" Spay and Neuter Assistance Program

PAWS provides low-cost spay and neuter assistance to those needing help to "fix" their pets. We issue vouchers for use at local vets, or at the Spay Today clinic in Greenville.

Our mission is to reduce the pet overpopulation problem in Pamlico County and surrounding areas by preventing hundreds of unwanted, innocent animals from being born. They are



often neglected, abandoned or killed in shelters so altering your pets before they breed is the humane and common-sense solution.

We are here to help! Take action today!

"Saving one animal doesn't change the world, but it changes the world for that one animal."

PAWS is an all-volunteer, non-profit, 501(c)(3) organization that relies solely on donations. Find out more about us and how you can help at PamlicoPAWS.net

To request assistance, call the PAWS "Help Line" at (252) 745-PAWS (7297) or email us at mail@PamlicoPAWS.net

Pamlico Animal Welfare Society (PAWS)



"NEW LEASH ON LIFE" Program - Everyone deserves a second chance" PAWS rescues adoptable shelter dogs and pairs them with inmate trainers at the Pamlico

Correctional Institution. The inmates learn patience, responsibility and teamwork along with new, marketable skills. The dogs are vetted, vaccinated and altered, house, crate and leash trained, and receive basic

and advanced obedience, agility and rally training. These well-behaved companions graduate every eight weeks, ready to join new, forever families - maybe yours?

Hi everyone, I'm Lola a lovebug, sweetiepie , and happy go lucky girl. I do well with other dogs, but not so much with cats. I would love an active family and since I'm young myself at only 2 years old we'd have many wonderful adventures together. I'm not much of a couch potato, but would love quite evenings after an active day of play. You could say I'm a medium energy girl. As a recent New Leash on a Life graduate I've been housebroken, crate trained, UTD on all vaccines, altered, fully vetted, heartworm tested, and obedience trained. If I sound like your kinda doggie contact Jackie at 252-649-5504 or Penny at 252-249-1453 and fill out



Lizzy, Lizzy, Lizzy,...that's me and just because Lizzy rhymes with Dizzy don't get me wrong I'm NOT Dizzy. I'm smart and just love life a Lot. A mixed breed that could easily be a designer dog of part Corgi, Chihuahua in other words a Chorgi, I've gotten the best of both worlds. I do like to be the princess (since I have Corgi royal blood) so a cat that is dog savvy would work and I do get along with other dogs, large and small. About 2 years old, I'm still young and ready to have adventures with my forever humans. Looking for an agility dog, I'm highly treat motivated and do so want to please my humans. Don't wait long, these blue eyes will be looking to find Camelot and it can't be very far around the corner. Lizzy is being



• l	J=E and F=R, decipher the clues to name the actor.
•	1 E H
•	2 F I B Q K L
•	3 F U Y U R
•	4 BIR EFIMN
•	5 DUEE FQKN
	This actor won back-to-back Academy Awards for Best Actor:
	Answers: 1) 1 v, 2) Rading, 3) Rebei, 4 Cal Trask, 5) Jett Rink, James Dean

- Heritage Center
- Instructor: Howard Nelson Tuesdays 4:00 pm-5:30 pm
- January 10-February 7, 2017
- February 14-March 14, 2017
- \$55.00 per person/session (Materials Included)
- (5 classes per session)
- Aromatherapy Workshop Instructor: Michele Musella
- Thursdays 6:00 pm-8:00 pm January 12-26, 2017 \$65.00 (Plus
- Materials)
- First program in a series of interactive holistic healing topics designed to complement current medical therapies.

Please note-Culural & Life Enrichment Courses are self-supporting and require minimum students. Fees are nonrefundable after the first class. For more information and possible schedule changes contact: Jane Whitley @ 252-249-1851 x 3033/jwhitley@pamlicocc. edu or Denise Meyerson @ 252-249-1851 x3117/dmeyerson@pamlicocc.edu

sponsored by the Creightons and the Funks.



All New Leash on Life dogs are fully vetted, altered, heartworm tested, and micro chipped. After they've graduated from the New Leash on Life program they have 8 weeks of crate training, housebreaking, leash experience, with some obedience and agility work. If you're interested contact Jackie at 252-649-5504 or Penny at 252-249-1453 and fill out an adoption application at Pamlicopaws.net. Donations can be mailed to: PO Box 888, Oriental, NC 28571.

If you're interested in adopting a NLOL dog contact Penny Monell at 249-1453. You can also email PAWS at mail.pamlicopaws.net and download an adoption application at pamlicopaws.net on the individual dog's page .

Fit in Fitness

Regular exercise has been associated with more health benefits than anything else known to man. Studies show that it reduces the risk of some cancers, increases longevity, helps achieve and maintain weight loss, enhances mood, lowers blood pressure, and even improves arthritis.



Popular New Year's Resolution

$(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})(\mathfrak{S})$



This is not the time to mince words, Capricorn. Speak up and make your stance clear. There is too much at stake not to. A date is set, and a venue is selected.

CAPRICORN



ARIES





CANCER

January 2017 • Week 3



September 23 – October 22 Lost in thought these days, aren't you, Libra? Keep dreaming, and a solution will arise. The web of opportunity builds at work. Don't miss out.

LIBRA



January 20– February 18 My, oh my, Aquarius. Time is of the essence this week, so forget the need for perfection and just get tasks done. People are counting on you.

April 20 – May 20 Whew, Taurus. What a week this is going to be Surprises are in store at every turn. Go with the flow, and you will come out on top. A note inspires. TAURUS

LEO



Rumors swirl at the office. Pay them no heed, Leo. All will come out in due time. A change in protocol makes things right and



October 23 – November 21 Passion ignites with the smallest of gestures. Enjoy, Scorpio. It's been a while. A delivery causes quite the commotion at work, just as intended.

SCORPIO



February 19 – March 20 Tsk-tsk, Pisces. You've been much too flippant as of late, and word is starting to get around. Better change your ways, and fast, before it is too late.



May 21 – June 21 Say what you will, Gemini, but you know your friend is right. Give them their due. A budget review reveals a major surplus. Put it to good



August 23 – September 22 Some things are worth waiting for. Be patient, Virgo, and that which you seek will be yours, if not this week, next. A senior is feeling blue.



November 22 – December 21 Drop it, Sagittarius. There is nothing more left to say. A mission in organization comes to a screeching halt with the arrival of guests



SAGITTARIUS



Neighborhood 3A





Agent of the Week Allen Propst Broker-In-Charge

Here's what one of Allen's customers had to say...

I purchased a Sea Gull Vilas Condo with Allen acting as the agent. The transaction was handled without any delays or problems. The transaction was handled efficiently and we closed without any hiccups. Thanks for all the assistance rendered in making this go very smoothly.

Dave & Dale, Minnesott Beach



ORIENTAL – Lovely **3BR/2.5BA** home in Oriental Plantation includes .48 acre lot, water access and deeded boat slip. Vaulted ceilings, spacious master bedroom, covered porches and concrete patio. Gas log fireplace in family room, attached garage and FROG with ½ bath. OFFERED AT \$225,000



ORIENTAL – Neuse River views from, fullyfurnished **3BR/1BA** on Mildred St. Features recently renovated kitchen with gorgeous cabinets and rich granite counters. Gas-log fireplace, sun porch, like-new roof and HVAC. All on a double-lot with shady pecan trees and an outside storage shed. No HOA dues! OFFERED AT \$249,900



The Old Theater will present a live feed of the Presidential Inauguration ceremony on Friday, January 20, 2017. Doors will open to the public at 10:30 a.m. and will remain open until the end of the President's inauguration address.

SBA Extends Disaster Assistance Application Deadline; Over \$77 Million Approved

ATLANTA - The U.S. Small Business Administration (SBA) has extended the deadline to apply for physical disaster damages. Anyone in the declared counties in North Carolina with physical damages caused by Hurricane Matthew that occurred on Oct. 4 –24, 2016 should apply for the disaster recovery loan program before the Jan. 23, 2017 deadline. The deadline extension will help to ensure that businesses and residents with uninsured losses have the additional time they need to submit their SBA disaster loan applications. Currently, SBA has approved over \$77 million in lowinterest disaster loans to over 2,100 North Carolina businesses and residents affected by the disaster.

Businesses and private nonprofit organizations may borrow up to \$2 million to repair or replace disaster damaged or destroyed real estate, machinery and equipment, inventory, and other business assets. For small businesses, small agricultural cooperatives, small businesses engaged in aquaculture and most private nonprofit organizations, the SBA offers Economic Injury Disaster Loans to help meet working capital needs caused by the disaster. These loans are available regardless of whether the business suffered any physical property damage.

Disaster loans up to \$200,000 are available to homeowners to repair or replace disaster damaged or destroyed real estate. Homeowners and renters are eligible up to \$40,000 to repair or replace disaster damaged or destroyed personal property.

Interest rates are as low as 4 percent for businesses and 2.625 percent for nonprofit organizations, and 1.563 percent for homeowners and renters with terms up to 30 years. Loan amounts and terms are set by the SBA and are based on each applicant's financial condition. Applicants may be eligible for a loan amount increase up to 20 percent of their physical damages, as verified by the SBA for mitigation purposes. Eligible mitigation improvements may now include a safe room or storm shelter to help protect property and occupants from future damage caused by a similar disaster.

To be considered for all forms of disaster assistance, applicants should register online at www.DisasterAssistance.gov or download the FEMA mobile app. If the online or mobile access is unavailable, applicants should call the FEMA toll-free helpline at 800-621-3362. Those who use 711-Relay or Video Relay Services should call 800-621-3362.

Applicants may apply online using the Electronic Loan Application (ELA) via SBA's secure website at https://disasterloan. sba.gov/ela.

Disaster loan information and application forms may also be obtained by calling the SBA's Customer Service Center at 800-659-2955 (800-877-8339 for the deaf and hard-of-hearing) or by sending an email to disastercustomerservice@sba.gov.

Loan applications can be downloaded from www.sba.gov/disaster. Completed applications can be returned to a recovery center or mailed to: U.S. Small Business Administration, Processing and Disbursement Center, 14925 Kingsport Road, Fort Worth, TX 76155.

The filing deadline to submit applications for physical property damage is Jan. 23, 2017. The deadline for economic injury applications is July 10, 2017.

For more information about the SBA's Disaster Loan Program, visit our website at www.sba.gov/disaster.

Pamlico Schools Thank Board Memebers

January is Board Member Appreciation Month. Pamlico County Schools would like to thank our seven School Board members for all they do for the children of Pamlico County. The Pamlico County School System is governed by a seven-member Board of Education. One member is elected by the voters in each of the five districts to represent that district on the Board and two members are elected at-large. The Superintendent is appointed by the Board and serves as secretary to the Board.Thank you!



seated left to right: Kari Forrest Hammond, Judy Humphries, Beatrice Mays

standing left to right: Paul J. Delamar, Jr, Gene Dudley (vice chair), John Prescott (chair), John McCotter

PCC

Continued from page 1

it to change the world, one life at a time. One typically doesn't get into education without wanting to make a real difference in people's lives."

The economic benefit of taking part in the Career and College Promise program at Pamlico Community College is enormous, and provides students the ability to save thousands of dollars on their education. PCC faculty are highly credentialed, with all transfer faculty having either a master's or doctoral degree. The benefits do not stop there either – with being ranked as 1^{St} in the state in regards to transfer student performance, it is clear that PCC is preparing its graduates to transition to the university environment quite well. Career & College Promise registration is taking place on January 25^{th} – January 27^{th} , with online courses starting on January 30^{th} . There is still plenty of time to register. Call our admissions staff today (252-249-1851 x 3001) to learn more. It will be one of the best decisions you can make.

REDUCED



ARAPAHOE – Custom **3BR/2BA** w/FROG in Shine Landing w/ deeded boat slip on Dawson Creek. Granite counters in kitchen, laundry & both bathrooms. Gas-log fireplace, stainless kitchen appliances, RO in kitchen & Kinetico whole house water treatment system. Newly screened porches front & back. Not in a flood zone! **OFFERED AT \$249.900**



ORIENTAL – Exceptional design, workmanship and waterfront setting has created this consummate **3BR/2.5BA** + FROG waterfront dream home on Orchard Creek. Water views from every room, deep-water boat dock & lift. OFFERED AT \$389,000



ORIENTAL – Waterfront **3BR/3BA** + FROG (with additional full bath), boat dock and covered lift on scenic 1.66 acres in Spicers Creek community. Vaulted ceilings, sunroom, formal dining room, gas log fireplace, tile & hardwood flooring, attached 2-car garage &detached RV garage/workshop/garden shed. OFFERED AT \$449,900

OFFERED AI \$449,900

See all Listings & Visual Tours at www.orientalncwaterfront.com 1-800-347-8246 252-249-1014

Or contact Allen Propst 252-671-4644 704 Broad St • PO Box 750 Oriental, NC 28571

Before you get the wrong advice about hearing aids, come see us first!

Helping people hear better for over 28 years! We service all makes and models of hearing aids, **FREE!**

There's a lot of noise out there regarding hearing aids and figuring out where to start can be a real challenge. At Affordable Hearing, we promise to make it easier by providing the highest level of care and expertise to make sure your hearing aids are right for you. Because the right hearing aids will change your life, and that's advice worth listening to.

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www.affordablehearingnc.com

13529 Hwy 55, Bayboro • 252-745-3400 | 1427 S. Glenburnie Road, New Bern • 252-636-2300

4 A Things To Know



Century 21 Sail/Loft Realty Welcomes New Agent

Larry Gwaltney, Owner/Broker of Century 21 Sail/Loft Realty, is pleased to introduce our newest agent, Christopher Bensabat.

Chris joined our eastern North Carolina community in late 2014. He is originally from New Orleans and has lived along the Gulf Coast most of his life. Chris moved from the sailing capital of Texas (Clear Lake Shores) after living there 23 years. He was active in local government, having served as chairman of the planning and zoning board. Chris also supported many charities while residing on the Gulf Coast.

Chris received his Bachelors in Economics degree from Ole Miss and has a broad business based background with an emphasis in sales.

