# amlico



# Wednesday, June 7, 2017 Your Community News Source Since 1968

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### **NOTABLES**

Goose Creek State Park: Paddle Flatty Creek Friday, June 16 at 9:30 a.m. Meet at Dinah's Landing boat ramp for a guided tour of Flatty Creek to observe the osprey in the area. Kayaks, paddles and llife jackets provided or bring your own. Registration is limited. Recommended for ages 10 and up. Call 252-923-2191 for more information.

NC Extension Lawn Maintenance Workshop



ferences between turf types, water and fertilization management, weed, insect, and disease control and safe and effectice use of pesticides. Call 745-4121 or email: danielsimpson@ncsu.edu to register.

### **Baccalaureate Service**

There will be a Baccalaureate Service of in the Pamlico County High School auditorium Tuesday, June 13, 2017 from 7:30 pm to 8:30 pm. There will be a guest speaker, John Blackwell, as well as special music by Carmelle Barrow. Everyone is welcome!



Water Aerobics At Minnesott Golf & CC

Cool off and get a great workout! Classes are held on Mondays, Wednesdays and Fridays starting at 9 a.m. Class is free for Members and \$25 for Nonmembers. Visit www.minnesottgolf.com or call 249-0813 x 1 for more information.

### Rev. Dr. Kevin Wade Rodgers To Speak At Vandemere UMC

The Reverend Dr. Kevin Wade Rodgers, graduate of the PCHS class of 1984, will be the guest speaker at Vandemere UMC on Sunday, June 11 at 9:30 am. Kevin Rodgers has been a missionary in Africa for the past twenty years. Everyone is invited to attend.

### PCHS Class of '77 40-Year **Reunion Planned**

Pamlico High School Class of 1977 will celebrate its 40-Year Reunion on Saturday, August 12, 2017 at the Delamar Center, Pamlico Community College. Other events scheduled for the weekend include a Friday evening Meet & Greet, and Sunday Worship and Luncheon. Cost is \$30 Classmates, \$20 Guests (covers all but Sunday lunch). Deadline to register is June 30. All members of our class over the years as well as our teachers are invited to attend. Details are posted on our Facebook Group page, or contact Christine Moore, Jacqueline Miller Roberts, or Nancy Prescott Potter.

### **Breakfast And Lunch At Minnesott Golf and Country Club on Weekends**

Sometimes you just want a nice bacon and egg breakfast on a Saturday or Sunday morning. The Live Oak Grill is offering a weekend breakfast menu from 8:30 AM to 11:30 AM and a lunch menu from 11:30 AM to 2:30 PM. The breakfast menu also offers French Toast! The lunch menu will feature their famous "Bubba Bites," as well as burgers and chicken sandwiches. All are welcome and you may even get to see Bubba! We think he'd taste like chicken too.

### **BBQ Chicken Dinner To Support HeartWorks**

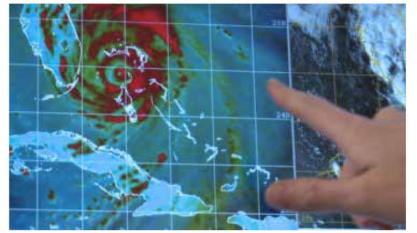
Saturday, June 24, at the Delamar Center at Pamlico Community College from 5:00 to 6:30 PM. Sponsored by Pamlico Progressives and Pamlico County NAACP. 100% of the ticket sales go to Heart-Works. Tickets are \$10 for adults and \$5 for youth/ children under 16. Tickets are available in Oriental at Nautical Wheelers and the Inland Waterway Provision Company and in Bayboro at the Bayboro Pharmacy. For more information about tickets, call Betsy Quitkin at 249-2940.

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# Living Safe: Be Prepared As Hurricane Season Begins



# TPrepare for Hurricane Season

Insurance Commissioner Mike Causey wants to remind all North Carolinians to be prepared for the 2017 hurricane season, which began June 1 and ends Nov. 30.

that every North Carolinian is prepared for every possible storm that may self a lot of heartache and trouble later."

"Hurricane Season has officially started and it is of paramount importance hit," said Causey. "If you take the time to prepare now, you could save your-

# Commissioner Causey Offers 5 Key Tips

# Oriental's History Museum Showing Off For Croaker Festival



The Museum is croakin' with Tee-Shirts. We've hung 27 Croaker Fest Tee-Shirts in honor of this year's festival. We are still trying to complete our collection of all 37 years. If you have one of our missing years please let us know and consider donating the shirt to the Museum. We are missing: 1980, 1981, 1982, 1983, 1986, 1990, 1991, 1992, 2011, 2013. So, rummage through those drawers and closets. We don't mind

the condition of the shirt; we just want to complete the collection. The Tee-Shirts will proudly wave in our exhibit room from now until the end

Oriental's History Museum is located at 802 Broad Street in Oriental. Admission is always free. Hours are: Friday 11-3, Saturday 1-4, Sunday 1-4. For more information or to donate an item contact us at museum@dockline.net.

# Friends Of The Library Discuss Use Of Space

By Georgia Weiland-Standford Thursday evening, June 1, the Friends of the Pamlico County Library held a meeting regarding space at the library and how it is being used. "There were arguments

on both sides, but what matters is that we look forward to the future,' Roberta Jones, the President of the Friends of

the Library stated. She also emphasized that "Our library will continue to serve all residents of the county" and that "The school system and the library share a common goal: promoting literacy in our young people."

After a brief report on the finances of the Friends of the Library, the organization's new website was unveiled. It was designed by Peggy Carman, and was designed to be "accessible to a wide range of

This meeting also functioned as a

scholarship presentation. Every year, the Friends of the Library give out a \$1,000 scholarship which is funded by donations and book sales. This year's winner was Jonah Andrews. He studied at Pamlico County High



Friends had high praise for Jonah, and stated that there were "nothing but high marks for this young man's work." Two speakers from the Pamlico

County Board of Education, Mr. Paul Delamar and Mr. John Prescott, spoke during the meeting about space issues. Mr. Delamar, who also serves as a County Commissioner and serves on the local and regional library boards, stated that "We are going to try to support the library." The school and the library have shared space in the building for over

See Library, page 13A

Here are five things that will help you prepare:

Make sure you have adequate insurance coverage. Know exactly what your insurance policy does and does not cover. Homeowners policies do not cover flooding; you can only purchase flood insurance through the National Flood Insurance Program. However, there is typically a 30-day waiting period before flood policies take effect, so don't wait until a storm is approaching to purchase coverage. If you live in a rental property, your landlord's insurance only covers the building. None of your personal belongings are insured unless you purchase your own renter's policy.

Compile important documents. Gather important paperwork, including insurance policies, medical records, prescriptions, etc. Be prepared to bring copies with you if you are forced to evacuate your home.

Create a home inventory. Go room to room in your home and write down the brand name, description, estimated value and date of purchase of items in your home. It is also helpful to compile receipts, appraisal documents and serial numbers. Take videos or photographs of your belongings. Store your home inventory and related documents in a safe, easily-accessible place online, on your smartphone, on your computer or in a fire-proof box or safe

Identify potential hazards around your home. Hanging tree branches, loose shingles, patio furniture and other outdoor objects can cause damage or injuries in a storm. Make repairs or secure large objects to reduce the threat.

Review contact information. Make sure you have up-to-date contact information for your insurance agent and insurance company, and make sure they have accurate contact information to reach you.

Learn more about preparing for a hurricane or disaster at www.nchurriclaims.com or by calling the N.C. Department of Insurance at 855-408-1212.

# Raby Takes On New Role At Pamlico Community College



Sherry Raby began her new job as Pamlico Community College's Director of Institutional Effectiveness on June 1. She previously worked in the college's Business Office. Contributed photo

By Sandy Wall, Pamlico Community College

With a bachelor's degree in accounting and a master's degree in business administration, Pamlico Community College's Sherry Raby

knows her way around numbers. As a part-time minister, she also is very familiar with the Word.

Raby, who has worked as Controller in the college's Business Office for nearly seven years, recently became the college's Director of Institutional Effectiveness.

In her new position, Raby will ensure PCC complies with the accreditation requirements of the Southern Association of Colleges and Schools. She also will participate in strategic planning, collect and analyze college data and look for ways PCC can better serve its students and community.

"I like the fact that this position impacts the college on a larger scale," Raby said recently. "I understand the importance of accreditation. I want to be able to do the best job I can."

She also plans to continue her work at Word of God Christian Center in New Bern, a 200-member church she helps to pastor with her husband. That position, of course, is more of a calling than a job.

Taking on new challenges is something Raby has always done. The Indiana native, who was ranked No. 10 in her high school class, enlisted in the U.S. Marine Corps shortly after graduating.

She spent about 20 years in the service, excelling in the jobs she was assigned. Raby also met and

married her husband, fellow Marine Holly Raby, while both were stationed in Okinawa.

While serving in the Marine Corps, she completed her bachelor's degree in accounting through Park University and enrolled in a master's degree program in business administration at Campbell University, commuting weekly from Cherry Point to Buies Creek for class.

Along the way, she and her husband raised four sons, all of whom currently serve in the U.S. Armed Forces two in the Air Force and

two in the Army.

In addition to her jobs at PCC and at the church, Raby now is helping to raise her 10-year-old granddaugh-

So where does her drive to excel come from? Raby believes it stems from lessons learned from her par-

"At home, I just had a drive – a drive to always do better," she said. "I like to continue to grow."

Raby's energy and willingness to take on new challenges make her an excellent choice to oversee PCC's institutional effectiveness, said PCC President Dr. Jim Ross.

"Sherry Raby is an extremely impressive professional as well as an outstanding human being," he said. "Her enthusiasm and commitment to the college will serve her well in her new post. We're fortunate to have her at Pamlico Community College."

Raby said Ross has been extremely helpful to her.

"I'm really grateful to Dr. Ross," she said. "His willingness to mentor me makes me feel better about going into this position."

Raby said she will miss working closely with her friends in the Business Office, but she finds comfort in knowing that her new job relies heavily on data and on numbers. "Numbers make sense to me," she

said with a laugh. "Numbers I love." Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@ pamlicocc.edu.



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## QUICK REFERENCE

Emergency: Dial 911 for police, sheriff, fire departments, rescue squads, ambulance

**Animal Poison Control Center:** 1-888-426-4435 Carteret General Hospital: 808-6000 Coastal Carolina Regional Airport: 638-8591

**Emergency Pet Care:** 444-1399 Highway Patrol: 1-800-441-6127

Nova Urgent Care: 745-7440

Medical Assistance (Carolina East Medical Center): 633-

**Pamlico County Departments Board of Elections: 745-4821** County Manager: 745-3133 **Emergency Management:** 745-4131

**Health Dept.:** 745-5111 Recycling Center: 745-3283 Senior Services: 745-7196

Sheriff's Dept. (non-emergency) - 745-3101

Saturday

71.

**Saturday Night** 

Social Services: 745-4086 Tax Collector: 745-4125 Water Dept.: 745-5453

Poison Control Center: 1-800-222-1222 US Coast Guard (Hobucken): 745-3131

## WEATHER

A chance of showers and thunderstorms. Mostly cloudy, with a high near 78. Northeast wind 9 to 13 mph. Chance of precipitation is 40%. New rainfall amounts between a tenth and quarter of an inch, except higher amounts possible in thunderstorms.

### Wednesday Night

A slight chance of showers and thunderstorms. Mostly cloudy, with a low around 65. Chance of precipitation is 20%.

Thursday

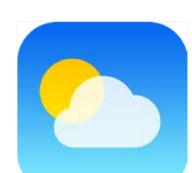
Partly sunny, with a high near 78. **Thursday Night** 

Partly cloudy, with a low around 65.

**Friday** 

Mostly sunny, with a high near 79. Friday Night

Partly cloudy, with a low around



Mostly sunny, with a high near 82.

Partly cloudy, with a low around

Mostly sunny, with a high near 85.

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Wine Tasting: June 17th 3 & 4PM

# **COMMUNITY CALENDAR**

### **Senior Center Happenings**

### June 7

10 am Crocheting & Knitting 10 am Bible Study

### June 8

10 am Health Screening 10:30 am Talk & Exercise With

1 pm Arthritis Exercise Class 1 pm Stain Glass Class

### June 9

10 am Bingo 1 pm Cards

2 pm Young At Heart Crafts

### June 12

9 am Acrylic Painting 9 am Center Volunteers Paperwork 1 pm Arthritis Exercise Class 2 pm Alzheimer's / Dementia Support Group

### June 13

9:30 am Line Dancing 10:30 am Singing 11 am 50+ Club 1 pm Wicker Basketry Class 1 pm Cards 5:30 pm Tops Meeting

### **PCC Cultural & Life Enrichment Programs**

### Jewelry Making

Hatjey & Jed Cossonay, visiting artists from Arizona, will be instructing courses in unique methods of jewelry making and ceramics.

### Jewelry Making Metal (PMC) 16+ yrs

Instructor: Hatjey Cossonay Fee: \$50 per person/session, all materials included. We will make an elegant pendant. including setting a stone, as a beautiful wearable necklace.

June 13, 14 & 15: 6-8 pm (A session)

June 27, 28 & 29: 6-8 pm (B session)

June 17: 12:30-2:30 pm (C session) June 24: 12:30-2:30 pm (C session) July 1: 12:30-4:30 pm (D session) July 8; 12:30-2:30 pm (D session)

### **Jewelry Making Polymer Clay** 7 - 16 yrs

Instructor: Hatjey Cossonay Fee: \$50 per person/session, all materials included. We will be using Polymer clay to create stunning necklaces, bracelets

or pins. June 20, 21 & 22: 6-8 pm (A session) July 11, 12, & 13: 6-8 pm (B ses-

sion)

### **Kids Creative Clay Workshop 6** yrs – 16 yrs

Instructor: Jed Cossonay Fee: \$45 per child/session, all materials included. Come join the FUN! We are going to make some cool projects like vampires, dragons, Nascar hot rods or Ice Age figures June 13 & 14: 10:30-noon (A session)

June 20 & 21: 10:30-noon (A session) June 27 & 28: 10:30-noon (B ses-

sion) July 11 & 12: 10:30-noon (B session) June 17 & 24: 10:30-noon (C ses-

July 1 & 8: 10:30-noon (C session)

## Road map To Wellness Series

Instructor: Michele Musella TUESDAYS 6:00 pm – 8:00 pm This program in a series of interactive holistic healing topics designed to complement current medical therapies.

Roadmap & Exploring Chakra Health – June 6, \$15.00 Aromatherapy - June 13 - 27, \$65.00 (3 classes) plus supplies.

### Chair Yoga/Meditation

Diana Peterson Oriental Town Hall Thursdays, June 8<sup>th</sup> – August 10<sup>th</sup>. 3:30 pm – 4:30 pm, \$35.00 (10 classes).

PCC MUSIC JAMS THIRD & FIFTH THURSDAYS!
June 15<sup>th</sup> & 29<sup>th</sup>, July 20<sup>th</sup>, August 17<sup>th</sup> & 31<sup>st</sup>. 6 p.m. PCC Johnson Building Mall Pick, play, sing, or just listen!

