

Ol' Front Porch Music Festival ~ Oriental, North Carolina Free to the Public ~ Over 20 Bands

October 3-4, 2025

See Page 14 for Full Schedule

Vol. 57 No.40, 14 Pages The Pamlico News

Wednesday, October 1, 2025

Your County News Source Since 1968

www.thepamliconews.com | 50 Cents



Refunds go paperless;

IRS to phase out paper tax refund checks starting with individual taxpayers



The Internal Revenue Service (IRS), working with the U.S. Department of the Treasury, announced on Tuesday, Sept. 23, that paper tax refund checks for individual taxpayers will be phased out beginning on Sept. 30, 2025, as required by Executive Order 14247, to the extent permitted by law. This marks the first step of the broader transition to electronic payments. The IRS will publish detailed guidance for 2025 tax returns before the 2026 filing season begins. Until further notice, taxpayers should continue using existing forms and procedures, including those filing their 2024 returns on extension of a due date prior to Dec. 31, 2025. The change is designed to:

Protect taxpayers: Paper checks are over 16 times more likely to be lost, stolen, altered, or delayed than electronic payments. Direct deposit also avoids the possibility that a refund check could be returned to the IRS as undeliverable.

Speed up refunds: Electronic refunds give taxpayers faster access to refunds, with payments issued in less than 21 days if filing electronically, choosing direct deposit and there are no issues with the return, whereas nonelectronic payments may take 6 weeks or longer for refunds sent by

Cut costs: Electronic payments are more efficient and cost less than paper.

What this means for individual taxpayers:

Filing stays the same: Taxpayers should continue to file their returns as they normally would, using one of the existing filing options.

Refunds go digital: Most refunds will be delivered by direct deposit or other secure electronic methods.

Help for those without access to bank accounts: Options such as prepaid debit cards, digital wallets or limited exceptions will be available. Act now: Taxpayers should make sure they know their banking information or consider opening a free or low-cost account. Visit FDIC: GetBanked and MyCreditUnion.gov for account options.

According to the IRS, most individual taxpayers already receive their refunds by direct deposit into their bank accounts. During the 2025 tax filing season, the IRS issued more than 93.5 million tax refunds to individual income tax filers, and 93% of those, almost 87 million refunds, were issued through direct deposit. Only 7% of individual refund recipients received their refunds by check through the mail.

Executive Order 14247 also applies to payments made to the IRS. Taxpayers should continue to use existing payment options until further notice. Additional guidance and information for filing 2025 taxes will be issued prior to the 2026 filing

The IRS will share updated guidance on IRS.gov and through outreach efforts nationwide. To find you local office, you can go to the IRS Locator page on their website at https://apps. irs.gov/app/office-locator/

Art at Grace Fellowship Academy



Exposing young minds to art has been shown to help children to make choices about colors, shapes, and designs which supports the development of critical thinking and problem-solving skills. Plus, it is a lot of fun. Grace Fellowship Academy in Oriental is incorporating art into their learning activities and recently their art instructor, Brooke Morgan, focused on American painter Jackson Pollock and his techniques in creating abstract modern art. Students learned about Pollock and then put his methods into practice by creating some art of their own by using the "splatter paint" method. Another way of making learning fun.

State Superintendent Visits Pamlico County Schools

by: Hiram Lupton

The North Carolina State Superintendent of Public Instruction, Maurice "Mo" Green kicked off a statewide tour of North Carolina Public Schools last week and on Friday morning he made a stop in Pamlico County. He was greeted at the School District Office by Pamlico County School Superintendent Dr. Jeremy Johnson, School Administration, School Board members, Pamlico County Commissioners Edward Riggs and Kari Forrest, and N. C. State Senator Norman Sanderson. While there, Dr. Johnson gave a presentation covering many aspects of the Pamlico County School system including the system's strategic plan, status of the new 6-12 school construction, and the hoped for school consolidation construction for the future. He also spoke of what makes the schools "Uniquely Pamlico." While there, Green was presented with a "Hurricane Challenge Coin" by members of



them about reading and books at the school's media center

the High School Navy Junior Reserve Officer Training Corps. After a few brief remarks, the entourage headed over to the new school construction site for a tour conducted by Metcon Construction Superintendent Justin Fout. From there everyone paid a visit to Pamlico County Primary School (PCPS) where Superintendent Green took a tour and was able to interact with the students and their teachers. He spoke to the students about their favorite parts of school, what they did each day, their favorite books to read as well as what they would like to be when they grow up. "Where the Legacy Begins" is a motto of PCPS and everyone heard a fantastic presentation from PCPS Principal Savannah Alexander on that legacy and how the school has drastically improved early literacy among its students. Learning to read is viewed as the



Superintendent Green is Presented with a Hurricane Challenge Coin by members of the Pamlico County High School NJROTC. (L to R), Brinley Altman, Moriah Phillips, Green, and Jacob Sawyer.



Dr. Jeremy Johnson points out some key features of the new 6-12 school currently under construction to Superintendent Green



Superintendent Green and PCPS Principal Savannah Alexande visit a PCPS classroom

priority in the early grades at PCPS and forms the basis for all future education. Although the school portion of his visit was concluded, Superintendent Green also took a trip to Pamlico County's own Tidewater Grain Company to talk with them about the North Carolina Farm to School Program which connects local agriculture, schools, and partners to benefit students, educators, farmers, families, and communities.

Miss Fay Celebrates 102

by: Hiram Lupton

She has often been referred to as the Turtle Lady and Queen of Oriental and although she would laugh off such mention of royalty, Miss Fay Bond certainly deserves all the accolades that go with the title. Last Sunday, Miss Fay celebrated her 102nd birthday with a gathering of friends and well-wishers at the Oriental Women's Club and she is a true testament of not only being alive, but living life to its fullest. She recently returned from Durham where, along with her daughter Irma, she competed in the North Carolina Senior Games where they also served as torch bearers. Miss Fay not only competes, she wins. At the National Senior games held in Des Moines, Iowa at the end of July, she brought back gold in all three events she took part in; the shot put, the discus, and the standing long jump. When I asked Miss Fay what her favorite event was, she replied, "Whatever one I'm doing at the time, that's what I concentrate on." Irma is a pretty accomplished athlete herself, bringing back 6 medals from the National Games, 3 gold and 3 silver. "I'm a sprinter," says Irma. "I like the speed events and the relays." It would be interesting to know if there has ever been a mother-daughter combination of competitors who have a higher combined age that that of Miss Fay and Irma. At 177 years combined, they should be at or near the top. Miss Fay also passed on her athletic genes to her son Jack, who is a National Champion Water skier, bringing back gold last year at the age of 78. Miss Fay attributes her longevity and vigor to eating healthy and staying active. She and her husband were the first members of the Oriental Village Club and up until just a couple of years ago, she taught water aerobics there. She and Irma still participate in the pool twice a week. Happy Birthday Miss Fay! And may you have many more years of living life to Its fullest.



Irma and Miss Fay show off their Senior Games Medals



Miss Fay greets well wishers at her 102nd Birthday Party on Sunday



LIKELY WEATHER OVER THE WEEKEND







Sunday, October 5th 80 °Hi Mostly cloudy throughout the day.



Rock, Sand & Topsoil Custom Excavation, Bulldozer & Backhoe Services Clearing • Grading • Rock Bulkheads Custom Septic & Drainage Installation

NC Onsite Wastewater Contractors & Inspectors Cert # 2043 | Grade IV | Cert # 20431 | Grade Inspector

Dwight Turnage Office: 252-745-4976

Cell: 252-637-8817 Fax: 252-745-5240



PCC Foundation's fundraising golf tournament set for Oct. 18

The Pamlico Community College Foundation is headed back to the links, and we'd like you to join us!

The Foundation will be hosting the 24th Annual CarolinaEast Cup Fundraising Golf Tournament Saturday, Oct. 18, at Minnesott Yacht, Golf & Country Club!

Check-in will begin at 9 a.m., with a shotgun start scheduled for 10 a.m. The entry fee is \$85 per player, which includes green fees and cart, continental breakfast, lunch, mulligan and tee, plus giveaways. Proceeds go to support the Pamlico Community College Foundation and deserving PCC students.

"We are extremely excited about this year's golf tournament," said PCC Foundation Executive Director Heather Arevalo, who is the lead organizer of this year's event. "The response to last year's tournament was wonderful, particularly when you consider we did not have a tourney in 2023. We're looking forward to building on last year's momentum."

She continued, "We're eager to see some old friends and to meet new ones. We're going to have a great time raising money to support our hard-working students."

The tournament will feature a Superball format, with the four-member teams flighted into divisions by their handicaps.

The tournament again will feature a putting contest. Players also will compete for Closest to the Pin and Closest to the Curve prizes. A 50-50 raffle and a silent auction also will be featured.

"We want our participants to have fun and to enjoy a little friendly competition," Arevalo said. "We'll be handing out awards for the teams and players who excel."



Participants can register for the tournament on the college's website - www.pamlicocc.edu. The deadline is Oct. 12. For more information, please contact Arevalo at 252-249-1851, ext. 3084, or harevalo@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@ pamlicocc.edu.



I bet each of you reading this has a piece of paper that you are certain is worth something. It's about two and half inches wide and 6 inches long and is made of a cotton and linen blend. It's green and has all sorts of symbols on it that probably need a lot of explanation. They print them all the time, more and more every year, and everyone already has some. If you really think about it, it is rather a strange thing to think that this piece of paper would have a lot of value – after all, what can you practically do with it?

I am of course talking about the U.S. dollar. We don't think of the dollar in pragmatic terms - we just accept that it has value and that everyone else thinks so, too.

Economists define a currency as something that possesses three traits:







and retain its value

So, the U.S. dollar obviously qualifies since we use it in these ways all the time. But what about cryptocurrencies?

The OG cryptocurrency is Bitcoin. It was started in 2009 after the global financial crisis to create a decentralized currency that didn't require the holder to trust a government or a traditional bank. For those of you who weren't in the financial services industry back then, I can tell you from personal experience it was a tough time for institutions that depend on trust - all manner of banks, asset managers, insurance companies and other venerable firms failed due to their poor ability to manage risk. And their clients were justifiably mad: They had placed their trust in these companies who, in turn prioritized their own corporate self-interests ahead of their clients. You can particularly understand the appeal of a "trust-less" payment system at that time.

In addition to being trustless, Bitcoin has a limited supply and also protects the identity of the owner, while making every transaction available to the public. It has evolved to become very well known, is commonly used for transactions and has more than retained its value over time. So, is it actually a currency?

The main hesitation I have always had in answering "yes" to that question is governmental regulation. At least nine countries, China being the biggest, ban bitcoin, and many others limit its usage. But here in the United States, with our strong tradition of individual liberty, we have historically allowed them, and more recently have fully embraced them from a regulatory perspective. That, for me, was the final thing I needed to see to convince myself that bitcoin and a couple other digital assets are real, and should be considered currencies. Whether you agree with that or not, it's inarguable that the underlying technology from bitcoin, the digital ledger, is here to stay.

We did something a little different in this month. Because this financial literacy topic is in the news all the time, we asked some of the folks making that news to also share a bit about the parts of cryptocurrency they believe all of us should be learning and thinking about. So, I hope you enjoy this month's newsletter and our informative articles about digital assets, take a look at the editorials to help you understand the headlines, and share with me your view at some point on whether bitcoin is a currency!

For more helpful information on how to manage money, build wealth and skillfully navigate the complex world of financial matters, subscribe to the Department of State Treasurer's monthly Finance Fridays newsletter by clicking here

Pamlico Vistas

vista /vis-ta/ n / : a distant view through or along an avenue or opening



The twin towers of Rowe Road - Bayboro



Land/Home Sales **Property Management** Appraisals Development



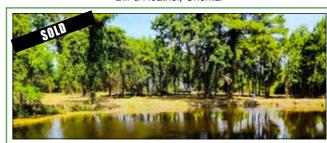
Agent of the Week

Angie Propst Realtor/Broker

Here's what one of Angie's customers had to say ...