Past employers, after his service in U.S Navy as a submarine sailor, include NDBC/NOAA, Rocketdyne at NASA, Mobile Oil, Saipan Shipping, American President Lines, Guam Community



Christopher Bensabat, new agent for Centrury 21 Sail/Loft Realty

College, in addition to running several of his own businesses. His previous experience in yachting and sailing, include actively racing, coaching at 3 universities and promotion of youth programs while serving on Race and Protest Committees.

Chris has already joined in the spirit of our community by working with the Oriental Food Initiative and helping host our inter-collegiate sailing regatta last year as well as sitting on a panel at the Town Hall and unloading new boats last winter when they arrived from Georgetown.

Chris enjoys cooking and supporting the good life in communities where he lives. He looks forward to discovering and sharing the beauty, nature and the people that lured him to Pamlico County and his new home town of Oriental.

Please feel free to stop by Century 21 Sail/Loft Realty and welcome Chris to the community!

PC Historical Society To Host Annual Membership Meeting

The Pamlico County Historical Association will hold its' annual membership meeting on Monday, January 23, at 7:00 p.m. at the museum in Grantsboro. The Annual Meeting is a chance for members to receivet updates on the museum on membership, finances, and programs.

The speaker for the evening will be Jim White of New Bern. Jim is a native and local historian of Craven County. He has published two historical books Portsmouth Island: A Walk into the Past and Camp Battle, German POW *Camp*, New Bern, N.C. He holds a B.A. in History and Political Science from UNC, Chapel Hill, a M.A. degree in Ed & Ed Spec in Education Administration from ECU and is currently working toward an



M.A. in American History at ECU.

White's topic for the evening will be "Civil War Forts" and will cover the construction. purpose, and location of the forts.

The public is invited to come and get acquainted with the museum. Admittance is free and refreshments will be served.

For more information, please contact Pat Prescott, Executive Director at 252-745-2239 or 252-670-2798.

SIMPLY SOUTHERI

Pamlico Amateur Radio Society **Offers** Course

Amateur Radio is both a hobby and a public service. Amateur Radio operators, known as hams, are licensed by the Federal Communications Commission. Hams enjoy personal (and often worldwide) wireless communications with each other and can support their communities by providing communications for public service events and during times of disastrous events when normal means of communications have failed. An estimated six million people around the world are licensed by their governments as ham radio operators. Amateur Radio provides endless opportunities to make new friends, and to have fun learning about and using this magic called rario. It has been the gateway for many to careers in science, technology, mathematics, and



engineering. Detailed information about Amateur Radio may be found at www. arrl.org, the website of the American Radio Relay League.

The Pamlico Amateur Radio Society will be conducting an entry level (Technician) license course and examina-

tion at the Pamlico Community College on Thursday evenings, 7-9 PM, beginning on February 2nd and ending on March 30th. The course and test sessions will be conducted by licensed amateur radio operators certified by the ARRL as instructors and examiners. There is no fee for the course. However, a textbook (\$30) is strongly recommended as it includes a computer disk with practice exams. The examination requires a fee of \$15 to offset the costs of printing and processing with the FCC. For further information and to register, contact Bill Michne (amateur callsign WM3X) at 252-249-1175 or by email to billmichne@embarqmail.com.

Classified Line Ads

\$5/^{wk} minimum(25 words). Over 25 words is charged .25 cents per word. Ads posted on website at no additional charge.



Oyster Revival Provides Life-Changing

Scholarships

By Michelle Noevere, Executive Administrative Assistant to the President and to the Board of **Trustees**

As we pursue a healthier lifestyle in this era of Fitbits and Paleo diets.

keep in mind what researchers already know: helping others lowers stress levels, makes us feel happier and live longer. As John Andrew Holmes said,

"There is no better exercise for the heart than reaching down and lifting people up."

That's what Pamlico Community College Foundation's 7th Annual Great Oyster

Revival is all about. Helping others. What do a Certified Nursing

Assistant, a public school teacher, and a future substance abuse counselor

have in common? They "Discovered Tomorrow's Possibilities" at Pamlico Community College with the help of Foundation scholarships. That's where

you come in. Spend a leisurely

Saturday afternoon in February feasting on

all-you-can eat freshly-steamed oysters and gourmet chili while listening to pop, classical and Irish tunes by the Pamlico Flutes, and you'll be

making it possible for deserving students to discover tomorrow's

possibilities. Tickets are just \$30 for *all you can eat*, live

YOUR COMMUNITY NEWSPAPER

entertainment, fun and fellowship. And - to honor educators--with an ID educators pay just \$25. Not crazy about oysters? Let's talk about the chili. We're not talking your

Community College for all-you-caneat oysters and chili, live entertainment, fun and fellowship while helping others achieve their dreams. Call 252-249-1851, ext. 3084



average ground beef slathered with chili powder. Last year there were 12 pots of chili--bear chili, venison chili, Argentinian-style, something

called Snake Bite Chili, Texas Chili, black bean chili, veggie chili. Rumor has it this event doubles as a chili

cook-off with a prize and trophy, so it is sure to attract a smorgasbord of

exotic, world-class chilies. More details on the cook-off will be forthcoming.

Give your ticket to a friend. Or consider making a donation to the

Foundation. Help lift people up. Mark your calendars for Saturday, February 25, 3-5 p.m. at Pamlico

for more information on the event or how to make a donation. Tickets will be available at the college bookstore at 5049 Highway 306 South, Grantsboro, the Chamber of Commerce

office on Highway 55 in Grantsboro, Bayboro Pharmacy, and Nautical Wheelers andOriental Deli and Subs on Broad Street in Oriental. Tickets can also be held at the gate with a credit card by calling the above number. As one attendee said, "Whatever you do, don't miss this Pamlico County tradition. There is not a better time to be had in the Western Hemisphere!"





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Things To Know 5A

Master Gardener Volunteer Training Class



The 2017 Pamlico County Master Gardener Volunteer training class has been set for February 7, 2017 through March 23, 2017. This intensive 40-hour training course will cover a large array of hor-

ticulture related topics that include: Soils and Fertility, Plant Selection and Care, Vegetable Gardening, Insect and Disease control, and numerous other subjects. Classes will be held on Tuesday and Thursday of every week from 9:00 a.m. until 12:00 p.m. at the Pamlico County Cooperative Extension office. Applications for this program will be accepted until

February 1, 2017. If you are interested, applications can be obtained from the Pamlico County Cooperative Extension Service Office or they may be downloaded from the Pamlico County Extension webpage. https://pamlico.ces.ncsu.edu/categories/lawn-garden/

Space is limited so do not procrastinate. Those accepted into the program will need to pay a \$100.00 training fee by the first week of class. This fee will cover the cost of training materials, which includes the Master Gardeners Training Manual.

Volunteers who finish the class will be expected to complete 40 hours of volunteer service working with Cooperative Extension and Master Gardener projects. Only then will each student earn the Title of Extension Master Gardener. To maintain this title in subsequent years, volunteers must complete 20 hours of volunteer service. The Extension Master Gardener Program is a rigorous program designed to provide highly trained volunteers to meet the Horticultural needs in Pamlico

County and our State. For those of you who have a desire to increase your Horticultural knowledge and share this information with your friends and neighbors, this program is for you.

To apply for this class, please submit your application to Daniel Simpson, Agriculture Agent, at the Pamlico County Extension office: 13724 NC Hwy. 55, Alliance, NC 28509. For more information call Daniel Simpson at 252-745-4121 or email: Daniel_simpson@ncsu.edu.

North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status, or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.

Red Cross Issues Plea For Blood Donors



I'm sure you have seen the recent updates. There has been a significant drop in blood donations in recent months. Right now, the Red Cross has an unprecedented blood shortage and is issuing an emergency request for eligible blood donors. Right now, blood donations are being distributed to hospitals faster than they are coming in. Blood donations are critically needed in the coming days so that patients can continue to receive the lifesaving treatments they need. The American Red Cross must collect 14,000 units daily for

patients at about 2,600 hospital nationwide. We need to make sure we are doing everything to ensure that your schedule is fully booked and that your donors understand just how critically important it is for them to keep their upcoming appointments. There will be a local blood drive Friday, January 27 at the Grantsboro Town

Hall located at 10648 NC Highway 55 in Grantsboro from 11 a.m. to 3 p.m.

Americans for Prosperity - North Carolina Announces 2017 Legislative Agenda

RALEIGH - Today the North Carolina chapter of Americans for Prosperity (AFP), the state's premier conservative grassroots organization, announced its 2017 Legislative Agenda at the North Carolina General Assembly. The agenda, listed below, continues AFP's advocacy for policies that reduce the tax burden, lower healthcare costs while increasing access to quality care, and expand educational and economic opportunity for all North Carolinians.

State Director Donald Bryson issued the following statement:

"One of the reasons it is so exciting to work for Americans for Prosperity is that we advocate for good policy year-round, not merely during election cycles. Our aggressive state and federal legislative agendas reflect our tireless commitment to standing up for the taxpayers, workers, parents, and job creators against the special interest that want more of their money. There are dozens of opportunities for lawmakers to improve the lives of their constituents by getting government out of the way - our agenda is only

Americans for Prosperity - North Carolina 2017 Legislative Agenda:

Passage of legislative spending limits that could include a Taxpayer Protection Act (TPA); Continuing the path of comprehensive tax reform by reducing the tax burden on North Carolinians and eliminating corporate welfare; Defeat of any legislation seeking to fund Governor Cooper's illegal Medicaid expansion; Patient-centered health care reform through reform of the state's Certificate of Need (CON) laws and Right to Try legislation;

Continued regulatory reform for North Carolina businesses, including reduced regulation on sales for North Carolina distilleries and breweries; Passage of a repeal of North Carolina's Renewable Portfolio Standard; Increasing educational freedom for North Carolina families by expanding the Opportunity Scholarship Program and removing barriers to entry for charter schools; and Eliminating barriers to entry for small businesses by reforming North Carolina's occupational licensure laws.

Americans for Prosperity (AFP) exists to recruit, educate, and mobilize citizens in support of the policies and goals of a free society at the local, state, and federal level, helping every American live their dream - especially the least fortunate. AFP has more than 2.8 million activists across the nation, a local infrastructure that includes 35 state chapters, and has received financial support from more than 100,000 Americans in all 50 states. For more information, visit www.AmericansForProsperity.org.

Hope For The Warriors Awarded Grant From Bob Woodruff Foundation

Grant to Benefit Service Members, Veterans and Families Recovering from PTSD and MTBI



CAMP LEJEUNE - On Tuesday, Hope For The Warriors announced a grant from the Bob Woodruff Foundation (BWF). Hope For The Warriors is a national nonprofit dedicated to restoring a sense of self, family and hope for veterans, service members and military families.

BWF works to ensure injured veterans and their families are thriving long after they return home. The team at BWF navigates more than 46,000 nonprofit organizations to find and fund innovative programs in communities where post-9/11 veterans,

their families and caregivers live and work.

As a grant recipient, Hope For The Warriors joins the Bob Woodruff Foundation grantee network, a collaboration of top-tier programs and advocates investing in the next chapter of our veterans.

"The Bob Woodruff Foundation is one of the preeminent organizations tirelessly fighting for improvements in the lives of veterans," said Robin Kelleher, co-founder, president and CEO of Hope For The Warriors. "To join their elite list of nonprofits challenged to do more and do it better is an honor that is hard to put into words. We are eager to utilize this generous grant to help the brave men and women recovering from post-traumatic stress disorder and mild traumatic brain injury.

The grant will support Hope For The Warriors' family resiliency services (FRS) program which aims to strengthen service members, veterans and families as they recover from PTSD and MTBI.The FRS program serves those in need in several ways.

Hope locates and refers individuals who need inpatient services to trauma-focused, evidence-based programs that focus on the family.

Travel assistance is provided to and from treatment in partnership with veteran-travel programs. In the event of hospital stays, Hope For The Warriors evaluates family circumstances to assess basic financial need and support required.

At no fee, Hope For The Warriors provides counseling, specifically psycho-educational counseling and therapy to the spouse, partner and family members during a hospital stay.

Since 2006, the Bob Woodruff Foundation has invested more than \$35 million to find, fund and shape programs that have empowered more than 2.5 million impacted veterans, service members and their families.

You can learn more about the Bob Woodruff Foundation at bobwoodrufffoundation.org. For more information on Hope For The Warriors, visit hopeforthewarriors.org, Facebook or Twitter.

About Hope For The Warriors: Founded in 2006, Hope For The Warriors is a national nonprofit dedicated to restoring a sense of self, family and hope for post-9/11 veterans, service members and military families. Since its inception, Hope For The Warriors has served approximately 10,000

a starting point.

"Our field directors - based in offices from Asheville to Fayetteville - will be busy organizing concerned citizens and helping them make their voices heard at the General Assembly. Politicians of both parties should be on notice: Americans for Prosperity is watching and we will alert their constituents and hold those politicians accountable for votes not in the interest of economic freedom."

SECU Members Renew Scholarship Program, Expanding Commitment to Nearly \$57 Million!

Raleigh, N.C. – State Employees' Credit Union (SECU) members are pleased to announce the renewal of the 2017 SECU Foundation "People Helping People[®]" High School and Community College Scholarship program, allocating over \$5 million for North Carolina's collegebound students. Since launching the program thirteen years ago, the member-funded SECU Foundation has made a cumulative investment to date of nearly \$57 million, demonstrating a steadfast commitment to helping thousands of

students fulfill their educational goals.

The high school program has two facets of funding - a \$10,000 four-year college scholarship to a graduating senior from each of the regular public high schools and three charter schools in the state, as well as a \$5,000 twoyear scholarship to a graduating senior from each of the early college and cooperative innovative high schools in North Carolina. Each scholarship is awarded for study at one of the 17 constituent campuses in the University of North Carolina System. Community college funding provides two \$5,000 scholarships to each of the State's 58 community colleges.