Free and Open to the Public Please note-Culural & Life Enrichment Courses are self-supporting and require minimum students. Fees are nonrefundable after the first class. For more information and possible schedule changes contact: Jane

Whitley @ 252-249-1851 x 3033/ jwhitley@pamlicocc.edu or Denise Meyerson @ 252-249-1851 x3117/ dmeyerson@pamlicocc.edu



Pamlico Community College is offering a basic pencil drawing class with New Bern artist

Lee Hood. The class will meet from 5 to 9 p.m. on Tuesdays, Wednesdays and Thursdays from May 30 thru Aug. 24 in room 122 in the Johnson Building on the Grantsboro campus.

Participants in the hands-on class will learn the fundamentals

of pencil drawing. Cost is \$180. For more information, please contact Michelle McGuire at 252-249-1851, ext. 3124, or mmcguire@pamlicocc.

# Open Hearts, Open Minds, Open Doors...

Oriental United Methodist Church A Beacon for Help, Healing and Hope!

Join us for our outdoor service along the banks of the beautiful Neuse River each Sunday at 8:30 a.m. in Lou Mac Park.



Early service begins at 8:30 a.m. at Lou Mac Park by the Neuse River. Music is comprised of a praise team of voices, guitars and keyboards. Traditional Service begins at 11 a.m. and is held in the church sanctuary. The Sanctuary Choir

sings accompanied by OUMC's organ. Children's Church and a nursery are provided. If the Sunday is the 5th Sunday of a month the early service and traditional services are replaced with a combined service at 10 a.m.





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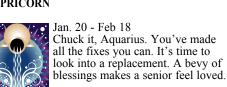
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# Horoscopes

June 2017 • Week 1



There's no point in stating the obvious, Capricorn. Few are listening. A day on the water will do wonders for the low morale at home. Start the planning.





Feb 19 - March 20 Don't look now, Pisces, but someone young and near and dear to your heart is about to make a serious mistake. Stop them if you can. A dream nears completion.



March 21 - April 19 "Impressive" does not even begin to describe your performance this week. You will wow everyone with whom you make contact; including your boss, Aries.





April 20 - May 20 Mysteries abound at home. Don't don your detective cap unless you are prepared for what you will uncover, Taurus. A financial worry eases for a friend.





May 21 - June 21 Relax, Gemini. The task may look daunting, but it will be a walk in the park for you. A furry friend inspires a weekend of activity. Enjoy every



Emotions run high at home, making for a trying week. Luckily for you, Cancer, a party over the weekend will give you the chance to blow off some steam.



July 23 - Aug 22 Do you, Leo? You'll have to answer that question first before you can make any real progress. A crazy plan is hatched, but it is not of your doing.

You've got a hunch, and you're

right on. Now may not be the time



to act upon it, Virgo. Keep quiet and stay low until you're certain everyone is ready.

Aug 23 - Sept 22



Sept 23 - Oct 22 Yikes, Libra. A senior is yearning for what they cannot and should not have. Divert their attention before they get themselves into



Oct 23 - Nov 21 You could do it, but why bother when someone else could do it better? Pass the buck, Scorpio. Words of courage come from a long-lost friend.

**SCORPIO** 



Problems arise at home, but not to worry, Sagittarius. You have the answer. The call for adventure comes once more. Heed it this time. You deserve a little fun.



another year older this week!

June 4-10

I was born on June 5, 1971, in Boston, MA. I played Sean Dignam in The Departed. Who am I?

### Answer: Mark Wahlberg

I was born on June 6, 1967, in New Haven, CT. I played Joe Gould in Cinderella Man. Who am I?

### Answer: Paul Giamatti

I was born on June 7, 1952, in Ballymean, County Altrim, Northern Ireland. I played Matthew Scudder in A Walk Among the Tombstones. Who am I?

### Answer: Liam Neeson

I was born on June 8, 1958, in New York, NY. I directed Scary Movie. Who am I?

I was born on June 10, 1963, in Owensboro, KY. I played the title role in Edward Scissorhands. Who am I?

# Cryptogu

Each of the following cryptograms is a clue to the identity of a Wimbledon winner. Using the hints A=O

and M=N, decipher the clues to name the tennis pro.

1 ODKQYOBEOM

2 RAWEBZ

3 KQYAMJ

4 CEQ

5 BAMJYZOIX

This tennis pro won 10 Wimbledon titles:

4) Fit, 5) Long Reach, Margaret Court Answers:1) Australian, 2) Mobile, 3) Strong



# Neighborhood 3A

### **Land/Home Sales Property Management** Appraisals Development



# Agent of the Week

**Nancy Elrick** Broker

Here's what one of Nancy's customers had to say...

We met Nancy through Zillow. She was very professional and knowledgeable about the areas we were interested in. Being from out of town, she had a full list of houses that met our needs and price range. Nancy was supportive all through the closing process. We give Nancy 5 stars for local knowledge, process expertise, responsiveness, and negotiation skills. We would recommend Nancy to anyone looking to buy real estate. Mark & Jamie, Jacksonville, NC



ORIENTAL - Unrestricted 3BR/1BA, 1.5 acre Neuse River waterfront home just across the bridge from Oriental has the best waterfront views and best waterfront location of any property currently on the market in the Oriental area. This rare property will not be on the market for very long. New 3-bedroom septic system installed in 1998.

**OFFERED AT \$275,000** 



ORIENTAL - Unrestricted recently renovated 3BR/2BA, wide water vistas on both Ship Creek & Broad Creek, deep water access. Boat lift & dock in very protected waters. Spacious detached two-story workshop & storage building, elevated to keep everything high and dry. Screened porch, spacious decks, huge master suite and a vertical platform lift.

**OFFERED AT \$299,900** 



BAYBORO - Waterfront 4BA/2.5BA single family home with elevator, private dock & boat lift on Bay River. If you want to fish, crab or just go out in the boat for pleasure or simply for the view for your morning coffee this home

is for you. Short ride by boat to the ICW. OFFERED AT \$310,000



HAVELOCK - Spectacular 3BR/2BA waterfront on ICW. Perfect waterfront design, huge Carolina room faces water, ample windows provide ambient lighting & great waterway views. Boat dock w/lift. Deep-water (10' plus). New metal roof & HVAC downstairs & new decks.

**OFFERED AT \$349,500** 



ORIENTAL - Waterfront 3BR/2BA +FROG (with additional full bath), boat dock and covered lift on scenic 1.66 acres in Spicers Creek community. Vaulted ceilings, sunroom, formal dining room, gas log fireplace, tile & hardwood flooring, attached 2-car garage &detached RV garage/workshop/garden shed.

**OFFERED AT \$449,900** 

See all Listings & Visual Tours at www.orientalncwaterfront.com 1-800-347-8246 • 252-249-1014

> Or contact Allen Propst 252-671-4644

704 Broad St, PO Box 750 Oriental, NC 28571

# 1956 PCHS Class Holds 61st Reunion

Submitted by Larry Prescott

The 1956 PCHS class held it's 61st reunion at Brantley's Village Restaurant Saturday, May 28. Everyone enjoyed visiting and seeing one another and enjoyed dinner together.



Class members that attended:

1st Row L-R; Gladys Carawan Barbour, Rosalie Banks Peacock, Betty Lee Gilgo, Carie Ellen Gaskil Hopkins, Betty Murray Arnold, Nora Alice Cowell Willis, and Polly Powell Surprenant.

2nd Row L-R; Larry Prescott, Jerry Prescott, Hoyt Paul, Gill Mason Ensley, Annie Wiggins Flowers, Sylvia Boyd Norman, Clara Jean Ensley, Charles Holton, and Ellis Miller.

3rd Row L\_R; Ernest Spain, Jack Gilgo, Ronnie Hardison, Bob Lewis, Douglas Flowers, and John Hobbs.

# Commit To Donating Blood This Summer



American **Red Cross** 

The American Red Cross encourages eligible donors to give blood this summer and help ensure a sufficient blood supply. Commit to give blood this June, and give hope and strength to people in need this summer. With many donors vacationing and schools that host blood drives on break, summer is an especially difficult time to collect enough blood donations to meet the needs of

patients. Trauma victims, cancer patients and those depending on routine blood transfusions need your help this summer. Please let us count on you! You can also save time by using RapidPass to complete your pre-donation reading and health history online before you come to your appointment at redcrossblood.org/rapidpass. Walk-ins are accepted but we do encourage an appointment, you can call 1-800 Red Cross or go to redcrossblood.org to schedule.

Local Red Cross Listings:

06/08/17, Camp Sea Gull Alumni Bulding, 218 Sea Gull Landing, Arapahoe, from 10:30 am - 4 pm

6/09/17Oriental United Methodist, 404 Freemason Street, Oriental, from 1pm - 6 pm

06/16/17, Fairfield Harbour, 585 Broad Creek Road, New Bern, from 10 am - 2:30 pm

06/21/17, Broad Creek Christian Church, 45 Olympia Rd, New Bern from 2 -7 pm



# Consequences of untreated hearing loss!

# **Cognitive Decline**

Adults with untreated hearing loss experience a 30-40% faster decline in cognitive abilities.

## Dementia

Adults with untreated hearing loss are more likely to develop dementia.

### Balance

People with mild hearing loss (25dB) are 3 times more likely to have a history of falling. Every additional 10 decibels of hearing loss increases the chances of falling by 1.4 times the original risk.

## **Depression**

Those with untreated hearing loss have significantly higher incidence of feelings of isolation and depression.

### Lifespan

Studies show older adults with untreated impaired hearing have a shorter lifespan than peers with hearing problems that wear hearing aids.

### **Tinnitus**

90% of people with tinnitus have hearing loss. Please refer to our website for further information

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# 4A Things To Know



# Pamlico Outdoors...Sharing The Road With A Cyclist



General Statute Chapter 20 on Motor Vehicles covers the laws of operating a bicycle on North Carolina public roads. Bicycles are considered vehicles and their riders the driver of that vehicle. Bicycles are not considered Motor Vehicles because they are not self propelled. Cyclists are expected to obey the same traffic laws that motorists must abide where applicable.

That's the law. If you've spent anytime operating a vehicle on public roads you'll know that cyclists aren't always the best about adhering to that law and motorists aren't the best

about recognizing those rights. Hi, my name is Will Conkwright and I'm an avid cyclist who lives in Oriental, NC. I've been a cyclist

all my life. I started out racing mountain bikes in West Virginia as a kid. I commuted to work in high school, to class in college, to work again after college, I've extensively ridden the roads around Salt Lake City, UT, Nashville, TN, Boone, NC, Delray Beach, FL, Blacksburg, VA, Greensboro, NC, and Pamlico County, NC (the best roads for cycling in Eastern North Carolina!).

Up until last year when I started my business, Circle Squared Publishing, I'd average roughly 5,000 miles per year in the saddle and almost all those miles occurred on public roads. I also ride motorcycles and drive a truck on the public roads around North Carolina. I guess you could say I know a thing or two about what it's like to operate a vehicle in North Carolina!

Cyclists & Motorists Setting A Bad Example

Just because I'm a cyclist doesn't mean I'm going to automatically defend and justify our actions. Cyclists are people too and some of them are flat out jerks that abide by no rules of the road and worse yet feel like they deserve special privileges because they're cyclists. I've ridden with the worst of the worst. The Boca Raton Tuesday and Thursday group ride up and down scenic highway A1A in Florida was targeted by the police because the situation between riders and drivers had gotten completely out of control. I'm pretty sure both cyclists and motorists came out to ride A1A during that time just so they could harass each other. It was so bad I simply quit riding.

I've been hit by cars while riding my bike twice. Both occurrences were in Boone, NC while I was commuting to class. In both cases the cars simply didn't see me. One pulled out in front of me and I hit the front quarter panel, rolled across the hood and into the middle of an intersection. The second time a car passed me on my left and then proceeded to immediately turn right, forcing me up onto the hood before slamming on their brakes and launching me into the middle of the street. The first driver was terrified she'd killed me and profusely apologized through tears. The second driver was angry that I'd gotten in his way...

Many locals around Pamlico County were very annoyed with riders participating in the Cycle NC Spring Ride. I've even heard complaints from other cyclists about poor riding form demonstrated on the best cycling roads in Eastern North Carolina. You know it's bad when cyclists complain about other cyclists!

Cyclists & Motorists Setting A Good Example

If you're interested in reading the rules check out BikeWalkNC.org or just read chapter 20 of the NCGS. If you prefer the latter please read in a safe place out of harm's way because you're likely to end up sawing logs before you get through the definitions. Regardless of your "rights" as a cyclist if you get hit by a car you will come out on the losing end of that battle. That's why I think it's more important to talk about the relationship between cars and bikes, how to be courteous when operating either and what to do when the other side isn't.

The Relationship Between Cars & Bikes

I've only had a few really close calls in all my time cycling on public roads. Of those close calls I can only think of a handful where the intent was malicious. Most people don't want to harm a cyclist and most close calls are simply accidents.

Most cyclists drive cars. Most drivers are NOT cyclists. Unless you're a cyclist, when you drive a car your brain is looking out for other cars rather than bicycles and pedestrians. Think about this the next time you stop at an intersection with a crosswalk. When you look both left and right before proceeding forward did you just look for other cars or did you look for other cars, bikes, and people? Don't feel bad if it's the former. We all do it, even cyclists that drive cars. Our brains are programmed to look for the threat and let's face it, bikes and pedestrians are of no threat to a car or its driver.

This logic is taught during any motorcycle safety course. The fact is reiterated over and over again, Drivers Don't See Riders. As a motorcycle driver it is imperative you take to the road assuming that no driver is going to see you. Too often I've heard cyclists lament, "I had the right of way!", or "I was clearly visible!" yet the response from most drivers involved in accidents with bikes is, "I didn't see them...". When you take to the road you must assume that you're invisible because to the vast majority of drivers, you are.

Many drivers simply don't like cyclists. I can't explain this phenomenon but I know it's true. Perhaps the lycra is a turn off? Maybe they're just jealous we're improving our health and well being? Maybe they were beaten with bicycle spokes as a child? Regardless of the reason, of the drivers you're going to have issues with, these people make up the majority of them. I've found this person likes to honk their horn at us, yell at us, and speed past while revving their engine. This person is annoying but relatively harmless. Ignore this person. They will go away.

How To Be Courteous On The Road

The complaint I hear most often from drivers is, "those damn cyclists take up the whole road!" There is no law in the state of North Carolina that requires cyclists to ride single file. Here's what the cycling advocacy group BikeWalkNC.org has to say,

There is no NC state law requiring bicyclists operate single file in a single marked lane. Like any other vehicle driver, bicyclists under state law make normal use of travel marked lanes, and are required to use the right hand lane when traveling less than the maximum posted speed limit, except when passing, preparing for a left turn, or avoiding a right turn only lane when going straight. If there are no marked lanes, drivers traveling under the maximum posted speed limit are required to operate as far right as practicable (safe and practical) except when passing or preparing for a left turn. Within these limits, there is nothing under state law restricting operating side by side. Bicyclists may, at their discretion, extend the courtesy of allowing other drivers to pass within their lane when it is safe to do so, but the law does not require it. This is slightly different than the law for motorcyclists; it is always illegal in for a motor vehicle driver to pass within a motorcyclist's lane in NC.