Angie was our beacon, with her voice & a smile we could hear helping us move 3,000 miles and successfully coordinating two cross-country transactions for our family with her professionalism and friendship leading the entire way.

Bill & Heather, Oriental



BAYBORO - 1.45-acre private lakefront land, picturesque, serene setting. Nestled in a tranquil environment. Central location, easy commute, walking distance to bakery, parks, shopping & schools.

OFFERED AT \$40,000



NEW BERN - Fairwinds 2BR/2BA Condo in Fairfield Harbor. Open floor plan, screened deck and open deck, roof replaced last year. Community boat dock, pool, golf course, and restaurant. OFFERED AT \$209,000



MERRITT - Newly-renovated, 2,100 sf 3BR/2BA, on 1-acre unrestricted lot, no HOA. Roof & HVAC installed 2021. **OFFERED AT \$269,500**



3BR/2.5BA with heated and cooled 2-car garage, detached workshop, detached poultry barn with outside fencing & a carriage barn building. Home built in 1980 & roof replaced w/architectural shingles in 2018.

OFFERED AT \$325,000



Smith Creek from this 3BR/2BA waterfront home on .55 acres inside the Town of Oriental.

OFFERED AT \$345,000



garage, and back deck is located on a .5-acre corner lot in the Cypress Circle subdivision. Walk, bike or drive to town amenities. OFFERED AT \$380,000



ORIENTAL -3BR/2.5BA open floor plan, ideal for family gatherings or entertaining on 3 acres. Offers a great balance of space and tranquility. Property will be sold as is **OFFERED AT \$425,500**

See all Listings & Visual Tours at www.orientalncwaterfront.com 1-800-347-8246 • 252-249-1014 Or contact Allen Propst

252-671-4644 704 Broad St, PO Box 750, Oriental, NC 28571

THIS WEEK IN HISTORY

by: Hiram Lupton

- October 1st Today is National Homemade Cookies Day.
- October 2nd Today is National Fried Scallops Day.
- October 3rd 1945, Elvis Presley appeared in a talent show at the age of 10. He won second place and \$5. This was his first time performing on stage.
- October 4th Today is National Vodka Day. Za zdorovye!
- October 5th 1962, "Love Me Do", the first ever single by The Beatles was released in the U.K.
- October 6th Today is National Coaches Day.
- October 7th Today is National Taco Day. Always the first Tuesday in October.

BIRTHDAYS THIS WEEK

October 1st - 1950, Actor Randy Quaid

October 3rd - 1954, Guitarist Stevie Ray Vaughn

October 3rd - 1969, Singer Gwen Stefani

October 4th - 1989, Actress Dakota Johnson

October 7th - 1931, Nobel Prize winner Bishop Desmond Tutu

October 7th – 1952, Russian dictator and warmonger Vladimir Putin

October 7th - 19??, Historian and Author, Captain Odell Spain

October 7th – 1967, Singer Toni Braxton



Did you know?

According to the American Osteopathic Association, one in five teenagers will now experience some form of hearing loss. That rate is roughly 30 percent higher than it was 20 years ago. Though various factors have contributed to that increase, the AOA notes that many experts believe an increased use of headphones among teenagers is partly to blame. Listening to headphones at high volumes for extended periods of time can lead to lifelong hearing loss for children and teens. Parents can encourage children and teenagers to listen to music at reasonable levels when using their headphones, and one effective way to control volume without sacrificing sound is to use over-the-ear headphones instead of earbuds. The Cleveland Clinic notes that over-the-ear headphones are generally more effective than earbuds at cancelling outside noise. That allows over-theear headphone users to listen to music at lower volumes, which can significantly reduce their risk for noise-induced hearing loss.



Fall Bird Watching

The first class will meet in the Delamar Building at 9 a.m. for a slide show, and discussion of birding optics and techniques with a short field trip afterward. Subsequent classes will be held in the field with early morning meeting times.

Instructors: Sheryl McNair and Diane Midness Registration: \$35.55 (4 classes)

Dates: Thursdays, October 9 - October 30, 2025

Sound Bath Sessions

Take a mindful break from the demands of life and nurture your well-being with a relaxing sound bath led by Alyssa of Sacred Shell Healing. Crystal bowls, chimes, and other soothing instruments create a meditative soundscape that encourages deep relaxation, eases tension, and quiets the mind. Guided breathing, short meditations, and simple self-care practices help you reconnect and recharge. No experience needed-just bring an open mind and anything that makes you comfortable (yoga mat, blanket, pillow, or cozy clothing).

Location: Grantsboro campus

Registration: \$55.55 Dates: Mondays, October 24 - November 24, 2025

Times: 4:00 p.m. to 5:00 p.m.

Concerned about your drinking?

You are not alone, there is help available! Come join others who have found a Solution! **Alcoholics Anonymous:** New Bern Hotline (252) 349-0898

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday *7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church,

402 Freemason St. in Oriental, NC (2nd brick church on the left)

bttps://aaeasternnc.org/ bttps://aanortbcarolina.org/ https://www.aa.org/

The Pamlico News

Publisher Sandy Winfrey Office Manager Katherine Winfrey Jeannine Russo

Editor Sandy Winfrey

Photographer Reporter Hiram Lupton **Advertising Sales** Jeannine Russo **Production**

J.P. Miller Distribution

Neal McCraw We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News. Press Releases, Events, News editor@thepamliconews.com

Photographer Reporter

hiram@thepamliconews.com Advertising

frontdesk@thepamliconews.com **Billing Inquiries**

frontdesk@thepamliconews.com

USPS 782-460 Published 51 times a year

801 Broad St., P.O.Box 510 Oriental, NC 28571

(252) 249-1555 fax: (252) 249 0857 www.thepamliconews.com The Pamlico News Editorials and Opinions section features opinion articles

newspaper editorials and letters to the editor on the issues of the day. The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or

COMMUNITY

SHOPPING LOCALLY not only means getting to see the same friendly faces each time you patronize a nearby business, it also means keeping money in your community. A 2018 study from American Express, the company that founded Small Business Saturday (which is celebrated the day after Black Friday), and the National Federation of Independent Business found that roughly two-thirds of every dollar spent at a small business ultimately stays in the local community. That boils down to 67 cents out of every dollar. The American Independent Business Alliance also references the "local mul-



tiplier" regarding local spending. This occurs when people spend at a locally owned and independent business instead of chain stores or mega online retailers. Although the exact amount of dollars recirculated by locally owned businesses varies due to certain unique criteria, retail studies conducted by Civic Economics has found a person's dollars at these locally owned businesses recirculate through the local economy two to four times more than money spent at non-local companies. This money helps generate more local wealth, charitable contributions and jobs.



Food of the Month: Stuffing



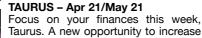
PCFLO is selecting a Food of the Month for each month during 2025, and our selection for October is Stuffing. Help provide PCFLO clients with holiday meal ingredients by bringing turkey gravy to your church during any Sunday during the month. You can also bring Stuffing to the PCFLO collection box at the Food Pantry at 108 Straight Road in Oriental.

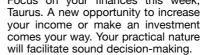
Looking ahead to November, the Food of the Month will be Pancake Mix. Thanks for your support!!



ARIES - Mar 21/Apr 20 Your energy is off the charts this week,

Aries. This is the perfect time to start a new fitness regimen or tackle projects that you've been putting off for a while.





GEMINI - May 22/Jun 21

Your communication skills are very powerful right now, Gemini. Whether it is a difficult conversation or a creative collaboration, you will find the right

words to express vourself.

CANCER - Jun 22/Jul 22 Take some time for self-care this week, Cancer. Your intuition is strong and

your inner voice will lead you to what will ultimately bring security and com-

LEO - Jul 23/Aug 23 Leo, you are shining brightly right now. This is your time to be seen and celebrated. Step into the spotlight at

work or in your social circle. Your confidence will be contagious. VIRGO - Aug 24/Sept 22

Productivity and organization are the name of the game this week, Virgo. You will feel a sense of satisfaction from checking off tasks and bringing order to your surroundings.



LIBRA - Sept 23/Oct 23 Your natural charm and diplomatic

skills make you a sought-after companion, Libra. This means your social life may be buzzing right now with plenty of people staying close.



SCORPIO - Oct 24/Nov 22 You are in a powerful position to achieve your professional goals,

Scorpio. A new project or recognition at work might be on the horizon. Stay SAGITTARIUS - Nov 23/Dec 21



Adventure is calling you, Sagittarius. Whether it is travel plans, a new work project or trying a new restaurant, you

will be seeking novel experiences this CAPRICORN - Dec 22/Jan 20 Take some time for deep reflection,



Capricorn. You can find clarity by looking inward and understanding what drives you. Expect some good news

AQUARIUS - Jan 21/Feb 18 Your relationships are a great source of joy this week, Aquarius. You may connect with others who share your unique vision and ideas. Don't be



afraid to be yourself. PISCES - Feb 19/Mar 20

Creativity is flowing right now, Pisces. Devote some time to a passion project, whether it is art, music or writing. It is alright to daydream a little while

LIBRA Traits & Overview

Libra (September 23 - October 22) is an air sign represented by the scales (interestingly, the only inanimate object of the zodiac), an association that reflects Libra's fixation on balance and harmony. Libra is obsessed with symmetry and strives to create equilibrium in all areas of life. These air signs are the aesthetes of the zodiac: Ruled by Venus, the planet that governs love, beauty, and money, Libras adore high art, intellectualism, and connoisseurship. Suave Libras need to surround themselves with stunning objects and create environments that reflect their exquisite tastes. Accordingly, these air signs make excellent designers, decorators, art critics, and stylists.

While Libra's opposite sign, Aries, represents "me," Libra symbolizes "we." Relationships are paramount for Libras, who find balance in companionship. They love harmonious partnerships with fashionable mates, especially those who make attractive arm candy. (Libra governs the skin, and these air signs are highly motivated by physical appearance. There's no better way for a Libra to relax than with a luxurious face mask.)

FOR ENTERTAINMENT PURPOSES ONLY

FINANCIAL FOCUS

Financial steps to prepare for Alzheimer's and dementia



More than 7 million Americans have Alzheimer's disease, according to a 2025 report from the Alzheimer's Association. The emotional toll of watching a loved one struggle with the memory loss, depression, anxiety and cognitive decline is already overwhelming — but the financial burden can be significant too. Hopefully this disease will never touch your family, but it's important

to be financially prepared just in case. By planning to cover long-term care costs and creating a financial strategy for caregivers, you can help protect your family's financial well-being.

Expenses related to Alzheimer's and other forms of dementia can be extensive. Families often face ongoing medical treatment costs, medical equipment purchases, home safety modifications, prescription drugs and personal care supplies. Long-term care represents one of the largest health care costs not covered entirely by traditional Medicare, making advanced planning crucial.

Here are a few essential planning steps to consider:

Plan for care costs and identify insurance coverage. Start by understanding your family's health insurance options, including Medicare, supplemental policies and veteran's benefits if applicable. Determine coverage for adult day care services, in-home care services, full-time residential care and other long-term care options. Confirm whether you or your loved ones have long-term care policies or other insurance with long-term care riders.

In some states, Medicare offers Special Needs Plans (SNPs) for people living with dementia, including Alzheimer's. These plans specialize in care and coverage for beneficiaries with dementia, and only those diagnosed can enroll.

Identify assets and debts. Create a comprehensive picture of your family's financial position, including bank accounts, investments, property and debts such as credit cards, mortgages or lines of credit. You'll need this if you take over financial management for a loved one.

Ensure legal documents are in place. Work with an attorney to establish crucial documents like a durable power of attorney for finances and health care decisions. These documents should be created before someone is diagnosed or when they're just starting to show early signs of Alzheimer's, so they can understand what they're signing. Waiting until cognitive ability declines makes the process more challenging and may require court procedures for conservatorship.

Consider a living trust. A living trust can hold financial assets and property while a successor trustee, like trusted family member, manages money and makes investment decisions. While complex, these trusts can provide valuable protection for families dealing with a parent or older relative experiencing dementia.