Recipients are chosen by each school's scholarship selection committee based on a candidate's embodiment of the credit union philosophy of People Helping People^(R)," recognizing leadership, excellence of character, integrity and community involvement, along with an overall academic grade point average of 2.5 or higher.

Watauga High School graduate Dillon



Carmichael was a 2016 recipient of a \$10,000 high school scholarship. In his note of appreciation to SECU members he stated, "This grant has helped relieve my family of the financial burden that comes with a college education. I plan to pursue a degree in Marketing at Appalachian State University and I'm extremely excited to begin this next stage of my life and become a dedicated student and member of the local community. I'd like to thank SECU members for this amazing contribution to my education and future."

About SECU and the SECU Foundation: A not-for-profit financial cooperative owned by its members, SECU has been providing employees of the State of North Carolina and their families with consumer financial services for over 79 years. The Credit Union also offers a diversified line of financial advisory services including retirement and education planning, tax preparation, insurance, trust and estate planning services, and investments through its partners and affiliated entities. SECU serves 2.2 million members through 257 branch offices, nearly 1,100 ATMs, 24/7 Member Services via phone and a website, www.ncsecu.org. The SECU Foundation, a 501c (3) charitable organization funded solely by the contributions of SECU members, promotes local community development in North Carolina primarily through high impact projects in the areas of housing, education, healthcare and human services.

through a variety of support programs focused on transition, health and wellness, peer engagement and connections to community resources. The nonprofit's first program, A Warrior's Wish, has granted 162 wishes to fulfill a desire for a better quality of life or support a quest for gratifying endeavors. In addition, Run For The Warriors has captured the hearts of more than 22,000 since 2010. For more information, visit hopeforthewarriors.org, Facebook or Twitter.

About the Bob Woodruff Foundation: The Bob Woodruff Foundation (BWF) was founded in 2006 after reporter Bob Woodruff was hit by a roadside bomb while covering the war in Iraq. Since then, the Bob Woodruff Foundation has led an enduring call to action for people to stand up for heroes and meet the emerging and long-term needs of today's veterans. To date, BWF has invested more than \$35 million to find, fund and shape programs that have empowered more than 2.5 million impacted veterans, service members and their families. For more information, please visit bobwoodrufffoundation.org or follow us on Twitter at @Stand4Heroes.

Beaufort Historical Association To Host Membership Meeting



Do you know where this photo was taken? Do you know when it was taken? Join the Beaufort Historical Association at their annual membership meeting on Tuesday, January 24 at 6 p.m. to view old Beaufort photographs and learn about their history from a panel of Beaufort residents.

The Beaufort Historical Association is hosting their annual membership meeting on Tuesday, January 24, at 6 p.m. at Ann Street Methodist Church in the Eure Building located at 417 Ann Street in Beaufort. Held twice a year, this meeting honors all BHA volunteers. A potluck dinner will be followed by a short business meeting and the presentation of the Volunteer Awards. This is open to members and prospective members alike who are interested in the Beaufort Historical Association. There

will also be a special presentation about historic Beaufort with photographs and a panel to explain when and where the photo was taken. Attendees are also invited to bring their own photos for discussion.

The Beaufort Historical Association is a private, non-profit organization that owns and operates the Beaufort Historic Site. It seeks to preserve and interpret the historic buildings and artifacts from Beaufort's past 300 years. Call 252.728.5225 for more information.

6 A Commentary





Financial Advisor

Financial Focus

In your life, you will want to take many journeys. Some are physical – perhaps you'll finally visit the French Riviera or the Caribbean. Others involve personal growth – one day, you'll finally become fluent in that foreign language you've been studying. But of all the destinations you can identify, few will be as important as retirement –

specifically, a comfortable retirement. And that's why it's so important to consider the "roadblocks" you might encounter on your road to the retirement lifestyle you've envisioned. Here are five of the most common obstacles:

• Insufficient investments – Very few of us have ever reported investing "too much" for their retirement. But a great many people regret that they saved and invested too little. Don't make that mistake. Contribute as much as you can afford to your 401(k) or other employer-sponsored retirement plan, and increase your contributions whenever your salary goes up. Even if you do participate in your retirement plan at work, you may also still be eligible to fund an IRA, so take advantage of that opportunity, too. And always look for other ways to cut expenses and direct this "found" money toward your retirement.

• Underestimating your longevity – You can't predict how long you'll live, but you can make some reasonable guesses – and you might be surprised at your prospects. According to the Social Security Administration, men reaching age 65 today can expect to live, on average, until age 84.3, while women turning age 65 today can anticipate living, on average, until age 86.6. That's a lot of years – and you'll need to plan for them when you create long-term saving, investing and spending strategies.

• Not establishing a suitable withdrawal rate – Once you are retired, you will likely need to start withdrawing money from your 401(k), IRA and other retirement accounts. It's essential that you don't withdraw too much each year – obviously, you don't want to run the risk of outliving your resources. That's why you need to establish an annual withdrawal rate that's appropriate for your situation, incorporating variables such as

Try To Overcome "Roadblocks" to a Comfortable Retirement

your age, the value of your retirement accounts, your estimated lifestyle expenses, and so on. Calculating such a withdrawal rate can be challenging, so you may want to consult with a professional financial advisor.

• Taking Social Security at the wrong time – You can start taking Social Security as early as age 62, but your checks will be bigger if you wait until your full retirement age, which will probably be 66 or 67, or when your payments "max out" at 70. You might not be able to afford to wait until then, but by postponing the date you begin taking withdrawals, you could help yourself considerably.

• Ignoring inflation – It's been low in recent years, but inflation hasn't disappeared, and it could rise at exactly the wrong time – when you're retired. That's why you'll want your portfolio to include some investments with the potential to outpace inflation, even during your retirement years.

By being aware of these roadblocks, and taking steps to overcome them, you can help smooth your journey toward retirement – and once you get there, you may enjoy it more.

Causey Provides Insurance Checklist for the New Year Insurance Commissioner Mike Causey asks North Carolinians to review policies and coverage



RALEIGH— The start of a new year is a great time to reevaluate your insurance policies. Changing circumstances may lead to different insurance needs. Did you have a baby? Get married? Purchase a new home or car? If so, you'll want to check whether you have the right fit in policy protection.

"It is a new year and there are certainly things that will be changing in your life as you look forward to the rest of 2017," said

Mike Causey Insurance Commissioner

Insurance Commissioner Mike Causey. "I recommend you take this opportunity to make sure you are adequately covered by your insurance policies."

Take some time to talk with your agent and review your policies and see if they meet your current needs. Your agent or company can help determine whether your current policies provide adequate coverage or if you might need more or less. Even if you haven't experienced a life changing event, you could be eligible for discounts or new insurance products may better serve your needs.

We know that insurance can be confusing. One of our most important jobs is to help educate North Carolinians about insurance-related issues so you can make informed decisions for you and your family. If you have questions about insurance, contact the North Carolina Department of Insurance with your questions – 855-408-1212 or visit www.ncdoi.com.

Life Insurance

Changes—such as a birth, divorce, remarriage or even a new mortgage or new job—are indicators that you might need to make changes to your life insurance policy, at the very least, that you

should review your policy.

Read your policy carefully and answer these questions: Do premiums or benefits vary from year to year? How much do the benefits build up in the policy? What part of the premiums or benefits is not guaranteed? What is the effect of interest on money paid and received at different times on the policy?

In what situations and through what procedures can you assess cash values?

Can the policy be converted into another form of insurance or annuity?

In the case of the birth of a child or a new marriage, you might want to consider increasing your death benefit. Check with your agent to see if your insurance company requires a physical exam before increasing your coverage levels.

Alternatively, events like paying off your mortgage, retirement or children finishing college might mean that you can lower your life insurance coverage and premiums. Your life insurance company might be able to offer "conversion privileges" from your current term life insurance policy to a new whole life insurance policy. You might also be able to expand your death benefits so they can be used while you are still living. Ask your insurance agent or company about these options.

Homeowners/Rental Insurance

This is a great time to update your home inventory and make sure your homeowners or rental policy is up-to-date. Take some photos or video of your prized possessions. Remember to note any antique items and their value so you can talk with your insurance agent or insurance company to ensure that they are properly covered. If you need to create a home inventory, the NAIC's free smartphone app, myHOME Scr.APP.book, takes some of the headache out of the process. Download the app from iTunes or Google Play. You can also download a paper version here.

Remember to add any new gifts to your home inventory, too. Include as many details as you can and take a photo of each item. Most basic home insurance policies have standard limits for bigticket items like electronics, art, jewelry or sporting equipment. You may need special coverage, so call your agent to discuss changes for your policy. Also consider your environment. Your home could be located in an area prone to flooding or earthquakes. These disasters can be costly, and may not be covered under a standard policy. Speak to your agent about possibly adding coverage for these perils.

Auto Insurance

Have you had any changes to your driving habits? If so, tell your agent to ensure your auto policy will cover you in case of an accident. Also take some time to check your auto insurance policy by following the guidelines below:

Make sure your coverage is appropriate for your life situation. Liability is the part of the policy that pays for any injury or damage if you cause an accident. If your liability insurance is too low, it is possible that you could be sued for any damages above your liability limits.

Review your deductibles for comprehensive and collision coverage. This is the amount you will pay if your car is damaged or totaled without fault of another driver. Raising or lowering this amount can affect your premium.

Before hitting the road, make sure you have a copy of your See Insurance Checklist, page 10A



To the editor:

I've been the daughter of a commercial fisherman, granddaughter of a fish dealer, wife to a fisherman, employee in the Marine Fisheries Commission office and commercial fisheries advocate. The past decade of my life has been largely consumed by fish politics and there are few people who have seen these issues through as many lenses as myself. I understand why folks on all sides are frustrated. The Fisheries Reform Act was intended to make fisheries management effective, predictable and fair. Instead, it got bogged down in bureaucracy and politics. That's when stakeholders began looking for shortcuts.

Last year we saw the result of such shortcuts when our southern flounder fishery was taken hostage by a misuse of the fishery management plan supplement process. Months later, we face an assault on the shrimp fishery via an end run around that plan by way of a petition for rulemaking. The Marine Fisheries Commission, a nine-member board which sets the state's fisheries policies, adopted an amendment to the Shrimp Fishery Management Plan early in 2015. That plan was developed with the input of scientists and stakeholders over two years of public debate and addresses many of the management issues contained in the petition. Simply put, the Wildlife Federation was not satisfied with the outcome and decided to pursue its agenda by abusing the process prescribed by law.

If we are to have a credible, science-based fisheries management strategy in our state this sidestepping around the process must end. It is easy to target commercial fishermen as "the problem." They are highly visible and fish for larger volumes of fish; however, we need to remember the number of recreational fishermen far exceed that of commercial fishermen and continues to grow exponentially. Couple that increase in effort on the recreational side with degraded water quality, diminished habitat and

Floodplain Mapping

I attended the mapping meeting last night and there was a lot of good information passed out and every citizen in attendance was given the opportunity and assistance to locate their own properties on the proposed maps and ask any additional questions they had. Rightly so, most people are concerned about the new maps' effect on their flood insurance.

A lot of information passed out on that too. The most important factor, from my point of view, is that when you look at your property, you need to zoom all the way in so that you can click on all four corners of your structure. If one corner is in a flood zone, the property is designated as in the zone.

Some 800 properties in our corporate limits were in the flood zone, now some 500 are in the flood zone. This means if you are no longer in the zone, you must hire a professional to certify your flood elevation and file with flood insurance to be reassigned once the new maps are adopted (about a year from now) and may see a decrease in rates. Also, Base Flood Elevation(BFE) + 1 foot, +2 feet, etc decreases your flood insurance premiums- building 1, 2, or more feet above base flood elevation, so elevation decreases your risk. climate change and you are seeing the bigger picture.

In fact, I believe climate change is at the heart of the matter. Fish traditionally found in North Carolina are moving to cooler or deeper waters. When I was still being toted around a fish house, my daddy fished for summer flounder off Cape Lookout in Fall; 30 years later he finds them off New Jersey. Recreational fishermen may no longer be able to find the croaker and spot they desire, not because of commercial fishing pressure, but warming waters. The New York Times published Erica Goode's article, "Fish Seek Cooler Waters, Leaving Some Fishermen's Nets Empty" very recently (Dec. 30, 2016) addressing this very problem. Fisheries management must adapt to the changing environment to give us a more accurate read on the situation.

Even with its problems, North Carolina is still a model for fisheries management. Special interest groups spend a lot of money and political capital persuading policymakers this is not the case. I know, as one who has spent a lot of time learning and navigating the process, the Fisheries Reform Act is a sound piece of legislation that will work, if allowed. It's time for bureaucrats to streamline the process, managers to investigate the effects of climate change on these issues, and stakeholders to engage the process rather than subvert it.

At the end of the day it's all about the citizens of this state. That's our shrimp in the sounds, and they are the best in the world. We enjoy access to a safe, healthy, sustainable seafood and there's no reason we should not continue to do so. Ask the Marine Fisheries Commission to reject the Wildlife Federation's petition for rulemaking at its upcoming business meeting Feb. 17-19 at the Blockade Runner in Wilmington, NC. You can find contact information for each commissioner at http://portal.ncdenr.org/web/mf/ north-carolina-marine-fisheries-commission. Lauren Salter, Williston

None went the other way in town limits. If you do have property that was not and is now in the flood zone, you must not have a lapse in coverage to be grandfathered in to the old rates. Those rates will change for that property if insurance lapses or when the property is sold.

Additional new fees have been accepted by the NCGA, including a flat \$25 additional fee for residential properties and a \$250 additional fee for commercial properties, in addition to a state approved up-to-18% increase in rates.

When going to http://fris.nc.gov on the top right panel, clicking on effective is the current map, clicking on preliminary takes you to the map under review. Zoom in as close as you can get on your property. Everyone should review their own property. Two hundred buildings are a lot to be changed.

I'll have the presentation provided for us to go over the details at our February 7 meeting, and we will make available computers for residents to use to look up their own homes both prior to the meeting at Town Hall and also before and after that day at their convenience in our offices. Just ask, we'll assist.