Riding two or three up is inherently safer because a group of riders is more visible than a single rider. When cyclists ride in a large group, riding two and three abreast shortens the length of the group thus making it easier and safer for cars to pass. Overall I think riding at least two abreast should be the standard protocol for groups of 6 or more riders. On a two lane road, a single file line of 30 cyclists is very hard to

When you're out riding solo is it safer to hug the right hand side of the road? I personally tend to say no and that riding closer to the middle is safer. Why? Two main reasons, one you're not at as great a risk to running off the road and potentially crashing upon reentry and two a driver is going to be more likely to see you in the middle of the road and know that they can't pass you. Even though drivers are supposed to give us 3 feet of space from the edge of our handlebars, judging this space is extremely difficult. If a car is passing you and another car is coming down the other lane you can be rest assured the passing car is going to run you off the road before having a head on collision.

Preventing this situation is the only thing we can do as cyclists. Riding in the middle of the road, especially on curvy roads or roads with limited sight distance, takes that option away from the motorist. The massive downside to this approach is if the driver never sees you they are going to run you over. Would you have been better off on the far right side in this situation? Maybe... but somehow I doubt that the driver who doesn't see you in the middle of the road is going to see you on the side of the road and give you the requisite space for safe passing.

You are in charge of your safety. It is up to you to own your place on the road. If you are passive and afraid to take charge of your position on the road then you don't need to ride on public roads. If you don't use mirrors of some sort then you should always be aware of the traffic coming up behind you. Perfect the racers glance, a quick look over the shoulder using just the peripheral vision to check for advancing cars.

Don't be afraid to control the car behind you! You know better than they do when it's safe to pass. Throw up a hand and motion for them to stop if it's not safe. Wave them around when it is and be sure to wave and give an obvious sign of gratitude when they abide your signals. Everyone wants to feel appreciated, even motorists passing cyclists.

Cyclists have an image issue with motorists and it's up to us to change it. Be nice to motorists when they give you plenty of room, say "thank you", they can read lips! Give a big obvious wave, a thumbs up, let them know how excited you are they were courteous to you. A little appreciation goes a long way in repairing a tarnished image.

How To Handle Rude Drivers

Spend anytime riding on public roads and you'll encounter rude drivers. What is the best way to handle a rude motorist? By ignoring them. Yelling at passing cars, flipping them the bird, and any other sort of altercation makes cyclists look like the jerks we're already perceived to be, it doesn't influence the rude motorist and your erratic behavior further compromises the safety of other riders.

If the driver was truly acting in a way that put you or other riders at risk then try to remember their license plate number and immediately pull over and call the police. This will probably not result in anything happening to the driver but it might. Police keep records of these calls and if enough are made reporting the same car a pattern will have been established which could lead to prosecuting the reckless driver.

Both cyclists and drivers are responsible for being courteous when sharing our equal rights to public roads. Cyclists should bear in mind our already tarnished image and go above and beyond in our measurers to change that image. Motorists need to remember that accidents with cyclists put the rider's life in

danger. We never win the battle with an automobile. I don't care how inconvenienced you think you are by having to wait to pass a cyclist. Your reckless driving puts a human's life at risk. That is never acceptable.

Palmetto County has some of the best roads for cycling in Eastern North Carolina. They are also some of the friendliest roads I've ever ridden. Pamlico County residents by and large pass with care and give us plenty of room in the process. I love sharing our roads with people from all over the state. Even more, I love sharing how bike friendly our community is! Keep up the good work and lets share this resource so we can continue attracting events like Cycle NC that pack our restaurants, shops and rooms with people spending money and having a good time!



# Arrest In String Of Battery Thefts

The Pamlico County Sheriff's Office is warning residents of a series of thefts of batteries from boats.

According to Pamlico County Sheriff Chris Davis, PCSO has had numerous reports of the battery thefts over the last several weeks and have one suspect in custody with more than 20 batteries recovered.

Most of the thefts occurred in the Hobucken and Lowland areas. In



addition to boats, batteries were also reported stolen from construction equipment and vehicles. PCSO is asking for residents in the area to check their equipment, vehicles and boats to make sure they have not

been a victim of one of these thefts. PCSO says nine cases have been solved so far but Davis says he believes there are more victims that have yet to report battery thefts.

# Hope Regatta Golden Raffle Tickets On Sale

This year's Hope Regatta will feature three days of activities at River Dunes, all to support the work of The Hope Clinic. There is also a chance to win \$10,000. Golden Raffle Tickets will be on sale today, Wednesday, from 7:30 am - 9:30 am on the porch at the Bean, and from 2 pm - 4 pm on the porch at Nautical Wheelers.

The winner will be announced on Saturday night. You don't need to be present to win.





Celebrate the milestones of your life with friends and family by announcing them in The Pamlico News and on www.thepamliconews.com. Submit birth, engagement, wedding, and anniversary announcements or any other milestone you would like to share with our readers to:

frontdesk@thepamliconews.com.

The deadline to submit announcements is 3 p.m. Friday, for publication the following Wednesday. Announce memorable occasions and let friends, family and loved ones celebrate with you!



# HOPE REGATTA & GALA $\star$ JUNE 9-11, 2017

Harbor Sounds & Dinner on Friday night ★ Pursuit Races on Saturday & Sunday Gala on Saturday night with catering by The Flame, live/silent auction, music, & dancing featuring Brian North (WCTI), John & Penny DeFino, and Steve Hollowell Register your boat for entire weekend or buy tickets separately.

www.hopeclinicnc.org

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# WEDNESDAY, June 7, 2017



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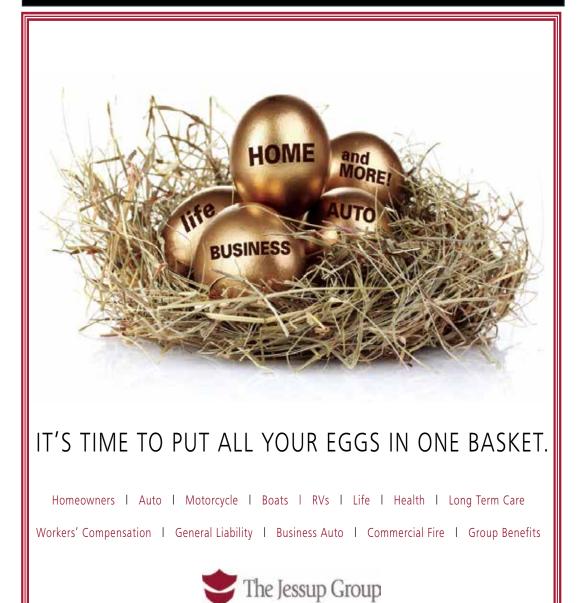
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# Things To Know 5A

# New Bern Historical Society Presents Marks Scholarship

The New Bern Historical Society presented its Harriett Marks Scholarship for 2017 to New Bern High School senior Gretchen C. Deters at the New Bern Historical Society's annual Awards Banquet on June 1. Miss Deters was selected from among a large group of talented and deserving applicants.

Miss Deters, daughter of Wesley Deters of New Bern, is a graduating senior at New Bern High School where she has been active in many clubs and organizations. She competed in the Science Olympiad in the past three years, earning honors including 1st place in her Junior year. She has been a member of National Honor Society in both her Junior and Senior years. As a member of the All-Academic Team, she has earned a 4.0 or higher GPA throughout high school. Miss Deters has volunteered in school as a peer tutor in Spanish and Math, in church in the Backpack Blessings program, and in the community at Tryon Palace.

Upon graduation Miss Deters will attend Wright State University in Dayton, Ohio studying pre-med and Spanish language. She then plans to go on to medical school and eventually become a pediatrician. She expects to put her language and medical skills to good use, saying she'd like to "travel the

world and help those who need help. I do not wish to change the whole world, simply improve someone else's."

The Marks Scholarship was established by a trust estate created in 1968 under the terms of the will of Miss Harriett Marks as a memorial to the O. Marks family (for which the downtown building is named). The scholarship goes to a senior graduating from New Bern High School for the purpose of obtaining higher education at an accredited college, university, or institution of higher learning. It can be used for tuition, board or lodging. Renewable for three succeeding years as long as academic standards are maintained, the scholarship provides financial assistance to a deserving senior based on a combination of financial need, scholarship and service to community and school. The Marks Scholarship furthers the Historical Society's mission "to celebrate and promote New Bern and its heritage through events and education." Offices are located in the historic Attmore-Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical.org or www.facebook. com/NewBernHistoricalSociety.

# **Education Lottery Headquarters** Opens In New Location



RALEIGH – After eleven years, the North Carolina Education Lottery is changing the location of

its headquarters and Raleigh Regional Office and Claim Center.

Starting Monday, June 5, players should visit 2728 Capital Boulevard in Raleigh to claim their prizes. The new location is less than a mile away from the current one at 2100 Yonkers Road in Raleigh.

Players living in the Triangle region come to the Raleigh Regional Office and Claim Center to claim prizes of \$600 or more. Players from across the state come to headquarters if they win a prize of \$100,000 or more.

The last day to claim prizes at the Yonkers Road location will be Friday. The lottery will move to the new location over the weekend and start operations at 9 a.m. on Monday.

After a decade of steady growth, adding more stores that sell tickets and introducing more ways to play, the lottery outgrew its current location. The new space will allow the lottery to operate more efficiently and accommodate growth in the years to

# **BCTMA Hosts Classic Southern** Rock Band "Still Kickin".



Washington, NC: Still Kickin' is a high energy Pitt County band who plays classic Southern Rock. This band will knock your sox off on June 24 when they perform on the Main Stage of the Turnage Theatre. Show time is 7:00-9:00 PM, and there is no cover charge. Soft drinks and popcorn will be for sale at this family friendly venue. Donations are appreciated and go to Humane Society of Beaufort County, and the Beaufort County Traditional Music Association. Please visit www.bctma.org for more

The Beaufort County Traditional Music Association hosts acoustic jams on Thursday nights (6:30-8:30) and Saturday Mornings (10:00-1:00) at the Turnage Theatre Gallery, 150 West Main Street, Washington. Beginners and newcomers are welcome. The event is free.

The BCTMA Showcase is presented on June 27, the last Tuesday of the month, at the Grace Martin Harwell Senior Center in Washington. This free and fun traditional music program is offered for anyone over 55 years of age.

The Beaufort County Traditional Music Association is a grass roots non-profit organization that promotes the performance and enjoyment of traditional music in Eastern NC. Thanks to the assistance and oversight of Arts of the Pamlico, the BCTMA has grown into an active group of musicians and supporters dedicated to the nurturing and sharing of their love of traditional music. For more information, please visit www.bctma.org.

# Happenings At Pine Knoll Shores Aquarium!



Starting June, kids can have a fun evening at the Aquarium while parents enjoy a night out on the town! The new program, Kids' Night Out, will be held most Wednesdays from 6–10 p.m. Parents leave their children at the Aquarium for a fun night with live-animal interactions, pizza dinner, and other activities. Registration is required. Visit the website for more details www.ncaquariums.com/pine-knollshores-experiences.

Get ready for fun filled adventures — our

Summer Programs start June 5! Discover the plants and animals that call Bogue Banks home, during Stand Up Paddleboarding. Learn the art of harvesting crabs and clams. Stroll the nighttime beach looking for sea turtle nests. Or, kayak through a thriving marsh environment. So many adventures, it's hard to pick just one. (Why not try several?)

We're hosting a special Night of Mystery, specifically for families with children! The special fourhour event is designed for ages 8 and up. Youngsters and parents will enjoy dinner and a mystery-theater performance. Have children who aren't old enough to attend the performance? We're providing supervision and activities for children ages 4-7 who are too young for the theater event. Tickets for the mystery performance are limited, and so is availability of supervision for younger children — so register

The aquarium is located at 1 Roosevelt Boulevard, Pine Knoll Shores, NC. Contact any of the Aquariums or Jennette's Pier by calling 1-800-832-FISH (3474).



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WEDNESDAY, June 7, 2017

### Life Insurance Needs Will Change Over Time...So Be Prepared Financial Focus



Dan M. Roberts, IV

If you're going to achieve all your goals, such as sending your kids to college, retiring in comfort and leaving a legacy, you will need to save and invest throughout your lifetime. But to really complete your financial picture, you'll also need to add one more element: protection. And that means you'll require adequate life insurance for your situation. However, your need for insurance will vary at different times of your life — so you'll want to recognize these changing needs and be prepared to act.

Financial Advisor When you're a young adult, and you're single, life insurance will probably not be that big of a priority. And even married couples without children typically have little need for life insurance; if both spouses contribute equally to household finances, and you don't own a home, the death of one spouse will generally not be financially catastrophic for the other.

But once you buy a home, things change. Even if you and your spouse are both working, the financial burden of a mortgage may be too much for the surviving spouse. So, to enable the survivor to continue living in the home, you might consider purchasing enough life insurance to at least cover the mortgage.

When you have children, your life insurance needs will typically increase greatly. In fact, it's a good idea for both parents to carry enough life insurance to pay off a mortgage and raise and educate the children, because the surviving parent's income may be insufficient for these needs. How much insurance do you need? You might hear of a "formula," such as buying an amount equal to seven to ten times your annual income, but this is a rough guideline, at best. You might want to work with a financial professional to weigh various factors – number and ages of children, size of mortgage, current income of you and your spouse, and so on - to determine both the amount of coverage and the type of insurance ("term" or "permanent") appropriate for your situation.

Once you've reached the "empty nest" stage, and your kids are grown and living on their own, you may need to re-evaluate your insurance needs. You might be able to lower your coverage, but if you still have a mortgage, you probably would want to keep enough insurance to pay it off.

After you retire, you may have either paid off your mortgage or moved into a condominium or apartment, so you may require even less life insurance than before. But it's also possible that your need for life insurance will remain strong. For example, the proceeds of a life insurance policy can be used to pay your final expenses or to replace any income lost to your spouse as a result of your death (e.g., from a pension or Social Security.) Life insurance can also be used in your estate plans to help leave the legacy you desire.

As we've seen, insurance can be important at every stage of your life. You'll help yourself - and your loved ones - by getting the coverage you need when you need it.

# You Decide: Can Urban and Rural Areas Get Along?



My wife and I have one foot in rural regions and the other in big cities. We were both born and raised in small towns – I in an unincorporated town (meaning it wasn't big enough to qualify as an official municipality) in Ohio and she in a recognized town (but still tiny) in upstate New York. I have a vague memory of my mother pulling me in a little wagon to the country store for groceries. On the way home, the groceries were in the wagon and I would walk!

But we've spent almost the last forty years of our lives living in Raleigh since I joined the faculty at N.C. State in 1978. Although it may not have been when we moved here, Raleigh today is certainly a big city. Indeed, it is recognized as one of

the most dynamic big cities in the country. My wife and I love both cities and the country. That's one reason North Carolina is so great – it has both busy urban areas as well as tranquil rural regions.

But often the urban and rural areas don't seem to get along. For example, in the 2016 presidential election, urban areas tended to vote for Secretary Clinton while rural regions favored President Trump. We saw the same urban/rural split in the North Carolina gubernatorial and General Assembly elections.

The urban-rural divide in North Carolina also extends to public policy. Here are two examples. Local public schools are partially supported by local property tax revenues. Since property values per resident are often higher in urban counties than in rural counties, there's been a long-running debate whether this wealth disparity gives urban counties an unfair advantage in funding public schools.