Look for tax benefits. Caregivers who pay care costs out of pocket may qualify for tax credits and deductions. These benefits vary by state, so consult with a tax advisor about your eligibility.

Consider protective measures for early stages. If a loved one is showing signs of Alzheimer's or other dementia, you may want to set up auto-pay for bills, open joint checking accounts, freeze credit reports at major bureaus, consolidate or cancel credit cards, and monitor financial activities closely. This can help keep financial responsibilities flowing smoothly and prevent exploitation by scam artists.

A qualified financial advisor can help evaluate your family's overall situation and recommend appropriate strategies to prepare for potential dementia-related costs. They can work with your legal and tax professionals to help you put comprehensive protection in place.

While an Alzheimer's or dementia diagnosis will change everyone's life in your family, taking proactive financial steps can help ease the burden and provide greater confidence for the journey ahead. For more information, visit www.alz.org.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.



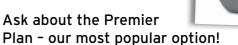






DENTAL Insurance Great coverage for retirees.

Get your FREE Information Kit

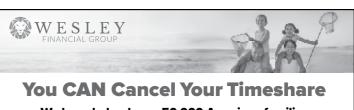


1-844-496-8601

Dental50Plus.com/NCpress

Physicians Mutual Insurance Company

Product/features not available in all states. Contact us for complete details about this insurance solicitation. To find a network provider, go to physiciansmutual.com/find-dentist. This specific offer not available in CO, NV, NY - call 1-800-969-4781 or respond for a similar offer in your state. Certificate C254/B465, C250A/B438 (ID: C254ID; PA: C254PA); Insurance Policy P154/B469 (GA: P154GA; OK: P154OK; TN: P154TN). 6347-0125



We have helped over 50,000 American families

save over \$635,000,000 in timeshare debt and maintenance fees. We can help you too.

Get your free information kit

Call 1.844.213.6711

"The love you send into the world, you will find, is the love that returns to you."

EXTENSION Pamlico County

Handling Flooding and Storm Damage in the Landscape

(Take from online article written by Dr. Lucy Bradley, NCSU Extension Horticulture Specialist at https://gardening.ces. ncsu.edu/weather-2-2/handling-storm-damage-in-the-landscape/)

With the passing of tropical storms and moisture, homeowners may have questions related to storm damage and flooding. This article is a collection of tips and resources that can help residents recover should these hazards occur.

Triage

• Do not make snap decisions. Many deciduous plants will lose their leaves as a strategy for coping with flooding but will leaf out again over time. Damage from flooding can persist for weeks, months, and even years. This damage can result in losses later, especially if drought occurs the following summer.

Document

When it is safe, take photographs to document damage that may have occurred:

- · Document how high the water came onto your property. · Document damage to plants and
- property. This can be useful should plants decline at a much later date.
- Document any foreign substances washed into your landscape. Trying to test for foreign substances in soil and on plants is quite expensive and almost impossible later.

Clean Up

- Safety First. Beware of down power lines, broken glass, and other hazards. Stay out of floodwater.
- Limit reentry until the landscape has dried out. Driving on saturated soil can cause compaction, which may require remediation.
- Downed branches and trees are dangerous, often not responding as anticipated, leading to further expensive and unnecessary damage to the tree and the person. When in doubt about personnel safety or safety of property, hire a professional.
- If plants are covered in salt from a storm surge, rinse them in clean water as soon as possible (unless the rain does this for you). Salt injury is usually limited to those properties nearest the sound where salt water is at its greatest concentration. Most riverside locations see limited impacts from salt.
- Do not fertilize plants after flooding. Flooded roots will require several weeks of drying and regrowth before they will be able to utilize any additional nutrients you could provide.
- Remove sources of standing water or use Mosquito dunks to eliminate breeding spots for mosquitoes. All mosquito species require some form of water to complete their life-





cycle. Reducing these sources can slow development.

Managing Edible Plants and Gardens Exposed to Flood Water (For more information visit https://gardening. ces.ncsu.edu/weather-2-2/handlingstorm-damage-in-the-landscape/ vegetable-herb-and-fruit-gardens-exposed-to-floodwater/)

- The first consideration is personal safety. Floodwater may contain bacterial, viral and parasitic contaminants including raw sewage from septic tanks, animal feces, and dead animals from agriculture or pets particularly E. coli, Listeria, and Vibrio. In addition, chemical contaminants could have been washed in from a variety of sources. Exposure can occur through eating soil (including soil adhering to fruits, and vegetables); breathing volatiles and dust; absorbing contaminants through the skin; and eating fruits and vegetables that have absorbed contaminants.
- Floodwaters may be contaminated with raw sewage so do not eat leafy greens or root crops that are difficult to wash and are eaten raw. Crops that can be boiled pose less risk from viral or bacterial contamination however, neither cooking nor canning will remove the risk of chemical contamination.

- Do not harvest food for 90-120 days after flood water recedes.
- Newly seeded gardens rarely survive a flood. Consider tilling the soil after it has dried to encourage decomposition and reduction of pathogens.
- Consider planting a cover crop prior to the next food crop and allow several months before starting a

Landscapes

- The healthier the plant, the shorter the time underwater, the higher the tolerance of the species to low soil-oxygen levels, the sandier the soil, and the more dormant the plant the more likely it is to survive flooding. Some may not show the full signs of flood stress for several years. Leaves will turn yellow and drop, branch dieback will begin at the tips. Plant stress will cause poor growth and increased insect and disease pressure. Wet soils encourage root and crown diseases like Fusarium Phytophthora, Pythium
- and Rhizoctonia solani. Cover exposed roots and replace lost soils with organic matter, which will replace lost soil microbes as well as slow-release nutrients to promote plant health.
- · Remove excess silts and soils cov-
- ering tree trunks and crowns. • Improve site drainage and do not fertilize while plants are recovering as this can make the plant more vulnerable to insect and disease
- Prune only dead, diseased or broken branches during the first year after the storm.
- Replace lost plants with native and well-adapted plants.

Lawns

- · Saturated soils and debris, silt and soil left after the water recedes can kill lawns. Turfgrass species vary in submersion tolerance and bermudagrass is more tolerant than most. The level of injury depends on water temperature and depth, whether any leaves extend above the water surface, and the amount of time the turf is submerged. Soil and debris two or more inches deep should be removed from the turf as soon as possible after flooding. If it is not possible to remove the layer of soil or debris consider core aerifying when the weather is favorable.
- For more information on managing turfgrass after a hurricane visit https:// ncdisaster.ces.ncsu.edu/wp-content/uploads/2016/10/Turfgrass-Management-after-Hurricane-Matthew_v2.pdf?fwd=no.





This can be yours!

In the Heart of Oriental | 303 Midgette St. Unit B7 **Spectacular Waterfront Views of Smith and Green Creeks** First Floor Unit | 2 Beds/2 Baths 40' x 16' Protected and Deeded Boat Slip





Contact Allen Propst Today! o: 252-249-1014 c: 252-671-4644 e:allenpropst@orientalncwaterfront.com



Pamlico

We specialize in primary medical and dental care for the entire family.



313 Main Street | Bayboro, NC 252-745-2070 (medical) | 252-745-0781 (dental) contentnea.org/Locations



FREE

COMMUNITY SHRED EVENT

SATURDAY, OCTOBER 25, 2025 9 AM - 12 PM

Grantsboro Town Hall Parking Lot (next to Heritage Center & Chamber of Commerce) 10628 NC 55 Highway, Grantsboro, NC

There will be an onsite shred truck to quickly and confidentially shred your personal & sensitive information

This is a FREE community service provided by a grant from NCSMP-the North Carolina Senior Medicare Patrol, a program brought to you by the NC Department of Insurance in conjunction with the Pamlico County Department of Senior Services.



Questions: Call Ann Whitman at 252-745-4629

Pamlico Falls to 0-5, Resets for Conference

The Pamlico County High School football team got off to a promising start at home last Thursday but ultimately fell to the Bruins of Camden County for their fifth loss of the season. On the Hurricanes first possession, freshman quarterback Noah Gibbs hit receiver Semaj Baucom with a 60-yard pass over the middle that Baucom took all the way down to the Camden 4-yard line. Gibbs then powered it in himself on a quarterback keeper to give Pamlico an early 6-0 lead. Camden's following drive stalled and they turned the ball over on downs. The Hurricanes once again reeled off a big play with running back Trey Munford breaking through the line for a 41-yard gain down to the Camden 25-yard line. They would penetrate as far as the 10-yard line but failed to score and turned the ball over on downs, killing the drive. Still, as the first quarter ended, Pamlico led 6-0. After another change of possession, Pamlico found themselves punting on fourth down when Camden shifted momentum by blocking the kick and taking it in for a score. With the extra point, they took the lead, 7-6. Pamlico moved the ball to Camden's 36-yard line on their next possession, but on fourth down, were forced to punt. Kicker Trey Munford fielded a bad snap, avoided a tackler and sped around the left side, out running Bruin defenders for a touchdown. Kamden Keys rushed for the 2-point conversion and Pamlico was up 14-7. Unfortunately, that would be the end of Hurricane scoring for the evening. Camden drove the field on their ensuing possession and with 12 seconds left before the half, scored and then added the 2-point conversion for a 15-14 halftime lead. The second half belonged to the Bruins as they scored on their initial two third quarter possessions and the Hurricanes failed to answer. Camden led 29-14 at the end of the quarter and the final period produced no points for either squad. Pamlico now looks to reset as this Friday night they enter a new phase of the season, Coastal Plains Conference action. Jones Senior will be visiting Bayboro and with both teams winless so far on the season, one team will pick up their first victory of 2025.





Trey Munford (#4) makes a final cut on his way to the endzone for a Pamlico score.

Hurricane Quarterback Noah Gibbs

Pamlico Cross Country Hosts Conference Meet

by: Hiram Lupton

For the running Hurricanes of the Pamlico County High School Cross Country team, last Wednesday was a good time to see where they stand against Coastal Plains foes as they hosted Lejeune, Northside-Pinetown, and East Carteret in a conference meet. The boys team continues to inch closer to perennial conference power Lejeune as they finished second to the Devil Pups but by only 10 points, 32 to 42. Northside sat in third at 70 points with East Carteret bringing up the rear at 81. In cross country, Lowest score wins as points are awarded for where a runner finishes. One point for first, 2 points for second, 3 points for third and so on. Pamlico was paced by Edgar Muro with a third-place overall finish with Riley Treacy close behind in fourth. Reid Carey finished in seventh rounding out Pamlico's top 3 boys. For the Hurricane girls, the gap to first place Lejeune is larger, but Pamlico found themselves in a solid second place. Lejeune's 15 points led the field with Pamlico at 56, and Northside at 68. Pamlico's top three lady runners were Jessica Pichardo-Madrid (8th), Ruby Rohrman (10th), and Emma Smith (13th). There are only about two more weeks in the regular season to improve on times with the conference championships on October 15, hosted by Pamlico. That is followed by the regional championship on October 25 at Northern Nash, and the State championship at Kernersville on November 1.





Riley Treacy

Emma Smith and Coralene Ellis



Monday, October 13, 2025. Meet at the fellowship hall -Oriental United Methodist Church. Have fun and meet new friends. Dinner provided. Second Monday each month.

GAMES, ACTIVITIES, **AND VALUES-BASED DEVOTIONS** FOR MIDDLE AND HIGH SCHOOL YOUTH



OUR CORE VALUES: HELPING YOUNG PEOPLE **THROUGH** CARING, SHARING, AND CONNECTING

MORE INFO: ORIENTALUMC@ORIENTALUMC.ORG

Popular Sculpture, New Point of View

Historical Society Piece Moves to CarolinaEast Medical Center



Image from the original exhibit.

NEW BERN, NCNEW BERN, NC, One of the most popular pieces of the New Bern Historical Society's 100th Anniversary Exhibit, "Through the Looking Glass" at the North Carolina History Center was the "Drop Me a Line" sculpture featuring 100s of historic postcards suspended from an expansive wooden spiral. The postcards and much of the original exhibit have now been re-designed and are on public display at the DoubleTree by Hilton New Bern Riverfront. But what about the spiral?

