



ALZHEIMER'S ASSOCIATION INVITES PAMLICO COUNTY RESIDENTS TO JOIN 2025 WALK TO END ALZHEIMER'S



Health & Wellness on Page A13

SPORTS on Page 5 & 9



The PCMS Cheerleaders

The Pamlico News

Wednesday, October 15, 2025

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Sheriff Chris Davis



On Monday, October 6, 2025, the Pamlico County Sheriff's Office was contacted by the Pamlico County School System regarding a complaint received regarding images and messages that were sexual in nature being sent by a current teacher assigned to the Pamlico County High School to a previous student who is a juvenile. The video had reportedly been circulating through the student body. Pamlico County Schools contacted the sheriff's office after verifying through their own investigation the validity of the complaint.

Investigators from the sheriff's office initiated a criminal investigation with the cooperation of school administrators. Evidence obtained during the investigation led investigators to apply for and receive a warrant for arrest for Keith Earl REESE, 49 of New Bern, for Dissemination of Obscene Material to a Minor under 18.

On Wednesday, October 8, 2025, Reese was taken into custody at his Craven County home without incident by Pamlico County deputies with the assistance of the Craven County Sheriff's Office. Reese was transported to the Pamlico County Detention Center where he is currently being held. Bond information is currently unavailable. Reese is scheduled to make his first appearance in Pamlico County District Court Friday, October 10th.



The Pamlico Classic Seafood Stew Cook-Off

1st Choice

Nov. 15, 2025
11am 2pm

The Silos . Oriental, NC

Be part of the fun! The Pamlico County Classic Seafood Stew Cook-Off is returning to the Silos in Oriental. This delicious event assists 1st Choice Pregnancy Resources of Pamlico in the provision of free pregnancy related services, support and resources to women and families in need throughout Pamlico County. Join us on November 15th at the Silos, 1111 Broad St Ext. Oriental. In addition to delicious seafood stews with hush-puppies, drinks, and dessert, we will have a bake sale, silent auction, oyster-shucking contest, and live music. It's a wonderful location and occasion to savor and favor! Tickets are \$20 and available at the event or online at: <https://givebutter.com/pcseafoodstew>

Campbell's Creek Methodist Church Celebrates 175 Years

by: Hiram Lupton



Campbell's Creek Methodist Church

It may have been blowing a gale and damp on the outside, but inside the Campbell's Creek Methodist Church, you could feel the warmth and love. Parishioners gathered last Sunday in this small, but tight knit community to celebrate not only their yearly homecoming service, but the church's 175th anniversary. The origins of the church date back to the days of Methodist Circuit Riders, preachers who travelled from small community to small community to preach the gospel and help establish churches. They often met in houses, barns, or wherever small groups could gather. These small groups began meeting in the community of Campbell's Creek in 1850. These first members decided in 1853 to construct a Church building. It was built and called Wesley's Chapel



Pastor Todd McMillen

and served the community until such time that a larger building was needed and constructed. In the late 1940's, it was decided to construct a new, more modern building (for the time). In 1950 the first service was held in the structure that Campbell's Creek Methodist resides in today. As Pastor Todd McMillen stated in his sermon, a church is not a building, but the people in it, and Campbell's Creek Methodist Church has now been here spreading the gospel for 175 years. As a part of the service, Nonie Austin Marasco, who's family has had a presence in the church since the beginning, reviewed the history of the church. "It doesn't matter how long you have been away," she said, "when you step through those big white doors and feel the love, you know you are home."

Pamlico County High School Homecoming

by: Hiram Lupton



The Homecoming Queen and her Court. (L to R): Coralene Ellis, Mya Klein, 2nd Runner-up Nazri Williams, Homecoming Queen Claire DeLancey, 1st Runner-up Emma Smith, Alyssa Anderson, Mia Feliz Osuna.

It was Homecoming week at Pamlico County High School and Friday marked the culmination of activities. There were of course a pep rally, football game, and dance. No Homecoming is complete without the crowning of a King and Queen chosen by vote of the student body. The King was announced at the pep rally and his royal highness was revealed to be

Mr. Isaiah Rodriguez. The big event of crowning a Queen was saved for halftime of an otherwise forgettable football game. The candidates were introduced and this year's Homecoming Queen is Miss Claire DeLancey. Congratulations to all and congratulations to all those who helped make this year's homecoming a memorable one.



Homecoming King Mr. Isaiah Rodriguez and Homecoming Queen Miss Claire DeLancey



The crowning of the Queen

Enroll today in a one day basic boating safety class taught by certified U.S. Coast Guard Auxiliary instructors Boat America



The USCG Auxiliary in New Bern will be conducting a Boat America basic boating safety course on Saturday 8 Nov 2025 at the Riverdale UMC at 5195 US-70E from 0900 to 1700. Persons born in 1988 or later must complete an approved boating education course before operating any vessel propelled by a motor of 10 HP or greater.

You'll learn the required knowledge to operate a boat. Topics include: Before getting underway • Navigating the waterways • Operating your vessel safely • Legal requirements of boating • Handling boating emergencies.

Additionally, many insurance companies offer discounts on boat insurance for completing this course! This course includes a book and, upon completion, you will receive both a certificate and wallet card for proof of completion. Cost for this course is \$30, but if you are sharing a book with another, the second person is \$10 which covers cost of administration.

These courses are taught by qualified instructors who are volunteers in the USCG Auxiliary. Your support is critical in keeping our waterways safe and making it possible for us to support the general education of our boaters.

For more information and to register for this class contact Hank Steinfeld via email: schytzcreek@centurylink.net or call (252) 745-0893



How can wet fallen leaves be dangerous for drivers?

For those who never experienced the dangers of driving on wet leaves before, this may not seem like a big deal. Believe it or not, driving on wet, fallen leaves can be just as risky as driving on ice.

A video released by the Weather Channel explains the risk of driving on wet fallen leaves by using a 3D model of an SUV traveling 45 mph on a rural road. On a perfectly dry roadway without fallen leaves, car traveling at 45 mph would only need about 80 feet to come to a complete stop.

Once the SUV approaches a stretch of the roadway covered in fallen leaves, the distance required to come to a complete stop more than doubles to 200 feet. According to the Weather Channel video, stopping distance increases due to the wax coating on all fallen leaves, which causes leaves to repel water or slide on the surface of the road. This creates conditions of poor traction, similar to driving on ice.

When areas with fallen leaves aren't approached with caution, drivers may lose control of their vehicles and potentially spinout. When brakes are applied abruptly, drivers will likely skid.

Other risk factors to consider when driving this fall

Now that you know how wet fallen leaves can contribute to a crash, it's important to consider other risk factors that can come into play.

As we progress through the fall season, the days will continue to get shorter, especially after we set our clock back for daylight savings. When approaching fallen leaves on the road, visibility will be an issue. According to the National Safety Council, nighttime visibility for the average driver is 250 feet with normal headlights and 500 feet with high-beams. Reduced visibility means less time to prepare for what's to come.

LIKELY WEATHER OVER THE WEEKEND



Saturday, October 18th

78°Hi

Partly cloudy throughout the day.



Sunday, October 19th

77°Hi

Partly cloudy throughout the day.



TURNAGE

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New online program trains students to be medical office professionals

By Sandy Wall

Pamlico Community College has developed a short-term, online Medical Office Professional program for people who want to work as support staffers in health care offices.

The four-course program will train men and women in medical terminology and general medical office procedures. They also will learn to perform medical transcription as well as how to develop and maintain patient records.

Additionally, students will receive instruction in basic procedural and diagnostic coding systems and processes, medical records management, reimbursement, medical ethics, and HIPAA regulations related to the privacy and security of patient information.

Instructor Allyson Woolard, who leads the college’s Medical Billing and Coding program, will teach the four online courses, which include Medical Administration, Medical Legal Issues, Medical Billing, and Medical Office Procedures.

“We’re excited about this new short-term program,” said Lori Giles, the college’s chair of Continuing Education and Technical programs. “It is perfect for students who want to become qual-

MEDICAL OFFICE PROFESSIONAL CERTIFICATION PROGRAM

WHY CHOOSE OUR PROGRAM?

CLASS TRAINING IN:

- Medical Office Administration
- Medical Legal Issues
- Medical Billing
- Medical Office Procedures

THIS CERTIFICATION TRAINING PROGRAM ONLY REQUIRES FOUR CLASSES!

Contact Lori Giles
252-249-1851 ext 3015 or
lgiles@pamlicocc.edu

ified to work as medical office professionals, but who also need the convenience of online education. Individuals who complete this program should be able to secure good jobs in the country’s fast-growing health care sector.”

The first course – Medical Administration – will begin Oct. 20. Each component course will cost \$180.55; financial aid is available for qualified students.

Upon completion, the student will be qualified to test for industry-recognized certifications.

“We believe this program will enable students to join America’s health care team in a short time,” Giles said. “Medical office professionals are essential for health care organizations to function, and Pamlico Community College is ready to help train students for those jobs.”

For more information or to register, please call 252-249-1851 ext. 3015, or email lgiles@pamlicocc.edu.

Sandy Wall can be reached at 252-249-1851, ext. 3010, or swall@pamlicocc.edu.



promoting the well-being for the 50 plus community

Breakfast with Friends
Brantley’s Restaurant
Thursday’s – October 16, 23, 30
8:30 am
Please join the group at Brantley’s (Center Room) for breakfast. The breakfast will continue every Thursday at 8:30. (Except for when they are closed). Come as you are able. Breakfast is on your own. All are welcome!