The second example is sales taxes. Part of the sales tax revenues collected by the state are returned to the counties, but there's an issue over how to do this. Should the distribution to counties be based on where the sales occurred or where the buyers live? North Carolina has a formula using both factors, but there's frequently a debate about the relative importance of each in the formula. Indeed, legislation was introduced this year in the General Assembly to change the formula.

Has the urban-rural feud gotten worse? Some say three powerful forces – globalization, the elevation of education's importance and population trends – have moved urban and rural areas farther apart in

Two of the largest traditional employers in rural North Carolina counties were textiles and furniture. However, trade treaties agreed to by the U.S. since the 1990s prompted a large share of these industries to relocate to foreign countries, and many counties have struggled to find replacements. At the same time, the opening of foreign markets

has benefitted the largely urban-based technology and financial sec-

More businesses and industries are today requiring a higher level of formal education in their workforce. As a result, an increasing number of high school graduates are continuing their education at 4-year colleges and universities. Yet a two-part issue has emerged. The 4-year colleges and universities are often in urban areas. Plus, the jobs using that college education are also frequently in urban areas. The result is a "brain drain" of young people who leave their rural homes for a college education and a job and never return.

The third reason – population growth – is really a result of the first two. With education and employment opportunities greatest in urban areas, and with the big cities having the restaurants, entertainment and airport access favored by businesses and young workers, population growth has been greatest in the urban counties. This decade, almost half of North Carolina's counties – predominantly rural – have lost population.

So can we do something to bring urban and rural counties together? As long as the three forces continue, public policy can only marginal impacts. The expansion of East Carolina University has certainly helped spark a tech and pharmaceutical complex around Greenville, but that's hard to replicate everywhere.

However, where options exist, one policy would be to always lean toward rural counties. I remember the late State Treasurer Harlan Boyles telling me it would be wise to locate all the state's facilities that aren't tied to a specific place in rural counties for the jobs they

But perhaps the best way to bring urban and rural areas together is to make them aware of their economic linkages. Businesses in urban counties often purchase inputs from nearby rural counties. Also, many residents in rural counties daily drive to jobs in urban counties.

North Carolina has a structure of eight multi-county "prosperity zones", but they have no taxing power and little policy control. Maybe the state should consider expanding the zones' capabilities to identify and develop linkages and mutual objectives in education and transportation.

But right now, the economic winds are blowing in favor of urban regions. Yet a rural renaissance could come, based on agribusiness expansion, tourism, an influx of retirees and a revival of large-scale manufacturing needing big tracts of land. So - could tomorrow be different – will the prospects for urban and rural regions come together?

Walden is a William Neal Reynolds Distinguished Professor and Extension Economist in the Department of Agricultural and Resource Economics at North Carolina State University who teaches and writes on personal finance, economic outlook and public policy.

# Jones Calls On EPA To Review Regulation That Could Have Local Impact



Walter B. Jones, Jr. NC Congressman

sion or elimination.

Congressman Walter B. Jones (NC-3) called on Environmental Protection Agency (EPA) Administrator Scott Pruitt to review a new regulation that may threaten the viability of the Potash phosphate mine in Aurora, North Carolina. The regulation, which was finalized by the Obama administration in 2015, would force operators of the mine to install a costly, unproven new

technology to limit mercury emissions. The

regulation was put in place despite the EPA's

WASHINGTON, DC - Last week,

determination that pre-existing regulations were already sufficient to protect public health. In his letter, Jones asked Administrator Pruitt to review the regulation for possible revi-

"This one just doesn't make sense," said Congressman Jones. "Putting 850 jobs at risk for no meaningful public health benefit is unacceptable. It's a perfect example of the regulatory overreach that is shackling our nation. I hope the administrator will see fit to remove this unnecessary threat to one of the key drivers of the Eastern North

Carolina economy."

Congressman Jones urged Administrator Pruitt to review the regulation as part of the regulatory reform process laid out in President Donald Trump's Executive Order 13777. Under that order, each federal agency, including the EPA, is directed to establish a Regulatory Reform Task Force. The Task Force is to review agency regulations to identify those that "(i) eliminate jobs, or inhibit job creation; (ii) are outdated, unnecessary, or ineffective; (iii) impose costs that exceed benefits; (iv) create a serious inconsistency or otherwise interfere with regulatory reform initiatives and policies; (v) . . . rely in whole or in part on data, information, or methods that are not publicly available or that are insufficiently transparent to meet the standard for reproducibility; or (vi) derive from or implement Executive Orders or other Presidential directives that have been subsequently rescinded or substantially modified." Once relevant regulations are identified, the Task Force is required to make recommendations to the agency head regarding their repeal, replacement, or modification, consistent with applicable law.

For additional information, please contact Allison Tucker in Congressman Walter Jones' office at Allison.Tucker@mail.house.gov or (202) 225-3415.

# Letters To The Editor

I am a long standing member of the Minnesott Golf and Country Club (MGCC) and in the past several months have had people comment "Oh, I hear it is closed." This is not true. I play a minimum of two or more days a week. There are male groups playing four days a week. What is true is that membership, as in many clubs across the country, is down. The term for the country wide decreased membership is "aged out". A round of golf takes the better part of the day so retirees naturally have the time to play golf thus "aging out" is occurring in many clubs. Golf is struggling not only in eastern North Carolina, but in many clubs in the country for this reason.

MGCC is open and has several new tournaments planned. There is also an active social committee who will hold several future fun events. The pool has opened and there is a water aerobics instructor who will hold sessions for a small fee. Another new feature at MGCC is Bingo night with dinner once a month.

I am so happy to announce that our grill has reopened. There is a full-service breakfast on Saturdays and Sundays and a lunch menu is available every day.

Minnesott Golf & Country Club is alive! Dorothy Lord, Arapahoe

First it was "Thank you Jesus;" now it's also "Drive like your grandchildren live here" signs that clutter the front lawns and shoulders of the streets of our fair village.

I was not aware that speeding or other forms of reckless driving were a problem on our residential lanes, at least not one serious enough for concerned citizens to feel they have to visually lecture their neighbors and visitors on their driving habits. Maybe it's all those golf cart drivers spinning donuts on Ragan and aging, lycra-clad road bike riders popping wheelies down in front of The Bean that have them worried.

Moreover, I believe that given the demographics of the neighborhoods where the signs are planted, they would be more appropriate if they read "Drive as if your grandchildren live here."

Bob Austin, Oriental



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### PROPOSED BUDGET **FISCAL YEAR 2017-2018**

The proposed budget for FY 2017-2018 for Bay River Metropolitan Sewer District has been submitted to the governing board and is available for inspection at the office of Bay River MSD located at 101 North Fourth Street, Bayboro weekdays between 8:00 am and 4:00 pm. A public hearing on this budget will be held June 15, 2017 at 7:00 pm. Citizens will have the opportunity to give oral comment.

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Readers are invited to submit letters for publication. Please keep them to under 400 words. You must include your address and daytime phone number How to do it: Please email your letters to editor@thepamliconews.com. If you cannot email, please mail your letters to P.O. Box 510,

> Oriental, NC 28571, or drop them off at our office, 800 Broad St. in Oriental. Birth Announcements and Cards of Thanks are free up to

15 lines, approximately 75 words. Wedding, Engagements and Anniversaries are free when using our form.

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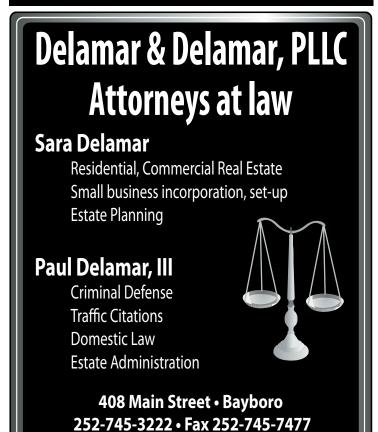
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# PUBLIC NOTICE

PUBLIC HEARING TOWN OF ALLIANCE

A public hearing on the proposed budget for the Town of Alliance for FY 2017-2018 will be held on Monday, June 12, 2017, at 7:00 pm, at the Alliance Town Hall. The proposed budget has been presented to the Board of Commissioners and will be available for public review at the Alliance Town Hall on Wednesday Afternoon, June 7, 2017, from 12 Noon until 5:15 pm. Citizens are invited to make written or oral comments.

# Grantsboro Sand Mine

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## Pamlico



It appears that all of the fields in the Pamlico area have been planted with soybeans. With the recent rain, all fields are looking great, even ours on the farm which were some of the last to be planted. The little rain we have had has really helped the corn to thrive, especially on Trent Road.

Speaking of Trent Road, James Cuthrell and I were at the stop sign on Trent Road at the same time the car hit the truck at the intersection of

Trent Road and highway 55 last week. We were blessed not to be involved in the accident. James told me if he had started to pull out, she would have clipped his vehicle as well. I was right behind James and my prayers were answered that no one was seriously injured as both drivers were out of their vehicles walking around before law enforcement officials arrived.

Pamlico United Methodist Church men and women did a fine job collecting over 1,000 pounds of peanut butter and jelly for the "Fishes and Loaves" ministry. They have a friendly competition each year between the men and the women, and of course the women won again. I am so blessed to live in a community that cares so much about others.

The Pamlico Middle School graduation will take place at the

# Whortonsville



Last week I was "on the road again" so don't have very much news from here. Weeks and I were in Harrells sitting with my sister who has cancer. The trip was nice because of the weather and the beauty along highway 41. The vineyards along the way, the landscaping at River Landing outside Wallace, and the flowers in bloom make the drive very enjoyable. There are four huge rolls of hay outside Wallace and a lady paints scenes

on them. She had "Happy Mothers Day" painted on the hay with butterflies and flowers. We stopped at my nephew's Blueberry Farm on Blueberry Lane outside of Beulahville and picked up five pounds Betty Jo Rodgers Correspondent

Pamlico County High School auditorium on June 8, 2017 at 6:30 pm. The high school baccalaureate service will be held at the high school auditorium on June 13 with graduation taking place the following day on June 14. Congratulations to all the graduates.

The Reverend Dr. Kevin Wade Rodgers, graduate of the PCHS class of 1984, will be the guest speaker at Vandemere UMC on Sunday, June 11 at 9:30 am. Kevin Rodgers has been a missionary in Africa for the past twenty years. Everyone is invited to attend.

Celebrating birthdays in June are Gray Winfrey (6/7), Julie Sanders McCulley (6/15), Walter Graves and Phillip G. Nanny (6/19), Jonathan Fulcher (5/21), Tyler Fulcher (5/22), Cousin Shirley Edwards (6/24), Brent Fulcher and Cathy Fulcher (6/25), Carly Alisha Sanders (6/28) and Grace Farmer Nanny (6/30). I wish a Happy Birthday to everyone. If I missed your birthday, please let me know.

The local United Methodist pastors and their congregations are preparing for their annual conference which will be held in Greenville again this year on June 16-18.

Have a blessed week. Restless? Take Spiritual Vitamin R. "Rest in the LORD, and wait patiently for him: fret not thyself because of him who prospereth in his way, because of the man who bringeth wicked devices to pass." (Psalms 37:7)

of delicious berries. Nick and Jeannette Santoro were in Raleigh

last weekend to visit her niece's new baby. Small group at church

Reba Tiller Correspondent

# Goose Creek Island



Goose Creek Island 55 Plus Club met Thursday at the Community Center. Everyone came prepared to repaint the letters for the Community Bulletin Board. I was very upset to discover that I had bought a can of white paint instead of black! Anyway, the ladies were very understanding and we plan to paint next Thursday. We missed Bob Johnson and Sue Gilgo today. Bob didn't feel well and Sue went with E.M. for a doctor's appoint-

ment. We soon settled down to our weekly games. Mildred was Scrabble Champion. I believe Rita Lupton was the big winner at the Rummikub table.

Prayer list: Following a bad fall Donald Caroon had surgery for a pinched nerve last week at Carolina East Medical Center. He is presently a patient at Bryan Center in Goldsboro for rehabilitation. Buddy Willis has been released from the hospital and is now resting at home.

Happy birthday: Malachi Grubbs - Jun 8, James Jones – Jun 10, Alison Lane Beacham, Wilma Annette Alcock Perry - Jun 11, Andrea Willis Stilley -Jun 12, Kimberly Alcock Peed - Jun13, Mona Kay Sadler and Ola Mayo Lewis - Jun 14. Happy Anniversary Denny & Pam Aultman - Jun 8 and Vance & Judy Brown - Jun 12. Happy Anniversary Roy & Mae Gaskill Lupton celebrated 50 years - Jun 4. George & Cathy O'Neal celebrated 52 years - Jun 4.

Congratulations Kristopher Cole Gray, Megan Nicole Hopkins, Charlie Lewis, Dayln Re-Nee Nimmo, Sean Skurry, Kaley Aurora Tijerina and McKenzie Whitley -Pamlico County High School 2017 Graduates! Rebecca Armstrong –Arapahoe Charter School. again last Sunday. This Sunday will be Homecoming at Bethel and all invited for the service and lunch. Men's Breakfast at Brantleys on Saturday. Joan Ford has some type of poison and it was so bad she spent one night in the hospital. Just learned the Summer Solstice Race will be on June 24th. While at my sisters' home it was refreshing to watch television because she has no national news on her dish, so I had a week without Russia, Russia, Russia! Thought for the week- If we portray a positive attitude, it will make us happier, and make for a better world!

Annette Jones, 55 Plus Club Correspondent

Congratulations Ashley Flowers, Jenna Noelle Jones, Emma Lee, Jesse Ross and Tristan Skurry - Pamlico Middle School 8th Grade

Frances Rawls Carawan and Rosie Rodriguez Jones of Aransas Pass, Texas flew in June 2 for a visit with family and friends. Frances visited with daughter Debbie Hodges in Bridgeton and her son in Emerald Isle. Son Steven drove from Kentucky to spend time with his mother and other family during her time here.

Rosie Jones, wife of Len Taylor Jones, is presently staying with Raymond & Mattie Jones in New Bern. Members of the family enjoyed dinner at Brantley's Restaurant Saturday night. I went with Gary & Rhonda Mayo Sunday afternoon to visit with Rosie, Raymond and Mattie.

Pamlico County High School Class of 1962 held a Class Reunion Saturday night at Brantley's. Those attending from Goose Creek Island were Millie Isenhart Rice, Sandra Jones O'Neal, Glenda Whitfield Buck, Floyd and Martha Campen, Bobby Ray Ross and E.M. Gilgo. There was 33 class members and guests in attendance. They enjoyed a very nice get-together.

The Town of Vandemere hosted a Pig Pickin' and live band Saturday night at Vandemere Waterfront Park. My favorite son-in-law, Gary Mayo played with The Casuals. They provided beach, boogie and blues music. Folks from near and far enjoyed eating, dancing and just having fun. Big success. Way to go, Vandemere.

Brother Ray Bonner is slowing recovering from his illness at home. Wayne Fornes from Chocowinity was the guest speaker at New Vision PH Church Sunday filling is for Bro. Ray.

# Pamlico County Schools To Participate In Summer Food Service Program



Just as learning does not end when school is out, neither does a child's need for good nutrition. The Summer Food Service Program (SFSP) provides free, nutritious meals and snacks to help children get the nutrition they need to learn, play, and grow, throughout the summer months.