Artist Jay Manning has re-configured the sweeping piece and given it a different point of view. Where before the viewer was looking up through the array of postcards, the spiral is now an upright crescent. Manning used all the original pieces in this new design, including the wooden structure featuring six semi-transparent acrylic panels with images that convey a theme of transportation through the ages. So, we still have a view "Through the Looking Medical Center. Glass!"



New point of view as it now stands at CarolinaEast

Where is it? The New Bern Historical Society has sent it on permanent loan to CarolinaEast Medical Center. CarolinaEast has generously given this piece a new home in their wonderful collection of artworks. It can be found in the western lobby area of the Medical Center on public view.

"We are delighted to preserve this beautiful piece from our original exhibit," said Executive Director Anthony Giardino. "Our donors and supporters can be assured that these exhibit items remain in our community for all to enjoy and have incorporated the talents of a local craftsman Jay Manning. We thank everyone that made this possible."

The mission of the New Bern Historical Society is to celebrate and promote New Bern and its heritage through events and education. Offices are located in the historic Attmore- Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical. org or www.facebook.com/NewBernHistoricalSociety.

Rissi Palmer: A Trailblazer in Country Music Takes the Stage at Ol' Front Porch Music Festival

Rissi Palmer, a Grammynominated singer-songwriter and passionate advocate for diversity in country music, is set to perform at the Ol' Front Porch Music Festival on October 4 at 5 p.m. Known



for her soulful blend of country, pop, and R&B, Palmer brings a unique voice and perspective to the stage, captivating audiences with her heartfelt lyrics and powerful performances.

Born near Pittsburgh, Pennsylvania, and raised in St. Louis, Missouri, Palmer grew up in a musical family with roots in Georgia, where her love for both country and R&B was nurtured. Her mother's affection for Patsy Cline and her father's admiration for Johnny Cash, Dolly Parton, and Chaka Khan shaped her eclectic musical style, which she calls "Southern Soul." At just 16, Palmer joined a local television-sponsored singing and dancing troupe, and by 19, she had secured her first publishing and label deal, setting the stage for a remarkable career.

In 2007, Palmer made history with her debut single, "Country Girl," becoming the first Black woman to chart on the Billboard Hot Country Songs since Dona Mason in 1987. The song, along with "Hold On to Me" and a cover of "No Air," showcased her ability to bridge genres and resonate with diverse audiences. Despite facing challenges as a Black woman in mainstream country music, Palmer persevered, independently releasing albums like the children's record Best Day Ever (2013), the soulful EP The Back Porch Sessions (2015), and the critically acclaimed Revival (2019), which Rolling Stone hailed as one of the Top 25 Country-Soul Albums of all time.

Beyond her music, Palmer is a trailblazer for inclusion. In 2020, she launched Color Me Country Radio on Apple Music Country, a bi-weekly show that amplifies the voices of Black, Indigenous, and Latinx artists in country music. The show, inspired by Linda Martell's groundbreaking 1970 album, features conversations with artists like Darius Rucker, Mickey Guyton, and Brittney Spencer. Palmer also founded the Color Me Country Artist Grant Fund, raising over \$200,000 since 2021 to support emerging artists of color, with grantees earning accolades like CMT's

Next Women of Country.

Her upcoming album, Survivor's Joy, set for release this spring, promises to continue her tradition of blending personal storytelling with themes of resilience and hope. Palmer's performances, from the Grand Ole Opry to The White House, are known for their emotional depth and infectious energy, making her a mustsee act at the Ol' Front Porch Music Festival.

<?>Based in Durham, North Carolina, Palmer is a proud mother to daughters Grace, 13, and Nova,

5, and a beloved figure in the local arts scene. Her performance on October 4 is sure to be a highlight of the festival, offering fans a chance to experience her genre-defying sound and unwavering commitment to breaking barriers in country music.

For more details on Rissi Palmer and her work, visit rissipalmermusic.com. For more information about the Ol' Front Porch Music Festival, visit olfrontporch.org.

There's always room for pizza

When it comes to pizza, it is often difficult to stop after just one slice. Although pizza originated in Italy, people from all around the world have made pizza their own by experimenting with different flavor combinations and toppings.

When it comes to pizza, it is often difficult to stop after just one slice. Although pizza originated in Italy, people from all around the world have made pizza their own by experimenting with different flavor combinations and toppings.

Whether you're in the camp who thinks it isn't pizza if there's more than mozzarella cheese and red sauce on the crust or the one who feels the sky's the limit for pizza adventures, it's hard not to like "Buffalo Chicken Pizza." This recipe pairs the heat and tang of Buffalo wings with the familiarity of pizza's crunch. Try this medley of flavor, courtesy of "30-Minute Meal Prep: 100 Healthy and Delicious Recipes to Eat All Week" (Sourcebooks) by Robin Miller.

Buffalo Chicken Pizza Serves 4

1 13.8-ounce container refrigerated pizza

- dough
- 1 cup ricotta cheese
- 3 tablespoons powdered ranch dip/dressing
- 2 cups shredded cooked chicken
- 1/4 cup hot sauce, such as Frank's, or hot sauce of choice
- 1 cup shredded mozzarella cheese Chopped fresh chives for serving (optional) Bottled ranch dressing for serving (optional)



1. Preheat the oven to 400 F. Line a large baking sheet with parchment paper or aluminum foil.

2. Unroll the pizza dough on the prepared pan, and shape as desired. I chose a 10-by-12-inch rectangle. Bake for 6 minutes.

3. Meanwhile, in a small bowl, combine the ricotta and powdered ranch, and mix well.

4. In another bowl, combine the chicken and hot sauce, and mix to cover the chicken with the

5. Spread the ricotta mixture all over the prebaked crust, to within half an inch of the edge.

6. Arrange the chicken over the ricotta, and top with the mozzarella. 7. Bake for 6 to 10 minutes, until the edges of the

crust are golden brown and the cheese melts. 8. Top with fresh chives (if using), and serve with ranch dressing on the side (if using).



PAMLICO HOME BUILDERS & SUPPLIES, INC.

Hwy 55, Alliance • (252) 745-4111

How to Start Your

Hours: Mon. - Fri. 7:00 am to 6:00 pm • Sat. 8:00 am to 2:00 pm



Instructor

Mike Collins

Own Business

Thursdays October 23 - Nov 20, 2025 2-3pm OR 6:30-7:30pm FREE online webinar

FREE, 5-part webinar series

The ABCs of Starting a Business



Finding Your Perfect Customer/ Creating a Marketing Plan

Dynamite Marketing On a Firecracker Budget for Small Businesses: Low Cost Marketing for Small **Businesses**



The Treasure Chest: Finding the Funds to Finance Your Small Business

Creating a Winning Business Plan







CLASSIFIEDS





U.S.C.G. Approved Training & Testing

Captains Licenses ★Master 100 Tons ★Master 200 Tons ★AB ★STCW 5-day Basic Training ★Radar Endorsements ★ Auxiliary Sail and Assistance Towing Endorsements

> Call 252-249-2135 worldwidemarinetraining.com 22532 NC Hwy 55 East, Oriental, NC 28571

Pamlico Tree Care, LLC

Servicing New Bern & Surrounding Counties



New Omme 90' Tracklift Access through a 4' wide gate Complete Tree Removal Stump Grinding

Brush & Branch Chipping Cabling & Crown Reduction Tree Pruning & Shaping

Fully Insured with Liability and Workmen's Comp

252-745-7232/252-671-7563

Pamlicotreecare@aol.com www.pamlicotreecare.com

FOR SALE



Oriental - Beautiful .92 acre lot located in Whittaker Harbor Subdivision. Located on Madison Ave in Oriental, this is the perfect location to build your dream home. Only 6 minutes to the Village. Oriental water activities include boating, kayaking and fishing. Come see for yourself! \$25,000

CENTURY 21₈ Sail/Loft Realty 252-249-1787

www.SailLoftRealty.com



☎ Full Service Grooming Licensed Boarding ❖ For Dogs, Cats, Birds & Other Pets_

252-249-0243 315 White Farm Road Oriental, NC 28571

Hours: M - F 8:30 - 5 各 Sat. 9 - 3 Check out our website at www.TheOrientalPetParlour.com



252-670-7728

252-675-2828

NOTICE TO CREDITORS Estate of Guy Credle File No. 25E001092-680

All persons, firms, and corporations having claims against Guy Credle, deceased, of Pamlico County, North Carolina, are notified to exhibit the same to the undersigned on or before December 10, 2025, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment.

This the 10 th day of September,

Patricia Chadwick, Ancillary Administrator c/o Howard Stallings Law Firm PO Box 12347 Raleigh, NC 27605

NOTICE TO CREDITORS

All persons, firms and corporations having claims against the Estate of MICHAEL EDWARD NORTH, Deceased, of Pamlico County, N.C., are notified to present the same to the Personal Representative listed below on or before December 10, 2025, or this Notice will be pleaded in bar of recovery. All debtors of the said Estate are asked to make immediate payment. This 10th day of September, 2025.

TARA KATHLEEN HOWARD Executor c/o GREGORY T. PEACOCK Ward and Smith, P.A. Attorneys at Law Post Office Box 867 New Bern, NC 28563-0867

NOTICE TO CREDITORS Estate of Nettie Melvin File No. 25E001092-680

All persons, firms, and corporations having claims against Nettie Melvin, deceased, of Pamlico County, North Carolina, are notified to exhibit the same to the undersigned on or before December 10, 2025, or this notice will be pleaded in bar of recovery. Debtors of the decedent are asked to make immediate payment. This the 10 th day of September,

Christopher Melvin, Executor c/o Howard Stallings Law Firm

PO Box 12347

Raleigh, NC 27605

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF

LEGALS

RONALD DOUGLAS HARDISON File No.: 25E001139-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to BEVERLY H. GUIMBAL, ADMINISTRATOR CTA on or before DECEMBER 9TH, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the abovenamed ADMINISTRATOR CTA.

This 10th OF SEPTEMBER 2025

ESTATE OF RONDALD DOUGLAS **HARDISON** C/O BEVERLY H. GUIMBAL 159 PRESCOTT RD NEW BERN, NC 28560

Publish SEPTEMBER 10, 17, 24, AND OCTOBER 1, 2025.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF **GANTLEY H. HUHN. JR.** File No.: 25E001154-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to LARS K. FORSBERG, ADMINISTRATOR CTA on or before DECEMBER 10TH, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR CTA.

This 17th OF SEPTEMBER 2025

ESTATE OF GANTLEY H. HUHN, JR. C/O LARS K. FORSBERG 1250 CORTEZ AVE BILLINGS, MT 59105

Publish SEPTEMBER 17, 24, AND

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF JULES HUGO WOODARD File No.: 25E001165-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JAY C. WOODARD, EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-

named EXECUTOR.

This 1ST DAY OF OCTOBER 2025

ESTATE OF JULES HUGO WOODARD C/O JAY C. WOODARD 7889 NC HWY 306 S GRANTSBORO, NC 28529

Publish OCTOBER 1, 8, 15 AND 22, 2025

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF MARY MICHELLE MCKEE **FODREY**

File No.: 25E001165-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to SARAH JONES, EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the abovenamed EXECUTOR.

This 1ST DAY OF OCTOBER 2025

ESTATE OF MARY MICHELLE MCKEE FODREY C/O SARAH JONES 1871 SANDERS RD MERRITT, NC 28556

Publish OCTOBER 1, 8, 15 AND 22, 2025

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF SANDRA MCRAY FOREMAN-RICE

File No.: 25E001164-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MARIANNE BANKS-RICE. CO ADMINISTRATOR CTA or LENWOOD LEE BANKS, JR, CO ADMINISTRATOR CTA on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above- WOLFINGER named ADMINISTRATORS CTA.

This 1ST OF OCTOBER 2025

ESTATE OF SANDRA MCRAY FOREMAN-RICE C/O MARIANNE BANKS-RICE

PO BOX 5 HOBUCKEN, NC 28537

ESTATE OF SANDRA MCRAY FOREMAN-RICE C/O LENWOOD LEE BANKS, JR. 940 HORNE RD LOWLAND, NC 28552

Publish OCTOBER 1,8, 15 AND 22, 2025.