Prayer Shawl
Thursday’s – October 16, 23, 30
10:00 am

Oriental United Methodist Church – Fellowship Hall
Crochet, knit shawls or lap robes to share with those that are in need of comfort and support. Please call Leigh Price for details. 919.219.2446_

Digital Skills Session - Using Healthcare Online
Monday, November 17
10am to noon at Oriental United Methodist Church.

Learn about telehealth and how to access or create a patient portal

Prime Time’s mission is to provide services and activities promoting the well-being for the 50 plus community in Oriental and Pamlico County. Prime Time brings together many resources helping area residents sustain an independent and enriched quality of life. All are welcome!
Have a suggestion for a program or day trip, please contact Debora Steenson @ 252.675.0909 or email director@prime-timepamlico.org

FREE, IN-PERSON SMALL BUSINESS SEMINARS!

Sat. Nov 1st

Pamlico Small Business Center
701 N Main St.
Bayboro, NC

Never Too Late: Starting a Business at 50+

9-10:30am

The Best Businesses to Start RIGHT Now

10:45am-12:15pm

Money For Fun: How to Turn Your Hobby Into a Small Business

12:30pm-2pm

FOR MORE INFO AND TO REGISTER, VISIT:

www.PamlicoSBC.com

Land/Home Sales Property Management Appraisals Development

Agent of the Week

Gregory Green
Broker-
Here's what one of Gregory's customers had to say...

When my wife and I wanted to purchase a nearby property that was not currently listed for sale I contacted Gregory Green. Greg was able to identify the distant owner and negotiate a price for us. Once the deal was agreed on, he promptly and professionally managed the entire process. He even arranged to have expired permits on the property renewed and referred us to a local attorney to handle the closing. When my neighbor mentioned wanting to purchase a similar property nearby, I recommended she call Greg. He handled all the negotiations, and that property is now under agreement and will shortly be hers. Overall, I would highly recommend Gregory Green to broker any real estate purchase or sale.

Dave & Lorraine, Arapahoe

NEW BERN – Fairwinds 2BR/2BA Condo in Fairfield Harbor. Open floor plan, screened deck and open deck, roof replaced last year. Community boat dock, pool, golf course, and restaurant.

OFFERED AT \$209,000

GRANTSBORO – Unrestricted 1.57 acre mini-farm, 1,792 hsf, 3BR/2.5BA with heated and cooled 2-car garage, detached workshop, detached poultry barn with outside fencing & a carriage barn building. Home built in 1980 & roof replaced w/architectural shingles in 2018.

OFFERED AT \$325,000

ORIENTAL – Wide-water views of Smith & Green Creeks from Oriental West Condos unit A-1. Fully furnished, first floor unit, 2BR/2BA, w/deep-water deeded boat slip.

OFFERED AT \$350,000

NEW BERN – Handicapped-accessible, waterfront 2BR/2BA fully-furnished condominium located in Oriental Harbor Place Condominiums. Community pool, air-conditioned commercial elevator (rated 2,500 pounds), and views of surrounding water.

OFFERED AT \$359,500

ORIENTAL – Built in 2020, this 1,176 sf 3BR/2BA with attached garage, and back deck is located on a .5-acre corner lot in the Cypress Circle subdivision. Walk, bike or drive to town amenities.

OFFERED AT \$380,000

ORIENTAL – 3BR/2.5BA open floor plan, ideal for family gatherings or entertaining on 3 acres. Offers a great balance of space and tranquility. Property will be sold as is.

OFFERED AT \$425,500

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014

Or contact Allen Propst
252-671-4644
704 Broad St, PO Box 750, Oriental, NC 28571

THIS WEEK IN HISTORY

by: Hiram Lupton

- October 15th – Today is National Bra Day, a holiday I can support. It is also National Fossil Day, stop by the Aurora Fossil Museum and celebrate.
- October 16th – Today is National Boss’s Day.
- October 17th – Today is National Pasta Day.
- October 18th – Today is National Meatloaf Appreciation Day. Not sure if this refers to the meal or the rock singer.
- October 19th – 1781, British General Cornwallis surrendered to General George Washington in the last major battle of the American Revolutionary War.
- October 20th – Today is National Chicken and Waffles Day. I like chicken and I like waffles but I’ve never had chicken and waffles.
- October 21st – Today is National Reptile Awareness Day.

BIRTHDAYS THIS WEEK

- October 16th – 1946, Actress Suzanne Somers
- October 17th – 19??, Pamlico County School Board Member Erik Smith
- October 18th – 1938, Actress Dawn Wells
- October 18th – 1926, Rock and Roll Pioneer Chuck Berry
- October 20th – 1950, Musician Tom Petty
- October 20th – 1971, Rapper and Entrepreneur Calvin Broadus, Jr. (Snoop Dogg)
- October 21st – 19??, Publisher of The Pamlico News Sandy Winfrey
- October 21st – 1956, Actress Carrie Fisher



Shrine club serving dinner to all veterans November 13th. 7pm.



Last year's picture.

NO KINGS DAY OCTOBER 18, 2025

Organized by Pamlico Partners For Democracy and Pamlico Progressives Indivisible

Purpose
We are nonpartisan citizens coming together with Indivisible National and other pro-constitution groups in a peaceful nation-wide day of action. We are responding to the increasing authoritarian excesses of the current administration. Masked ICE agents are terrorizing immigrants and citizens, National Guard are patrolling city streets, federal workers are being fired without cause, billionaires get big tax cuts and government contracts, the cost of food continues to rise, farmers have lost their markets, medical information is no longer trusted. This level of chaos and lack of regard for laws is not sustainable. We come together to say stop the cruelty, corruption and

the constant division that is sown by this administration.

When
October 18, 2025 1-2:30

Where
Corner of HWY 55 and 306
Grantsboro, NC 28529

Sign up
<https://www.mobilize.us/nokings/event/848131/>
Google No Kings Day Pamlico
All participants are invited to bring signs, banners and flags

“You reap what you sow: Life is like a boomerang. Our thoughts, deeds and words return to us sooner or later, with astounding accuracy.” — G.M. Bright

Concerned about your drinking?

You are not alone, there is help available!

Come join others who have found a Solution!

Alcoholics Anonymous: New Bern Hotline (252) 349-0898

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

Thursday *7:30pm** - Recovery and Beyond Group - Beginner/Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday *7pm – Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)

<https://aaeasternnc.org/> <https://aanorthcarolina.org/> <https://www.aa.org/>

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The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day. The views and opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

COMMUNITY

LETTER TO THE EDITOR

I am Larry Summers, a former two term Oriental Commissioner, two term member of the East Carolina Council of Governments and a multiyear member of the NC League of Municipalities. I have chosen not to come to many of the recent town meetings because of both scheduling conflicts and the unpleasant atmosphere at the meetings. I believe that some of this atmosphere is caused by not having the Town Attorney at most of the meetings. The Town Board is a Council Manager system of Government. This means that the board has only two people that work directly for the board. Those two are the Town Manager and the Town Attorney. The attorney is there to support the board and to verify that actions of the board align with the laws and the best practices of North Carolina. Some dissension at the meetings might not occur if the attorney explains the proper procedure for dealing with particular issues. The Town Manager is also the Chief Financial Officer for the town. Any questions on the finances should be directed to the Town Manager. One problem with that happening at town meetings is the level of financial detail presented to the board. I pulled up a financial report from a 2016 meeting and it was 14 pages. The recent meeting financial reports are usually 1 to 2 pages. That needs to change if commissioners want to be able to question the financial activity in the town. Another problem that I often see is that issues seem to be presented with very little detail and debate before taking a vote. This gives the appearance of decisions made outside the meeting and/or a lack of concern by the commissioners. We are a representative democratic government and the people should be able to understand the issues and the individual decisions made by their representatives. Let’s make our town policies and laws follow both the laws of North Carolina AND, as much as possible, the will of the people.

Larry Summers
Whittaker Point Road, Oriental

Letter to the Editor: Oriental's Upcoming Town Election

Although I live outside Oriental’s town limits, I remain invested in our town’s well-being as a property owner and former commissioner. During my years of service, I saw firsthand the ways in which financial transparency and responsible management benefit our entire community. When I served on the board, we made real progress: reporting became clearer, inefficiency was addressed, and competent professionals were brought in—putting the town on stable financial ground. While these changes benefited taxpayers, not everyone viewed them favorably. Some former and current officials, along with a group of politically aligned citizens, have now formed a coalition aimed at removing commissioners who have insisted on diligent oversight and accountability. The town’s elections are supposed to be non-partisan, but this coalition—supported by former and current town officials—has made the process unnecessarily political. There have been efforts to characterize honest disagreements and debate as dysfunction, when in fact such oversight is a cornerstone of representative government. Elected officials serve the taxpayers, not just the administration or its employees. While Oriental’s staff and manager are compensated more generously than most area jobs, public service demands transparency in spending and policy enforcement. I hope voters will focus on results, not coalitions or partisan leanings. Choose candidates who demonstrate a commitment to openness, responsible stewardship, and the long-term interests of Oriental’s people.

Frank Roe
New Bern, NC

Wake up, Oriental — one former commissioner and two soon-to-be former commissioners are trying to control the Town Board election by backing their chosen candidates as political proxies. Even a recent addition to the board is now serving a second tour in this role. Don’t let a few people dictate our town’s future. Former commissioner David White is promoting candidates who will let him keep pulling the strings, calling the current board “dysfunctional” to justify his influence. Two of his selected candidates have federal government experience — including procurement — but we’ve all seen the \$200 hammers and \$400 toilet seats. That’s not the kind of spending we need in Oriental. Think about your local tax bill. Don’t hand over your dollars in deference to their power. Vote with awareness. Think independently. Keep the control of our town in the hands of its residents, not a few former commissioners seeking to preserve their influence through proxy!