In an effort to assist with the needs of Pamlico County's children during the summer, Pamlico County Schools will participate in the SFSP Monday through Thursday, June 19-July 27, (excludes Tuesday, July 4, a holiday). During this period, breakfast and lunch will be provided to all children, 18 years old and younger, without charge. These meals will be the same for all children regardless of race, color, national origin, sex, age or disability. There will be no discrimination in the course of the meal service. Meals will be provided at the Fred A. Anderson Elementary Cafeteria at 515 Anderson Drive in Bayboro, Pamlico County Middle School Cafeteria at 15526 NC Highway 55 in Bayboro, and at Pamlico County High School Cafeteria at 601 Main Street in Bayboro through June 29. Beginning on July 3, meals will only be served at Pamlico County Primary School Cafeteria at 323 Neal's Creek Road in Bayboro through July 27. Breakfast will be served from 7:30 a.m. to 8:00 a.m. and lunch will be served from 11:45 a.m. to 12:15 p.m.

If you have questions concerning the SFSP, please contact the Pamlico County Schools Child Nutrition Department at 252-745-4171, extension 638 or 639.

If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at http://www.ascr.usda.gov/complaint\_filing\_cust.html, or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter by mail to U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410, by fax at (202) 690-7442 or email at program.intake@usda.gov.

Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

Under the Federal School Nutrition Program and USDA policy, discrimination is prohibited under the basis of race, color, national origin, sex, age or disability.

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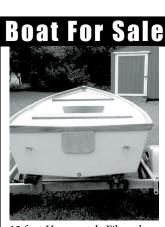
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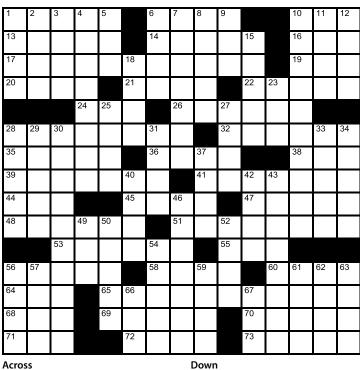
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Across 1. Relating to the foundation

6. Home, informally

10. Corn holder

13. "Home \_

14. Broadcasting (hyphenated)

\_\_-Wan Kenobi

17. Quality of enduring

19. "\_\_\_\_ any drop to drink": Coleridge 20. They're tapped

\_\_ bitten, twice shy" 22. Adjust

24. "\_\_\_\_ alive!" (contraction) 26. Common law action to recover value

28. One of three divisions of psyche

32. Overhaul 35. Biscotti flavoring

36. Kuwaiti, e.g.

\_\_\_\_ Appia 39. Well

41. Futile 44. Decay

45. Biology lab supply 47. Will nots

48. Arctic jacket

51. No visual aid

53. Multiply 10 and 9

\_\_ we having fun yet?" 56. Trash hauler

58. Allergic reaction 60. Level

64. "Wheel of Fortune" buy 65. State containing on nationality

68. "My boy" 69. Bum

70. Loses color

71. Decline

72. "Trick" joint 73. Bouquet

3. Spiritual, e.g. 4. The most anxious

1. Endorse vera

5. "Fantasy Island" prop

6. It may be proper

7. One who put a law into effect 8. More rational

\_\_-tac-toe

10. To oppose 11. "0" in old radio lingo

12. Monetary unit of Ethiopia 15. Tear away

18. Barely beat, with "out"

" (Chaim Potok novel) 23. "My Name Is Asher\_

25. Certain surgeon's "patient" 27. Eyes, poetically

28. Pelvic bones 29. Kind of jack

30. Seal between piston and cylinder wall 31. Jets or Sharks, e.g.

33. Humid and foggy 34. Past one,Äôs prime 37. Halo, e.g.

40. Autumn tool 42. The America's Cup trophy, e.g.

43. Guide 46. Whenever

49. Fix, in a way 50. About

52. American architect 54. Hyperion, for one

56. Low in pitch

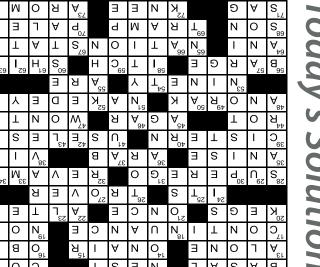
57. Small buffalo 59. Endure

61. \_\_\_\_ brace (device used to immobilize the head and neck)

62. Any thing \_\_ Verde National Park

66. "Raiders of the Lost\_

67. Marienbad, for one



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Heavy duty Monitor cord \$15.00, 252-876-

16 ft fiberglass extension ladder, \$60. Heavy duty aluminum ladder brackets, set of two. \$45. 252-675-0354.

Electric Outboard/Trolling Motor Package: Newport Vessels 55 short-shaft Electric Outboard/ Trolling Motor Package Incl: Motor, Duracell Ultra E5 battery, battery case, in-line fused 12 VDC cable. Used only once so like new. Garage stored. \$225. Call Chuck at 252-249-1409

86 U-Haul and Lowes moving boxes, good condition, 11 wardrobes with metal bars, 13 large, 62 medium/small/book size. Broken down, easy to pick up. \$75. Call 949-280-5325 (Oriental)

Craftsman 22" Self Propelled mower, selling for \$100. Crusair Carry On air conditioner for boat, selling for \$300. Thermador gas stove/electric oven, selling for \$250. Oak flooring 5" face, 3/4" thick, \$3 per square foot. Call 249-1715.

2 twin rollaway beds including new matching sheet sets. Excellent condition. \$25.00 each. 434-797-4215.

Cruising Guide to North Carolina by Claiborne S. Young, 5th Ed. Cover Price \$24.95, asking \$12.50. Janet at 386-559-4554.

GMCO's Waterproof Chart Book of North Carolina from Back Bay, VA to Little River, South Carolina. Cover \$34.95, asking \$18. Janet at 386-559-4554.

Dinnerware set, non-skid, compass rose design, 16 pieces, asking \$30. Janet at 386-559-

OTR GE Microwave, 2011, SS, with bracket, M/N JVM1950. Excellent except "key pad shorted", you fix.. \$25 George 249.3264

Bantam Chickens for sale. Hens \$3! Roosters \$1 each! 249-0243

\*Price must be included in ad. \*The Pamlico News is not responsible for errors, email preferred

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# Kitchen Chatter by Nancy Winfrey

Cool Summer Meal Ideas...

### Homemade Lemonade

Soda water

Lemon Syrup:

6 large lemons

- 4 or 5 whole cloves
- 5 cups boiling water
- 2 cups sugar

To prepare syrup, slice the lemons and combine with the cloves. Place in a large mixing bowl and pour the boiling water over all. Let stand overnight

and then strain into a large pot, discarding the lemons and cloves. Add the sugar and stir over low heat - do not boil. Continue stirring until sugar dissolves. Bring mixture to a boil, cut down and simmer for 10 minutes or until liquid is reduced and is slightly syrupy. Cool. When ready to serve, place plenty of cracker ice in a glass, pour in 2 tablespoons Lemon Syrup and then fill with soda water. Stir and serve. Great!

### Easy Sour Cream Drop Shortcakes

- 2 cups self-rising flour 3 tablespoons sugar
- 1/4 cup butter or margarine, melted
- 1/3 cup sour cream
- 2/3 cup milk
- 6 cups sliced strawberries, sweetened to taste 1 cup whipping cream, whipped with 1 tablespoon sugar

Heat oven to 400 degrees. Lightly grease a large baking sheet. In medium mixing bowl, combine flour

and sugar. In a small mixing bowl, combine butter, sour cream and milk - blend well. Add liquid mixture to dry ingredients and stir just until blended. Drop dough by large heaping spoonfuls onto baking sheet. Bake in 400 degree oven for 20 to 25 minutes or until golden brown. Serve warm or at room temperature. Split shortcakes, fill with strawberries and top with more strawberries and lots of whipped cream. Makes 8-10 shortcakes.

### Shortcake Sheet-Cake

- 2 cups self-rising flour
- 2/3 cup sugar
- 2/3 cup butter or margarine
- 1 egg, beaten
- 2/3 cup milk
- 1 cup whipping cream, whipped with 1 tablespoon

6 cups sliced strawberries sweetened to taste

Heat oven to 375 degrees. Grease bottom of 9x13x2-inch baking dish or pan. In a large mixing bowl, combine flour and sugar. With a pastry blender or two knives, cut butter into very small pieces to evenly distribute into dry ingredients until mixture resembles coarse crumbs. Add egg and milk. Stir just until dry ingredients are moistened. Place batter into prepared pan and bake for about 20 minutes or until wooden pick inserted in center comes out clean. When ready to serve, cut into squares, fill with strawberries and top with more strawberries and whipped cream. Serves 10-12.

### Veggie Pizza Squares

1 tube refrigerated crescent rolls

Unroll dough and place on ungreased cookie sheet and roll or press dough until sheet is almost filled. Make sure all the seams and perforations are sealed together. Mix together: 1 package (8-oz.) cream cheese, softened: 1/2 cup mayonnaise: 1/2 to 3/4 package dry Hidden Ranch Dressing Mix. Combine and mix until smooth. Spread over the cooled crust.

## *Topping:*

- 1/2 to 3/4 cup finely chopped broccoli 1/2 to 3/4 cup finely chopped or grated carrots
- 1/2 to 3/4 cup green bell pepper, finely chopped
- 1/4 cup finely chopped green onions 2 medium tomatoes, cut into very small pieces and drained on paper towels
- 1 cup grated Cheddar cheese

Make sure all vegetables are chopped very fine. Sprinkle all vegetables (saving tomatoes for last) over the top of the cream cheese mixture. Then, sprinkle with tomatoes and then the grated cheese. Gently press vegetables and cheese into the cream cheese. Cover and refrigerate overnight or for at least 6 hours before cutting into small squares.

1 can (10-3/4-oz.) Campbell's Condensed Golden

Corn Soup

1/4 pound bulk pork sausage, crumbled, cooked and

Preheat oven to 400 degrees. Generously grease a 9-inch square baking pan - set aside. In a medium bowl, combine the soup, eggs and milk and then stir in corn muffin mix and blend just until moistened. Gently fold in sausage. Spoon muffin mixture into prepared pan and spread evenly. Bake 20 minutes or until lightly browned and toothpick inserted in center comes out clean. Cool 10 minutes before cutting into

### Bacon & Crescent Rollups

1 package refrigerated crescent rolls

1/2 cup sour cream

Onion or garlic powder, to taste

Unroll crescent rolls and separate into triangles. with crumbled bacon and a sprinkling of cheese. Roll

### Grilled Barbecued French Bread

2/3 cup chili sauce

2 teaspoons prepared mustard

1/2 teaspoon chili powder 1/4 teaspoon oregano

1/2 to 3/4 cup freshly grated Parmesan cheese Sauté the onions and garlic in butter in a large skillet for 5 minutes or until tender. Stir in chili sauce, Worcestershire, vinegar, mustard, chili powder and oregano. Simmer, stirring frequently, until thickened - about 30 minutes. Cut bread in 1-inch thick slices but do not cut through to the bottom. Spread some of

1 cup grated Swiss cheese

1/2 cup sliced green onions

2 tomatoes, sliced

2 green peppers, thinly sliced

until cheese melts. Serves 8.

Pierce pastry thoroughly with fork and bake in 375 degree oven for 10 minutes - remove. In a large bowl, toss together the tuna, cheese and green onions and spoon into pastry shell. Combine the eggs, mayonnaise and milk and blend well. Pour mixture evenly over the tuna mixture. Bake in 350 degree oven for

50 minutes or until knife inserted in center comes out

Easy Baked Zucchini

2 medium zucchini, diagonally sliced 1 large Vidalia or other sweet onion, thinly sliced

1 cup grated Cheddar cheese 4 tablespoons butter or margarine In a generously buttered baking dish, arrange half of the zucchini in the bottom of baking dish. Add half of the onions, tomatoes, pepper and 1/2 cup of the grated cheese. Dot with 2 tablespoons of the butter or margarine. Repeat layering procedure (dish will be very full). Cover with aluminum foil and bake in 375

degree oven for 45 to 60 minutes or until vegetables

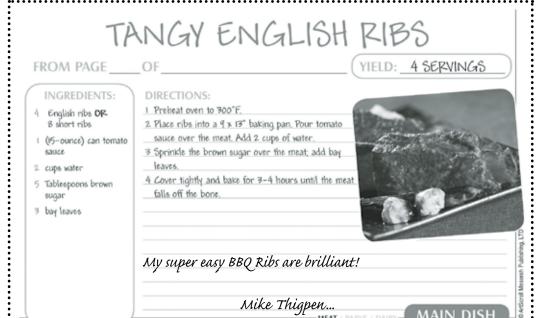
are tender. Remove from oven, remove foil, and top

with remaining 1/2 cup cheese and return to oven

# Share Your Recipes

Have a favorite recipe or your own version of one of Miss Nancy Winfrey's? Send it to us at frontdesk@thepamliconews.com so we can share it with our readers.

Include all ingredients, quantities and detailed instructions.



## Sausage Cornbread

2 eggs

1/4 cup milk

1 package (12- to 14-oz.) corn muffin mix

squares. Serve warm and pass the butter!

10 to 12 slices bacon, cooked crisp, drained and crumbled

1/2 cup grated Cheddar cheese

Spread each triangle with sour cream, and then sprinkle lightly with onion or garlic powder and top up and place on greased baking sheet and bake in 375 degree oven for about 12 to 15 minutes or until golden brown.

1/2 cup finely chopped onions 2 cloves garlic, minced

1/2 cup butter or margarine

2 tablespoons Worcestershire Sauce 1/4 cup vinegar

1 loaf French bread (about 15-inches long)

the sauce between each slice, then sprinkle in a little of the cheese. Wrap loaf in heavy-duty aluminum foil. Grill 5 inches from coals for about 15 minutes, turning one time. Partly unwrap loaf (leave in foil) and grill 5 minutes longer.