NORTH CAROLINA IN THE **GENERAL COURT OF JUSTICE PAMLICO COUNTY** SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF **WILLIAM MICHAEL GATES** File No.: 25E001167-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to WILLIAM JUSTIN GATES EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the abovenamed EXECUTOR.

This 1ST OF OCTOBER 2025

ESTATE OF WILLIAM MICHAEL **GATES** C/O WILLIAM JUSTIN GATES 1278 TEACHES COVE ROAD ORIENTAL, NC 28571

Publish OCTOBER 1,8, 15 AND 22, 2025.

NORTH CAROLINA IN THE **GENERAL COURT OF JUSTICE** PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF **ROBERT B. WOLFINGER** File No.: 25E001170-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to ELAINE WOLFINGER, EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the abovenamed EXECUTOR.

This 1ST DAY OF OCTOBER 2025

ESTATE C/O ELAINE WOLFINGER 106 WHITTAKER POINT RD ORIENTAL, NC 28571

Publish OCTOBER 1, 8, 15 AND 22, 2025

The Pamlico News



Technology is getting smarter and smarter: smartphones, smartwatches, smart homes... Only people remain stupid no matter what.





Ms. Vennie Himbry 252-229-9041

Monday-Thursday 10:00 - 4:00 REENTRY SERVICES Court Advocacy Expungement - Counseling - ID Recovery - Housing - Job Referrals

Food/Gas Cards - Clothing Bayboro Development Reentry Center http://tinyurl.com/bdcreentry

NAVY VET'S Demolition Service Gravel Driveways Environmentally Better Aesthetically Pleasing Culvert Pipe Installed Also removal of derelict & unwanted boats

252-249-0725

Arapahoe, possible shots fired/ Sept. 20, Main St. Alliance,

INCIDENTS

Sept. 18, Country Club Dr.,

false/misleading/unfounded report to police/law enforcement, cyberstalking

Sept. 20, Beech Lane, Grantsboro, assault by pointing gun, communicating threats Sept. 20, Moonlight Lake Dr., New Bern, order for arrest for misuse of 911 system Sept. 20, Leaf Lane, New Bern,

injury to real property Sept. 21, High St., Oriental, unauthorized use of motor vehicle/car without consent of owner, injury to real property Sept. 21, Dogwood Landing Rd., Merritt, second degree Sept. 21, Hobucken School Rd.,

Hobucken, assault by pointing Sept. 21, NC Hwy 55, Alliance,

simple assault Sept. 22, High St., Bayboro, assault by strangulation, first degree burglary of occupied

dwelling Sept. 22, Dobbs Farm Rd., Kinston, abandonment and failure to support spouse and

children Sept. 22, Main St., Bayboro, order for arrest child support warrant

Sept. 23, Spain Farm Rd., Stonewall, littering 15-500 lbs. Sept. 23, Chair Rd., New Bern, suspicious activity Sept. 24, Spain Farm Rd.,

REPORTS

Stonewall, order for arrest possession of marijuana paraphernalia

Sept. 24, NC Hwy 55, Merritt, communicating threats Sept. 24, Main St., Bayboro, civil issue

Sept. 25, Roberts Rd., Grantsboro, unauthorized use of motor vehicle/car without consent of owner

INSPECTIONS Aug. 21, David/Donna Knisely, Oriental, plumbing, \$172.16; AZ2 Tobacco, Grantsboro, electrical, \$50; Terry Ringgold, New Bern, mechanical, \$100; Johnnie/Kim Toler, Bayboro,

mechanical, \$100; Mark Tesh,

Oriental, CAMA, \$74.32; Kenneth Sigmon, Oriental, CAMA, \$518.60 Aug. 22, William/Belinda Fralick,

Oriental, new, \$1,397.66; David Change, Oriental, electrical, \$50; Nyan Kendrick, Grantsboro, new, \$2,116.64; Pat Klug, gas, \$50

Aug. 25, Luke Foster, Arapahoe, electrical, \$150; Tony Hill, Oriental, electrical, \$50; Tony Sala, Oriental, electrical, \$50; Robert Vardanega, Merritt, electrical, \$50; Livingston Franklin, Minnesott Beach, new, \$977.36; Lauren Oxyen, Bayboro, new, \$1,665; William Stanley, Arapahoe, electrical, \$50; William Stanley, Arapahoe, electrical, \$50

STATEWIDE CLASSIFIEDS

Home Improvement

No more cleaning out gutters. Guaranteed! LeafFilter is the most advanced gutter protection for your home, backed by a no-clog guarantee and lifetime transferrable warranty. Call today 1-877-649-1190 to schedule a FREE inspection and no obligation estimate. Plus get 20% off! Seniors and military save an additional 10%. Restrictions apply, see representative for warranty and offer details

Miscellaneous

DAMAGE CLEANUP RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-833-928-1861. Have zip code of service location ready when you call!

Miscellaneous

Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Steppacher Law Offices LLC Principal Office: 224 Adams Ave Scranton

Miscellaneous

HEARING AIDS!! High-quality rechargeable, powerful Audien hearing aids priced 90% less than competitors. Tiny and NEARLY INVISIBLE! 45-day money back guarantee! 888-970-4637

Miscellaneous

We Buy Vintage Guitar's! Looking for 1920-1980 Gibson, Martin, Fender, Gretsch, Epiphone, Guild, Mosrite, Rickenbacker, Prairie State, D'Angelico, Stromberg. And Gibson Mandolins / Banjos. These brands only! Call for a quote: 1-833-641-6577

Miscellaneous

Get a break on your taxes! Donate your car, truck, or SUV to assist the blind and visually impaired. Arrange a swift, no-cost vehicle pickup and secure a generous tax credit for 2025. Call Heritage for the Blind Today at 1-855-869-7055 today!

Miscellaneous

We Buy Houses for Cash AS IS! No repairs. No fuss. Any condition. Easy three step process: Call, get cash offer and get

paid. Get your fair cash offer today by calling Liz Buys Houses: 1-888-247-1189

Miscellaneous

Replace your roof with the best looking and longest lasting material - steel from Erie Metal Roofs! Three styles and multiple colors available. Guaranteed to last a lifetime! Limited Time Offer – up to 50% off installation + Additional 10% off install (for military, health workers & 1st responders.) Call Erie Metal Roofs: 1-855-585-1815

Get DISH Satellite TV + Internet! Free Install, Free HD-DVR Upgrade, 80,000 On-Demand Movies, Plus Limited Time Up To \$600 In Gift Cards. Call Today! 1-877-

Time Share

Call 844-213-6711

920-7405

Wesley Financial Group, LLC Timeshare Cancellation Experts. Over \$50,000,000 in timeshare debt and fees cancelled in 2019. Get free informational package and learn how to get rid of your timeshare! Free consultations. Over 450 positive reviews.

DOVE LANDING TRAINING, LLC

Professional and Positive Training

For Dogs of all Ages

3690 Whortonsville Rd, Merritt, NC

252-249-3034

www.dovelandingtraining.com

AROUND THE COUNTY

Grantsboro Jeff Roberts, Correspondent



Good morning, good afternoon, and good evening. I hope this finds you well. The rain has finally come after a long dry spell, and it has surely made an impact across our county. Farmers have been hard at work, racing against the weather to get their crops in. Many fields now sit bare, but it won't be long before the cycle begins again and the land is alive with growth.

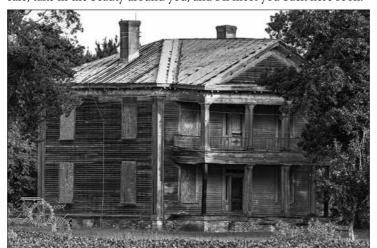
The clouds and showers have also given us some of the most breathtaking sunrises and sunsets I've seen in a while. I am thankful that God saw fit to give me the ability to capture those moments. When my mom was sick, she would light up whenever I showed her a sunrise photo. She loved the beauty around us, and those memories remind me just how important it is to pause and appreciate what we've been given.

The 2025 hunting season is upon us. Let's all be mindful of our hunters, their children, and their dogs who will be out and about for the next few months. Hunting is more than a pastime here—it's a way of life and a tradition as old as mankind itself. It is a skill worth passing down, along with other lessons of self-reliance. Technology has its place, but it can't replace the knowledge of the land and the old ways of survival.

At the same time, hunters must be mindful too. Our county doesn't look the same as it once did-woods we hunted in for years are now neighborhoods, and open fields are disappearing. Please stay aware of your surroundings, respect property lines, and adapt as our home continues to change.

This weekend brings two events worth noting. The New Bern Cancer Ride will put quite a few motorcycles on the roads. While the route doesn't run through Pamlico County this year, many of the riders will be our friends and neighbors. The Old Front Porch Music Festival is also happening this weekend—so grab a chair, tap your foot, and enjoy some good music.

I'll be out and about with my camera as always. Until next week, be safe, take in the beauty around you, and I'll meet you back here soon.



Attached is a photo of the old Grimsley Plantation in Pitt Countywhat a beauty she still is.

GUESS WHO?

Alecia Williams, Owner,

ABCDT

Consults, Private Sessions

Group Classes

I am an actress born on October 4, 1989 in Texas. I am the daughter of two famous actors and the granddaughter of a Hitchcock movie star. I made my film debut at age 10, but gained wide recognition when a steamy book series was brought to life on the big screen.

Answer: Dakota Johnson

Rearrange the letters to spell something pertaining to pizza

Answer: Slice

Whortonsville Reba Tiller, Correspondent



Good morning to everyone! What a great morning to see that Tropical Storm Imelda is turning away from us. The east coast may get a little flooding and some rain but we are so far safe from the storm itself. Our pecan trees are beginning to drop a few pecans and the squirrels are having a ball going up and down the trees and burying the

nuts for the winter. They are busy little critters! Brown Creek is so beautiful in the mornings when I open the blinds, usually the water is so calm. Church Service yesterday was a good day with close to twenty people in attendance. We had soup and desserts for lunch after the service. Mr. and Mrs. Bacon from Forest Shores Estates had lunch with us. Linda Bacon had made soup for Prime-time so Sylvia bought it so we had three pots of soups and all were delicious! Sylvia Nickerson has joined the Prayer Shawl class on Thursdays and from what I am hearing from others in the class she is one of their best and the group have made thousands of Prayer Shawls for folks. I have been in the hospital twice since moving here and I have two shawls the group made for me. HeartWorks had their Gala on Saturday night. Noah and his mom Jeanna went and they had a delightful evening. Both of my grandsons, Harry and Noah have worked there and Noah is working there now. Harry is so busy at Camp Seagull he doesn't get much time off. If anyone reads this and you like to sing, Beth Burch, who took the Directors job after I retired, could use use your voice. They are now preparing music for the Thanksgiving Service held at the Catholic Church on White Farm Road. The Chorale has always participated in the service. Ol' Front Porch Music coming up this weekend.

THOUGHT FOR THE WEEK— AS WE SEE SO MUCH HATE IN THE WORLD, LET US REMEMBER-- LOVE IS WHAT WE NEED TO KEEP IN OUR HEARTS!

Open Letter to Reba Tiller

Reba, When I heard of your decision to resign as the director of "The Choral", I felt both joy and sadness. Joy because you now have the time to sit back and bask in the success of your endeavors to make the Oriental Area a nicer place to live. Sad because the choral will not be the same without your presence.

I was living in Oriental when you formed the choral. I know the time and energy you put forth to attract the members and mold them into a wonderful singing group. My wife was one of the originals in the choral. She loved you and looked forward to each meeting where she experienced friendship, cooperation, laughter, and yes discipline. She felt that her work with the choral was a small part in making Oriental the wonderful place it is.

Thank you Reba for all that you have done and continue to do. I wish you health, happiness and a long life.

Charles Carpenter Cary, NC Formerly of Oriental

Pamlico Betty Jo Rodgers, Correspondent



I am enjoying the cooler weather. The soy beans on the farm are ready to be harvested. I was afraid the storm might cover them with salt water and ruin them, but praise the Lord, both hurricanes turned out to be fish storms.