Thank you, Diane H. Miller, MPA Town Manager, Town of Oriental, NC

Do you have a story idea? An event we should hear about? Maybe a photograph we should see? Email editor@thepamliconews.com or call 249-1555 - we'd like to hear from you.

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Pamlico

The weather has been beautiful in Pamlico most of this week, and a big full moon has made the nights beautiful as well. On Thursday night several of the residents who live on Mills Road in Pamlico were seen eating at Brantley's Village Restaurant in Oriental. Roy and I spoke with several of them while there and enjoyed some good food and fellowship. Joan Gracie was wearing a sling on her arm where she had been injured over the holidays. I was glad to see she is improving. Please put her on your prayer list.

Ann Stackhouse has decided to join Robert Banks and myself as representatives of Pamlico singing with the Pamlico Chorale this spring. Ann had participated in the traveling cantata I organized for Christmas and I am delighted she is going to sing with Reba Tiller and the Chorale. Now she can really learn how to sing some music from someone who knows what they are doing.

Another member of the Pamlico Chorale, our dear friend Nancy Huff, has been in rehab at Carolina East in New Bern and is progressing nicely. She plans to come home next week, so please keep her and Will in your prayers.

Several people from the Pamlico community are having rehab at the Village Health & Fitness Club here in Oriental, me included. It is great to have such a nice facility here in Oriental with such a great staff. They have been a blessing for me, especially Jan LaGuardia.

As we were riding around Pamlico this past Thursday evening, we saw several deer, a raccoon, and even a red fox. It was such a lovely sight to see God's creation and creatures enjoying a peaceful evening. I also noticed that Chris Fulcher's "fish house" had been recently painted and really looked nice at the end of the road. Across the street from there, I noticed that Mrs. Helen Hudgin's former residence was in the process of being raised. It is a brick house (although you may not recognize it now since the bricks have been painted gray) and brick houses are more

Whortonsville

I have been fighting with the internet all morning. I think I have mentioned many times how I dislike technology! The weather has greatly improved since last week for us but not so much for other parts of the country.

Today is Martin Luther King Day and there are many celebrations going on. There were 20 folks at church yesterday for Communion Service and there was a business meeting afterward. Weeks and I have spent a lot of time with doctors in New Bern for the last two weeks, but we are doing great now. Noticed Dave riding through on his golf cart to work on his boat. That is what boat owners do! My sister just finished reading Nick's book and she enjoyed it so much she wants him to write another. James Cuthrell spent a night in the hospital but all test came out negative, thank goodness. Little Mattie spent the afternoon with us and played

Goose Creek Island

Goose Creek Island 55 Plus Club met Thursday at the Community Center with President Roseanne Rowe presiding. The program was a discussion of the historical pageant, "God's Country" which was presented in 1974 at the Goose Creek Island Centennial Celebration. Vice President Annette Jones led the discussion and gave background information. In 1972 Pamlico County celebrated their Centennial which was a great success with lots of fun and activities. Of course, our community joined in! However, research tells us that Goose Creek Island was not a part of the newly formed county, but remained in Beaufort County. In 1874 a vote was held and the island became a part of Pamlico. Members of the Goose Creek Island Ruritan Club decided the island should hold our own Centennial. In 1974 plans were made for the third weekend in October for displays, activities and the historical play which was presented several times in the former Hobucken School building. The pageant was written by Annette Jones and Sandra Banks with a cast of 100! Sandra Banks and Helen Williams were in charge of the "Goose Creek Islander' " history book. Everyone enjoyed sharing memories of the Centennial. Lottie and Edith Campen brought the dress that their mother, Molly Campen wore in the play. Albert & Molly were in the schoolroom skit. We enjoyed looking at pictures and newspaper articles. After the meeting Shelby Keech surprised us with homemade barbeque sandwiches, slaw, chips, lemon cake and sodas, which hit the spot! Then we settled down to play Scrabble and Rummikub. It was a good day! Guest speaker next week is Beth Hardison from Pamlico County Senior Services. Frank and Hazel Alcock will be with us Jan 26. Prayer List - Bob Johnson and Sue Gilgo were back with us at the meeting today. Both seemed to be doing better! Lucille Sadler fell at her home Thursday and the Rescue Squad was called. Doctors installed a pace maker and she is presently a patient at Grantsbrook for rehab

Community 7A

BETTY JO RODGERS CORRESPONDENT

difficult to elevate than wooden structures. Many of the houses in "downtown" Pamlico had already been raised because of flooding during hurricanes.

Joan Ford and I went visiting some of our community neighbors on Friday morning. It is nice to just sit and visit and talk and catch up on families and friends and neighbors. In this fast paced world, slow down and give of yourself and your time once in a while.

During Hurricane Matthew, I reported that we had lost a couple of old hickory trees at the old home place on the farm. I was delighted this week to see that Mr. Pence and his son are beginning to cut them up for firewood. They made great progress on one of the trees this past weekend. One of the trees had fallen on Amy Sue's live oak tree and I am hoping that some of it survived, but I will not know for sure until the other trees are removed.

This week we celebrate Martin Luther King, Jr.'s birthday on Monday, January 16, 2017. His birthday was really January 15 which was Sunday. I know his birthday well, because it was the same as my namesake, Josephine Riggs Gaskill, who was born on January 15, 1922.

There will be a Valentine's Ball on Saturday, February 11, 2017 at Pamlico Community College from five until in the Delamar Building on Hwy. 306 South of Grantsboro. It is hosted by the "Voices of Galilee." Tickets are \$20.00 per person. There will be hors d'oeuvres, gift prizes, games, and more. For more information, contact James Gurganus 252-745-9110 or Denise 252-249-2889.

Celebrating birthdays in January are Ned Ferris (1/21), Kate Moye and Jenny Lupton (1/22), and Shari Roberts Hale (1/31).

Have a blessed week. Vexed? Take Spiritual Vitamin V. "There came also a multitude out of the cities round about unto Jerusalem, bringing sick folks, and them which were vexed with unclean spirits: and they were healed every one." (Acts 5:16)

REBA TILLER CORRESPONDENT

her recital pieces on the piano. Dixie Gatlin is her teacher and Mattie is doing great! Amanda Godwin is still trying to get things taken care of after Eddie's sudden death. I am missing him so much because he did so many little jobs for me. They have a new Dock Master at Point Marina and I hope he does as good a job as Eddie. Men's Fellowship Breakfast is at Brantley's Restaurant this Saturday at 7:30 a.m. Next Sunday the Gideons will give their report and sing for worship service. The Pamlico Chorale is meeting each Monday evening at the Oriental U. Methodist Church Fellowship Hall at 7:00 p.m. We need some new members so if you can sing, come and join us. We not only make great music, we have great fun and fellowship. Thought for the week---- Next week we will have a new President of the United States. Let's all pull together and keep America great!

ANNETTE JONES, 55 PLUS CLUB CORRESPONDENT

treatment. Bernice Strange of Havelock recently passed. She was a good friend of Rita Lupton. Our condolences to the family:

Happy Birthday: Daphney Ballance Walker, Amber Nethercutt and Andrew Lozica, Jr. - Jan 19 -, Rita Sadler Olmstead, Emma Gay Sadler Lupton, Joseph Whitford, Lena Gail Balance Zechner, Ronald Wayne Berry and Makayla Phillips - Jan 20, Christopher Lupton and Gerald Thomas Fulcher - Jan 21, Arthur Lee Kirk, Stanley Lynn Styron, Jr. and Jennifer Williams Hacker, Jan 22, Janice Whealton DeYoung and Brandon Scott Jones - Jan 23, Lucy Mae Lupton Spell - Jan 24, Charlie Lewis - Jan 25. Happy Anniversary to E M & Sue Gilgo – Jan 22.



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Deaths



Velma Leary Henries, 66, of Grantsboro, passed away peacefully at her home January 3, 2017. She is preceded in death by her parents, Roland and Mattie Leary and three brothers, Benny, Curtis and Bobby Leary. She is survived by her husband of 48 years, Richard "Sammy" Henries; two sons, Richard Jr. and fiancée Tina, and Michael and wife, Stephanie; brothers, Roland Leary, Jr. and wife, Ila, and Arthur Leary and wife, Sharlene; three sister-in-laws, Rita Gray, Sheila Martin, Donna Cahoon and Sharon Leary; and

many nieces and nephews. She worked as an insurance agent for most of her career, retiring after 40+ years. She was always honest, hardworking and always seeing the positive in everything. She lived her life by the book, serving the Lord and will always be remembered as a loving wife, mother and friend. Her sons are who they are today because of her. She was a loyal member of New Vision PH Church, where she loved her church family very much. Her funeral service was held at 11:00 AM Friday, January 6th at New Vision PH Church in Hobucken with Pastor Ray Bonner officiating. The family received friends one hour prior to the service at the church. In lieu of flowers memorials contributions can be made to Hospice of Pamlico, P.O. Box 6, Bayboro, NC 28515 or Pamlico County Rescue, P.O. Box 302, Bayboro, NC 28515.

Arrangements by Bryant Funeral Home & Crematory, Alliance, NC.

Deaths



Sherwood B. Norris, 86, of Olympia passed away Saturday, January 7, 2017, at Riverpoint Crest Nursing & Rehab Center. He was a member of Reelsboro United Methodist Church and was a veteran of the U.S. Army. He opened Norris Funeral Home in Pamlico County in 1974, was a member of Doric Masonic Lodge #356, P.C. Shrine Club and Mourner's Unit and Past President and member of New Bern Shrine Club. He was preceded in death by his wife, Nancy Norris. He is survived by his daughter,

Sina Norris and husband, Kevin, of New Bern; brothers, Billy Norris of Rhems, Bobby Norris of New Bern, George Norris and Edward Lee Norris, both of Trenton and Donald Ray Norris of Alliance; sisters, Shirley Straker of Aurora, Sarah Cahoon of Bridgeton and Mary Toler of New Bern; grandsons, Craig Hook (Angela) and Jay Hook, all of Olympia; and great-grandchildren, Kaylee Boren, Destiny Baker, Alyssa and Abigail Hook, all of Olympia. Graveside services with masonic rites by Doric Lodge #356 and military honors, was held 1:00 p.m., Wednesday, January 11th at Hollywood Cemetery with the Rev. Mike Roach and the Rev. Walter Graves officiating. The family received friends prior to the service at the cemetery and other times at his daughter's home, 4529 Hwy 55 E. Olympia. In lieu of flowers the family suggested memorial contributions be made to Reelsboro United Methodist Church Building Fund, 51 Holland Dr., New Bern, NC 28560.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

Charles Thomas Toler, 84, entered into the presence of the Lord on Jan. 6, 2017 at Rex Hospital in Raleigh under the loving care of his cardiologist, Dr. Robert Wesley III, after a long battle with congestive heart failure. He was born in Craven County to the late Ellen Whitehurst Toler and late George Thomas Toler. He was also the step son of the late Margie Banks Toler. Charles was a Life Member of the DAV Goldsboro Post #45, American Legion Goldsboro Post #11, and VFW Goldsboro Post #15034. He was a long-time member of Riverside FWB Church in Princeton. He is survived by his wife of over 61 years, Velma Lawhon Toler; one daughter, Marcia Lane Toler-McCullen, and son-in-law, Charles Randy McCullen of Princeton; one sister, Linda Toler Lupton of Arapahoe; and the family pets, Zac, Spud and Charlie. He is also survived by two uncles and two aunts; Oscar Whitehurst of New Bern; Rev. Lee Toler of Alliance; Ella Toler of Bayboro and Polly Whitehurst of New Bern. Charles is also survived by Jeffery and Alexis Sanders, newlyweds have returned from a honeymoon in the Bahamas. They will make their home in Hobucken.

Matthew and Amy Grubbs & sons, Ebenezer, Malachi, Judah and Gideon of Goldsboro proudly announce the birth of a son and brother, Simeon Matthew Grubbs born January 10 on his Grandmother Teresa birthday. The new baby

weighed in at 8 lbs. and was 20 inches long. Proud grandparents are Rev. Paul & Teresa Caroon Grubbs of Bayboro. Lottie Campen Caroon of Lowland is the proud great grandmother. God has truly blessed Lottie, who now has ten grandsons and six great great grandsons. Congratulations Matthew & Amy and the entire family. Paul, Teresa and Lottie drove to Goldsboro Saturday to visit with the family and new baby. They are all doing well!

Just a reminder. To post birthdays, anniversaries, announcements, etc. on the Community Sign Call 745-3293. Only \$1.00 a day and benefits the Community Center.

numerous special nieces, nephews, cousins and loving friends. He was also preceded in death by two brothers, Roy Bryan Toler of New Bern and Daniel Alex Toler of Arapahoe. The family would like to say a special thank you to special friends James & Mary Lois Neel; Penny McCullen; Linda Fields of Goldsboro; his sister, Linda Toler Lupton; his niece, Terry Jones of Smithfield and cousin Charles Alex Toler of New Bern for all their love and assistance during Charles' hospitalizations and illness. Funeral services were Saturday, January 14, 2017 at 2:00 PM at Shumate-Faulk Funeral Home in Goldsboro with the Rev. Billy Nowell and Rev. Jerry Campbell officiating. Visitation was at 1:00 PM to 2:00 PM prior to service. Burial will follow in Evergreen Cemetery in Princeton with full military honors. In lieu of flowers, the family request donations be made to Riverside FWB Church, c/o Patsy Howell, 1809 Westover Drive, Goldsboro, NC 27530 due to the church devastation caused by Hurricane Matthew. On-line condolences can be sent to www.shumate-faulk.com.