Easy Tuna & Swiss Pie

1 unbaked 9-inch pastry shell 1 can (12-1/2-oz. or 13-oz.) tuna, drained, flaked

1 cup Hellmann's Real Mayonnaise 1/2 cup milk

# clean. Serves 8.

# 10 A Reports & Legals





# Looking Back...This appeared in the June 10, 1987 issue of The Pamlico News



# Reports

May 29, Kelly Watson Road, Lowland, larceny-all other larceny

May 30, East NC Hwy 55, Alliance, larceny-from buildings

May 30, NC Hwy 306 South, Arapahoe, attempted b&e May 30, NC Hwy 304, Hobucken, larceny

May 30, Hickory Stree, Oriental, trespassing May 30, Drawbridge Road, Hobucken, breaking & entering and larceny-auto parts & accessories

May 30, Hobucken Marina, Hobucken, larceny-auto May 30, Middle Bay Road, Hobucken, larceny of motor

fuel and larceny-all other larceny May 31, Hobucken Marina, Hobucken, larceny-auto parts & accessories

May 31, Blackhorse's Run, New Bern, burglary-nonforced entry and larceny-all other larceny May 31, Main Street, Stonewall, trespassing June 1, NC Hwy 304, Vandamere, criminal damage to

June 1, Don Lee Road, Arapahoe, trespassing June 2, Alligator Loop Road, Stonewall, criminal damage to property

June 2, Riggs Road, Alliance, larceny-from motor vehicle(cash)

June 2, NC Hwy 304, Hobucken, larceny June 3, NC Hwy 55, New Bern, domestic June 3, Cedar Drive, Oriental, larceny-small boat &

June 3, South Street, Bayboro, larceny-bicycle June 4, NC Hwy 306 North, Grantsboro, overdose June 4, Halls Creek Road, New Bern, overdose

### **Property Transfers**

May 30, Three Tracts; Intrest, from Swanee R. Joyner TR, Margaret N. Roberson Irrevocable Trust, and Margaret N. Roberson to William Douglas Roberson EXR and Margaret N. Roberson EST, \$0

May 30, Tract 1: 25 AC; Lot 10 Walter T Willis Division; Tract 2: 14.9 AC; E/S NC Hwy 306, from Phyllis E. Willis TR, Charles M. Willis Trust, and Charles M. Willis to John C. Bircher III TR and Lamar B. Lord, \$0 May 31, 4.17 AC, from SBN IV REO LLC to Storage Logix LLC, \$310

May 31, 6.92 AC, from Bobby B. Lewis and Brenda

Watson Lewis to Bobby B. Lewis and Brenda Watson

May 31, Widgeon Roost Lot: 6 Sectin 1, from Stephen T. Smith, Rachel R. Smith, Duncan A. McMillan, and Cornelia H. McMillan to Kelly Scott Carpenter, \$50 Jun. 1, Three Tracts, from Mack Macintyre to Mark Macintyre, Mack Macintyre, and Marlon Macintyre, \$0 Jun. 1, Crayton Bay Lot: 13 0.57 Ac, from Richard A. Semko and Lynn F. Semko to Stuart A. Peoples and Martha C. Peoples, \$184

Jun. 1, Gatlin Lot: 17, from Maurice W. Benton and Glenda G. Benton to Three Seas Legacy LLC, \$20 Jun. 1, Two Tracts, from Brian E. Cox to Amber Cox Lancaster and Johnathan A. Lancaster, \$0

Jun 2 Spicers Creek Lot: 13 from Robert John Whitfield and Mary Kathleen Whitfield to James D. Reeves and Lois H. Reeves, \$584 Jun. 2, Deer Run Estates Lot: 1 Section I, from Gabri-

elle Benedict, Miles C. Benedict, Miles Benedict, and Gabrielle Benedict AIF to Joshua John Gordon, \$472 Jun. 5, from Harold L. Stephenson to Robert L. Stallings IV, David Madison Forbes Stallings, \$350

# Legals

**NORTH CAROLINA** IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION

NOTICE TO CREDITORS AND DEBTORS OF HERMAN LEE IRELAND, JR.

Having qualified as Executor of the Estate of Herman Lee Ireland, late of Bayboro, Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them to the undersigned at P.O. Box 157, Bayboro, NC 28515 on or before the 25th day of August, 2017, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned.

This 24th day of May, 2017

Mary M. Ireland, Executor Of the Estate of Herman Lee Ireland, Jr. P.O. Box 157

Bayboro, NC 28515 HOLLOWELL & HOLLOWELL

P.O. Box 218 Bayboro, NC 28515

Publish: May 24, 31, June 7, and 14th, 2017

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE WILSON COUNTY DISTRICT COURT DIVISION FILE NUMBER: 16 CVD 1248

NOTICE OF SERVICE OF PROCESS BY PUBLICATION JUSTIN CHADWICK KIM, Plaintiff, VS HEATHER NICOLE JOYNER, Defendant

TO: Heather Nicole Joyner, the above named defendant. TAKE NOTICE that a pleading seeking relief against you has been filed in the above-entitled action. The nature of the relief sought is as follows: An action by which the Plantiff seeks sole and exclusive legal and physical custody of a child. You are required to make defense to such pleading no \_ and upon your failure to do so, the Plaintiff who is seeking relief against you will apply to the Court for the relief sought. This 19th day of May, 2017.

Thomas R. Sallenger Attorney for Plantiff SALLENGER & BROWN, L.L.P. PO Box 2602 Wilson, NC 27894 (252)243-7800 NC State Bar #11078

Publish May 24, 31, & June 7

NOTICE TO CREDITORS ESTATE OF WAYDELL CREDLE, FILE NO. 16E172

Having qualified as Administrator of the Estate of Waydell Credle late of 8936 NC Hwy 55 East, New Bern, Pamlico County, North Carolina 28560, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them. to the undersigned at 408 Main Street, P.O. Box 411, Bayboro, North Carolina 28515, on or before the 7th day of September, 2017, or this notice will be pleaded in bar of

recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the undersigned. This the 7th day of June, 2017.

Paul J. Delamar, Administrator Estate of Waydell Credle

Paul J. Delamar Delamar & Delamar, PLLC 408 Main Street P.O. Box 411 Bayboro, N.C. 28515

Publish: 06/07, 06/14, 06/21, & 06/28

NOTICE OF FORECLOSURE SALE NORTH CAROLINA PAMLICO COUNTY 14 SP 37

Under and by virtue of a Power of Sale contained in that certain Deed of Trust executed Tara Long to Kenneth L. Miller dated September 4, 2012, and recorded in Book 571 Page 362, Pamlico County Registry, North Carolina.

Default having been made in the payment of the note thereby secured by the said Deed of Trust and the undersigned, having been substituted as Trustee in said Deed of Trust by an instrument duly recorded in the Office of the Register of Deeds of Pamlico County, North Carolina, and the holder of the note evidencing said indebtedness having directed that the Deed of Trust be foreclosed, the undersigned Substitute Trustees will offer for sale at the Courthouse Door in Pamlico County, North Carolina, at 10:00 A.M. on June 20, 2017, and will sell to the highest bidder for cash the following described property, to wit:

On the east side of the Chair Road in Pinedale, consisting of the southern 75 feet of Lot 51 as shown on the map entitled "Revised Plan of Pinedale, Section 3", prepared by G. Jerome Norman, RLS, dated November 18, 1970, and recorded in Map Book 5 at page 40, Pamlico County Registry, and the 60-foot lot which lies between Lots 51 and 53 as shown on said map. Said lot is described, according to a survey and map by A. Hugh Harris, Jr., RLS, dated September 12, 1983 and entitled "RA SURVEY FOR KENNETH MILLER", a copy of which is attached hereto and is incorporated herein by reference, as follows: BEGINNING in the eastern edge of Chair Road 60 feet South 17 degrees 30 minutes West, measured along said road edge, from the dividing line between Lots 49 and 51, and running thence North 72 degrees 30 minutes East 200 feet; thence South 17 degrees 30 minutes East 135 feet to a road; thence South 72 degrees 30 minutes West with the edge of said road 200 feet to the eastern edge of Chair Road; thence North 17 degrees 30 minutes West with the road edge 135 feet to the point of BEGINNING, containing 62/100 of an acre, more or less.

This conveyance is subject to the Restrictive Covenants contained in the instrument dated January 28, 1969 and recorded in Book 151 at page 311, Pamlico County Registry. Said lot is apportion of the land conveyed to grantors by George L. Wheelis and Evelyn B. Wheelis Lawrence and husband by deed dated January 6, 1981, recorded in Book 208 at page 762, Pamlico County Registry. Said property is commonly known as 817 Chair Road, New

Third party purchasers must pay the excise tax, pursuant to N.C,G.S. 105-228.30, in the amount of One Dollar (\$1.00) per each Five Hundred Dollars (\$500.00) or fractional part thereof, and the Clerk of Courts fee, pursuant to N,C.G.S.

7A-308, in the amount of Forty-five Cents (45) per each One Hundred Dollars (\$1 00.00) or fractional part thereof or Five Hundred Dollars (\$500.00), whichever is greater. A deposit of five percent (5%) of the bid, or Seven Hundred Fifty Dollars (\$750.00), whichever is greater, will be required at the time of the sale and must be tendered in the form of certified funds, Following the expiration of the statutory upset bid period, all the remaining amounts will be immediately due and owing

Said property to be offered pursuant to this Notice of Sale is being offered for sale, transfer and conveyance AS IS WHERE IS. There are no representations of warranty relating to the title or any physical, environmental, health or safety conditions existing in, on, at, or relating to the property being offered for sale. This sale is made subject to all prior liens, unpaid taxes, special assessments, land transfer taxes, if any, and encumbrances of record. To the best of the knowledge and belief of the undersigned, the current owner of the property is Tara Long. PLEASE TAKE NOTICE; An order for possession of the

property may be issued pursuant to G.S. 45-21.29 in favor of the purchaser and against the party or parties in possession by the clerk of superior court of the county in which the property is sold.

Any person who occupies the property pursuant to a rental agreement entered into or renewed on or after October 1, 2007, may, after receiving the notice of sale, terminate the rental agreement upon 10 days' written notice to the landlord. The notice shall also state that upon termination of a rental agreement, that tenant is liable for rent due under the rental agreement prorated to the effective date of the

HOLLOWELL & HOLLOWELL Attorneys for Plaintiff Post Office Box 218 Bayboro, NC 28515 Telephone No.: (252)-745-5115 Bernard B. Hollowell, Jr. (Substitute Trustee) State Bar No.: 8818

Publsh: June 7 and June 14, 2017

**NORTH CAROLINA** IN THE GENERAL COURT OF JUSTICE PAMLICO SUPERIOR COURT DIVISION

NOTICE TO CREDITORS AND DEBTORS OF **EDWARD DEPEW LUPTON** File No.: 17 E 95

All persons, firms and corporations having claims against Edward Depew Lupton, deceased, are notified to exhibit them to John Berry, Co-Executor or Johnny Berry, Co-Executor of the Estate, on or before September 5, 2017, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named Co-Executors. This 7th day of June, 2017.

John Berry, Co-Executor Estate of Edward Depew Lupton 1916 Tybee Court Winterville, NC 28590

Johnny Berry, Co-Executor 302 Brick Kiln Road Washington, NC 27889

Publish June 7, 14, 21, 28, 2017.

# **PUBLIC NOTICE**

Town Of Grantsboro Notice of Public Hearing Proposed Budget for 2017-18

The proposed budget for the Town Of Grantsboro for fiscal year 2017-18 has been presented to the Town Council and is available for public inspection at the Town Hall. There will be a public hearing on Tuesday, June 13, 2016 at 7:00 pm at the Grantsboro Town Hall to discuss the proposed budget, with a Council meeting following for adoption of the budget. For questions or further info, please call 252-745-6511. Ray Lewis, Clerk



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249-1555

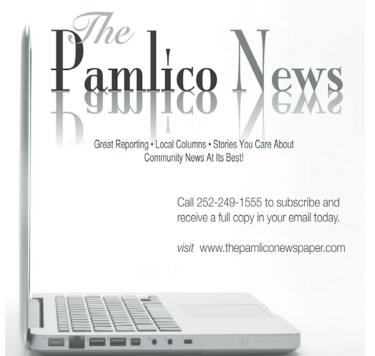
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# "Weekend Navigator" Course Offered By Oriental Coast Guard Auxiliary



Offered by the Oriental Coast Guard **Auxiliary** Flotilla 20 - 03, "Weekend Navigator"

Will teach you how to navigate in the digital age, by teaching you the time honored techniques of chart plotting and compass navigation that is the basis for electronic navigation using your GPS and chart plotters. Hands

on practical exercises during each class. You will need to have chart

The course will take place on June 22, 23, 27 and 28 from 6 to 8 p.m. at Station 19 on Straight Road in Oriental. The cost is \$40 per person (\$50 for two if sharing text).

Where: Station 19, Straight Road, Oriental. Registration required. For more information contact: Bob Webster at 252-249-2426 or baldbuzzard@embarqmail.com.

# Mark it Down...PC Chamber General Membership Meeting



The Pamlico Chamber of Commerce will hold a General Membership meeting at the Chamber/ Visitor's Center at 6pm on Tuesday, June 20. There will be a presentation by chamber members, H&R

Block and Hospice. The seminar will be on Estate Planning, Final Planning and Preparing a Living Will. Margaret Schumacher, H&R Block, along with Tonya Jordan & Catherine Cooper of Hospice,

will be on hand to answer questions afterward. Refreshments will be served and the meeting will begin at 6:30pm. Invite a friend and join us for this informative topic.

Don't forget to turn in your receipts for the SHOP LOCAL drawing by June 15. Drop them off at the Chamber office or mail them to PO Box 92, Grantsboro, Receipts must total \$50 and purchases must come from Chamber of Commerce businesses. You can pick up a Visitor's Guide from the Chamber office to find out who members are or visit www.pamlicochamber.com and click on membership directory. We will draw for the \$100 cash prize at the close of our meeting.

taxes, and while I have no issue providing the debris removal service at a cost to the GF, I believe

the trash/recycling should operate as an enterprise fund. Our trash/recycling is \$2-\$7 less per month

than ALL surrounding communities except for one,

and individually contracted trash runs \$38-\$60 per

# Letter From Oriental's Town Manager

After Thursday night's workshop, the budget sits with NO increases in anything- no water rate change, tax rate change, or trash fee change. The adjustments will be made to the budget and posted for review. Budget message to follow after that. The Water Fund includes a \$40,000 appropriation from fund balance as down payment on abating the lead paint on the 75,000 gallon tank.

We have an original candidate moving through

the State-required process. It involves a psychologi-

cal evaluation, physical, drug test, firearms quali-

I noted once again that we operate the sanita-

the tax rate) (also down from a \$50-60,000 deficit last year) which is subsidized by the general fund

tion in a \$48,000-\$50,000 deficit,(\$.02-\$.03 on

conditions and the State approves.

fication. He has been extended a conditional offer,

and will be sworn in as soon after as he meets those

To remove the trash increase, they have delayed the engagement of the second police officer, and there is no reserve for storm prepared-



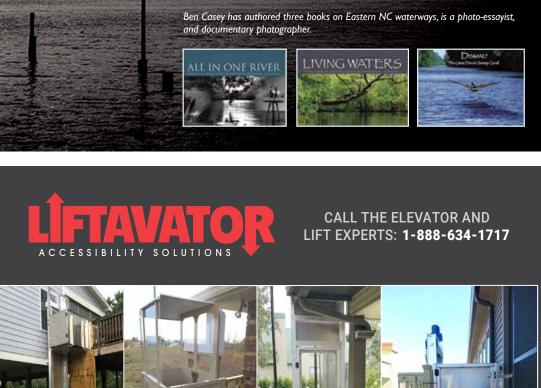
house per month.

The overall indication from those who attended the workshop of the CycleNC event is that businesses fared VERY well, and it was suggested that, in addition to the

> "every three year" event,

we try to nost something on the off years to coi tinue that success- no suggestions were offered. Communication and planning need to be bolstered, to include that with CarolinaEast and evaluation County EMS. I was personally thankful for the volunteer effort and patience of the residents during the event, and also noted the extraordinary effort by my staff to make it work and address issues as the

Diane H. Miller, Manager, Town of Oriental



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- 36" or 42" gate for top landing, full height door and facia for bottom landing
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\*Engineered wind load rating details are available upon request. Proper anchoring configuration is required for 160 mph winds.