The high school JROTC spent the weekend helping the cancer camp at Camp Seafarer. Thank you

JROTC, we are so proud of how you represent Pamlico County. October is Pastor Appreciation month. Pastors have awesome

responsibilities and dedicate their lives to serving others by preaching and teaching the word of God and leading souls to Jesus Christ. The job is tough, but those who are dedicated rest in the assurance that they are doing what God has called them to do. Pray for your pastor, they need prayers daily.

The Ol' Front Porch Music Festival consists of Folk, Americana, Bluegrass, Country, Gospel, Jazz... all in the walkable village of Oriental, NC. This amazing weekend of music is absolutely free to attend. The festival runs for two full days, Friday Oct 3, 2025 and Saturday Oct 4, 2025.

Pamlico Methodist Church is having homecoming on October 5, 2025 at 10:00 am. They want anyone who has ever attended to celebrate with them. I have been spreading the word to all that I knew who used to attend there. The Pamlico women are working on a cookbook with recipes from former and present church members. It will be a collector's item.

will celebrate with Holy Communion by intinction in a hand carved communion paten and chalice that came from Costa Rica.

On October 19, Stonewall Methodist Church will celebrate "Miracle Sunday," and will have a catered fellowship meal after the service. They will open the time capsule that was placed in the church in the year 2000. Everyone's invited to attend.

Stonewall Methodist Church and Alliance United Methodist Church are preparing for their Fall Bazaar on November 1, 2025. For many years both churches have supported each other in their endeavors to raise money for their mission projects throughout the year. Stonewall starts at 7 am and Alliance starts at 8 am.

Celebrating birthdays in October are Kylee Rodriguez (10/1), Sandra Stowe (10/3), Pearl Ford Smith (10/5), Kim Potter (10/6), James Wood (10/9), Amanda Carey, Joannis Rodgers, and Michael Spain (10/10), John Paul Wood (10/11), Dixie Gatlin (10/12), Elena Hamilton (10/13), John Deaton (10/15), Barbara Carey (10/19), Bilinda Gwaltney and Connor Russo, (10/22), Linda Lane (10/24), George Bennett (10/25), Polly Taylor (10/27), Jeremy Freeman (10/29), and Linda Gail Lupton (10/31). Charles and Ann Stackhouse will celebrate their Anniversary on October 16.

Have a blessed week. Knowledgeable? Take Spiritual Vitamin K. "Know this that the Lord is God, it is He that made us and not

October 5, 2025, is also World Communion Sunday and Stonewall

They carry different items so be sure to make plans to visit both.

we ourselves." (Psalms 100:3)

100 Years Ago This Month: Historical events from October 1925

The month of October has been home to many historical events over the years. Here's a look at some that helped to shape the world in October 1925.

- Three workers are burned alive when the Church Hill Tunnel in Richmond, Virginia, collapses on October 2. The tragedy is partly responsible for the emergence of an urban legend known as the "Richmond Vampire" more than 80 years after the tunnel's col-
- Legendary baseball pitcher Christy Mathewson dies of tuberculosis on October 7. Mathewson, who notched 373 wins and five National League ERA titles during his career, developed tuberculosis after being exposed to chemical weapons during World War
- Federal Bureau of Investigation agent Edwin C. Shanahan is killed on October 11. Shanahan is the first FBI agent to be killed in the
- Six hundred American troops enter Panama on October 12. The troops enter at the request of Panamanian President Rodolfo Chiari, who was hoping to put down a renter's strike.
- Margaret Hilda Roberts is born in Grantham, Lincolnshire, England on October 13. Roberts would come to be known as Margaret Thatcher and serve as the Prime Minister of England from 1979 to 1990.
- The Pittsburgh Pirates win the World Series on October 15. The Pirates defeat the Washington Senators 9-7 in the decisive seventh

game of the series. The Senators had opened the series winning

- three of the first four games. • John William Carson is born in Corning, Iowa, on October 23. Carson would grow up and host "The Tonight Show Starring Johnny Carson" for three decades, ultimately earning the nickname "The King of Late Night."
- Seven of 23 U.S. Navy Curtiss CS-1 seaplanes are destroyed by wind gusts on October 25. The planes had been brought to Maryland to compete in the Schneider Cup.
- Nicaragua President Carlos José Solórzano acquiesces to former president Emiliano Chamorro Vargas's day-old demand to make him Minister of War on October 26, effectively ceding control of the country.
- The remains of Egyptian pharaoh Tutankhamun are found on October 28. English Egyptologist Howard Carter had discovered Tutankhamun's tomb nearly three years before discovering the remains, which had been covered by a death mask made of gold.
- An armored truck is hijacked and robbed of \$93,000 in cash in Buffalo, New York, on October 29. The money is never recovered and Richard Reese Whitemore, who was indicted for the holdup, was never convicted of the crime after a jury could not agree that he was guilty.
- The Persian Parliament formally deposes the exiled Shah of Persia on October 31. The deposition officially ends the Qajar dynasty, which began in 1789.

CISLE

NOTICE OF PUBLIC HEARING

Notice is hereby given that on Monday, October 20, 2025, a public hearing, as required by N.C.G.S. 105-317, will be held by the Board of Commissioners of the County of Pamlico, North Carolina (the "Board") regarding the proposed adoption of uniform schedules of values, standards, and rules (the "schedules") to be used in appraising real property for property tax purposes as of January 1, 2026. The hearing will commence at 7:00 p.m., or as soon thereafter as the matter can be heard, and will be held in the Commissioners' Meeting Room, 202 Main Street, Second Floor, Bayboro, NC 28515.

The schedules were submitted to the Board at its regularly scheduled meeting on September 15, 2025. A complete copy of the schedules is available for public inspection at the office of the Pamlico County Tax Administrator, 202 Main Street, First Floor, Bayboro, NC 28515. A complete copy of the schedules is also available online at the Pamlico County website, www.pamlicocounty.org, under the "Proposed 2026 Schedules of Values" portion of the Tax Administration section.

The hearing will provide a reasonable opportunity to be heard for persons wishing to express their views on the proposed adoption of the schedules. Prior to any regular meeting of the Board or during normal business hours, citizens may submit written comments by addressing them to: Board of Commissioners of Pamlico County, c/o Tracy Boyd, Clerk to the Board, PO Box 776, Bayboro, NC 28515. Citizens who wish to speak must sign up in the Commissioners' Meeting Room prior to the meeting.

COUNTY OF PAMLICO, NORTH CAROLINA

Tracy Boyd, Clerk to the Board

Dated: September 15, 2025

Hospice of Pamlico Co., Inc. seeks part-time bookkeeper.

About Us:

Hospice of Pamlico Co., Inc. is a mission-driven nonprofit organization dedicated to providing the highest quality end-of-life care and support to our patients and their families. We provide Hospice Care, Bereavement Counseling and Community Education.

We are seeking a detail-oriented and trustworthy Bookkeeper to join our passionate team and help ensure our financial operations run smoothly and transparently. This is a part-time position, requiring two days per week. Compensation will be commensurate with experience.

Key Responsibilities:

- Maintain accurate records of financial transactions using bookkeeping software
- Manage accounts payable and receivable Reconcile bank statements and prepare monthly financial reports
- Assist with budget tracking reporting Ensure compliance with nonprofit accounting standards
- Collaborate with staff to track expenses and allocate funds appropriately
- Prepare documentation for board and independent CPA reviews

Qualifications:

- Proven experience in bookkeeping or accounting
- Proficiency in QuickBooks or similar accounting software Excellent attention to detail and organizational skills
- Ability to work independently and maintain confidentiality

Why Join Us?

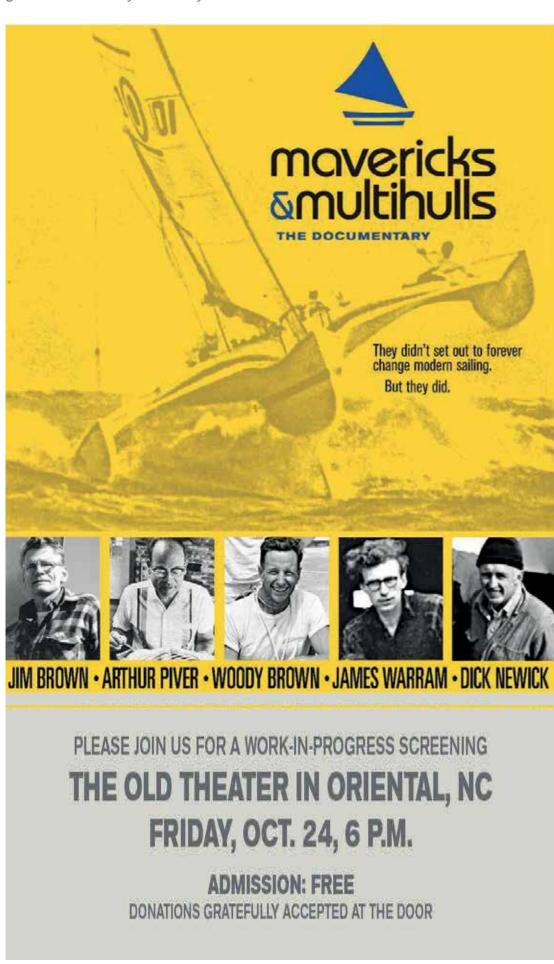
- Make a meaningful impact in your community
- Supportive team environment Be part of a mission that matters

To Apply:

Please email your resume and a brief cover letter to

info@hospiceofpamlico.com.

A psychiatrist is someone who will charge you money for answers that you can get for free from your family.



The North Carolina National Guard Remembers the One Year Anniversary of Hurricane Helene

The North Carolina National Guard (NCNG) is reflecting on its lifesaving efforts during Hurricane Helene, highlighting the dedication of Soldiers and Airmen who supported communities across the state in the storm's aftermath.

Working alongside state, local, and federal partners, the NCNG carried out an unprecedented mission to rescue, sustain, and support North Carolinians when they needed it most.

Key accomplishments included:

- 869 people and 226 pets rescued
- 20,667 tons of ground cargo delivered
- 1,877 tons of air cargo transported
- 661,260 gallons of water distributed
- 3,638 food pallets and 5,306 water pallets
- 886 people relocated to safety
- 468 air missions and 1,876 ground missions
- 1,615 obstacles cleared from critical routes

The NCNG remains "Always Ready, Always There" to serve its communities during natural disasters, providing both immediate relief and support.



https://www.flickr.com/photos/ncngpao/52451321266/in/datetaken/

Photos and Videos: Tropical Storm Helene

Response | Flickr

DVIDS - NC National Guard Responds to Tropical Storm Helene (dvidshub.net)

NCNG YouTube Helene Playlist

ng.nc.ncarng.mbx.pao@army.mil

Considerations for your second act

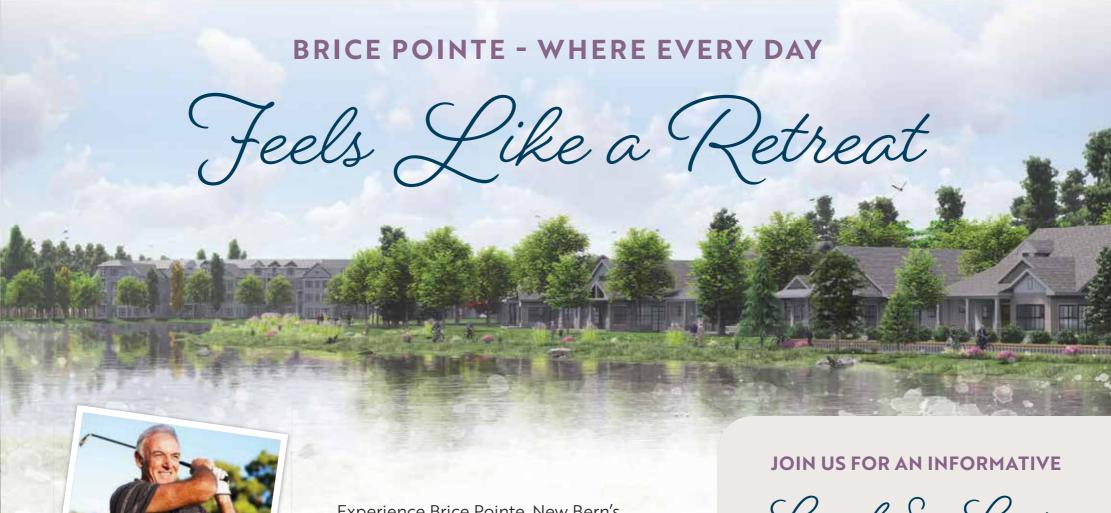
Many people see their careers as one of their defining characteristics. Children are often asked what they want to be when they grow up, and as adults they will likely be asked "What do you do for a living?" more



times than they can remember. Work is undoubtedly a major component of life for most people from the time they leave school to the day when they retire. And a growing number of adults value work so much that they pivot to second careers.