Alisa "Lisa" Rae Harris DuVal, 53, of Grantsboro passed away Sunday, January 15, 2017, at CarolinaEast Medical Center. She attended Grantsboro Church of God. She was preceded in death by her husband, Charlie DuVal; infant daughter, Rebecca L. DuVal; parents, Donald & Violet Lee Harris; and brother, Pastor David Harris. She is survived by her sister, Joanne Green of Grantsboro; brother, Terry Harris Sr. and wife, Donna, of Grantsboro; close friend and companion, Jerry Cuthrell; and numerous nieces and nephews. Her funeral service are being held 11 a.m., Wednesday, January 18th at Grantsboro Church of God with the Rev. Becky Harrell officiating. Interment will follow immediately in Paul Cemetery, Silver Hill. The family will receive friends and relatives from 6:30 to 8:30 p.m., Tuesday evening at Bryant Funeral Home. In lieu of flowers memorial contributions may be made to Bryant Funeral Home, PO Box 99, Alliance, NC 28509.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

Betty Minshew Stuart, 93, of Arapahoe passed away Sunday, January 15, 2017. She is survived by sons, Bob Stuart and wife, Lisa, and Dee Stuart; two grandchildren, Hailey and Leah Stuart; and great-granddaughter, Kenzie Cooper. Her memorial service are being held 11 a.m., Wednesday, January 18th at Arapahoe United Methodist Church with the Rev. Penny Dollar Farmer officiating. The family will receive friends and relatives immediately following the service at the church. In lieu of flowers the family suggested memorial contributions be made to Arapahoe United Methodist Church, PO Box 25, Arapahoe, NC 28510.

Arrangements by Bryant Funeral Home & Crematory, Alliance.

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MINNESOTT BEACH - Lovely two bedroom, two bath furnished condo on Neuse River. Open living area. Water and trash pickup included. Just minutes from the Minnesott/Cherry Branch Ferry and Minnesott Golf & Country Club. Private balcony, swimming pool and sandy beach. \$725 monthly

ORIENTAL - Adorable two bedroom, one bath home in the Village of Oriental. Large living/dining area with extra office space. Beautiful hardwood flooring throughout home. Screen porch and carport. Laundry/mud room under carport with washer and dryer furnished. Just a short walk to the waterfront and restaurants and shops in Oriental. \$950 monthly

BAYBORO - Nice three bedroom, one bath home on large lot. Hardwood flooring in most rooms. Large master bedroom, mud room with washer and dryer furnished. Water access on back lot. \$650 monthly

ORIENTAL - Cute two bedroom, two bath duplex. Open living area with fireplace. Private patio great for grilling and relaxing. Washer and dryer furnished. Garage. Quiet location. \$775 monthly





schools. Gas fireplace, faced with stonework, in living room. Gorgeous classic tiling in kitchen. Breezeway leading to garage. Large deck in back. Workshop. \$750/mo + Utilities

Minnesott Beach-Pinewood Drive 3BR/2BA ranch style home located on the golf course. Open floor plan with a wood burning stove. Minutes to the Ferry. \$850/mo + Utilities

Oriental-Oriental Harbor Place - 2BR/2BA Unfurnished condo offering great views of the river and Smith & Green creeks. Balcony. Wi-Fi available. Pool, hot tub, bike rack and picnic area are included in this community. A short walk to shopping restaurants and the waterfront.

\$950/mo+ Utilities

Oriental-Forest Shore Estates - 3BR/21/2 BA Water view log cabin set on Broad Creek. Vaulted ceilings. Two porches. 2 car garage with an apartment upstairs. Boat slip.

\$990/mo + Utilities

Oriental-Hornigold Avenue - 3BR/2BA waterfront home. Beautiful view of the water in this open air design. Gas fireplace and plenty of closets. \$1200/mo + Utilities

Oriental-Oriental Harbor Place Condo - 3BR/2BA fully furnished condo with a spectacular view of the river. Pool, hot tub, bike rack and picnic area are included in this community. A short walk to shopping restaurants and the waterfront.

\$1200/mo + Utilities

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ACROSS

1. Grassland plain in South America 6. Monetary unit of Ghana 10. Big wine holder 13. Basket material 14. Coffee break snack 15. 1969 Peace Prize grp. 16. Marrying again 20. A chip, maybe 22. Short opening act 26. French navigator Jacques 29. Unfair treatment of old people 38. Strong and deep in tone 43. Artificial Intelligences 44. Early pirates 46. Making something required 55. Victorian, for one 60. A Christian adhering to an Eastern 61. Alternative to a convertible 64. Clarification lead-in

DOWN 1. Base of a crocus stem 2. Fishing, perhaps 3. Copies of other, Äôs behavior 4. Small change 5. "Catch-22" pilot 6. Cousin of a raccoon 7. Bring about 8. Directly 9. "____ alive!" (contraction) 10. Computer woe 11. "Home 12. Eiffel 14. Void 17. Miles per hour, e.g. 21. Knight fight 23. Backboard attachment 24. Bank 25. "Is that 26. "The Alienist" author 27. Chill 30. All 31. Citrus drink like lemonade 32. Little dent 33. "What are the ____ 35. Saturated substances 36. A badge of honor or authority 39. Comply with 40. Discouraging words 41. Schuss, e.g. 42. Passed urine (child saying) 44. Hotel employee 45. Any thing 46. Demands 47. Like "The X-Files" 48. Construction site sight 49. Golden Horde member 53. Flight data, briefly 54. Confined, with "up" 56. Blackquard _____moment" 57."



- 18. Brouhaha
- 19. Cardinal
- 21. Air
- 28. Farmer's place, in song
- 30. Rich 34. Moraue, for one
- 35. Passionate
- 37. Free from, with "of"
- 41. Bear

- 50. Mysterious: Var.
- 51. Battering wind
- 52. Castle part
- 56. To consider
- 59. Kipling's "Gunga
- rite
- 62. "Comprende?"
- 63. Back

58. Chi follower



OUR SCHOOLS

PAMLICO MIDDLE SCHOOL

ECU Visits Pamlico Middle School

On Thursday, December 8 Coach Brian Overton, Director of Player Development for East Carolina University Football program, visited students at Pamlico County Middle School. Students in the Exploring Career Decisions and Keyboarding and Basic Computer Skills electives were able to hear a bit about his story and take valuable lessons they will remember for many years to come.

Coach Bobby Harward, Career and Technical Education teacher and Technology Facilitator at Pamlico County Middle School, facilitated this event. Previously coworkers, Bobby states, "Coach Overton has been a friend and mentor to me, especially during my time at East Carolina University. I have a great amount of respect for Coach as a man. He has served our country in the United States Army and now is climbing his way up the coaching profession. I truly appreciate him taking his time to come out and talk to our students at PCMS.'

While college coaches are required to spend many weeks on the road, recruiting athletes for their program, this visit was a different kind of trip. The students learned that Mr. Overton is a small town North Carolina boy and were encouraged that being from or living in a small area like Pamlico County should never be considered a hindrance. He has a great passion for making sure kids



know that our circumstances don't have to dictate where they will go in life or what they will accomplish.

Many students will think of Coach Overton every time they boil an egg or potato for the rest of their life. He spoke of the boiling water as the situations that life sometimes puts us in. He encouraged us to be the egg, stronger from the water instead of the potato, made soft and mushy. When reflecting on his visit, one student shared, "you have to get stronger by all your problems in life instead of letting them bring you down."

Coach Overton spoke with the students about many challenges they might face everyday. He encouraged them to be careful with social media, understanding that a simple post could have dramatic effect. He illustrated this with a story

ative, well-choreographed and

everyone participated" said Coach Rose.... A job well done

by all 6th graders!'

of an outstanding athlete who lost a major opportunity due to negative posts that impacted his reputation.

Much of this motivational discussion with Coach Overton included the importance of surrounding yourself with positive people who make you better. "Don't just be a dream chaser, be a dream getter! Make your dream present! Hang out with the right people so you'll be the right person!"

Marissa Hinshaw, a seventh grader, reflects on his visit by saying, "his speech really touched me. It got to me. The things he said will be stuff I need in my future adult years." We are very grateful to Coach Brian Overton for visiting Pamlico County Middle School and for the seeds of wisdom and inspiration he planted here.

Hour Of Code Campaign

Ms. Prendergast's 6th grade math classes recently participated in the annual Hour of Code campaign. This program is designed to teach computer coding skills to students around the world. The Pamlico County Middle School students discussed the importance of computer coding, the benefits of knowing how to code, and high demand careers that utilize coding skills. They then spent the rest of the math period working on their laptops learning to write computer codes. Upon completion, each of the students earned a certificate for successfully completing an Hour of Code.

Computer science opens more doors for students than any other discipline in today's world. Learning even the basics will help students in virtually any career-from architecture to zoology. Just as we teach students how to dissect a frog, or how electricity works, it's



important for every 21st century student to have a chance to design an app or an algorithm, or learn how the Internet works. Now that computing is the #1 source of all new wages in the U.S., it's important that every child should have access to learn computer science in schools.

first impression to how to dress appropriately and

While some may find this type of presentation a

bit premature for middle school students, we were

reminded that every little thing we do now can play

a part in the people our students become as adults.

Ms. Malucci provided examples of how everything

she presented was applicable to them now, as

potential babysitters, lawn service or odd job work-

duction, handshake and

committed eye contact.

Many students were

a little nervous, while

others very confidently

engaged in conversa-

tion with the stranger.

Throughout the presen-

tation, students learned

a great deal of informa-

tion from the power of a

Students Explore Career Opportunities

In Pamlico County, Career and Technical Education is a valuable part of our student's growth and development. Pamlico County Middle School Career Development Coordinator and Counselor, Betsy McCandless, plans activities and opportunities for students to think about life beyond school and how each

day can be a step in accomplishing big dreams. Two electives offered to students are Exploring Personal Character and Careers and Exploring Careers and Employment, where students are invited to learn about personality, interests, skills and values and apply them to an ever-changing workforce. Shortly before Christmas, Ms. Jane Malucci, writer, speaker and trainer with The Reactive Voice, LLC of New Bern, visited these classes with a presentation on getting a job.

From the first moment, before class began, Ms. Malucci met students at the door with an intro-

Distinguished Students

Pamlico County Middle School proudly awarded several students with the title "Student of Distinction" for the first nineweek period. These students represent some of the finest students at PCMS. We want to celebrate and recognize our students of distinction and make all aware that they were selected

because they consistently demonstrate the qualities that we deeply value in our students: kindness, Noah Johnson and Christian Mitchell. Eighth dedication, respect, dependability, responsibility, graders are: Liza Curtis, Leah Jefferson, DiAnnah



professionally.

first awards assembly, and with an ice-cream social that followed. Sixth grade students are: Diego Ambrose, Allison Elks (not pictured), Brad Smith, Mariah Stowe and Jasmin Woolard (not pictured). Seventh grade students include:

Nyree Atkins, Dezmon Bragg, Perla Cervantes,

Going For A Tumble

Pamlico Middle School 6th relief. "The routines were cre-Graders participated in the 7th annual Tumbling Show on Friday December 9th, 2016. The students were taught a variety of tumbling exercises during their Physical Education classes by Coach April Rose and Coach Kevin Knox. The tumbling exercises included forward rolls, backward rolls, dive rolls, handstands, cartwheels and much more. The 6th graders, within a group, choreographed a tumbling routine to music of their choice. Their routines con-

sisted of tumbling and stunts, some dance moves and comic



humility, and scholarship. Students were recognized and rewarded with a certificate during the Jones, Luis Felix Osuna and Dylan Potter.

Language Arts Classes Participated In The OWC Writing Contest



Students from Mrs. Martha Harper's eighth grade Language Arts classes participated in the Oriental Woman's Club annual writing contest. Six student's pieces were selected as winners. The winners of the short story competition were first place, Mirachell Maher, second place, Jaaron

Bloomberg and third place Gavin Stroud. In the poetry category first place went to Samantha Colasurdo, second place to Abigail Elks, and third place to Hannah Duval. Students have been invited to celebrate their success at a community gathering in Oriental. These students will also be recognized at the school's 2nd nine week awards assembly.

Codi Allen Liza Curtis Brianna Dunham Madison Edwards Luis Felix Osuna Felix Garcia Jonathan Gaskill Alyssa Hardison Nicholas Harrell Leah Jefferson John Jones Chelsea Lee Emma Lee Trevian Lloyd John Lupton Mirachell Maher Kelsi Martin Jesus Emanuel Martinez Garcia Jesus Ramon Martinez Garcia Clara Rhinehart Isabella Rodriguez Jamison Sheaffe Marley Whorton

8th Grade Honor Roll

7th Grade Honor Roll Jesus Alvarez Nyree Atkins Savannah Barton Baylee Bennett JaKobi Blackmon-Boston Chance Caraway

Honor Roll and Principal's List Kamden Dressler Julissa Figueroa Beltran Isaiah Godette Challie Golden Nathan Harper Ayden Hill Jacob Lverly Nylasia Mattocks Richard May Aaron Price **Tobey Rice** Maria Sanchez Keiarra Tutt **Kiersten Williams** 6th Grade Honor Roll Dakoda Bell Jaxon Bennett Kaylee Boren Jaden Brady Caylee Bynum Alessandra De La Cruz-Cornelio Shelby Dubiel James Durham Bonnie Frazer Ethan Ireland Clarissa Jones Naomi Karbowsky Cooper Law Carrigan LeMaster David Murphy

Shawn Richards

Larry Rodgers Andrea Scott Jackson Sheaffer Mya Smith Kendall Spain Kelsey Squires Kyndell Tribby Marcus Tysor Jasmin Woolard 8th Grade Principal's List Anari Barron Tea Boome Ashlyn Cahoon Gabrielle Canady Zachary Cota Nicholas Dunnebacke Gwendolyn Hart Jenna Jones **DiAnnah Jones** Oasis Lopez

Norah Manning

Dylan Potter

Lindsev Potter

Jesse Ross

Kelly Spencer

Steven Stewart

Jazmine Tutii

Jacob VanZandt

Lauryn Walker

7th Grade Principal's List stewart Armstrong Brooke Bennett Perla Cervantes Tyler Day Jalyn Dunn Caileb Duval Andres Franco Pinilla Jamie Gibbs II Brendan Guimbal Alyssa Hager Sarah Henries Marissa Hinshaw Noah Johnson Kaitlynn Leaming Shania Locklea 6th Grade Principal's list Taylor Buck Connor Daniels Frederick Dickinsor Lucas Gaskill Phoenix Grant Stephanie Harris Abby Harwick Victoria Midgett Marissa Sos Matthew Spain Mariah Stowe

De'yana Thomas Caleb Toler

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10 A Buy/Sell







Sell your stuff or find what you are looking for FAST with a FOR SALE or ITEMS WANTED AD FREE in Sandy's List which appears each week in The Pamlico News and on The Pamlico News web page. Sandy's List guidelines:

Ads are guaranteed to run for one week, but may run until space is needed for new ads. When item sells, please email us so the item can be removed from Sandy's List. Deadline to place ad is Friday at 10am. Your ad will be published the following Wednesday. Single Items \$500 or less. Private individuals only - No businesses please.