Respectfully,
Butch Rasmussen
Oriental Resident

The Pamlico News Editorials and Opinions section features opinion articles, newspaper editorials and letters to the editor on the issues of the day.
The views aand opinions expressed are those of the authors and do not necessarily reflect the official policy or position of The Pamlico News. Any content provided by authors are of their opinion, and are not intended to malign any religion, ethnic group, club, organization, company, individual or anyone or anything.

“I used to be indecisive, but now I’m not so sure.”

Horoscopes

**ARIES – Mar 21/Apr 20**
You are seeing things more clearly this week, Aries. Conversations that felt stuck a little while ago are now moving along more smoothly. A bold decision comes up midweek.

**TAURUS – Apr 21/May 21**
Taurus, you are craving stability, both financially and emotionally. Use mid-week to reevaluate your spending or a relationship that may be ready to be taken to the next level.

**GEMINI – May 22/Jun 21**
Gemini, you are in your element this week. Communication flows easily, especially by Thursday. A short trip or spontaneous plan could spark something bigger than expected.

**CANCER – Jun 22/Jul 22**
Cancer, a quieter energy surrounds you right now. You are being called to pause and reflect. It's a good time to tend to your emotional needs and reflect on what's ahead.

**LEO – Jul 23/Aug 23**
The spotlight is on you right now and you are glowing, Leo. You may attract attention and admiration without even putting in extra effort. Use this week to push forward on personal goals.

**VIRGO – Aug 24/Sept 22**
This week is all about you, Virgo. Focus on personal goals and self-improvement. Set strong goals for the year ahead.

**LIBRA – Sept 23/Oct 23**
Libra, this is a great week to get things done. You're focused, detail-oriented and motivated. Use every burst of energy to sort through the clutter in your life.

**SCORPIO – Oct 24/Nov 22**
Scorpio, your social life is buzzing right now, but don't lose sight of bigger goals. A fresh connection or idea could lead to a long-term opportunity if you stay focused.

**SAGITTARIUS – Nov 23/Dec 21**
You may feel pushed to take a risk or explore new ideas this week, Sagittarius. Trust your curiosity to take you where you need to be to find satisfaction.

**CAPRICORN – Dec 22/Jan 20**
Capricorn, even if no one sees you doing all of the hard work, you know how much effort you have been putting in. The effort will pay off soon enough when results are there for all to see.

**AQUARIUS – Jan 21/Feb 18**
This week asks you to look at how you are showing up and helping others, Aquarius. An old friend or partner resurfaces and a current connection could deepen.

**PISCES – Feb 19/Mar 20**
Your mind-body connection is strong this week, Pisces. If you have been ignoring rest or intuition, now is the time to focus on your priorities again.

LIBRA Traits & Overview

Libra (September 23 - October 22) is an air sign represented by the scales (interestingly, the only inanimate object of the zodiac), an association that reflects Libra's fixation on balance and harmony. Libra is obsessed with symmetry and strives to create equilibrium in all areas of life. These air signs are the aesthetes of the zodiac: Ruled by Venus, the planet that governs love, beauty, and money, Libras adore high art, intellectualism, and connoisseurship. Suave Libras need to surround themselves with stunning objects and create environments that reflect their exquisite tastes. Accordingly, these air signs make excellent designers, decorators, art critics, and stylists.

While Libra's opposite sign, Aries, represents "me," Libra symbolizes "we." Relationships are paramount for Libras, who find balance in companionship. They love harmonious partnerships with fashionable mates, especially those who make attractive arm candy. (Libra governs the skin, and these air signs are highly motivated by physical appearance. There's no better way for a Libra to relax than with a luxurious face mask.)

FOR ENTERTAINMENT PURPOSES ONLY

FINANCIAL FOCUS

Making the most of Medicare open enrollment



Dan M. Roberts

When you turn 65, Medicare becomes a vital part of your health care coverage. But signing up is just the beginning. Many people don't realize that Medicare isn't a "set it and forget it" program. In fact, you have the opportunity — and often the need — to review and adjust your coverage every single year.

The annual Medicare Open Enrollment period, which runs from Oct. 15 through Dec. 7 each year, is your chance to take a fresh look at your health care needs and make sure your Medicare plan still fits your life. Then you can determine whether your medical and prescription plans need to be switched or dropped.

Just like your health can change from year to year, so can Medicare plans. Insurance companies may adjust their coverage and costs or even discontinue certain plans entirely. By taking time during the open enrollment period to compare your options, you might discover a plan that saves money, offers better coverage or both.

As a reminder, you have several options when it comes to your Medicare coverage.

- **Original Medicare (Parts A and B)** covers hospital stays and medical services such as doctor visits. Part A typically comes with no monthly premium if you've worked for at least 10 years. Part B requires monthly premiums — \$206.50 or more in 2026, depending on your income. They may also be copays and deductibles.
- **Medicare Advantage (Part C)** offers an all-in-one alternative to Original Medicare. These plans are offered by private insurance companies. They often bundle together hospital, medical and prescription drug coverage. They may also include extra benefits like vision, dental and wellness programs that Original Medicare doesn't cover.
- **Medicare Part D** provides standalone prescription drug

coverage for those who stick with Original Medicare.

- **Medicare Supplement (Medigap)** policies help cover the out-of-pocket costs that Original Medicare doesn't pay, such as copayments and deductibles.

When shopping for Medicare plans, there are several important areas you should consider to determine which options are right for you:

- **Out-of-pocket costs** such as monthly premiums, deductibles, copayments and any other expenses Medicare doesn't cover. Sometimes a plan with a higher premium saves you money overall because of lower copays.
- **Prescription drug coverage** deserves special attention. All Medicare plans for 2026 will include a \$2,100 cap on what you pay out of pocket for covered prescription drugs, up from \$2,000 in 2025. However, this cap only applies to drugs that your plan covers, making it crucial to verify your medications are included.
- **Your health care needs** for the coming year matter too. Do you have surgeries planned? New health conditions to manage? You'll want to make sure your potential plan covers the care you expect to need.
- **Travel plans** can also influence your choice. Original Medicare typically doesn't cover services overseas, so frequent travelers might want supplemental coverage for emergencies abroad.

If you don't make any changes during open enrollment, you'll likely be automatically reenrolled in your current plan for the following year, as long as it's still available and you continue paying required premiums.

Don't let your Medicare plan run on autopilot. Take advantage of the annual open enrollment period — between Oct. 15 and Dec. 7 — to ensure your coverage continues to serve you well in the year ahead.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

NC COOPERATIVE EXTENSION Pamlico County

Pamlico County 4-H Brings the Fun!



Kait Neeland
4-H Agent

4-H has been a part of my life since I was five, and it's always brought the fun! From my first project raising a lamb for our 4-H Livestock show. While that first livestock project is a significantly formative memory I had many more fun experiences during my time as a 4-Her. Now as a 4-H Agent I think I get to play a part in bringing that same fun to my Pamlico County 4-Hers.

While 4-H has always been a part of my life, some are just learning about it. So, what is 4-H? 4-H is the youth development branch of North Carolina Cooperative Extension. It began with youth Corn Clubs over one hundred years ago and has grown into one of the largest and most respected 4-H Youth Development Programs in the Nation. North Carolina 4-H is present in all one hundred counties and the EBCI. It focuses on service, leadership, citizenship, and experiential learning, 4-H has been a part of shaping the lives of North Carolina youth and the nations 'Leaders of Tomorrow' for generations. Along with our heritage youth programs in agricultural and livestock projects, 4-H includes many other programs: annual presentation competitions; project record books; environmental conservation; media and computers; leadership programs (NC 4-H Ambassadors) and one of the most robust electrical programs in the nation.

While these programs bring the fun, they also give youth the opportunity to develop skill, they also provide something else - Community and connection. This past year we've developed lots of skills, met new friends, and had tons of fun!

Our It's Electric 4-H program is in it's second full year. In this program we focus on learning the fundamentals of electricity, circuits, soldering, and hardware construction. Members of our SPIN Club have built retro game cubes, mini-tesla coils, and photo-sensing cars. They have also developed skills in record keeping and written communication. Five of our members submitted project record books and earned a place at NC 4-H Electric Congress. This fall we have welcomed some new members and we are looking forward to developing leadership skills and oral communication in our older 4-Hers as they grow in their knowledge and skill.

Sewing was one of the 4-H Projects I loved growing up, and it has been a lot of fun to see another generation of 4-Hers embracing their own creativity as well as skills in math, geometry, and drafting. Our Sew Much Fun program is typically held in the fall and spring. This fall our 4-Hers have been finishing quilt projects, and starting to work on projects for next years State Fair by developing their detailed sewing skills.

I enjoy all of our 4-H Programs but Chopped International is truly special to me. Knowledge in safe food preparation and nutrition is hugely impactful to youth life long health. Watching our 4-Hers develop their skills and knowledge base, while also exploring countries are the

world is a highlight of every month. This spring we explored Italy, the United Kingdom, Belgium, Morocco, and Russia. We made three kinds of pasta: Pasta Pomodoro, Spaghetti Bolognese, and Pasta e Lenticchie, then Belgian Waffles, scones, and Shakshuka. This fall we have explored Greece, made Chicken Souvlaki, tzatziki, skordalia, and caramelized fennel.

I use skills I gained during my time as a 4-Her everyday. One that I has been a corner stone to my success in university and my time as a 4-H Agent has been my skills gained in 4-H Presentations. Our 2025 4-H Presentation was an absolute blast. We had three of Pamlico County 4-Hers traveled to Wayne Community College for the South East 4-H District Activity Day. At District Activity Day Laura Adolphson and Sophia Adolphson competed in the Arts and Communication category, and Ceceely Odunusi presented in the Cloverbud category. (Cloverbuds are young 4-Hers ages 5-7 who participate but are not yet old enough to compete.) Laura and Sophia both went to our NC State 4-H Presentation competition



and each won gold. I can not wait to begin 4-H Presentation practice for 2026!