A phenomenon known as "unretirement" occurs when people who have previously retired return to the workforce. A 2010 paper published in the Journal of Human Resources found nearly 50 percent of retirees followed a nontraditional retirement path that involved partial retirement or unretirement. According to a recent Retirement Saving & Spending Study from T. Rowe Price, around 20 percent of retirees are working either full- or part-time, while 7 percent of study respondents are looking for employment. Some people return to work for financial reasons while others seek the social and emotional benefits employment can bring. But individuals mulling a return to work or those currently working but trying to determine a second act should not feel beholden to previous career paths. A second trip around the employment block can involve an entirely different line of work. The following are some things to look for in a second act.

- Flexibility: Choose a career path that enables you to set your own schedule or possibly work part-time if that is your preference. This way you can still reap some of the benefits of retirement, including the flex-
- Social interaction: Adults may lose daily opportunities to be social when they retire, which can compound feelings of isolation common among retirees. Consider a second career that lets you interact with a number of people and continue to build relationships and a good network.
- Personal passions: Reflect on what you might do for work if money were no object. This may help you narrow down new opportunities that are in line with your interests and passions. Find a job that utilizes your skills and experience and meshes with your interests. A former graphic artist, for example, may decide to teach design to young people.
- Nonprofit opportunities: Many retirees spent years in high-stress corporate environments where bottom lines may be more important than the bigger picture. Shifting to a career in the nonprofit sector can be a personally fulfilling job that utilizes skills learned in the corporate world.
- Consulting or contract work: If you're a retiree who loved your job, you might want to have a second career as a consultant or contractor in the same field.
- A number of retirees ultimately explore second careers. Finding a match may be easier than one could have imagined.



Experience Brice Pointe, New Bern's first Life Plan Community, set on 70 scenic acres overlooking Carolina Lake. Enjoy lakeside bike rides, explore the neighboring Carolina Colours community, and choose from a variety of thoughtfully designed floor plans. Free yourself from daily chores—take in breathtaking sunsets and enjoy exceptional access to golf, shopping, healthcare, and vibrant social groups. Curious about life at Brice Pointe? Attend one of our upcoming Lunch & Learns to preview plans and learn more about the Brice Pointe lifestyle.

Lunch & Learn

12:00 PM - 1:30 PM WEDNESDAY, OCTOBER 8TH - or -

TUESDAY, OCTOBER 21ST

CAROLINA COLOURS PAVILION

3300 Waterscape Way New Bern, NC 28562

RSVP by calling 252.497.7070 or emailing HQUINONES@THRIVEMORENC.ORG Space is limited.





Hurricanes at the Net Pamlico Goes 2-0 for Week

by: Hiram Lupton

The Pamlico County High School Volleyball team is now well into their conference schedule and after two matches this week, they still hold an unblemished, 6-0 record in the Coastal Plains Conference. Tuesday, they made the trip to Jacksonville to tangle with the Devil Pups of Lejeune and the Hurricanes put them on a leash with a 3-0 (25-20, 25-14, 25-17) sweep. Pamlico was powered by Senior Julia Bain who had 15 kills at the net. Thursday, Pamlico returned home to face the Mariners who sailed up from East Carteret. The Hurricanes proved to be too powerful of a storm and sank the Mariners 3-0 (25-11, 25-19, 25-20). This week Pamlico stays busy with three matches on the schedule. On Tuesday they host Jones Senior and the following evening they step out of conference for a match with Croatan, also at home. Thursday, they travel to Northside-Pinetown to face the Panthers.





Emma Charles-Craft stretches to return a serve

Madison Anderson kills one at the net

Get into the big game at a local watch party

Professional football kicks off another exciting season days after Labor Day. That's a reason to rejoice for the tens of millions of diehard fans who can't wait to see their favorite players take to the gridiron this season.

Among the joys of the football season are the numerous

opportunities to get together with friends and fellow fans to cheer on a favorite team. Outside of the stadium, there's no better gathering spot to watch the big game than a local bar or restaurant. The excitement of game day only grows when watching the action alongside dozens of fellow fans, so this season marks the perfect time to get into the big game at a local game watch. Bars and restaurants hold such events each week of the season, and novices should know that there's many reasons to make a game watch part of their game day routine.

• Let someone else handle the cooking. Food features prominently on game day, and that can make the day a little tiresome for hosts who like to man the grill or smoker for guests. When attending a game watch at a local bar or restaurant, fans can indulge in their favorite foods without having to make it themselves. That leaves more time to watch the big game and socialize with friends and fellow fans.

• Watch more than one game. The legalization of sports betting in many areas has generated greater interest in football, and that stretches beyond the local teams. Millions of fans now

have a vested financial interest in multiple games each weekend, making a local bar or restaurant an ideal place to catch all the action.

• Meet fellow fans. During the pandemic, millions of fans had to confront the cancellation of various sporting events and attendance

restrictions at local stadiums that greatly limited how many people could watch their favorite teams in person. Those events reminded fans just how much they love their favorite teams and gathering with fellow fanatics. A game watch at a local bar or restaurant provides a great opportunity to meet fellow fans and get together with old friends.

• Save money. Food and drink specials are par for the course at game watch events hosted at local bars and restaurants. That's a great way to save, and the cost of attending a game watch is likely considerably less than heading to the stadium to see a favorite team in person. Data from the secondary market ticket seller SeatGeek indicates the average ticket price for a National Football League game is \$151, which does not include parking, transportation-related costs to and from the game (i.e., tolls and gas) or food and drink at the game.

Game watches connect millions of sports fans each year. Fans can make the most of what figures to be another exciting football season by spending game day at a watch party hosted by a local bar or restaurant.



Save the Date!

Wednesday, October 15, 2025 10am - 2pm Oriental United Methodist Church

10 am - Noon	Vaccinations- COVID-19 boosters, High dose flu, regular flu,Pneumonia, RSV, and tetanus shots (Insurance cards required)	
10 am - Noon	Screenings - Blood Pressure, Balance Assessment	
10 am - Noon	Exhibitors - Bayboro Pharmacy, First Citizens Bank, Hope Clinic, Neuse Neighbors Network, Pamlico County Health Dept, Pamlico County Rescue Squad, Pamlico County SHIIP (Insurance/Medicare) Specialist, Physical Therapy of Oriental, Prime Time & Village Health & Fitness	
Noon - 2 pm	Seminars- "Balance for Life" with Dr. Ben Alexander of Physical Therapy of Oriental, "Sleep Well, Live Well" with Lori Altman, PharmD, Bayboro Pharmacy & Wellness, 2026 Medicare Updates, "First Call for Care: When & Why to Dial Pamlico County Rescue" with Chief TW Harris	

Would you like to participate by having a booth , please contact Debora Steenson @ 252.675.0909 or email director@primetimepamlico.org











The health and wellness market is booming—and growing—

as today's consumers take more control of their health and wellness with science-backed nutrition, weight-management and fitness solutions.





NO CHILD WET BEHIND Diaper Drive



SEPTEMBER AND OCTOBER 2025

The annual Diaper Drive benefits the babies and families of Pamlico County.

Drop off disposable diapers at Pamlico Partnership, 702A Main Street, Bayboro Cash donations are also welcome



For more information: Call 252-745-7850 Text 252-671-2883 or email: michelle@pamlicopartnership.org



Re-Elect Bonnie Crosser for Commissioner on November 4th

Oriental's Finances: Stronger with Oversight

Last year, our Board of Commissioners reinstated the Financial Liaison role (absent for 10 years). Bonnie Crosser, CPA, was appointed to ensure fiscal accountability. Some may question this role, but transparent finances benefit every single citizen.

Achievements:

- Identified \$265,352 in unreported assets over 8 years. Action: Auditor corrected General Fund and Water Plant account.
- Discovered \$168,000 in a dormant account accruing fees. Action: Transferred to high-yield savings (Fall 2024).
- Noted bank reconciliations were delayed several months. Action: Now completed with 15 days, per NC Treasurer recommended best practices.
- Identified weak credit card controls. Action: Credit Card Policy and separated key processes.
- Idle cash in local bank \$844,000 average collected balance (July 2023). Action: Established a policy to transfer idle cash to high-yield savings.

Oriental's finances are stronger. Re-Elect Bonnie Crosser, CPA, for Commissioner on November 4th to keep accountability first!

Let's chat. Join us for Coffee with Crosser: Mondays, 9-10 AM at 401 Broad Street, Oriental.

bonniecrosser@townoforiental.com

Paid for by Bonnie Crosser.

*Ad copy corrected in this printing.

TEACHER PAIR!



PAMLICO COUNTY MIDDLE SCHOOL

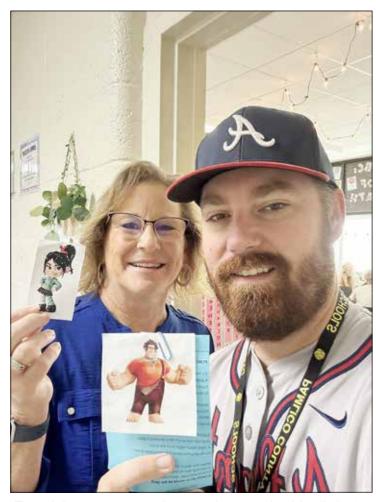
BETA CLUB & SkillsUSA



Our PCMS BETA Club and SkillsUSA officers, along with the PCHS SkillsUSA officers, engaged in a meaningful day of leadership and career exploration. Thank you Mrs. Hale and Mrs. Blalock for all of your hard work and dedication to our student leaders.



PHYSICIANS FOR A DAY IN MATH



To celebrate our amazing teachers and add a little fun to their day, we organized a playful activity with a twist: each teacher had to find their perfect match — another teacher in the building!





7th grade "physicians" practiced their Order of Operations skills while performing eight different "surgeries" in Mrs. Sanderson's class. Students had to carefully solve problems step by step to keep their patients "healthy."

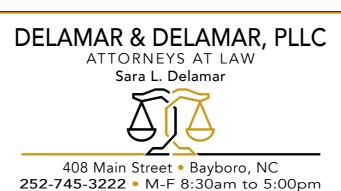
Success is no accident. It is hard work, perseverance, learning, studying, sacrifice and most of all, love of what you are doing or learning to do.





We believe in the power of education.





The largest land animal in Antarctica is an insect: the columbola (which looks like an earwig). Penguins are considered marine animals.



Minnesott Beach, NC 28510 252-249-0200

Your Hurricane Hole! 60 Ton Travel lift, Beams to 19'2" Dry Storage to 55', Lounge and Bathhouse & WiFi

WET AND DRY STORAGE AVAILABLE

HELP WANTED

COASTAL LIVING

The Old Theater to host first screening of sailing documentary

Mavericks & Multihulls tells the story of multihull movement pioneers



More than two years in the making, a new sailing documentary is slated for its first public screening on Friday, October 24, 6:00 p.m., at The Old Theater in Oriental. The documentary is a "work-in-progress" but nearing its final form, according to its producers,

making it the right time to share and gauge responses by friends, fans and supporters.