### Notables

### **Shoe Drive To Raise Money For Service Dog**

Oriental United Methodist Church is collecting wearable shoes. This is a fundraiser to help Alexis, age 15 who has Type I Diabetes to purchase a Diabetic Alert Serive Dog. Collection box for paired

shoes is located at Oriental United Methodist Church. For more information please contact Joan Lilley at 249-2690.

### Mineo Bingo At Minnesott **Golf & Country Club**

Minnesott Golf & Country Club Bingo Night. Wednesday, June 14. \$10 for a pack of 10 Cards go on Sale at 5:30 pm.

A Ham Steak Dinner is available for \$8 at 6 pm and PLAY begins at 6:30 pm. Bingo takes place on the Wednesday of the 3rd week after the last bingo event: June 14th, July 5th and July 26th. Everyone is Welcome! Hope to see You there!

## **Save The Date For Mad Hatter Beach Ball** Pamlico Partnership for Children will hold The

5<sup>th</sup> Annual Mad Hatter- "Beach Ball" on July 22 at 6:00 pm at the PCC Delamar Center. They are currently seeking donors and sponsors for the event. Tickets will go on sale in April. Please call 252-745-7850 for more information.

### Alzheimer's Dementia Caregiver Support

Are you, or someone you know, caring for a loved on with Alzheimer's or Dementia? This can be very challenging, and there is support available. You are invited to the Alzheimer's/Dementia Caregiver Support Group Meeting at the Pamlico County Senior Center the first and third Monday of the month at 2 p.m. For more information call Beth Hardison at 745-7196.

### **Oriental Farmers Market**

Open every Saturday from 8:30 to 11:30 a.m. Located on Hodges Street in front of Garland Fulchers Seafood. The market features a wide

variety of goodies including locally grown produce, farm fresh eggs, home-baked breads, biscotti, cookies, cakes, pies as well as preserves and chocolates.

## New Bern Farmers Market

Grow it, Sew it, Make it, Bake it.. Saturday, June 10 "Handmade" by local authors, artists and crafters.



Continued from page 1

Meats, fruits, vegies grown by local farmers. New Bern Farmers Market is now accepting SNAP/ EBT. Open Saturdays from 8 a.m. to 2 p.m. and Tuesdays from 10 a.m. to 2 p.m. Located at 421 South Front Street in Downtown New Bern. Vendor space available. Call 252-633-0043.

### **NAACP Monthly Meeting**

The NAACP of Pamlico County will hold its regular monthly meeting on the second Monday of each month at 6 p.m. at the Pamlico County senior Services Center at 800 Main Street in Alliance. All interested persons are invited and welcome to attend.

## **Toddler Partnership Play Group**



The Pamlico Partnership For Children Play Group Smart Start is held on Wednesday mornings at both 9 a.m. and

10:30 a.m. at the Pamlico Primary School, room 205. Children from birth to age 3 along with their caregiver are invited to participate in a Free weekly play group. Children will meet and play with other children and have fun while learning. Please contact Michelle Shields at 252-745-7850 or michelle@pamlicopartnership.org.

### **Summer Partnership Playgroup**

FREE program for children ages 0-3 along with their caregiver. Learning through fun, music, art, craft...... Starting Tuesday, June 20 from 10:00-11:00 a.m. at the Pamlico Partnership for children located at 702A Main Street. To sign up or for information call 252-748-7850.



WEDNESDAY, June 7, 2017

# Pamlico County High School

# **Nursing Fundamentals**

Pamlico County High School's Nursing Fundamentals students recently completed the North Carolina Department of Instruction course requirements to sit for the National Nurse Aide Assessment to become North Carolina Nurse Aide I certified (CNAI). Eligibility to sit for the certification examination requires students to complete clinical internship hours and to demonstrate proficiency in 81 skills in patient care.

Under the supervision of their instructor, Lynn Hardison, and with the help of local medical facilities, Nursing Fundamental students completed their clinical internship hours by performing hands-on patient care in skilled nursing and assisted living

facilities. Throughout the clinical internship experience, students observed and were mentored by health care professionals. These invaluable experiences reinforced the rigorous work ethics needed to become successful health care professionals, to gain acceptance into post-secondary programs, and to become gainfully employed in health-related fields.

On May 20, PCHS' Nursing Fundamentals received a 100% passing score. Nursing Fundamentals students successfully mastered competency in both written and skills evaluation. With the CNAI credential, students are now eligible to seek employment or continue their education in post-secondary pursuits.



The Canes Learning Commons is a great place for students to collaborate. can spread out at the tables and use various artistic tools to create original projects. These pictures show some of Mrs. Gorton's 2nd-period students brainstorming movie posters for Henrick Ibsen's A Doll's House.



Haley Salmons, Alicia Garcia, Laura Lugo, Grace Preston, Lexie Bayliss, Jennifer Scott, and Kaley Tijerina













Laura Lugo, Alicia Garcia, Haley Salmons, Lexie Bayliss, Grace Preston, Kaley Tijerina, and Jennifer Scott

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# FUNDAMENTALS







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# Things To Know 13 A



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† As rated by Kawasaki, horsepower tested in accordance with SAE J1995 and rated in accordance with SAE J2723 and certified by SAE International.

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# NAME THAT —Food—

For some people, the best part about camping is the food. There are many camp food favorites. Do you know what they are? Fill in the blanks to name that food.

1) \_\_ 'MO\_\_E\_\_

2) H\_\_T D\_\_GS

3) S \_\_ E \_\_

4) M \_\_ R S \_\_ M \_\_ L L \_\_ W \_\_

5) \_\_AM\_\_UR\_\_E\_\_S

6) F\_S\_

7) C I I

2) Hamburgers, 6) Fish, 7) Chili Answers: 1) S'mores, 2) Hot dogs, 3) Stew, 4) Marshmallows,



# Shoebox Ministry's Goal Is To Reach More Children

On 6 May 2017, Tabernacle Baptist Church on Broad Street in New Bern, NC hosted an Operational Christmas Child Workshop. It was well attended since over 50 people were in the auditorium. There was plenty of food that was available as well. The workshop had one main session with many breakout sessions to enable each person to

focus on the area that most interested them. The purpose of the shoebox ministry is to "introduce people to God through a simple gift" - a quote from Franklin Graham.

Stephanie Seymour, Eastern Carolina's Regional Coordinator, kicked off the workshop and said that one of her goals is to engage more churches - more

churches means more shoeboxes. Also, she wants people to transition from "what if we packed one more box" to "what if we gave a gift to one more child to about Jesus"? While on a distribution trip, she was amazed how grateful people were to have a simple gift and to hear the Word. The Carolina's last year were responsible for giving over 900,000 gifts last year, which accounted for 10% of the shoe boxes given by the United States (9.1M). There were over 11.4M boxes given last year and there were children still that did not receive a box! So, the new goal for the Carolinas this year is to give 900,060 boxes to try and reach more children.

This year toothpaste, candy, and other such items will NOT be allowed in the shoeboxes. Customs in various countries are objecting and making it more expensive, if not almost impossible, to get the boxes to the children. Stephanie said her husband is a dentist and if he had to choose on a deserted island between a toothbrush, toothpaste, or dental floss, he'd choose the dental floss every time. How much does dental floss mean? On one trip, a child got the dental floss. He thought Americans were strange with their candy and used the entire roll, thinking it was the greatest gift of candy he'd ever received! Something so simple. If you are unsure of what to pack, the following web site has great suggestions. https://www.samaritanspurse.org/ operation-christmas-child/what-goes-in-my-shoe-

box-suggestions/

There is a new online site that Operation Christmas Child has that enables you to follow your shoe box. The suggested donation for shipping is going from \$7 to \$9 this year but when you think of how much it pays for the increase is really not much at all. The ministry accepts ALL shoebox

gifts whether or not the shipping donation is included. The ministry asks each person packing a shoebox to pray for guidance and honors the shoebox AS it was packed (although forbidden items, such as war toys, will be removed). (https:// www.samaritanspurse.org/operationchristmas-child/ follow-your-box/) There are two

more workshops scheduled. One workshop is in Goldsboro, nearby, on 19 August from 0900 - 1200. The other is July 15th in Richlands First Baptist Church from 0930 - 1200. This is such a blessing to hear and learn how this simple gift impacts those that receive and how much you receive by giving one, or more, shoe boxes. For more information about this please contact: Stephanie Seymore - Goldsboro Workshop, OCC Regional Area Coordinator, Lower Eastern NC & Goldsboro, Operation Christmas Child/Samaritans Purse at 252-349-8261 or email to: sseymore@samaritan. org or Linda Worrell, Richlands Workshop at LCWJTW2002@gmail.com.

At the workshop, some of the quotes heard are: "This is a very simple way to share the gospel. Everyone in the family can participate. Not everyone can be a missionary and travel, but everyone can be a missionary by sharing the gospel through a simple shoe box. The entire family, from youngest to oldest, can participate in this ministry"

"I would say that you get more from giving a shoe box than you give - giving this simple gift is its own reward." "All around the world many children cannot go to school so packing a box with school supplies so they can go to make sure they get an education and learn about Jesus and have some fun things as well is what I would say."

# Doctor's Orders: How To Protect Your Skin This Summer

(StatePoint) The summer can really take a toll on a retailer near you at TheItchEraser.com. skin, when more of it is exposed to sun, bugs and poisonous plants.

To keep skin cool, comfortable and irritation-free no matter what conditions you encounter, use these tips from NYC-based dermatologist, Dr. Angela Lamb of Mt. Sinai hospital.

Stay Hydrated: Proper hydration is crucial when you're busy and active outdoors. It's also essential for skin health. So be sure to drink plenty of water and eat hydrating fruits and vegetables.

Treat the Itch: The itch, hives, rash, redness and irritation associated with insect bites,

poison ivy, oak and sumac, and sunburns can be agonizing. However, it's important not to scratch the affected area and create an open wound susceptible to infection, even though it does provide temporary relief.

Dr. Lamb suggests treating discomfort right away with a dermatologist-recommended solution that stops the itch and heals the skin. One easy to apply steroid-free treatment to consider is The Itch Eraser, which contains soothing aloe, vitamin E and tea tree oil to calm, nourish and moisturize the skin while reducing redness and inflammation. Available as a gel, spray or cream, it can be used to treat every kind of skin itch, (formulas vary). Find

Dress for Success: Whether it's your blanket on the beach or your sundress, fabrics should be wellchosen for the warm weather. For maximum comfort, stick with cotton, linen and other breathable choices. Working out? Look for moisture wicking materials that will dry quickly. Also, be sure to pro-

tect your scalp from sunburn with a wide-brimmed hat.

Keep it Cool: Hot water is never great for skin, but after too much sun exposure, it can be particularly irritating. Luckily, it's easy to turn down the heat on your shower in summer. Use the hot weather as an opportunity to give skin a break

and refresh with cooler water in the shower or bath. Use Common Sense: Avoid burns and itches to begin with by applying plenty of sunscreen and bug spray, and by taking precautions in wooded areas to avoid poison ivy, oak and sumac. While preparation may not always be top of mind when you're headed outdoors for a day of fun and adventure, being sidelined by these issues is even more of a downer.

Additional tips on how to protect and treat your skin this summer can be found at TheItchEraser.

For a happier summer, treat your skin right from

### Library.

\_Continued from page 1

30 years, and have "done it well." Mr. Delamar commented on the symbiotic nature of the high school and the public library by saying, "this library is no one's but the public's. That includes high school students, children, and adults. We have to coexist in this facility." Mr. Delamar addressed questions from the audience, and ended on a positive note: "In a small county, we need to be creative about how we use our public spaces. We need people to get along, we need people to work together."

Mr. John Prescott also weighed in on the School Board's role in the use of the space: "As Board members, we have to do all we can to provide them [students] with a sound basic education." He reinforced that the original 1978 agreement between the library and the high school was made in a "spirit of cooperation." He also restated Ms. Roberta Jones's comment that the library was "built to be used by all the citizens of Pamlico County," and finished up his remarks by encouraging a spirit of cooperation and saying "we all have to work with the space we have.'

To end the meeting, Katherine Clowers, a librarian at the Pamlico County Library, shared a few possible plans for renovating and moving the children's section of the library: "We are looking for creative ways to serve you, the patrons."



# 14 A Things To Know

# WEDNESDAY, June 7, 2017

# Girl Scouts Asking Communities To Provide "Camperships"



RALEIGH — Picture a world where all girls got to experience summer camp and the great outdoors while enjoying the beautiful nature all around them. Girl Scouts - North Carolina Coastal Pines' mission is to provide every girl within our 41-county foot print with that opportunity.

That's why every year the council asks community members to help send local Girl Scouts in underserved areas to summer camp. The council's camp appeal is aiming to provide over 100 camp scholarships or "camperships" to girls to help cover the cost of attending summer camp. Whether community members give \$25, \$50, \$100 or more, their gifts will be an invaluable investment in girls and girl leadership.

"The outdoors has always been a core piece of the Girl Scout experience. When girls get outside it allows them to establish and deepen their bond with nature while taking on new challenges and adventures," said Keli Diewald, camp program and outdoor education executive, Girl Scouts – North Carolina Coastal Pines. "By providing girls with opportunities in the outdoors that they otherwise wouldn't experience, Girl Scout is helping build their confidence and strengthen their leadership skills."

Studies show that girls today do not spend nearly enough time outdoors. Protective parents, technology, and structured activities leave less time for girls to get outside and enjoy nature. But as a Girl Scout, girls have the opportunity to have their own outdoor adventures and develop a lifelong appreciation for nature and the world beyond walls-whether with her troop, at camp, or with friends and family.

When Girl Scouts get outside, they also discover how to better solve problems and overcome challenges, develop leadership skills, build social bonds, experience greater happiness overall, become team players, and care more about protecting the environment.

Girl Scouts believe that every girl should have the outdoor experience that is why they are calling on the help of the community and friends to help provide camp scholarships for Girl Scouts. For more information on how to make a donation to send a girl to camp, visit our website www.investingirls.org.

We're Girl Scouts of the USA: We're 2.6 million strong—1.8 million girls and 800,000 adults who believe in the power of every G.I.R.L. (Go-getter, Innovator, Risk-taker, Leader) TM to change the world. Our extraordinary journey began more than 100 years ago with the original G.I.R.L., Juliette Gordon "Daisy" Low. On March 12, 1912, in Savannah, Georgia, she organized the very first Girl Scout troop, and every year since, we've honored her vision and legacy, building girls of courage, confidence, and character who make the world a better place. We're the preeminent leadership development organization for girls. And with programs from coast to coast and across the globe, Girl Scouts offers every girl a chance to practice a lifetime of leadership, adventure, and success. To volunteer, reconnect, donate, or join, visit www.girlscouts.org.