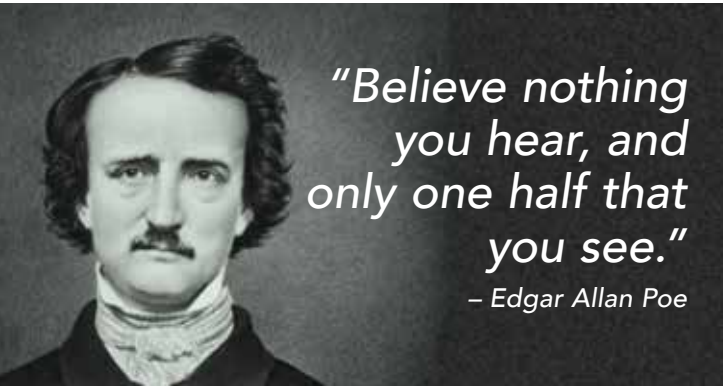


I am also looking forward to our second annual 4-H Dairy Project! This year was our inaugural Pamlico Craven 4-H Dairy Project! The 4-H Dairy Project! It was an amazing opportunity for youth to connect with animal agriculture. Our 4-Hers learned about how to approach a calve safely, how to feed, and the necessary nutrition for a non-grazing breed. They learned about proper farm safety, showmanship and breed specific qualities. Our



4-Hers also submitted 4-H Project record books and showed their calves out our youth Dairy Show.

These 4-H Programs have been bringing the fun all year, and I can't wait to finalize our Upcoming Programs list! Looking to sign up for one of our upcoming 4-H programs? You'll find all the details and registration info on our website: pamlico.ces.ncsu.edu. To complete your registration, you'll also need to enroll in 4-H Online it's required for all NC 4-H programs. Don't worry if you're new to the process, the link is on our website, and if you have any trouble at all, just give us a call. We're happy to walk you through it step-by-step! Want to stay in the loop about future programs and events? Be sure to sign up for our Pamlico 4-H email list so you never miss an update. If you have questions or just want to learn more about what 4-H has to offer here in Pamlico County, reach out to Kait Neeland at (252) 745-4121 or kait_neeland@ncsu.edu



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SPORTS

Hurricanes at the Net Pamlico Finishes Conference Undefeated

by: Hiram Lupton



Hurricane Volleyball Seniors (L to R); Madison Anderson, Julia Bain, Claire Delancy, Nazri Williams, Hayley "Fred" Shamblin, Dakota Schmidt, and Abigail Toler.

When the season started, there were probably some doubts about what kind of a season Pamlico County High School Volleyball would have. Some key losses to graduation and transfer meant that some new faces would need to step up and gel with the remaining veterans. There were some early season non-conference losses too, albeit to strong competition. Pamlico always plays a tough schedule against the best in our area regardless of school size. It's about getting better and being ready for conference, and when the Coastal Plains portion of their schedule kicked in, they were ready. This was the final week of the regular season and on Tuesday, the Hurricanes started it on the road at Southside. The Seahawks have been grounded this year without a conference win but they would like nothing better than to put a blemish on Pamlico's record. Not going to happen. Although they did give Pamlico a good fight, the Hurricanes came away with a 3-0 (25-19, 26-24, 25-17) win. Next up for the 'Canes was a Thursday match at home with the Devil Pups of Lejeune. It was also Senior night for Pamlico and before the Varsity match, seven great young ladies were honored. Lejeune is no push over this year, and are sitting in the top half of the conference standings, but Pamlico was not about to let the Pups off the leash, sweeping them 3-0 (25-20, 25-18, 25-21). Julia Bain once again led the 'Canes with 20 kills but it would be another senior who got a little spotlight tonight. Setter Dakota Schmidt had 32 assists for the match and went over the 1000 assist mark for her high school career. Great job Dakota. This victory was also the 100th win in Volleyball for Head Coach April Rose. Not too shabby for a basketball coach. The win also wrapped up a couple of things for the Hurricanes. They finished the season with a perfect 10-0 conference record. They also wrapped up their fourth regular season championship in a row. Quite an accomplishment by the players and Coach Rose. This year's Seniors were Freshmen when the streak started. Pamlico now moves into the post season with the Coastal Plains Conference Tournament here at Pamlico this Wednesday as a warmup for the North Carolina High School Athletic Association state tournament, with the first round beginning October 18th.



Julia Bain rises above the competition



Senior to Senior. Dakota Schmidt sets up Madison Anderson.

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A lot of us wait all year for football season to begin. It means fall weather, tailgating and cheering on your team. Every year, I hope my Tar Heels rise to the top. While they have not gotten all the W's I'd hoped for so far, I go into every game "knowing" they will come away with a victory. But the truth is, I can't know that for sure - nor can any other sports fan out there. Which leads to the question whether sports betting is a risk you should take. And this is coming from someone who has built their career "betting" on the stock market.

We have covered a lot of ground in the last six months in this newsletter, hitting on some of the most important basics in financial literacy. This month, I wanted to dedicate this newsletter to a small distinction in finance, which is, in actuality, an enormous difference.

While I must admit there are some similarities between investing and gambling – the role of chance being the central one – making this comparison is like saying that competitive eating and competitive swimming are the same thing. True, they are both competitions, and you could potentially win fame and riches doing them. But I think we'd all agree that the long-term implications for your health are quite different!

It is the same with investing and gambling, and it is really important you don't step into the investing world with a gambler's mindset. The central difference between the two is felt in the long term. If you can be an average investor over long periods of time (remember – passive, or index, investing requires little skill, and is an above-average strategy over time), you end up better off. If you are an average gambler over time, you end up no better off, and if there is a casino or other intermediary involved, you end up broke. In both investing and gambling, of course, skill matters – but in gambling you are fighting a headwind, while in investing you have a tailwind, and that difference is crucial.



To illustrate the point, let's dissect how you build wealth through owning common stocks. If you buy a share of a company, you are buying a share of all the profits that company makes in the future. That means there are three ways you can win:

Your share of earnings: Each year, the profits of the company will be divided up, and the company will either send them to you as a payment (a dividend), increase your share of ownership in the company (this is what a stock buyback is – it reduces the number of shares of the company outstanding, so you own more!), or re-invest those profits to increase next year's profits even faster.

Growth of the company's earnings: Almost every company has plans to increase its profitability next year – you benefit from these efforts as earnings grow over time.

Changes in valuation of the company: While this is the most unreliable way to win, we do see a long-term uptrend in the valuation of common stocks. This is independent of the earnings growth mentioned above – the market over time has consistently paid more for every dollar of earnings, which has provided a tailwind for a long time for investors. It is possible that this trend could reverse of course, but that's a much longer topic for discussion.

In gambling, there is only one way to win. And that is for your opponent to lose. While investing is what is called a positive-sum activity over time, gambling is zero-sum. Someone has to lose for you to win, and casinos set up the games so that they aren't the loser... there's a reason for the saying "The House Always Wins!"

There's much more in this month's edition about investing. It is an important part of building a personal financial success story, so I bet you are going to enjoy learning more about it ... and that's no gamble.





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SEPTEMBER AND OCTOBER 2025

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Did you know?

In an era when consumers are increasingly asked if they want to tip when paying for goods or services, a recent survey has found that many American consumers still adhere to conventional wisdom when leaving a gratuity in restaurants. A YouGov survey released in June 2024 found that 62 percent of Americans tip between 15 and 20 percent when they dine out at a restaurant. Though 15 percent was long the standard when tipping at a restaurant, the YouGov survey indicates more diners are tipping at the higher end of the 15 to 20 percent range. Among survey respondents, 35 percent indicate they typically leave a tip of 20 percent, while 27 percent indicated they typically tip 15 percent. And 20 percent seems to be the best restaurant workers can expect, as the survey indicated only 4 percent of diners tip at 25 percent.


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Re-Elect Bonnie Crosser for Commissioner on November 4th

Oriental's Finances: Stronger with Oversight

Last year, our Board of Commissioners reinstated the Financial Liaison role (absent for 10 years). Bonnie Crosser, CPA, was appointed to ensure fiscal accountability. Some may question this role, but transparent finances benefit every single citizen.

Achievements:

- Identified \$265,352 in unreported assets over 8 years. Action: Auditor corrected General Fund and Water Plant account.
- Discovered \$168,000 in a dormant account accruing fees. Action: Transferred to high-yield savings (Fall 2024).
- Noted bank reconciliations were delayed several months. Action: Now completed with 15 days, per NC Treasurer recommended best practices.
- Identified weak credit card controls. Action: Credit Card Policy and separated key processes.
- Idle cash in local bank \$844,000 average collected balance (July 2023). Action: Established a policy to transfer idle cash to high-yield savings.

Oriental's finances are stronger. Re-Elect Bonnie Crosser, CPA, for Commissioner on November 4th to keep accountability first!

Let's chat. Join us for Coffee with Crosser:
Mondays, 9-10 AM at 401 Broad Street, Oriental.