"Every fall I host a gathering of friends at my place on Brown Creek for a long weekend of celebrating the things we love — sailing, the water, all things outdoors and each other," said executive producer Andy Zimmerman, a veteran of the outdoors industry and devoted sailor who splits his time between Greensboro and Oriental. "This screening is for the group, who have supported this project from the beginning. And we invite all in the area who care about sailing and its history to join us at the screening of this important documentary." Synopsis: In the 1950s and '60s, a group of radical sailors, using modern materials and engineering, reimagined 4,000-year-old multihull boat designs. The boats they built in their backyards and garages broke with convention and launched a decade-long odyssey of invention and adventure, tragedy and accomplishments across oceans, continents and cultures. Sailing today would not be the same if not for these audacious characters. Mavericks & Multihulls tells their story.

Because the movie is not in its final state, admission to the screening is free, with donations gratefully accepted at the theater. Zimmerman said donations will help get the production over the finish line and go towards funding entries in various film festivals, with the ultimate goal of landing acceptance in streaming services like PBS, Amazon Prime and Netflix. He asks those interested in attending the screening to RSVP to properly plan for the event.

Learn more and RSVP at the movie's website: www. MavericksandMultihulls.com.

Stormy Waters Ahead as Ferry Division Facing Cuts in Service

by: Hiram Lupton

With the N. C. Legislature on a "break" without passing a final budget, only piecemeal "mini-budgets," the North Carolina Ferry Division is facing the reality of stretching the dollars they do have to make ends meet. This stretching includes a reduction in personnel and of course cuts in service which includes Pamlico County's Minnesott/Cherry Branch ferry which crosses the Neuse River and is often characterized as a workers to jobs on either side of the river. The possible reduction



commuter ferry transporting The Ferry Service is searching for the proverbial pot of gold at the end of the rainbow to make ends meet while the NC legislature takes a break and

in service also stands to affect Arapahoe Charter School which has students that commute from the Cherry Branch side daily. "The reduction in service will definitely have a negative impact," says Chris Watson, Chief Executive Officer of the school. The legislature is not scheduled to return to Raleigh until late October and the while NC Senate did approve \$3 million so that the ferry division could maintain their current level of service, as well as an additional \$4 million for shipyard work on the ferry vessel Sea Level, the NC House version of this "mini-budget" did not and was not even voted upon

before adjournment, thus throwing the Ferry Division's budget into limbo. In order to stretch the already thin budget, it is proposed that the Minnesott/Cherry Branch Ferry will only have one day, and one night crew, with all part-time staff being laid off. This reduction in personnel of course means a reduction in service. Of the 56 total runs from each side of the river to the other, 24 of these would be suspended. Instead of a ferry departing from each side every 30 minutes during the day, they would now depart every hour for the roughly 20-minute

crossing. The Minnesott/Cherry Branch is not the only route facing cuts in service. In the proposed new schedule, every ferry route operated by the NCDOT will see reduction in service. This of course raises the inevitable question of ferry tolls being applied to those routes currently that are non-tolled and this being an example of political gamesmanship. Time will tell on that, with the ferry division and particularly the commuters that use its services daily caught in the middle. No definite word on exactly when the new schedule will be implemented, but it could come with little notice.

Corporate Oyster Gardens of the Late 19th Century

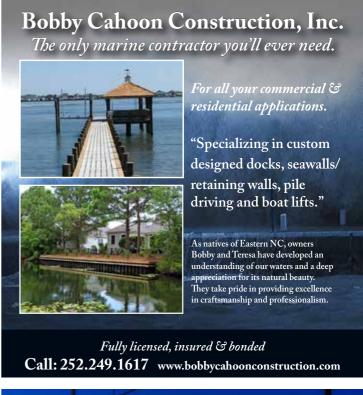
by: Hiram Lupton

If you attended the bi-monthly SnapShot meeting Monday evening at the Pamlico County Heritage Center, you saw a great presentation on the Oyster farming industry in our state in the late 19th Century. David Bennett of the North Carolina Maritime Museum gave a great presentation on the boom in Oyster farming in our state with special emphasis on the Pamlico Sound. In the late 1800's, oysters were the most valuable seafood industry in our state, four times as large as any other fishery. Bennett did a great job explaining the growth and history of the industry in that time period. As one might expect when outsiders move in, and big money (for the time period) is involved, controversy and in some cases violence will follow. It became a familiar battle between the "been here's" and the "come here's," along with the inevitable government intervention that followed. It all came to a head in 1899 when the ultimate force of nature, a hurricane, for the most part put an end to the big money corporate oyster farming of that era. Great job by Mr. Bennett sharing his knowledge and research on the subject and another great SnapShot presentation by the Pamlico County Heritage Center.



David Bennett of the N. C. Maritime Museum









Monday - Thursday 9:00 am - 5:00 pm Friday - Saturday 9:30 am - 5:30 pm Sunday 10:00 am - 4:00 pm

305 Hodges Street, Oriental, NC 28571 Located at ICW statute mile marker 181

252.249.1797



Heating & Air Conditioning Units Natural or Propane Gas, Oil, Electric, or Geothermal

- Free estimates on new installations and/or replacements.
- Residential and commercial applications

Scott

- Complete ductwork inspections, repairs, and now offering duct cleaning.
- Serving five counties for over 35 years



American Standard.

HEATING & AIR CONDITIONING

(252) 745-5135 6690 Hwy. 55 East in Reelsboro

Emergency, Nights & Weekends 252-670-7688 www.scottph.com









New Bern, NC

We provide **professional HVAC** installation and repair service for residential and commercial properties in Craven, Pamlico, and surrounding areas.

Our heating and cooling experts offer accurate and **free estimates** for your convenience. Call us to schedule your estimate!

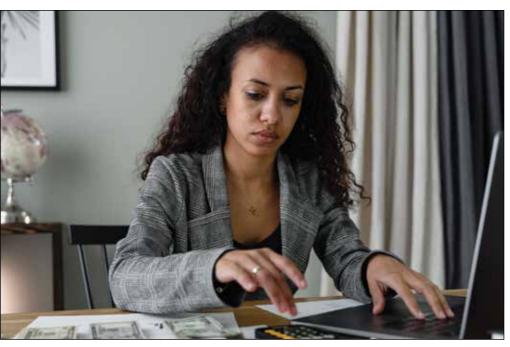
(252) 745·4022 **v** (252) 633·2173

dixonheatingandair.com

PCC offers short-term training courses that can lead to great jobs in health care and more!



Medical Billing and Coding Online! Starts Oct. 6!



Dental Billing and Coding Online! Starting Oct. 20!



Medical Office Professional
Online program begins Oct. 20!

Other great short-term courses starting soon:

- * CPR Certification, One-day class Oct. 8!
- * Nurse Aide II Refresher, One day! Oct. 10!
- * ServSafe, One-day course Nov. 3!
- * Medication Aide, Starting Nov. 6!
- * Adv. Med. Code Practicode, Starts Nov. 10!



Financial aid is available for many of Pamlico's short-term Continuing Education courses!

Call 252-249-1851, ext. 3015, or email Igiles@pamlicocc.edu for details!

FREE Basic Skills courses! Complete your GED® at PCC or learn English with our English as a Second Language (ESL) classes! Classes forming now! Register today! Call 252-249-1851, ext. 3015!

For more information or to register for any of these great courses, please call <u>252-249-1851</u>, ext. <u>3015</u>, today!



Health&Wellness

Guardant Health Announces Partnership with PathGroup, Bringing Shield Blood Test to 250+ Hospitals and Health Systems in 25 States

- Strategic partnership will expand Shield to PathGroup's 15,000+ primary care and OBGYN physicians
- PathGroup's extensive network of phlebotomists and Patient Service Centers enables easier access to Shield, the more pleasant and convenient way to screen for CRC



PALO ALTO, Calif.--(BUSINESS WIRE)-Guardant Health, Inc. (Nasdaq: GH), a leading precision oncology company, today announced a strategic partnership with PathGroup, one of the nation's leading partners to physicians, hospitals, and healthcare networks nationwide, to significantly expand the reach of Guardant's FDA-approved Shield™ blood test. The partnership will bring Shield to more than 250 hospitals and health systems, over 15,000 PathGroup-affiliated physicians across 25 states, and allow more patients to benefit from Guardant's industry-leading Shield blood test for early cancer detection through PathGroup's large network of EMR hospital integrations and phlebotomists. More than five million patients each year receive testing through PathGroup.

PathGroup is also integrating Shield into its robust electronic ordering systems across its health system partners. This frictionless ordering experience will enable providers to add Shield seamlessly within their existing clinical workflow.

"This partnership with PathGroup represents an important milestone in our mission to bring the pleasant and convenient screening option of Shield to as many people as possible and accelerate our commercial distribution plans," said AmirAli Talasaz, Guardant Health co-CEO. "By combining Shield's life-saving innovation with PathGroup's extensive physician and hospital network, we can bring the benefits of Shield to millions of patients who might otherwise face barriers to screening."

"We are proud to partner with Guardant Health to expand access to the cutting-edge

technology Shield provides with a simple blood draw," said Pranil K. Chandra, DO, FCAP, FASCP, PathGroup's Senior Vice President and Chief Genomics Officer. "This collaboration will not only simplify the workflow for providers but also help deliver life-saving early detection to patients across the communities we serve."

Shield is the first and only blood test approved by the U.S. Food and Drug Administration (FDA) as a primary screening option for CRC, the second leading cause of cancer-related deaths in the U.S. CRC has a 91 percent five-year survival rate if caught in early stages. Yet, one out of three eligible adults in the U.S., over 50 million people, do not complete the recommended screening in part because they find other available options unpleasant or inconvenient. Through PathGroup's network that includes phlebotomists and Patient Service Centers, more patients in community and rural settings will be able to access CRC screening through a simple blood draw from Shield.

In addition, through this strategic partnership, PathGroup's digitally enabled histopathology lab and physician team will provide expertise in performing immunohistochemistry (IHC) testing for Guardant. Guardant's IHC test suite provides comprehensive testing for key biomarkers in all solid tumors (such as lung, breast, gastric and ovarian cancers).

About Shield

Shield is a non-invasive, blood-based screening test that detects alterations associated with colorectal cancer in the blood. It is intended as a screening test for individuals at average risk for the disease, age 45 or older, and is not intended for individuals at high risk for colorectal cancer. The Shield test can be considered in a manner similar to guideline-recommended non-invasive CRC screening options and can be completed during any healthcare visit. A positive Shield result raises concern for the presence of colorectal cancer or advanced adenoma and the patient should be referred for colonoscopy evaluation.





CarolinaEastPhysicians.com
CarolinaEastHealth.com

Ol' Front Porch Music Festival

Oct. 3 & 4 - Oriental NC



Free Admission

www.olfrontporch.org

2025 Festival Schedule

	Friday, October 3
1 p.m	Moores Creek Bluegrass Down East Dulcimers Patrick Bliss UHOOs Sweet Megg: Workshop Mild Goose Chase Mike Bramble Pamlico Flutes Jeff Little Trio
3 p.m. 3:30 p.m. 3:30 p.m. 4 p.m. 4 p.m. 4 p.m. 5 p.m. 6:30 p.m.	Moores Creek Bluegrass Mike Bramble Noah Jackson Cobb Mild Goose Chase Brant Island Strings Ken Belangia & Friends Summer in the City Sweet Megg Jeff Little Trio Hoff 'n' Finch
, b	. 1011 11 1111011

Schedule is subject to change Visit olfrontporch.org for latest info

Thanks to our grantors, spotlight sponsors, and media partners

Saturday, October 4

Mild Goose Chase
Dust Parade
Gospel Ensemble
Mad Fiddler
Hoff 'n' Finch
Acisse Jay
Harbor Sounds
Shawn Aldridge
Gospel Ensemble
Mild Goose Chase
Noah Jackson Cobb
Wandering Hours
MoJo Collins
The Wildmans
Pamlico High School Jazz Band
TerraTones
Moores Creek Blugrass
Brant Island Strings
Mild Goose Chase
Mark Tesh
Rissi Palmer
Acisse Jay
Mad Fiddler
Ken Belangia & Friends