To place your Sandy's List ad:

Fax to: 252-249-0857 Email to: sandyslist@thepamliconews.com You can bring your copy to our office at: 800 Broad Street, Oriental Mail your copy to: PO Box 510, Oriental, NC 28571, Attn: Sandy's List

*Price must be included in ad. *The Pamlico News is not responsible for errors, email preferred

Power Recliner-brand new in box. Color-taupe. \$275.00 252-670-3626 or 252-571-6058

Bookcase Bedroom Suite. Full Size. 3 piece set. \$175.00 252-670-3626 or 252-571-6058 Casio Key lighting Keyboard w/Karaoke \$35. Hundreds of DVD's \$2, books \$1 & \$2, Cd's. 50

cents each. Wooden book shelves \$15 each. Local address. (248)924-1681

NIKON D70s SLR digital camera with lens, cards & carry case. \$300 252-249-1655

STAMINA 1205 precision rower, like new. \$135 252-249-1655

SPACEMATE folding stepper, like new. \$95 252-249-1655

POSTURE PUMP disc hydrator, professional model. \$35 252-249-1655

Bookcase Bed-Full Size with matching small drawer chest. \$150.00 252-638-9151

Antique Gossip Bench(telephone table) \$100.00 252-638-9151

4 Drawer Chest(bedroom) Antique white with black handles. \$20.00 252-638-9151

36 Inch Round Oak Cocktail table \$60 252-249-2545

Stanley Professional Air flooring hammer with 3000 nails. \$340 252-249-2545

Living room sofa and chair. Brown, floral. \$150.00 252-670-3626

Recliner small blue/grey \$60.00 252-670-3626 Swivel chair rust color \$20.00 252-670-3626 Sofa/hide-a-bed plaid \$75.00 252-670-3626

NOVA Zoom 20 Walker. Blue, 300 lb. weight cap. New \$150 252-571-6058

Invacare Potty Seat. 300 lb. weight cap. Adjustable height \$25 252-571-6058

Invacare Bench for Shower or Tub. 400 lb. weight cap. Adjustable height \$75 252-571-6058 Invacare Lightweight transport wheelchair.

New \$150 252-571-6058 TV stand, 31 ½ wide x 19 ½ deep 20 in tall. Pick-

led color. Like New. \$35.00 252-571-6058

Dining room table. 80 in long, 39 in wide, w/ 2 leaves and 6 chairs. \$150.00 252-571-6058 Five shelf corner computer table with pullout

computer table. 50 in w, 28 in d, 64 in h. Like new. 252-571-6058

Wicker white love seat w/ cushion and wicker

2007 Ford Mustang vinyl convertible top. \$40.00 252-249-2820 571-5048. Electropedic adjustable bed: size - full/double; firm mattress; very good condition; includes

some linens. Great for someone recovering from surgery, needs to elevate head and/or feet, or has difficulty getting in and out of bed. Smoke free home. \$300.00. Text: 252-617-5942

Critter cage: 6ft (tall or long) x 2ft x2ft. Custom made. Not a bird cage. Good condition. \$125.00 Text: 252-617-5942

Trail bike: 24" derailer needs adjusting. Fair condition. \$30.00 Text: 252-617-5942 Antique small cane chair dark in color and once

used in tobacco barn as a chair. Asking \$75.00 252-249-2603, ask for Betsy. New in package. 4 three stage filters for Pur

Water Filtration system \$38. will include free Pur attachment for standard kitchen faucet. Instructions included. Call 745-5275

Burgundy wool oval rug. Excellent condition. 6'7" x 8'6". Will send pictures if needed. \$140. Call 745-5275

Cherry Dining Table - 48" inches round with two leaves. Queen Ann legs. \$270. 252-249-1090. Mahogany Low Boy Dresser and Mirror -

three-drawer dresser and mirror with casters. \$275.252-249-1090.

Volvo Station Wagon Cover - Gray, never used with bag. \$45. 252-249-1090.

81/2 HP Briggs & Stratton engine. \$50. Call 675-0354.

Radio Shack 40 Channel CB Base Station. \$50. Call 675-0354.

Radio Shack 40 Channel mobile CB radio. \$25. Call 675-0354.

New bicycle helmet - Airius, L/XL, \$10. Call 675-3128.

New Camera - Wanscam IP wireless/wired camera for network monitoring, \$25. Cal 675-3128.

Aquarelle Watercolor paper, 22 x 30, eight pieces, \$15. Call 675-3128.

Round oak dining table and four chairs, \$50. Call 675-3128.

Dark Cherry Mirror - Thomasville, traditional style. \$70. 252-249-1090

Baby Items - Stroller (\$35), wooden port-a-crib

barely used; mounting hardware included. \$50 New 55 Gallon Rain Barrel, \$65; Wooden lettuce

or plant herbs tray with handles \$30 (new); fig bush (potted) \$25; Confederate Rose \$10, Call 252-638-9151.

16 ft fiberglass extension ladder, \$60. Heavy duty aluminum ladder brackets, set of two, \$45. 252-675-0354.

Boat for sale: 1985 21' Sou'wester by Parker. Hull only. Needs a deck and floor. \$250. Ben@ towndock.net.

Electric Outboard/Trolling Motor Package: Newport Vessels 55 short-shaft Electric Outboard/ Trolling Motor Package Incl: Motor, Duracell Ultra E5 battery, battery case, in-line fused 12 VDC cable. Used only once so like new. Garage stored. \$225. Call Chuck at 252-249-1409

86 U-Haul and Lowes moving boxes, good condition. 11 wardrobes with metal bars, 13 large, 62 medium/small/book size. Broken down, easy to pick up. \$75. Call 949-280-5325 (Oriental)

Furuno Color Video Sounder FCV-292 - \$150; ICOM VHF Radio IC M 127 - \$60; Porter Cable 5500 Watt Generator (needs starter cord) - \$200; Sony DVD CD 5 Disk Changer - \$50; ADCOM GTP 502 Receiver - \$50; Murray Push Mower-\$75; Thule Mountaineer Roof Storage (no rails) \$100. Call Scott @ 610-742-4744.

6' fiberglass ladder - \$50; GE Circuit breaker enclosure 200 amp breaker, brand new - \$100; Westinghouse 200 amp enclosure with 11 breakers and 200 amp main - \$200. Call Scott at 610-742-4744 (Oriental location).

Old Town Canoe, 14'7", new, \$700, selling for \$350. Crusair Carry On air conditioner for boat. \$1,000 new, selling for \$400. Thermador gas stove/electric oven, new \$2,400, selling for \$400. Tongue in groove oak flooring 5" face, 34" thick, \$3 per square foot. Call 249-1715.

2 twin rollaway beds including new matching sheet sets. Excellent condition. \$25.00 each. 434-797-4215.

CST/berger transit level with tripod, adjustable height. \$200 OBO, Chris 252-249-3340.

Secretary desk, original, 1930s style, one piece, 6'tall, 31" wide, 18" deep, very good shape (mahogany?). \$275. Call 249-6579, leave message. Deer stands, one metal \$40, one aluminum \$60,

Reports

Incidents Jan. 9, Styrontown Beach Road, Oriental, larceny of medication

Inspections Jan. 6, Chris Machle, Orchard Creek Road, Oriental, demo, \$0

Property Transfers (Jan 6 - Jan. 18, 2017)

Jan. 6, 0.745 AC; Tract A, PCA 197-20, from Adrian E. Watson Jr. to Adrian E. Watson Jr., \$0 Jan. 9, Four Parcels; Metes & Bounds, from Essie Mabel Willis and Essie M. Willis to Wayne John Hurder, \$0 Jan. 9, Hortons Landing Lot: 19 Section Four; Lot: 37 Section Four; Lot: 28 Section Four, from Christine L. Lacola TR, Stacey M. Crowley TR, and Lomer Family Trust to Christine L. Lacola and

Stacey M. Crowley, \$0

Christine L. Lacola, Stacey M. Crowley, and Timothy A. Crowley to John Kieffer and Kathleen Kieffer, \$900.00 Jan. 9, Sea Gull Villas Unit: 4

Jan. 9, Hortons Landing 2.4 AC;

Lots: 37 & 38; Section Four, from

Building C, from Rolf E. Anselm TR, The Rolf Anselm Living Trust, and Rolf Anselm to Nancy Evans, \$204.00

Jan. 10, Forrest Hills at Pinedale Lot: 2 Section 1 & Lot: 3 Section 1, from EXR LLC. to Living Legacy Institute Inc., \$0 Jan. 10, Second Tract; DB 83/259, from Dewitt C. Brinson, Julia B. Given, and Brian R. Given to Wilven LLC., \$150.00 Jan. 10, Off NCSR 1317; MB

11/17, from Gary E. Ramsey, Caroline Parham-Ramsey, Caroline Parham Ramsey, and Caroline Parham Ramsey to Willard W. Martin

Jr. and Beth M. Martin, \$156.00 Jan. 11, 10 AC; PCA 198-1, from Roy H. Buck and Jacqueline S. Buck to Ronald Ray Buck, \$0 Jan. 12, Lot: 16 Survey for Charles S. Boone and others; PCA 24-7; 1.04 AC, from Christopher R. Kuziw, Gladys P. Kuziw, and Patricia E. Williams AIF to Almira B. Dallas, \$68.00 Jan. 12, The Village Lot: 5 & Lot: 6, from Patricia P. Murray and Lisa S. Persinger to Almira B. Dallas, \$486.00 Jan. 13, from Wendy W. Dahmer and Richard L. Dahmer to Hillary

T. Cross and Gary B. Cross Jr., \$119.00

Jan. 13, from Joseph Zambito to Burton Farm Development Company LLC., \$150.00

Jan. 13, Map Attached, from Burton Farm Development Company LLC. to Joseph Zambito, \$188.00



Share the love! Valentine's Day is all about our hearts, so why not partner with The Pamlico News to promote your business this holiday.

Reserve space today in our special February 8th Valentine's issue of The Pamlico News and get a sweet deal.

Everything you need to know about making Valentine's Day special can be found in this upcoming issue. From choosing the perfect gift to picking the right restaurant. Romantic recipes for that special stay at home evening and lots of interesting tidbits about the origins of the holiday and what makes it special for so many.

How's That For A Sweet Deal?

side table w/ glass top. Like new. 252-571-6058 Lost Dog-A 4 year old Jack Russell-white body with a brown head-spots on belly-name is Chloe. Missing from Scott Town Road, last time seen November 14, 2016. 252-617-7555

10L x 10W x 6H a Stephens Pipe & STEEL Galvanized welded frame dog kennel with a lockable walk in gate (also welded pipe). East to assemble; easy to move; easy to add additional panels if desire to make larger. Call 252.249.0103 \$140 Like New Galvanized Welded frame "9' FOREST FIR CHRISTMAS TREE, UNLIT Smaller

7 ft. adaptable. \$100

252-249-6528"

Legacy hunting bow in Case with arrows. Camo bag with 20 Decoys. \$100. 252-249 2029

High end, large capacity, Frigidaire Affinity clothes dryer. Used very little. 4 yrs old. \$80 252-670-7836

Large, heavy drill press. It works. \$25 252-670-7836

Briggs & Straton Generator. 5500 watts-8250 starting watts. Never Used. 5 yrs old. \$100 252-670-7836

Mercury boat motor. Year unknown but runs. Needs carburetor adjustment. 4.5 HP \$25 252-670-7836

(\$35), changing table (\$75), car seat (\$10), and toys. 252-249-1090

Kitchen Countertop - three pieces with back splash, white Formica, 25"x70", 25"x34.5", 25"x25"\$55.252-249-1090

Craftsman 12" wood planer, belt driven type, no motor, \$100, 252-675-2759 or 252-745-5791. Old style V.W. trailer hitch. \$10. 252-675-2759 or 252-745-5791.

Volvo lower end unit, in-out drive. \$100. 252-675-2759 or 252-745-5791.

Triumph Spitfire auto parts: 1979 or late 1970s, hard top, transmission, front end motor and more. Call for prices, negotiable. 252-745-5791

Toshiba Satellite Laptop/with power cord, 6Gb ram HHd 350 webcam wifi, OS win 7 Home prem. Intel celeron Processor works great \$200.00 PH. 252-876-5469

eMachine Acer Monitor flat screen 17x12, no cord \$30.00 252-876-5469.

Acer Laptop /power cord, webcam wifi, 4Gb ram hhD 230gb, OS Win 7 Home Ed. AMD processor works great \$100.00 252-876-5469. Heavy duty Monitor cord \$15.00, 252-876-5469 OVAL RUG shades of burgundy, wool 6'7"x8"6"

excellent condition 252-745-5275; \$150. 2012 GE over-the-stove microwave; black; good condition. 249-0626.

KITCHEN AID KSM5PSWW Heavy Duty 5-Quart Stand Mixer includes Meat Grinder Attachment. Mint condition, rarely use. 325-watt motor, 5 mixing speeds, 5-quart stainless steel bowl, includes flat beater, dough hook and wire whip. 6-foot power cord. \$225. 252-249-3340.

Classic Dahon folding bicycle for boat. Yellow in color and in good condition. \$150.00. Call 252 249-9838.

Cruising Guide to North Carolina by Claiborne S. Young, 5th Ed. Cover Price \$24.95, asking \$12.50. Janet at 386-559-4554.

GMCO's Waterproof Chart Book of North Carolina from Back Bay, VA to Little River, South Carolina. Cover \$34.95, asking \$18. Janet at 386-559-4554.