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File No.: 25E001165-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JAY C. WOODARD, EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 1ST DAY OF OCTOBER 2025

ESTATE OF JULES HUGO WOODARD
C/O JAY C. WOODARD
7889 NC HWY 306 S
GRANTSBORO, NC 28529

Publish OCTOBER 1, 8, 15 AND 22, 2025

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF MARY MICHELLE MCKEE FODREY
File No.: 25E001165-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to SARAH JONES, EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 1ST DAY OF OCTOBER 2025

ESTATE OF MARY MICHELLE MCKEE FODREY
C/O SARAH JONES
1871 SANDERS RD
MERRITT, NC 28556

Publish OCTOBER 1, 8, 15 AND 22, 2025

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF SANDRA MCRAY FOREMAN-

INSPECTIONS

Aug. 26, Shelia Sawyer, Bayboro, solar, \$119; Carolyn O'Neill, Oriental, deck, \$98

Aug. 27, Johnnie Gregory, Oriental, new, \$1,658.60; Herman Day, Merritt, repair, \$50; Patrick Stilley, CAMA, \$182.80; Burton Farm Development, CAMA, \$226.64; Barbara Stocktor, Arapahoe, electrical, \$50; David Stallings, Oriental, electrical, \$200; Pamlico Senior Center, Alliance, build, \$256

Aug. 28, Ernie Glass, Oriental, mechanical, \$100; Sharon Belrose, Oriental, repair, \$50

Aug. 29, Robert Bero, New Bern, electrical, \$100; Jeff Manchec, Oriental, demo, \$0

Sept. 2, Anthony French,

RICE
File No.: 25E001164-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MARIANNE BANKS-RICE, CO ADMINISTRATOR CTA or LENWOOD LEE BANKS, JR, CO ADMINISTRATOR CTA on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATORS CTA.

This 1ST OF OCTOBER 2025

ESTATE OF SANDRA MCRAY FOREMAN-RICE
C/O MARIANNE BANKS-RICE
PO BOX 5
HOBUCKEN, NC 28537

ESTATE OF SANDRA MCRAY FOREMAN-RICE
C/O LENWOOD LEE BANKS, JR.
940 HORNE RD
LOWLAND, NC 28552

Publish OCTOBER 1,8, 15 AND 22, 2025.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF WILLIAM MICHAEL GATES
File No.: 25E001167-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to WILLIAM JUSTIN GATES EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 1ST OF OCTOBER 2025

ESTATE OF WILLIAM MICHAEL GATES
C/O WILLIAM JUSTIN GATES
1278 TEACHES COVE ROAD
ORIENTAL, NC 28571

Publish OCTOBER 1,8, 15 AND 22, 2025.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS

Arapahoe, electrical, \$100; JoAnne Franklin, Oriental, electrical, \$50; Paula Gibbs, Oriental, electrical, \$50
Sept. 3, Philip Smith, Oriental, build, \$146; Michelle Brooks, Oriental, repair, \$100; Sandi Von Drateln, Oriental, repair, \$50; Leonard/Kay Pouncey, Merritt, electrical, \$150; David Caudle, Merritt, electrical, \$715.92; Brigitte Setzer, New Bern, modular, \$1,157.80; John Koleszarik, Merritt, mechanical, \$100
Sept. 4, Rachel Pittman, Oriental, build, \$71.60 ; Ken Howard, Minnesott Beach, mechanical, \$100; Food Lion Store, Grantsboro, electrical, \$50; Rob & Sharon McDonald, Oriental, reno, \$435.12
Sept. 5, Scooter Colburn, Bayboro,

AND DEBTORS OF ROBERT B. WOLFINGER
File No.: 25E001170-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to ELAINE WOLFINGER, EXECUTOR on or before DECEMBER 30, 2025, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 1ST DAY OF OCTOBER 2025

ESTATE OF ROBERT B. WOLFINGER
C/O ELAINE WOLFINGER
106 WHITTAKER POINT RD
ORIENTAL, NC 28571

Publish OCTOBER 1, 8, 15 AND 22, 2025

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF ROSA WILLIAMS BRAME
File No.: 25E001170-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to HALEY ARNOLD, CO-ADMINISTRATOR OR DAISY ARNOLD CO-ADMINISTRATOR on or before JANUARY 6, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-name Administrator.

This 8TH DAY OF OCTOBER 2025

ESTATE OF ROSA WILLIAMS BRAME
C/O HALEY ARNOLD OR DAISY ARNOLD
621 HYMAN RD
NEW BERN, NC 28562

Publish OCTOBER 8, 15, 22 AND 29, 2025

PUBLISHED NOTICE TO CREDITORS:

Having qualified as Administrator of the Estate of Glyn Dykins, late, of Pamlico County, North Carolina, the undersigned does hereby notify all persons, firms and corporations having claims against the estate of said decedent to exhibit them in

storage, \$194; Millennium House Buyers, LLC, New Bern, repair, \$50; Teri Welch/Brian Barnisky, Arapahoe, storage, \$165.20; Emily Pernell, Grantsboro, gas, \$50; Dylan Sublette, Oriental, temp pole, \$100; Carolyn Lavin, Merritt, mechanical, \$100; Patrick Favinger, Merritt, mechanical, \$100; Tom Soderholm, Oriental, gas, \$50; Justin Carmen, Arapahoe, DW set up, \$260; Ross Bell, Grantsboro, electrical, \$134
Sept. 9, Joanna Holton, New Bern, reno, \$160; Peter McKinnon, Oriental, CAMA, \$112.40; Sharon Baker, Grantsboro, SW, \$235; Stanley Odom, Oriental, electrical, \$50; Emergency Management, Arapahoe, electrical, \$0; Malcolm Quay, Merritt, CAMA, \$207.04; Jerry Strickland, Merritt, CAMA, \$72.40; Cindy Radcliff, Stonewall,

care of the undersigned attorney on or before the 8th day of January, 2026, or this notice will be pleaded in bar of their recovery. All persons, firms and corporations indebted to the said estate will please make immediate payment to the under-signed.

CHRISTY DYKINS-HOWARD (ADMINISTRATOR)
25E001150-680

DSR Legal, PLLC
PO Box 51596
Durham, NC 27717

Oct 8, 15, 22, 29

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF WILLIAM F. SCHMITT
File No.: 25E001172-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MICHEL P. BENNETT ADMINISTRATOR on or before JANUARY 6, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-name Administrator.

This 8TH DAY OF OCTOBER 2025

ESTATE OF WILLIAM F. SCHMITT
C/O MICHEL P. BENNETT
518 S. WATER STREET
ORIENTAL, NC 28571

Publish OCTOBER 8, 15, 22 AND 29, 2025

NOTICE TO CREDITORS IN THE MATTER OF THE ESTATE OF DAVID WARD CREECH

All persons, firms, and corporations having claims against DAVID WARD CREECH, deceased, of Pamlico County, North Carolina, are notified to exhibit the same to MARGARET ANN PRYOR, Executor, c/o J. Christopher Dunn, Creech, Dunn & Perry, P.A., 3600 Glenwood Avenue, Suite 230, Raleigh, NC 27612, on or before January 12, 2026, or this notice will be pleaded in bar of recovery. Debtors of decedent are asked to make immediate payment to the above-named Executor. This the 8th day of October, 2025.

CAMA, \$69.20; Patrick Klug, Oriental, mechanical, \$100; Brian Schulman, Merritt, electrical/plumbing, \$500

Sept. 10, John Hardison, Arapahoe, slab, \$91.60; Anthony Noel, Oriental, electrical, \$50; Blake Dunbar, Oriental, mechanical, \$100; Kenneth Smith, Oriental, mechanical, \$100; Beth Hudgins, Oriental, mechanical, \$100; Gary Mastrodonato, Oriental, mechanical, \$100; Kathy Swift, New Bern, ramp, \$0; Treweek, Arapahoe, new, \$1,216.80

Sept. 11, Scott Hanson, Minnesott Beach, gas, \$50; James & Angela Watson, Minnesott Beach, new, \$1,639.72; Shep Carroll, Grantsboro, electrical, \$100; Jackie & Pam Ireland, Oriental, new, \$2,566.30

STATEWIDE CLASSIFIEDS

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201 S. Central Ave. Locust, NC
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www.ClassicAuctions.com
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WATER DAMAGE CLEANUP & RESTORATION: A small amount of water can lead to major damage in your home. Our trusted professionals do complete repairs to protect your family and your home's value! Call 24/7: 1-833-928-1861. Have zip code of service location ready

when you call!

Miscellaneous
Denied Social Security Disability? Appeal! If you're 50+, filed SSD and denied, our attorneys can help! Win or Pay Nothing! Strong, recent work history needed. 877-553-0252 [Steppacher Law Offices LLC Principal Office: 224 Adams Ave Scranton PA 18503]

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AROUND THE COUNTY

Pamlico Betty Jo Rodgers, *Correspondent*



The news in Pamlico is the Nor’easter that brought in the tide and water over the roads. Sunday morning, all three ways to drive from Pamlico to highway 55 had water across the road. It doesn’t matter if you went Trent Road or Straight Road to Oriental or Straight Road to Florence/Whortonsville, the old adage, “Turn around, don’t drown,” was applicable. I turned around at all three places and returned home on Sunday. There was even some water on the road in one lane at the curve by the Broad Creek United Church of Christ. I did not make it to church but was blessed by the service as Stonewall Methodist Church carried on without me. Mary Hubbell played the piano and Lupe Bennett, a lay speaker, led the service and shared the message.

October is Pastor Appreciation month. Pastors have awesome responsibilities and dedicate their lives to serving others by preaching and teaching the word of God and leading souls to Jesus Christ. Pray for your pastor, they need prayers daily.

Arapahoe Methodist Church had a 3 day revival on October 12-14. The Reverend Greg Meadows was the speaker Sunday October 12 with special music by Brent Meadows; the Reverend Betty J. Rodgers brought the message on Monday October 13 with special music by Minister Carnell Barrow; and the Reverend

Scott Fitzgerald closed out the revival Tuesday October 14 with special music by Roy and Kari Brinson.