About Girl Scouts - North Carolina Coastal Pines: In partnership over 9,000 adult volunteers, Girl Scouts - North Carolina Coastal Pines serves nearly 26,000 girl members in 41 central and eastern North Carolina counties. (Counties are: Beaufort, Bladen, Brunswick, Carteret, Chatham, Columbus, Craven, Cumberland, Duplin, Durham, Edgecombe, Franklin, Granville, Greene, Halifax, Harnett, Hoke, Johnston, Jones, Lee, Lenoir, Martin, Moore, Nash, New Hanover, Northampton, Onslow, Orange, Pamlico, Pender, Person, Pitt, Richmond, Robeson, Sampson, Scotland, Vance, Wake, Warren, Wayne, and Wilson.) The council's administrative headquarters is located in Raleigh, with additional program and service centers located in Goldsboro, Fayetteville, and Wilmington. To volunteer, reconnect, donate, or join, visit www.nccoastalpines.org or call (800)

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Please RSVP by June 9, 2017 to mhblue@embarqmail.com or 252-249-1665

# Is Renting Or Buying A Home More Eco-Friendly?

# Questions & Answers About Our Environment

By, Megan Wild

Most people grow up thinking that one day, they'll buy a house. It's a classic part of the American dream, to natives and immigrants alike — but the times, they are a-changing. Depending on where you live, renting a home may be significantly more attractive than owning one. Home prices are heading back up after the Great Recession, and they are sky-high in some popular areas, like California.

If you have the money and you aren't worried about the actual ownership, which option is better for the planet?

There are a lot of benefits to both choices. The environmental impact each one has, however, might be a little more elusive. There are several factors that go into each, such as where you live, the kind of house or apartment you're considering and what kinds of modifications you can make.

Homeownership

Let's start with the least eco-friendly option: building a new home. The work of clearing land, bringing in new materials and building a new home from scratch is pretty labor-intensive, and all that has an environmental cost. It's significantly simpler to work with an existing property. This goes double if you'd like to build a home out in the middle of nowhere, amid native flora and fauna, disrupting their habitats.

On the other hand, buying a pre-existing home has significantly less impact on the environment. You eliminate the building costs, but there are other factors to consider. Any modern home will have an HVAC unit, which is a significant portion of a home's carbon footprint, and natural gas is quickly becoming the most popular option for heating. This doesn't really give us a reason to choose homeownership, however, because a rental will have the same option.

The biggest difference is that with a home, you can change the way your HVAC system works. You can alter it to be greener, either by using solar power to heat your water, turn on your lights or just light your garden path. That's one of the biggest environmental benefits of owning a home: You can change it to be greener.

There's a benefit to rentals that you really can't get with homeownership, and that's the idea of moving multiple families into a single

home. You could get a good deal on buying a duplex, but that makes it difficult to make green updates to. Rentals, on the other hand, can take a large, single family home and turn it into two to four apartments. That's a great way to utilize space more efficiently.

As far as what else you can do to an apartment, you're a bit more limited. If you're dealing with a private rental, then you might be able to talk the landlord into making some significant green changes. Most apartments, especially those found in cities, are more likely to be run by an organization. In some cases, the areas might have some serious benefits.

Some apartment communities offer shared resources — such as gyms, pools, party rooms and playgrounds. All of those can have a positive environmental impact. By sharing a pool or playground with what's basically a neighborhood, there might be almost a thousand families that won't try to install their own pool or buy a home playground for their kids. A swimming pool can greatly increase your family's carbon footprint. Even after it's installed, you still have to maintain it, and that adds to your CO2 output every year.

What's the Verdict?

Ultimately, there is no better option. It really depends on your personal situation. Some people will be better off buying a home because they can either afford one that's already green, or they have the money to make it that way. If that's not you, or you simply aren't interested in doing that kind of work, then renting might be the best option.

Landlords have to update things in order to keep their units attractive to renters, so you might be able to convince them that greener options are for their benefit. You might also be able to get a pool or gym pass for free as well. The real benefit is being able to house a lot of people, and share the need for water supplies, HVAC systems, and even cable for TV and internet.

If your dream is to buy a house, then you should do it. If you don't really care much about buying one, then renting is also a great option. The only big benefit you're missing out on by renting is being able to decide which changes should be made, and when.

Renting and owning mean different things to different people. Go with the option that works for you.

About EarthTalk: Our mission is to help everyday people understand complex environmental issues, promote sustainability and live greener lives. We do this by producing and distributing our weekly EarthTalk Q&A column, syndicated to 1,000+ media outlets across North America and by producing the EarthTalk.org and Emagazine. com websites.

## Be Food Safe This Summer









USDA's four easy steps to food safety this sum-

Clean: Make sure to always wash your hands and surfaces with soap and warm water for 20 seconds before cooking and after handling raw meat or poultry. If cooking outside or away from a kitchen, pack clean cloths and moist towelettes for cleaning surfaces and hands.

Separate: When taking food off of the grill, use clean utensils and platters. Don't put cooked food on the same platter that held raw meat or poultry.

Cook: Always use a food thermometer to check the internal temperature of meat and poultry. Place the food thermometer in the

thickest part of the food. Hamburgers, sausages and other ground meats should reach 160°F. All poultry should reach a minimum temperature of 165°F. Whole cuts of pork, lamb, veal, and of beef should be cooked to 145°F as measured by a food thermometer placed in the thickest part of the meat, and allowed to rest for three minutes before eating. A "rest time" is the amount of time the product remains at the final temperature, after it has been removed from a grill, oven, or other heat source. During the three minutes after meat is removed from the heat source, its temperature remains constant or continues to rise, which destroys pathogens. Fish should be cooked to 145°F.

Meat and poultry cooked on a grill often browns very fast on the outside, and by using a food thermometer you can be sure items have reached a safe minimum internal temperature needed to destroy any harmful bacteria that may be present.

Chill: Place leftovers in shallow containers and refrigerate or freeze immediately. Discard food that has been sitting out longer than two

Need more food safety information? Call the USDA Meat and Poultry Hotline at (1-888-674-6854) Monday through Friday, from 10 a.m. to 6 p.m. ET, or email or chat at AskKaren.gov.



to ensure meat and poultry is cooked to the correct internal tempera-"The best and only way to make sure bacteria have been killed and food is safe to eat is by cooking it to the correct internal temperature as measured by a food thermometer," said FSIS Administrator Al Almanza. "It is a simple step that can stop your family and guests

yard barbecues and plenty of outdoor activities with food as the

centerpiece. But before those steaks and burgers go on the grill, the

U.S. Department of Agriculture's (USDA) Food Safety and Inspection Service (FSIS) wants to remind consumers to keep their family and

themselves safe from food-borne illness by using a food thermometer

from getting food-borne illness.' Recent research by USDA and the Food and Drug Administration (FDA) found that only 34 percent of the public use a food thermometer when cooking hamburgers. If you don't verify your burger's internal temperature, pathogens may still be present. When eaten, those

hamburgers can make your guests and your family sick. In fact, the U.S. Centers for Disease Control and Prevention estimates that 48 million people suffer from food-borne illness each year, resulting in roughly 128,000 hospitalizations and 3,000 deaths.

So how do you avoid becoming a part of those statistics? Follow



# Our Schools 15 A



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# Student Driver Education Classes To Be Held In June



Students who are at least 14 years 6 months old, or will be by June 26, and interested in taking the North Carolina State Driver Education 30-hour classroom instruction class should pick up a registration form from the PCHS Main Office. Registration Forms must be completed and returned to the PCHS Main Office by 8:00 a.m. Thursday,

The classes will be held June 26-30 from 8:00 a.m. to 2 p.m. each day. Students will need to bring a bag lunch that does not need refrigeration. No

lunches may be delivered to the school for students. Students will meet in the classroom across from the PCHS cafeteria. High school students planning to take the class must have passed at least three of their four semester courses according to the most recent reporting period. ACS and PCMS student must be passing at least 70% of their classes and be recommended by their school administration. Students without a clean disciplinary record will have their disciplinary record reviewed by the administration for inclusion in the class.

Names of students accepted in the June class will be posted on Monday morning, June 19, on the front door of PCHS main entrance and the front door of the cafeteria entrance. Questions concerning Driver Education should be directed to Joshua Gaskill at joshuagaskill@pamlicoschools.org

# Donations Sought For CC Veterans Memorial Park And Scholarship Fund

Remembering our Past

by Paving our Future

Poster for the Veterans Memorial Park fundraising cam-

paign. Pictured is USMC Staff Sargent Raul Franco who

volunteered to support the promotion of the campaign.

Designed by former Air Force service member Kevin

In an effort to honor military veterans and provide scholarships to veterans and their families, the Veterans Memorial Park will be built on Craven Community College's (Craven CC) Havelock-Cherry Point campus. The "Remembering our Past, by Paving our Future" fundraising campaign was created by Havelock campus administration, Collegiate Veterans Association (CVA) and the college's Foundation. The honorary campaign chairman is Major General

Michael Sullivan, USMC (Ret.).

The memorial park will be situated in the center of the Havelock-Cherry Point campus. It will accommodate at least 3,000 engraved bricks. The park will feature an arch for seating and flag poles that will display flags from all branches of the U.S. military including Air Force, Army, Coast Guard, Marine Corps, Navy, as well as the Prisoner of War/ Missing in Action flag.

Individuals, businesses and organizations can purchase engraved bricks to fun the creation of the memorial park. The proceeds will be used to create a new endowment that will make annual

scholarships available to military veterans and their dependents.

Gorman.

"Our goal with the campaign is to raise \$300,000 to build the memorial park and to fund yearly scholarships," said Wally Calabrese, dean of lea ing and operations the Craven CC's Havelock-Cherry Point campus.

Calabrese said \$9,000 worth of bricks have been reserved by individuals, as well as businesses and organizations including Annunciation Catholic Church and School, Baldrees Tire Pros of Havelock, Disabled American Veterans Chapter 26, and Havelock Chamber of Commerce Military Affairs Committee.

Calabrese is purchasing bricks to honor several

veterans. He is honoring his deceased father Robert M. Calabrese, Master Sgt. (Ret.). His father served in the Army, the Army Reserves, and National Guard. The brick will be engraved with his name, rank, and logos of Special Forces and the Bronze Star.

Calabrese is honoring his namesake and uncle, Walter Pryzbylowicz, Jr. His uncle was killed in action in the Vietnam War in 1967. The brick will

be engraved with his name, rank, and logos of the Bronze Star with Valor distinction and the Purple Heart. It will also be inscribed with the 12th Cavalry motto, "Semper Paratus," which translates to "Always Prepared."

Calabrese has purchased bricks in honor of his brothers Robert and Gregory, friend Christopher Leffler, sonin-law Thomas Dawson, Jr. He purchased an engraved brick for himself in support of this project.

"This campaign is important because not only do you get a chance to honor a vet, past or

present, you get to help veterans with scholarships. This financial support will help ease the burden of every day school life," said Wayne Barnett, president of CVA at Craven CC. Barnett is retired from the Army and is enrolled in the medical assisting program.

The sizes and prices of the engraved bricks are as follows: 4x8" at \$130, 8x8" at \$250.00, and 12x12" at \$550. Bricks can be purchased by calling Calabrese at 252-444-0739, or by visiting the campaign website at: www.bricksrus.com/order/ cravencommunitycollege.

Deborah Kania is the director of communications at Craven Community College.

# PCHS Booster Club Presents Grand Prize To Raffle Winner



Pictured From Left To Right: Earl Sadler, athletic director at PCHS, the winner, Thomas Coffey, his wife Adel Coffey, and Kris Ward, treasurer Pamlico Hurricanes Booster Club.

The booster club held a year long raffle and the grand prize was a choice of a lawn mower, four wheeler, golf cart, or three thousand dollars. Last night at our second annual booster club banquet, the winner was drawn....Mr. Thomas Coffey was

the lucky man! He chose the money. The whole idea for the raffle came from our booster president, Pete Anderson. We donated every dollar made to the school system, around nine thousand dollars and paid for the prize.

Let the graduate in your life know how proud you are of them by saying it in the special June 21st Graduation issue of The Pamlico News. Call 249-1555 for details.



# 2017 Croaker Festival Headline Bands Announced



## Masters of Soul Will Play on Saturday July 1st From 7-9:15

Masters of Soul is a celebration of the legendary songs and performers that defined Motown and soul music. This show features stylishly costumed fully choreographed performances of both male and female groups backed by a live band. For many, Masters of Soul is the ultimate stroll down memory lane. For younger generations, the show offers an opportunity to experience an era in our country's history that produced many of

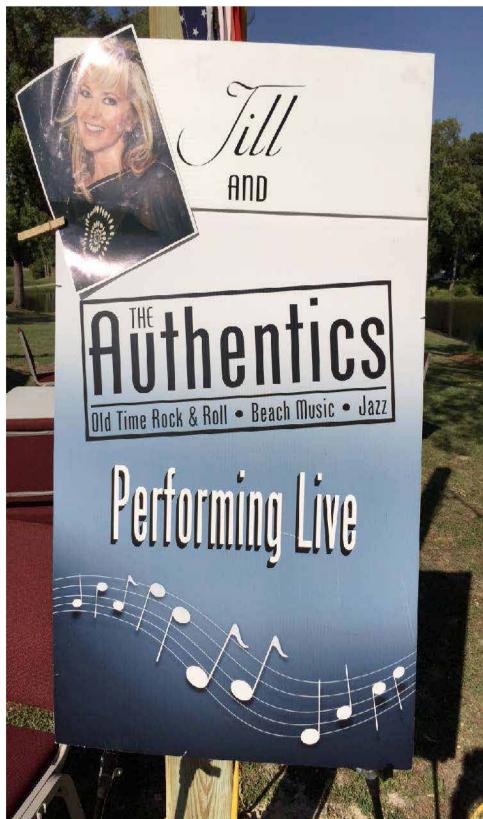
the greatest music acts ever recorded.

Based in Virginia Beach, Virginia, the 10-person cast consists of three lead male vocalists and three lead female vocalists backed by a four-piece band of seasoned musicians who've been touring together for decades.

Masters of Soul has performed to numerous sold-out audiences and garnered rave reviews across the country at venues ranging from community theaters and universities to performing arts venues and concert halls.

Masters of Soul performs: Gladys Knight & The Pips - Marvin Gaye & Tammi Terrell - Smokey Robinson & the Miracles - The Temptations - The Four Tops - Diana Ross & The Supremes - Martha Reeves & The Vandellas - Barry White -Sam and Dave - James Brown - and many more!





Jill And The Authentics Will Be On Stage on Friday June 30 at 7:30 Featuring Old Time Rock & Roll, Beach Music and Jazz.

# WHAT IF YOU



# TOOK CARE OF YOU?

Imagine how eager you would be to share your experience and give care from your heart.

What if you saw yourself in everyone you helped?

Imagine how easy it would be to anticipate their needs. You know just what to say to ease their concerns and calm their fears.

At CarolinaEast, every chance we have to make a difference defines us. It drives us to give the very best care and to do what is right every encounter, every opportunity, every day...no exceptions.



Experience our experience. Feel our care.

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Wound Healing & Hyperbaric Services | CarolinaEast Foundation

CarolinaEastHealth.com



June 7 dine at one of these local restaurants, and 10% of the cost of your meal will be donated to support
United Way Partner Agencies in Pamlico County.

Brantley's Village Restaurant Charlie's Restaurant
Gary's Down East Seafood Little Italy Pizza

Mayo's Seafood Restaurant Oriental Deli & Subs Pamlico Down Home Cooking Café (inside Piggly-Wiggly in Grantsboro)

Dragon Café (inside Piggly-Wiggly in Oriental)
O'Town The Silos Restaurant
The Toucan Grill & Fresh Bar

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