Dinnerware set, non-skid, compass rose design, 16 pieces, asking \$30. Janet at 386-559-4554. OTR GE Microwave, 2011, SS, with bracket, M/N JVM1950. Excellent except "key pad shorted", you fix.. \$25 George 249.3264

Bantam Chickens for sale. Hens \$3! Roosters \$1 each! 249-0243

Missing female black Labrador from Grantsboro area. She has been missing since mid September. Reward for the return of our dog. Contact Robert Toler @ 252-745-3156

Insurance Checklist

insurance card and your insurance agent or company's number in your vehicle.

It is a good idea to accurately record details of an accident if you are in one. The NAIC smartphone application WreckCheck walks you through the process of gathering information following an accident. You can then email your notes directly to your agent. Download the free app from iTunes or Google Play.

Health Insurance

You may have recently enrolled or changed your health insurance whether through your employer, Medicare or your state exchange. Make sure you have new insurance cards. Before you visit a doctor, verify that your paperwork is in order.

Check your provider lists to make sure visits to your doctor and any specialists are still covered by your policy, as in-network or preferred provider lists change from year to year.

Read through your documents and make note of copays for in-network and out-of-network providers so you are not surprised later.

If you're planning a vacation away from home, check with your insurance carrier to identify urgent care centers and hospitals that accept your insurance coverage near your destination and along the way. Ask your carrier about applicable co-pays and deductibles if care is needed. Click here for the explanation of some of the terms you may find on your health insurance paperwork.

Protect Yourself

Insurance fraud can happen to anyone, anywhere. Protect yourself in 2017 and beyond by following the tips below:Don't give out any personal information-like your social security number or bank information—over the phone until you have verified the legitimacy of the insurance company and agent with your state insurance department.

Ask for copies of everything you sign and keep a copy of the payment receipt or check for the initial premium payment you gave the agent for the policy.

Call the insurance company if you don't receive a copy of the insurance policy outlining your coverage and its limitations within 30 days of your purchase.

The best way to protect yourself from insurance fraud is to research the agent and company you're considering. Before writing your check or signing the contract, call DOI at 855-408-1212 to verify they are licensed in the state they are selling insurance.

For more Information visit www.ncdoi.com

For more information, contact Angle Wilson at 252-944-5750 - angie@thepamliconews.com or The Pamlico News office at 252-249-1555

We Love	-	-	icing on L-COL		-	popular S
doing business	2x2	-	\$ 33	3x5	-	\$88
donng ba	2x4	-	\$ 60	3x8	-	\$115
with you	2x5	-	\$ 72	1/4	-	\$137
	3x3	-	\$77	1/2	-	\$247

NOTICE OF INTENT TO APPLY FOR THE COMMUNITY SERVICES BLOCK GRANT

(CSBG)

Citizens of Carteret, Craven, Jones, and Pamlico Counties are hereby notified that Coastal Community Action, Inc. (CCA) will submit an application to North Carolina Department of Health and Human Services (NCDHHS) Division of Social Services/Economic and Family Services. Coastal Community Action, Inc. anticipates an allocation of \$384,780 for fiscal year 2017-2018 to continue providing Family Development Services under the Family and Children's Services Program. This funding cycle will begin year one of the three-year plan scheduled to begin July 1, 2017. The funding will be used to serve low-income, qualified citizens residing in the aforementioned counties to assist them to become economically self-sufficient. Services will include, but will not be limited to direct financial assistance for finding and retaining employment, education, income management, emergency services, and information and referrals related to achieving economic independence.

The grant application is now available for public review and comment at the main office of Coastal Community Action, Inc., located at 303 McQueen Avenue in Newport. The grant application also is available for public review at the county administration offices in Carteret, Craven, Jones and Pamlico Counties through February 9, 2017:

Carteret County Administration, Court Square, Beaufort, NC Craven County Administration, 406 Craven Street, New Bern, NC Jones County Administration, 418 Hwy 58 North, Trenton, NC Pamlico County Administration, 302 Main Street, Bayboro, NC

The grant application package is due February 13, 2017 to the North Carolina Department of Health and Human Services Division of Social Services/Economic and Family Services in Raleigh, North Carolina.

For more information regarding submission of the grant please e-mail questions and/or comments to Charlotte A. Neely, Family and Children's Services Program Director at charlotte.neely@ coastalca.org.

Paula A. Dickson is the Executive Director of Coastal Community Action, Inc. and Peggie Garner is the Chair of the Board of Directors.

CCA Mission Statement: Through advocacy, education, support and services we will empower individuals, families and communities toward a better quality of life.

Continued from page 8



Things To Know 11 A

Jeff Peed of Beaufort County **Recognized For Service To** State Soybean Association



RALEIGH - Jeff Peed received the North Carolina Soybean Producers Association's Meritorious Service award at the association's 50th annual meeting

in Durham, N.C. on Jan. 12, 2017. The award recognizes outstanding contributions to North Carolina soybean farmers.

Peed received the Meritorious Service award for outstanding leadership and service while serving as president of the North Carolina Soybean Producers Association from Jan. 2015 through Jan. 2017. Peed was vice president of the association from 2013 to 2015. John Fleming, incoming president of the North Carolina Soybean Producers Association, presented the award to Peed.

While Peed was president of the North Carolina Soybean Producers Association, he oversaw the growth of the internal research capabilities of the organization, including the creation of a new in-house research coordinator position, hiring for the position and ensuring the results of research projects in which the association invests are easily accessed by North Carolina soybean growers.

Peed is from Aurora, N.C. He farms with his father, Floyd Peed and his brother, Scott Peed, in Beaufort County. The family grows 2,500 acres of soybeans, corn and onions.

For more information, call Charles Hall, Chief Executive Officer of the North Carolina Soybean Producers Association at (800) 839-5775.

The North Carolina Soybean Producers Association is a statewide trade association representing all North Carolina soybean producers, responsible for research, education and promotion programs to benefit the state's soybean farmers. The association is the qualified state board responsible for administering national soybean checkoff programs in North Carolina. The association is the state affiliate of the American Soybean Association (ASA.)



Community College On Your Mind? Need A Ride?

Groceries-Shopping? **Need A Ride?**



Looking Back 30 Years. This appeared in the January 14, 1987 issue of The Pamlico News



A fire Friday morning near Mesic destroyed the living room and kitchen of this house, owned by Mortimer Leary, with smoke damage elsewhere. Leary's daughter lived in the house; there were no injuries. The cause was still unknown as of Monday.

Book Reviews By Heather Poling Publicity Coordinator, Craven, Pamlico & Carteret County Libraries

Swing Time By Zadie Smith



Two brown girls dream of being dancers-but only one, Tracey, has talent. The other has ideas: about rhythm and time, about black bodies and black music, what constitutes a tribe, or makes a person truly free. It's a close but complicated childhood

friendship that ends abruptly in their early twenties, never to be revisited, but never quite forgotten, either.

Tracey makes it to the chorus line but struggles with adult life, while her friend leaves the old neighborhood behind, traveling the world as an assistant to a famous singer, Aimee, observing close up how the one percent live.

But when Aimee develops grand philanthropic ambitions, the story moves from London to West Africa, where diasporas tourists travel back in time to find their roots, young men risk their lives to escape into a different future, the women dance just like Tracey the same twists, the same shakes—and the origins of a profound inequality are not a matter of distant history, but a present dance to the music of time.

Commonwealth By Ann Patchett

One Sunday afternoon in Southern California, Bert Cousins shows up at Franny Keating's christening party uninvited. Before evening falls, he has kissed Franny's mother, Beverly-thus setting in motion the dissolution of their marriages and the joining of two families.

Spanning five decades, Commonwealth explores how this chance encounter reverberates through the lives of the four parents and six children involved. Spending summers together in Virginia, the Keating and Cousins children forge a lasting bond that is based on a shared disillusionment with their parents and the strange and genuine affection that grows up between them.

When, in her twenties, Franny begins an affair with the legendary author Leon Posen and tells him about her family, the story of her siblings is no longer hers to control. Their childhood becomes the basis for his wildly successful book, ultimately forcing them to come to terms with their losses, their guilt, and the deeply loyal connection they feel for one another.

Told with equal measures of humor and heartbreak, Commonwealth is a meditation on inspiration, interpretation, and the ownership of stories. It is a brilliant and tender tale of the far-reaching ties of love and responsibility that bind us together.



Problems? **Need A Ride?**



PUBLIC TRANSPORTATION SYSTEM Serving Craven, Jones, & Pamlico Counties **Advanced Scheduling Required**

252-636-4917

NOTICE OF PUBLIC HEARING

A Public Hearing on the potential opening of a microbrewery/ taproom at 807 Broad St, Suite 4, according to the Growth Management Ordinance of the Town of Oriental will be held on Tuesday, February 7, 2017, at 7PM in the large Board Room in Town Hall, 507 Church St, Oriental, NC. The application will be available for viewing by the Public at Oriental Town Hall and online at www.TownofOriental.com

The meeting is open to the Public.

Bay River Metropolitan Sewerage District F.O.G. Program (Fats, Oil, and Grease)

Sewer back-ups and overflows are frequently caused by improper materials such as fats, oils and grease being placed into the sewer system by customers. Since fats, oils and grease are lighter than water, they tend to accumulate at the top and sides of sewer pipes and can build up until a blockage happens. If a blockage does occur, the sewer will back up or overflow.

DO NOT:

•Pour grease, fats and oils from cooking down the drain •Use toilets as a wastebasket •Use the sewer system as a means to dispose of food and scraps

DO:

·Collect grease in a container to dispose of it in the garbage •Place food scraps in waste containers or start a compost pile •Place a wastebasket in the bathroom for disposable diapers and personal hygiene products

Eric Harper - BRMSD Collection System (ORC) Operator Responsible Charge Chris Venters, BRMSD Superintendent

> Bay River MSD PO Box 758, Bayboro, NC 28515 Phone: 252.745.4812

Friday Flicks Presents Mamma Mia! At The Old Theater



Mamma Mia! (promoted as Mamma Mia! The Movie) is a 2008 British-American-Swedish musical romantic comedy adapted from the Broadway musical of the same name. It's based on the songs of successful pop group ABBA, with additional music composed by ABBA member Benny Andersson. Directed by Phyllida Lloyd, the title originates from ABBA's 1975 chart-topper "Mamma Mia".

Bride-to-be Sophie Sheridan (Amanda Seyfried), lives on the Greek island of Kalokairi with her single mother Donna (Meryl Streep), who owns a rustic resort hotel called the Villa Donna. Sophie wishes for only one thing: that her father walk her down the aisle and give her away. The only problem is that she doesn't know who her father is and her mother won't discuss it. After finding Donna's diary, Sophie discovers she has three possible fathers: Irish-American architect Sam Carmichael (Pierce Brosnan), Swedish adventurer and writer Bill Anderson (Stellan Skarsgard) and British banker Harry Bright (Colin Firth). She secretly invites them to the wedding, convinced she will know which one is her father as soon as she sees him.

But when all three arrive, it isn't as clear as she thought. Sophie smuggles them to their rooms, explaining that she sent the invitations, and begs them to hide so Donna will have a surprise at the wedding: seeing the old friends of whom she so often favorably speaks. Mayhem ensues when her mother is displeased and confused about the three men being there and the men all think they're Sophie's father.

DATE: Friday, January 20, 2017

RATED: PG13, Preceded by a cartoon and the next episode of The Complete Adventures of Flash Gordon.

TICKETS: \$5.50 Includes FREE Popcorn. Available at the Old Theater box office on movie night.

SHOW TIME: The Old Theater's box office opens at 6:30 p.m. Doors open at 7:00 p.m. Movie begins at 7:30 p.m.

All proceeds of Friday Flicks go to the support of the Old Theater, a non-profit organization. Visit www.OldTheater.org for a complete list of upcoming films, events, leasing and membership information and more-like volunteering behind the scenes on a theater-sponsored event.

12 A Giving Back



Primary School Class Gets Wiggle Chairs



Primary School Teacher, Mrs. Rice, and her students react to the gret news

Pamlico Primary School Teacher, Mrs. Jennifer Rice, received a big surprise over Christmas vacation. Her Donor's choose project became fully funded by a final anonymous donor. Her students received their wobble chairs and couldn't be more excited! Mrs Rice had 6 wobble chairs, but wanted all of her students to be able to use a wobble chair. She wrote her Donor's Choose for 11 wobble chairs and 3 large comfy reading beanbag chairs. This what Mrs.

project description: "Students

who use them stay focused for longer periods of time while they are able to wiggle while they work. Many students learn better in a nontraditional seating arrangement. Having the additional wobble stools and the bean bag chairs will allow students the ability to wiggle while they work and others the ability to sit in a chair that is more



Rice said in her Donor's Choose Primary School students show off their new "Wiggle" Chairs conducive to their comfort (preferred sitting

style). Being able to learn while comfortable is key to student success. Sitting in traditional seats are not always comfortable and can become a distraction to little learners. The availability will increase student attention and performance in the classroom." Congratulations Mrs. Rice and your Rockstars! "Rock" out the rest of the school year!

Cycle NC Volunteers Needed



Visit our new showroom located at 4430 Hwy 70E, New Bern, NC 28560

The Outdoor Elevator

Safe, Durable, Built to Last. The Outdoor Elevator is unlike anything on the market today! A fully welded, all aluminum uni-body design makes it the most durable, weather resistance vertical platform lift on the market! Short lead times and an easy installation process means creating access to your multi-story home is a quick, easy process!

Adding to the durability of The Outdoor Elevator is a 160 MPH engineered wind load rating!