Next Sunday, October 19, Stonewall Methodist Church will celebrate “Miracle Sunday,” and will have a catered fellowship meal after the service. They will open the time capsule that was placed in the church in the year 2000. Everyone’s invited to attend.

Stonewall Methodist Church and Alliance United Methodist Church are preparing for their Fall Bazaar on November 1, 2025. For many years both churches have supported each other in their endeavors to raise money for their mission projects throughout the year. Stonewall starts at 7 am and Alliance starts at 8 am. They carry different items so be sure to make plans to visit both.

Celebrating birthdays in October are John Deaton (10/15), Barbara Carey (10/19), Bilinda Gwaltney and Connor Russo, (10/22), Linda Lane (10/24), George Bennett (10/25), Polly Taylor (10/27), Jeremy Freeman (10/29), and Linda Gail Lupton (10/31). Charles & Ann Stackhouse will celebrate their Anniversary on October 16.

Have a blessed week. Memory failing? Take Spiritual Vitamin M. “And he said unto me, My grace is sufficient for thee: for my strength is made perfect in weakness. Most gladly therefore will I rather glory in my infirmities, that the power of Christ may rest upon me.” (2 Corinthians 12:9)

Whortonsville Reba Tiller, *Correspondent*



Water, water, water, everywhere on our roads all around us so stay home, turn around, don’t drown! We are having a true Nor’easter, one like we haven’t had in a very long time. It is Sunday but no church because we could not get there for the water was across the roads all around us. When we first moved here I was frightened when the yard filled up with water, but since I have been here for so many years it does not bother me any more. Because of the gusts we are having it is blowing the pecans off the trees a little early. It has been three years since we had a bumper crop, so we are picking them up trying to stay ahead of the squirrels and crows. This week I was without a car so that my grandson Harry had a vehicle to drive to Camp Seagull every day since his was in the shop being repaired after hitting a possum! It gave me an idea how it will be when I have

to stop driving. Yuk!! Kevin got in from China yesterday and headed to Creedmoor with Suzi for a craft show so he missed all the water coming in. It is taking a long time for it to go out this time. Brent Pulley of Rougemont spent the week with Russ and me to do some fishing. Unfortunately the fish were not biting so good but we enjoyed his wife Linda’s delicious pound cake that she sends for us! The Chorale under the direction of Beth Burch is off to a good start but they need men’s voices. Some of our men moved away to be close to their families and some just moved to another town.

QUESTION OF THE WEEK—ARE YOU AS TIRED OF THE MEN AND WOMEN THAT WE SENT TO CONGRESS TO REPRESENT US CALLING EACH OTHER HORRIBLE NAMES AS I AM?

Grantsboro Jeff Roberts, *Correspondent*



Good morning, good afternoon, and good evening. My oh my has this been a wet one! While it has been a much needed rain, did it have to come all at once? However, in our area that is the way it usually happens. I have seen many concerned folks making posts and comments on Facebook about the flooding. In years past we did not suffer from such flooding and there is a reason for that but not a reason most want to hear. The flooding is the price we pay for growth. The more land that is cleared, the more houses, and businesses that are built the more flooding that will happen. It will only get worse unless our infrastructure finds ways to move this water. Ditches are only effective if they have a place to go. Years ago we had drainage ditches that would move a lot of that water. These ditches are not the ones that run next to the roadways, these are ditches that take the water from the roadway ditches. The drainage ditches are no longer maintained and are overgrown and or filled with debris. This is something that needs to be fixed. The more trees that are cut, the less water they drink, leaving that water to have to go somewhere. I’m not saying stop cutting, I am saying we need alternate ways to move this water and the best way is by our natural resources drinking up a majority of this water. Something for all of us to think about.

The news this week has been disheartening for sure to all that have read or followed any of it. All I can say is to pray for anyone that is affected by it. The Hurricanes had their Homecoming this past week and the Middle School came out with a win while the

high school fell to the opposing team but there was so much more that happened on that field. The bonds that were shared and the coaches that are making men and women out of these teams is worth celebrating. If anyone saw the photo of the team on a knee in a group prayer will know what I am talking about.

The local Heritage festival is coming up quickly and I am so excited to have the opportunity to attend. I have always enjoyed attending all the great history and stories told that day. Please plan on attending and supporting the vendors and the museum itself.



Until next week I leave you with a photo from a fun photo session I did this past week. "The Witches of Aurora"

Vandemere Sandra Snipes, *Correspondent*



Greetings from Vandemere!

We were so very fortunate this past weekend that the flooding in Town was not destructive. Thanks to Demetrius Moore and David Snipes for making sure that the orange cones were in place to warn people about the high water, and for working on our ditching efforts to support the expeditious exit of overflowing waters from the Town.

Overall the ditching improvements and debris removal, completed with grant funding, significantly decreased waters in front of vulnerable homes. I am so pleased. This effort continues as we have more grant money to put toward the cause. I was also thankful to see that the Port Vandemere subdivision, which recently underwent road improvements and erosion control measures via another grant, looked great and did not flood with this storm.

Plans for fun in Vandemere continue! On October 18, 2025, there will be a Community Yard Sale from 7:30 a.m. to 2:00 p.m. The Flame food truck will be there serving up delicious brunch-style food. If you would like to reserve a spot to sell, please contact Squidders Bait and Tackle at 540-533-1332. Selling spots are free.

Don't forget Trunk or Treat on October 31, 2025. Volunteers who would like to pass out candy can call 252-745-5480 for more information. Let's show up for our community kids and have a little fun!

We are blessed and life is good here in Vandemere — and nothing is better than a community that keeps what matters most at the forefront. Check out all that's happening at www.vandemerenc.com.

Pizza by the numbers

Pizza is widely enjoyed food all over the world. Modern pizza is believed to have originated in Italy, and was derived from similar flatbread dishes in Naples between the sixteenth and eighteenth centuries. Today, pizza is enjoyed on a daily basis in different countries across the globe, and you'd be hard-pressed to find a person who hasn't enjoyed a slice of pizza at some point. Dig into these eye-opening facts about pizza.

- \$50 billion:** Statista reports that the pizza industry in the United States is a major economic force, exceeding \$50 billion in market value.
- 3 billion:** This is the number of pizzas that Americans consume annually.
- 61 percent:** The percentage of people in the U.S. who prefer thin crust pizza, according to Craig Priebe's The United States of Pizza.
- 39 percent:** The percentage of Americans who consider pepperoni their favorite pizza topping.
- Top days:** The biggest days for pizza sales, include Super Bowl Sunday, New Year's Eve, Halloween, Thanksgiving Eve, and New Year's Day.
- 8 to 12 minutes:** The average number of minutes it takes thin crust pizza to cook at 475 F.
- 285:** This is the number of calories in a typical slice of pizza cut from a 14-inch pizza with regular crust.
- 12:** Pizza may be a lot of carbohydrates, but it also has protein. The average slice of cheese pizza has around 12 grams of protein.



One thing that humbles me deeply is to see that human genius has its limits while human stupidity does not.
-Alexandre Dumas

Pamlico County Farm Bureau Annual Meeting

Wednesday, October 22nd at 7 p.m.

Location:

Pamlico County Farm Bureau Office

Alliance, NC 28509

Refreshments Served & Door Prizes Awarded

PUBLIC NOTICE

Pursuant to NCGS § 15-11.2 the Pamlico County Sheriff's Office is providing public notice regarding firearms in our custody that have remained unclaimed for the required statutory period.

All persons who may have or claim interest in any of these items must make and establish their claim no later than Friday November 14th, 2025, which is 31 days from the date of this publication. To claim an item, you must contact Pamlico County Sheriff's Office at 252-745-3101 to schedule an appointment. You will be required to provide positive identification and proof of ownership. Acceptable proof includes, but is not limited to:

- Receipts
- Detailed photographs
- Serial numbers
- Unique identifying characteristics

After the specified date, unclaimed firearms will be disposed of in accordance with §15-11.2 of the NC General Statutes.

Sheriff Chris Davis
Pamlico County

NOTICE OF PUBLIC HEARING

Notice is hereby given that on Monday, October 20, 2025, a public hearing, as required by N.C.G.S. 105-317, will be held by the Board of Commissioners of the County of Pamlico, North Carolina (the “Board”) regarding the proposed adoption of uniform schedules of values, standards, and rules (the “schedules”) to be used in appraising real property for property tax purposes as of January 1, 2026. The hearing will commence at 7:00 p.m., or as soon thereafter as the matter can be heard, and will be held in the Commissioners’ Meeting Room, 202 Main Street, Second Floor, Bayboro, NC 28515.

The schedules were submitted to the Board at its regularly scheduled meeting on September 15, 2025. A complete copy of the schedules is available for public inspection at the office of the Pamlico County Tax Administrator, 202 Main Street, First Floor, Bayboro, NC 28515. A complete copy of the schedules is also available online at the Pamlico County website, www.pamlicocounty.org, under the “Proposed 2026 Schedules of Values” portion of the Tax Administration section.

The hearing will provide a reasonable opportunity to be heard for persons wishing to express their views on the proposed adoption of the schedules. Prior to any regular meeting of the Board or during normal business hours, citizens may submit written comments by addressing them to: Board of Commissioners of Pamlico County, c/o Tracy Boyd, Clerk to the Board, PO Box 776, Bayboro, NC 28515. Citizens who wish to speak must sign up in the Commissioners’ Meeting Room prior to the meeting.

COUNTY OF PAMLICO, NORTH CAROLINA

Tracy Boyd, Clerk to the Board

Dated: September 15, 2025

PUBLIC MEETING NOTICE

[Municipal Government Input Meeting – Opioid Settlement Fund]

Pamlico County will hold a public meeting on Monday, November 4, 2025, at 6:30 pm regarding the Opioid Settlement Fund. This meeting will be held In-Person at:

Pamlico County Courthouse Annex
Commissioners Meeting Room
202 Main Street
Bayboro, NC 28515

This meeting will provide an opportunity for municipal governments to provide input on how they would like to see the county spend its allocation of the Opioid Settlement Funds. More information on the settlement fund can be found at <https://ncopioidsettlement.org>.

The purpose of the public meeting is to gather input from municipalities on how the county should spend its allocation of the settlement fund prior to consideration by the Board of County Commissioners. Those persons unable to attend the hearing may submit written questions or comments to the Grants Administrator before the meeting. Written comments may also be submitted up to 24 hours after the public hearing. Any written comments may be submitted via email to sara.deskar@pamlicocounty.org by mailing to:

Grants Administrator
Pamlico County
PO Box 776
Bayboro, NC 28515

Citizens with disabilities requiring special needs to access the services or public meetings of Pamlico County Government should contact the County Manager's Office five days prior to the meeting by calling (252) 675-5880.

How to identify a vehicle that fits you



Buying a vehicle is a significant financial investment. It is not a decision to take lightly, especially given the historically high prices of new cars in recent years.

Finding a vehicle that is the perfect fit requires consideration of a host of variables, including personal preference. What is perfect for one individual may not work for another. When the time comes to shop for a new car, people can ask themselves a few questions in an effort to find a vehicle that best suits their needs.

- What are your needs? Are you looking to car-pool the kids to and from school or do you want a car for commuting that will not cost you an arm and a leg in fuel? Identifying the main purpose of the vehicle will eliminate certain cars or trucks right off the bat.
- What is your budget? It is a good idea to get a pre-approval loan statement from a financial provider to figure out what you can afford to pay for a vehicle. The popular automotive resource

Edmunds says the general rule is the monthly new-car payment should not exceed 15 percent of your monthly take-home pay. Lease payments should be less than 10 percent of monthly take-home pay. Calculate these numbers and potential interest rates prior to shopping for a vehicle.

- What size is best for you? Even though it may seem that SUVs and pickups reign supreme on the road, some drivers prefer smaller vehicles. Figure out how much interior space and cargo room you need. Take the time to sit in different vehicle classes to determine which size fits you best.
- What are your fuel preferences? Today's vehicles come in electric, unleaded gasoline, diesel, and hybrid options. How the car or truck is powered may be important to you and will help identify the best vehicle for you.
- What is the cost of ownership? Certain vehicle brands may be more expensive to maintain than others. According to Motor1.com, luxury and premium brands are typically the most expensive to maintain, with European brands like BMW, Porsche and Mercedes-Benz typically carrying high maintenance costs. This can be prohibitive when parts or service is needed.

Buying a vehicle requires careful consideration of drivers' needs, budget and desired features.

PCMS Football Wins 4th in a Row

by Hiram Lupton



Head Coach Jack Taylor goes over pregame strategy with the PCMS Hurricanes



A swarming Pamlico defense never let the Warcubs get going

The Pamlico County Middle School football team is having a great year and last Wednesday they won their fourth straight conference game. It was PCMS's homecoming and the Hurricanes didn't disappoint their fans as they defeated the Warcubs of H. J. MacDonald, 20-0. The Hurricanes were up at the half, 6-0 thanks to the running of Kahron Carroll who outran the Warcub defenders for an early first quarter touchdown. It stayed that way through much of the second half until Damarion Roberts and Carroll each broke away on runs to ice the game. In this game it was the PCMS defense that shined. H.J. MacDonald never established the running game as Hurricane defenders were there to plug the holes on the inside, and when the Warcubs tried the outside, multiple Pamlico defenders pursued and swarmed the ballcarrier. "Proud of these guys," said Coach Jack Taylor. "This win presented them with an opportunity to play for a championship. All you can ask for is the opportunity and it is now up to us to make the best of it." Pamlico will play at West Craven Middle School next Wednesday with the conference championship on the line.



The PCMS Cheerleaders

Panthers Claw Out a Win Over the 'Canes

by Hiram Lupton

The Pamlico County High School football team never found any traction Friday night's homecoming matchup with the undefeated Panthers of Northside-Pinetown. If you are undefeated at this point in the season, there is usually a reason and the Panthers reason is that they are pretty good. Their offense repeatedly reeled off big plays against the Hurricanes, hitting the endzone for a 42-0 lead at the half. That was about all the scoring as Northside only added one fourth quarter touchdown in the second half to make the final 49-0. This Friday Pamlico travels up Hwy 33 for a visit to Southside to take on the Seahawks in their annual Fossil Bowl matchup.



Pamlico quarterback Noah Gibbs looks for running room against the Panthers



The always fantastic Hurricane Cheerleaders





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Ghostwalk Celebrates Movers, Shakers and Impact Makers

Historical Society’s 35th Annual Favorite Returns Oct. 23-25



NEW BERN, NC What is Ghostwalk? Now in its 35th year, Ghostwalk is a family-friendly fall event that combines spirits from New Bern's past, talented local volunteer actors, historic sites, and a fun-filled, creative environment. For three evenings in October you'll be able to step into the past and visit with ghosts of lively New Bernians. Spirits, specters, and ordinary folks will bring you tales from across our history. This year you'll meet "Movers, Shakers and Impact Makers" who contributed to make New Bern the special place it is today.

The 35th Annual Ghostwalk is Oct. 23-25 from 6-9:30pm at 13 ghost sites in historic New Bern. Guides will lead you through the stops in Cedar Grove Cemetery, at which you will hear entertaining stories based on real historical characters and events straight from New Bern's past. The remainder of the event is self-guided, with historical spirits telling you their compelling tales on porches in downtown New Bern. Local historic churches offer a variety of low-cost meals for Ghostwalk visitors and prepare yourself to see some special guests creeping through the cemetery during your visit. Watch for something "thrilling" at the New Bern Academy Green. And keep your eyes open for special apparitions like the Veri-Good Bakery (an oldie but a goodie).

Tickets for the New Bern Historical Society's Ghostwalk are good for all three nights and are available at www.GhostwalkNewBern.com, by calling 252-638-8558, or at 511 Broad Street, the Historical Society office. Other outlets are both Harris Teeters in New Bern and Mitchell Hardware in downtown New Bern. Adult advance tickets are \$20 with a special \$17 price for active-duty military, students and Historical Society members. Adults day of the event, \$25. Children under 12 are \$5, children under 3 are free. Your ticket is your Ghostwalk map.

The mission of the New Bern Historical Society is to celebrate and promote New Bern and its heritage through events and education. Offices are located in the historic Attmore-Oliver House at 511 Broad Street in New Bern. For more information, call 252-638-8558 or go www.NewBernHistorical.org or www.facebook.com/NewBernHistoricalSociety.



2025 CCKF Vandemere Kayak Fishing Tournament

Casting Coastal Kayak Fishing will be holding their annual Vandemere Tournament on December 7th, 2025. All kayak anglers are welcome, but must join the group on Facebook. Entry fees and rules will be posted on the group FB page. CCKF is partnering with NC SECC to raise money for Western NC Disaster Relief. All details will be posted on the CCKF group page. If you would like to donate and help our neighbors out west without joining the fishing tournament please contact Rudy at rudy.desten@dac.nc.gov

Squidders in Vandemere has pledged to open their shop at 5am tournament day for angler needs. They also have accommodations for a reasonable price.



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PAMLICO COUNTY SCHOOLS

Savannah Alexander Named Pamlico County Principal of the Year

Submitted by Elizabeth Harwick - Pamlico County Schools



Pamlico County, NC - In a year marked by progress and purpose, Savannah Alexander, Principal of Pamlico Primary School, has been named Pamlico County Principal of the Year- a well-deserved honor for a leader who believes that teaching a child to read is one of the most powerful ways to change their life.

Under Alexander's guidance, Pamlico Primary has become what many now call a "literacy-heavy" school - not just in curriculum, but in culture. Books are everywhere. Reading groups are dynamic. And most importantly, students are thriving.

"If you teach a child to read, you can truly change their life," Alexander says, and that philosophy has become the heartbeat of her school. From foundational phonics to fluent reading, Pamlico Primary students are building skills that will serve them for a lifetime.

Her leadership has elevated not only academic results, but also morale and community trust. Teachers describe her as driven and supportive, always putting children first. Families appreciate her presence, her warmth, and her unshakable focus on helping every child succeed.

Pamlico County Schools Superintendent Dr. Jeremy Johnson praised Alexander's impact, stating,

"Mrs. Alexander is a leader who leads with both vision and compassion. Her work at Pamlico Primary is transforming the way students experience literacy - and the results speak for themselves. We're proud to have her in our district."

With this recognition, Alexander joins an elite group of educators across North Carolina who are setting the pace for excellence in public education. This honor comes as Pamlico County Schools continues to focus on early literacy success across the district. Superintendent Dr. Jeremy Johnson praised Alexander's leadership, saying, "Ms. Alexander isn't just growing readers - she's growing scholars, thinkers, and future leaders. Her work has become a model for what's possible when a school leans into purpose."

Principal of the Year? No question. But if you ask the families and staff of Pamlico County Primary School, Savannah Alexander has been their Principal of the Year every day.

ARAPAHOE CHARTER SCHOOL

WORLD DREAMERS DAY



House Rêveur helped students and staff celebrate world dreamers day on September 25 by sharing their dreams, wearing blue, and decorating the school blue.

ANYTHING BUT A BAG!



ACS teachers took school spirit underground! They came together—setting aside their House loyalties for one day—for an epic “Anything But a Bag” Spirit Day surprise! From creativity to laughter, it was all about teamwork, fun, and a little friendly chaos!