- About The Outdoor Elevator: The Outdoor Elevator is available in the following configurations:
- 32" x 48" Platform size
- 14' travel (un-enclosed, regulated by elevator code), Mechanically capable of 25' travel
- 2 landings only · 500 lb capacity
- Winding Drum drive train
- Soft start/stop, PLC controller, constant pressure operation
- · Plug N' Play wiring for quick, accurate and easy installation
- · 36" or 42" gate for top landing, full height door and facia for bottom landing
- · Safety underpan for un-enclosed models
- Standard Finish= Mill finish Aluminum
- Optional powder coated finish
- · 2 year parts warranty
- Complies with ASME A18.1, elevator code for vertical platform lifts
- The Outdoor Elevator is patent and trademark pending

If you are in the market for a top-of-the-line Vertical Platform Lift that meets elevator code AND is truly weather resistant, we Id like the opportunity to provide you with a complimentary quote and more detailed information *Engineered wind load rating details are available upon request. Proper anchoring configuration is required for 160 mph winds.



SALE

12⁹⁹



Ace Trash Can 32 Gal Plastic

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- 32 gallon
- · Injected molded refuse can with lid
- Plastic
 - Rugged grab-thru handles



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As we start gearing up in earnest for Cycle NC April 27-30, I'd like to ask for assistance in spreading the word to gather volunteers. We really don't need much. The coordinating committee has been working hard with Ragan Williams to make things happen and have been very successful. Participation from everyday citizens is limited to this one request and just generally remembering that Tourism is a big deal for us. We have always been noted for our gracious hospitality. I receive those emails and notes regularly about how helpful everyone is to our visitors.

In addition to just "being Oriental" I need to ask for 33 citizens (locals with the "inside scoop") to man information tent at Lou Mac Park in shifts to simply answer questions and point folks to the places they are looking for and the resources they need. We'll have tables full of information to give out, but we need you, the citizens, to be able to tell folks about the genre of music at "X", the best seafood (in your humble opinion), where to get great burgers, where I can find someone to sell me a doohickey to fix this on my bike handle, where to find the next dose of Claritin, where to replace the shorts I just split open, where to rent a kayak for the afternoon, etc.

We'll gather the materials, erect the tent, and provide your material, I need to leverage your knowledge of the are to help our guests get to what they need.

The shifts:

Thursday, April 27, from 10 a.m. to 2 p.m. and 2 p.m. to 6 p.m.

Friday, April 28, from 7 a.m. to 11 a.m., 11 a.m. to 2 p.m. and 2 p.m. to 5 p.m. Saturday, April 29, from 8 a.m. to 12 p.m., 12 p.m. to 3 p.m. and 2:30 p.m. to 5:30 p.m. Sunday, April 30, from 8 a.m. to 12 p.m. and 12 p.m. to 3 p.m.

Email me if you are interested in a shift, and when you want it along with a phone number for you.

Bring a book and a lawn chair, enjoy Lou Mac park! Numbers in parenthesis is how many folks we need at each shift. Of course, if there is no demand, we can certainly go down to the numbers needed, but the early end is truly important



I'll be contacting businesses and services for gathering that information to be disseminated. Instead of giving bags, we'll just have this one dissemination point for those who want to pick and choose what they'd like to do. If you are a committee chair, please forward to your committee. Feel free to forward to those who may be interested in assisting, and also to anyone who may be interested in giving their information brochures, special flyers, etc to the event for distribution.

We'll be gathering from this point forward. Please remember that we will have 1400-1500 participants- send enough to give to a majority of participants. Previously, those giving information were required to give 1500 of each. Maybe not each participant will be interested, but a majority will. We ask that information be given in a bundle of 1000. The more people walk through your door, the better your business will be that weekend. Please consider specials for the weekend, especially for participants in the ride.

I talked to Tom yesterday and his entire condotel was booked within a half hour of announcement of the event. This is a huge opportunity for us to shine. Help us help you to be successful that weekend.

As usual, any questions, please just email me directly at manager@townoforiental.com Thanks for all you do, Diane H. Miller, MPA Town Manager

Town of Oriental, NC

Ph: 252.249.0555

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By World Wide Marine Training

Isn't it great how mariners have instant access to weather information at the touch of a VHF radio button? Or do we? Is the available information accurate enough to be useful to us? Are the predictions relevant to our local operating area? These are some questions that we should be asking ourselves about weather forecasts.

When we hear the weather forecast on the marine VHF radio, we are generally getting the predictions for an area that is significantly larger than our local operating area. Most recreational and light commercial mariners don't venture too far out of their local area. Given that the area of concern to us is likely to be 10% or less of the forecast region, what is the value of such a forecast?

Whether we are going for a joy ride, in a boat race, or on a fishing charter, we should know what lies ahead. Weather forecasting is among the things that we need to address before getting underway. For the welfare of our guests, friends, family or paying passengers, we are obliged to take a reasoned approach to weather forecasting.

If the regional weather forecast is some multiple of the size of your operating area, the prevailing conditions in the region can be significantly different from place to place within the forecast area. In that case, can you really apply the "average" predictions to your "local" area?

The key to weather forecasting for mariners operating in a small area local to their base of operations is in how well they can "localize" a regional weather forecast. After all, the regional predictions represent the "average" expectations. What will happen in your 5% or 10% of the region?

There are several things that you can do to "tighten up" the forecast. You can augment the regional forecast with some "local" data. That's right; you have easy access to several sources of local information. Here are some ideas that will help you to "localize" a regional weather forecast:

1. Observe the weather radar and pay close attention to your local operating area (there are "realtime" images available on the Internet).

2. Use a barometer, observing the rate of rise or fall in atmospheric pressure. The barometer will be about 70% accurate in predicting what will happen in approximately a 25-mile radius. Electronic barometers keep up to a 24-hour historical record on changes in atmospheric pressure.

3. Observe the clouds. If they're "horizontal" and just above the horizon, conditions are likely to be stable (expect gradual changes). If the clouds are stacked up, conditions will be changeable (not likely to be gradual).

4. Use the Internet to get information from "weather buoys" (wave height, wind speed, wind direction, etc.).

Keep track of local trends that relate to weather systems traveling through your area, i.e. the way that a front may follow the path of a river, etc.

Factoring the above information into the regional forecast will give you a more "localized" forecast. Based on that forecast, you can decide whether to get underway, and if so, how far to travel from your homeport. You can ultimately provide a better "local" weather report than the professionals. Plus, as a weather forecaster, you can be wrong all the time and still keep your job!

Until next time, we wish you clear skies, fair winds and calm seas!

World Wide Marine Training, LLC, is a U.S. Coast Guard Approved facility authorized to give examinations for captain's licenses up to Master 200 Tons, Able Seaman up to Unlimited, STCW Basic Training, Radar, ARPA and other Endorsements. Please visit www.worldwidemarinetraining. com or call toll-free 866-249-2135.

Workgroup Met To Address Bycatch In Shrimp Trawl Fishery

Optimism with two years of research done in three year project

A workgroup formed by the North Carolina Marine Fisheries Commission in 2015 to investigate ways to further reduce bycatch in shrimp trawls met recently in New Bern. The industry work group is a collaborative effort that consists of staff from the Division of Marine Fisheries, N.C. Sea Grant, fishing vessel owners, net makers and a biologist with the National Marine Fisheries Service.

The meeting recently held at the Riverfront Convention Center in New Bern follows the second year of a three year project, and is showing some very promising results.

The goal set by the Marine Fisheries Commission for the workgroup was set at 40% reduction in finfish bycatch.

Of the devices that were tested, the device achieving the highest reduction in the previous year was further modified for year two, resulting in a 54.5% reduction of finfish bycatch and a 52.2% reduction in bycatch of all types. It was noted that none of the sampling for the project was done by extrapolation, but by sampling the entire contents of over 180 tows. The meeting was held while a Petition for Rulemaking, filed by the North Carolina Wildlife Federation and the Southern Environmental Law Center,

is being considered by the Marine Fisheries Commission. If the proposed regulations were enacted as proposed by the petitioners, there would be severe restrictions to shrimping in North Carolina.

"In the many years that I've been involved with representing the state's commercial fishermen, there is no one issue that we've spent more time on than reducing bycatch in the shrimp trawl fishery", said Jerry Schill, President of the North Carolina Fisheries Association. "Further, there is no one issue where we've had more success than reducing that bycatch. However, with their goal of eliminating shrimp trawling in our state, the onslaught continues. It will not abate until they're successful".

The public meeting to address the petition was held on yesterday at the Riverfront Convention Center in New Bern.

The North Carolina Fisheries Association, Inc., is a non-profit trade association representing the interests of its member fishermen, seafood dealers and processors. Incorporated in 1952, its offices are in New Bern, North Carolina.



A Beacon for Help, Healing and Hope!

Early service starts at 8:30 am in the church sanctuary. The music is Comprised of a praise team of voices, guitars, and keyboards. After the early service OUMC holds a coffee hour where members and guests can get together and socialize with one another. The traditional service starts at 11:00 am in the church sanctuary with songs sung by the Sanctuary Choir accompanied by OUMC's organ. Children's Church and a nursery are provided for infants. If the Sunday is the 5th Sunday of a month the early service and traditional services are replaced with a combined service at 10:00 am. By celebrating the power of God's spirit that is alive in God's people, we hope to continue to be a bright beacon for help, healing, and hope.

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14 A Sports



Canes Sweep Bear Grass on the Hardwood



Stephan Misa awaits a rebound in the JV Contest

Submitted by Henry Rice, Director of Support Services, Pamlico County School The Hurricanes came away with 3 wins against the Bears of Bear Grass Charter School on the road Friday night. The junior varsity squeaked by with a 58 - 56 win, while the varsity girls and the varsity boys had no trouble running away with their victories. The varsity girls defeated the Bears by 50 points, 71 - 21 and the varsity boys ran by the Bears 87 - 34. Shiquies Branch and Hydia Davis led the way for the Lady Hurricanes with 11 points each. In the varsity boys match up, Cedric Coffey led the way with 22 points and Caleb Baron toss in 20 and Lamont Murray added 16. The Hurricanes return to action at home on Friday night with a conference matchup against the Mariners from East Carteret. The JV girls will begin at 4:00 followed by the JV boys at 5:00. The varsity Lady Canes will take the floor at 6:30 and the varsity boys will conclude the evening at 8:00. Come out and support our Hurricane hoopsters.

In a midseason non-conference match up, the Hurricane boys and girls both come away with wins against 4A opponent New Bern High School. Both teams are undefeated in conference play at 4-0 and look to continue this Friday at home against East Carteret.



George Jones jumps to start the varsity boys game while Cedric Coffey, Malik Barber and Lamnt Murray await to receive the ball.



Hydia Davis attempts a free throw for the Lady Canes

PAMLICO COUNTY HIGH SCHOOL HURRICANE BASKETBALL 2016-2017

January 20	Friday	East Carteret*(4 Games)	Home	4:30
January 16	Monday	New Bern	Home	4:0
January 25	Wednesday	Jones*	Home	4:30
January 27	Friday	N. East Carolina Prep (JV Girls & JV Boys, V Boys)	Home	4:3
January 30	Monday	Southside*	Away	4:3
February 1	Wednesday	Northside*	Home	4:3
February 3	Friday	Lejeune*	Away	4:3
February 6	Monday	Bear Grass*	Home	4:3
February 8	Wednesday	East Carteret*	Away	4:3
February 10	Friday	Jones*	Away	4:3
February 13-17	M-F	Conference Tournament@ Southside HS	Away	TB
February 21	Tuesday	First Round State Playoffs	TBA	TB
February 23	Thursday	Second Round State Playoffs	TBA	TB
February 25	Saturday	Third Round State Playoffs	TBA	TB
February 28	Tuesday	Fourth Round State Playoffs	TBA	TB
March 4	Saturday	Regionals-Crown Arena	TBA	TB
March 11	Saturday	1A State Championship	Dean Dome	TB.



Improving the health of the community

Community Benefit Grants

Vidant Beaufort Hospital is accepting letters of intent for the Community Benefit Grants Program to support projects in the program's health-related focus areas:

Access to Care (including mental health) Chronic Disease/Cancer Prevention and Management Weight Management and Nutrition/Physical Activity

The grants will be awarded as part of the 2017-2018 Community Benefit Grants program; the grant cycle period is July 1, 2017 – June 30, 2018. Grants will be accepted from Beaufort and Hyde Counties.

We are now accepting letters of intent through an electronic process. To access this process, go to **www.vidanthealth.com/communitybenefit**. There will be a description of the program and a link to the letter of intent process. Please ensure that you are linking to the correct hospital's grants program for which you are applying. Letters of Intent must be submitted by **Monday, January 30, 2017**.

For additional questions contact Jennifer Lewis at Vidant Beaufort Hospital (975-8850 or Jennifer.Lewis@VidantHealth.com).

Funding for the Community Benefit Grants Program is provided by Vidant Health. The program is administered through the Vidant Health Foundation in partnership with a committee of local community members.



Only government entities or nonprofit organizations with 501(c)(3) status are eligible for funding. Grants will not be awarded for medical research.





"*"denotes conference games Principal: Chris Meadows Mens Coach: Earl Sadler, Jr. Varsity Women's Coach: April Rose Athletic Director: Earl Sadler Jr.

Pamlico County High School 601 Main Street Bayboro, NC 28515 252-745-3151

For all the latest scores and news for Pamlico County High School sports follow us on Twitter

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*Based on the CMS Hospital Compare Site Quality of Care Profile Page, CarolinaEast Medical Center, Release Date December 19, 2016. 57 Quality Indicators are evaluated from publicly reported data that include clinical outcomes, patient safety and the patient experience.







5th Annual Coastal Carolina Delta Waterfowl Banquet

Please join us for the 5th Annual Coastal Carolina Delta Waterfowl Banquet on Saturday, January 28th and help us continue our work giving back to the community! Doors will open at 6 p.m. and dinner will be served at 7:30 followed by games, raffles & a live auction with tons of guns & awesome gifts.

Delamar Center

Pamlico Community College 5049 Highway 306 South Grantsboro

Single Ticket: \$50 Couples Ticket: \$80

Canvasback Sponsor: \$250/includes 1 membership, dinner, 1 sponsor gun raffle ticket & open bar for 2 Corporate Sponsor Table of 8: \$800/includes 1 corporate sponsor membership, dinner, 4 sponsor gun raffle tickets, open bar & reserved seating

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