CHEER!



ACS cheerleaders hosted a cheer camp in September and then participants debuted their new skills at the last home volleyball game of the season.

New Items for Deer Season

• Rice Bran

• Wildlife Mix - Fall/Winter planting

• Deer Licks

• Clover

• Deer Corn

• Purple Paint

• Muck Boots

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GUEST SPEAKER VISITS HOSPITALITY CLASS



The ACS high school hospitality class had a guest speaker come and discuss his experiences in the hospitality industry and future career options. Thank you Mr. Roberts for coming to speak to our students.

Proud to serve Pamlico County!

www.pamlicocc.edu

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COASTAL LIVING



17th Annual Chili Cookoff

Saturday, October 25, 2025

Oriental Marina & Inn

11:00 am – 1:00 pm

Admission is \$10.00 - Children under 6 are admitted free.

No more long lines! Advance tickets are available this year at Nautical Wheelers in Oriental and New Bern or online at www.oldtheater.org.

The 17th ANNUAL CHILI COOKOFF is a highly anticipated community event where local chefs volunteer to serve about 450 tasters and compete for the title of Grand Chili Champ in support of The Old Theater. Trophies are awarded for Judges' Choice, People's Choice, and Spirit Award. Although there is room for two more chefs to join the competition, here is the current list of chefs participating:

- Chef Donna Armento, Inland Waterway Provision Company
- Chef Darci McAllister & Friends, sponsored by Martha Mannion
- Chef Edith Mason, Double Trouble – Shirley Garner Memorial Cookoff
- Chefs Rick & Ginny Vogt, Brant Island Strings
- Chef Moe Jones, Mariposa Bakery & Wine Bar
- Chef Larry Summers, Pamlico County Disabled American Veterans
- Toucan Chefs, Toucan Grill & Fresh Bar
- Chef Bridget Young
- Chef Jackie, St. Thomas Episcopal Church
- Chef Morgan Mooningham
- Marine Corp League Chefs, Oriental Dragon Detachment

The MC for the event is none other than Per Erichsen, and entertainment will be provided by Brant Island Strings. A Bake Sale Table will be located on the Tiki deck to showcase tasty goods baked by local talent, item(s) individually wrapped and selling for \$1.00 to \$5.00. Chili-To-Go tickets can be purchased at the Headquarters Table, \$5.00 for 16-ounces of chili, to be picked up from the Chef of your choice.

Enjoy some GREAT chili while supporting The Old Theater, a 501(c)(3) nonprofit performing arts theater and community center. Funds raised by this annual event go to support The Old Theater—the building, its contents and equipment. Throughout the year, The Old Theater provides a venue for live performances, concerts, children's programs, films and a variety of civic, business, and charity events. All these activities require stage, lights, sound and the support of many people who volunteer on stage and behind the scenes - people like YOU - who appreciate how special it is for a town the size of Oriental to have a theater that brings such a variety of entertainment to its community. If you would like to participate as a Chef, Baker, Volunteer, or Sponsor, please contact the leader Mary Taylor at 252-249-0477 or by email at president@oldtheater.org.

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Health&Wellness

ALZHEIMER'S ASSOCIATION INVITES
PAMLICO COUNTY RESIDENTS TO JOIN
2025 WALK TO END ALZHEIMER'S
ON OCT. 18

New Bern resident and award-winning actor, Rob Morgan, will emcee the event



NEW BERN, N.C. – The Alzheimer's Association invites residents Pamlico County and nearby areas to join the fight to end Alzheimer's on Saturday, Oct. 18.

The Alzheimer's Association - Eastern North Carolina Chapter will be hosting Walk to End Alzheimer's – New Bern at Union Point Park located at 210 E. Front Street in New Bern. Check-in opens at 9 a.m.; Opening Ceremony at 10 a.m. and the Walk immediately following.

"This is a pivotal moment in the fight against Alzheimer's. There are now treatments that change the course of the disease," said Christine John-Fuller, executive director of the Alzheimer's Association - Eastern North Carolina Chapter. "We hope that everyone in our community can join us by starting a team to help the Alzheimer's Association raise awareness and funds for families facing the disease today, take more steps toward treatments and finally ending this disease."

On Walk day, participants honor those affected by Alzheimer's with the poignant Promise Garden ceremony — a mission-focused experience that signifies our solidarity in the fight against the disease. During this moving ceremony, walkers hold pinwheel flowers of various colors representing their personal connection to the disease.

New Bern resident and award-winning actor, Rob Morgan, will emcee the event. As part of a recent film project where Morgan plays a man with dementia, he worked with Alzheimer's Association advocates from N.C. who shared their dementia journeys to help him prepare for the role. Morgan, a perennial festival darling, is well known for his scene-stealing work in the Oscar-nominated Mudbound, A24's The Last Black Man in San Francisco and Warner Bros's Just Mercy. He was named one of the 25 greatest actors of the century by The New York Times.

More than 7 million Americans are living with Alzheimer's disease – a leading cause of death in the United States. Additionally, nearly 12 million family members and friends provide care to people living with Alzheimer's and other dementias. In North Carolina alone, there are more than 210,000 people living with the disease and 381,000 caregivers. Craven County has an Alzheimer's prevalence rate of 11.8% in its age 65 and older population.

The Alzheimer's Association hosts 17 walks across North Carolina including: Alamance County, Asheville, Charlotte, Gaston/Cleveland/Lincoln Counties, Fayetteville, Guilford County, Henderson County, Iredell Co. & Lake Norman, Jacksonville, Moore County, Mount Airy, New Bern, Rowan-Cabarrus Counties, Triangle (Raleigh and Durham), Unifour , Wilmington and Winston-Salem.

To register as a participant, team captain, or to learn about becoming a sponsor or volunteer of Walk to End Alzheimer's – New Bern, visit act.alz.org/NewBern or call 800-272-3900.

Alzheimer's Association Walk to End Alzheimer's®

The Alzheimer's Association Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Since 1989, the Alzheimer's Association® mobilized millions of Americans in the Alzheimer's Association Memory Walk®; now the Alzheimer's Association is continuing to lead the way with Walk to End Alzheimer's. Together, we can end Alzheimer's.

Alzheimer's Association®

The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Its mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Visit alz.org.

About the Alzheimer's Association - Eastern North Carolina Chapter:

The Eastern North Carolina Chapter provides patient and family services, information and referral, education, and advocacy in 51 eastern North Carolina counties. It offers opportunities to get involved and to make a difference, in addition to a variety of services including: a 24/7 Helpline, support groups, educational programs and care consultations. For more information about Alzheimer's disease, or the Alzheimer's Association - Eastern North Carolina Chapter, visit alz.org/nc or call 800-272-3900. For the latest news and updates, follow us on Facebook, X and Instagram.



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FOCUS:NC Photography Competition and Exhibition

by: Hiram Lupton

There are a lot of great photographers in our area, both professional and amateur, and the Pamlico Arts Council gave those shutterbugs an opportunity to show off some of their best captures last Saturday at the inaugural FOCUS:NC, North Carolina Through the Creative Lens Photography Competition and Exhibition. The event was held at Broad Strokes Gallery in Oriental and featured the works of more than twenty different entrants in eight separate categories. In all there were fifty-seven beautiful pieces submitted. Many submissions and entrants came from right here in Pamlico County while others came from various places in eastern North Carolina. This presented the judges with quite a chore in selecting winners. After careful scrutiny, debate, and review, the best in each category were chosen.

Architecture	Professional	James Colucci - This Old House
Landscape	Amateur	Scotty Wasson - Peace Be Still -Black Creek
	Professional	Doug Parrish - It's a Whale's Tale
Nature	Amateur	Jeremiah Thorne - Jellyfish
Professional	Doug Parrish -	Watchful Stare
Nautical	Amateur	Debbie Slook - Sky on Fire
	Professional	Jennings Mitchell - Above Water- Pamlico Sound
Pet	Amateur	Jeremiah Thorne - Fraternity
	Professional	Paula Valinoti - Bad Hair Day
Photojournalism/Urban	Amateur	Betsie Elwood - A Tough Row to Hoe
	Professional	Jennings Mitchell - Anticipation by Roanoke
Portrait	Amateur	Chloe St. Onge - Looking Glass
	Professional	Jennings Mitchell - Isaac's Search
Still Life	Amateur	Kathy Scurlock – Peace

From these, a top three were selected as best in show:

- First PlaceJeremiah Thorne - Jellyfish
- Second PlaceJennings Mitchell - Anticipation by Roanoke
- Third PlaceKathy Scurlock - Peace Still life

And finally, it was time to let the people speak, with the well over 100 attendees checking out the exhibition on Saturday each getting the chance to vote on their favorites. The People's Choice Awards went to:

- First PlaceBetsie Elwood - A Tough Row to Hoe
- Second PlaceChloe St. Onge - Looking Glass
- Third PlaceDoug Parrish - Watchful Stare Nature

In addition to the prestige of being a winner, the top three in Best of Show and People's Choice received a cash award. All the winning photos will be on display at Broad Strokes Gallery through the end of the month. Special thanks to the Pamlico Arts Council for putting on such a great event and Broad Strokes Gallery for hosting it. A big thank you to the sponsors, Nature & Wings Photography and the Wal-Mart of Grantsboro, as well as the Arts Council volunteers who processed the entrants and provided a great reception for the event. Plans are already being made to make this an annual event so get out your cameras and start cultivating your creativity. Next year's winners are just a click away.



Amateur Photographer Jeremiah Thorne and his First Place Winning Submission, Jellyfish.



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Saturday, October 18, 2025

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Games

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Be here to share in all of the fun, we look forward to seeing you all here at the Pamlico County Museum & Heritage Center