

The fall equinox

The moment the Sun crosses the celestial equator heading south, marking the start of autumn in the Northern Hemisphere.

It happens at 8:05 p.m. EDT on Tuesday, September. 22.

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The Pamlico News

Wednesday, September 23, 2026

Your County News Source Since 1968

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Fall Rabies Clinic

by: Hiram Lupton
Last Saturday was a great opportunity to protect your pets as Pamlico County Health and Human Services hosted a Rabies Clinic. The event was held behind the courthouse in Bayboro, and the HHS was assisted by Dr. Sherri Hicks of the Oriental Veterinary Hospital. In all, 86 rabies vaccines were administered and 8 pets received microchips.



Addison Lupton (#3) goes high for a kill against East Carteret

Lady 'Canes Go 3-0 – Stay Unbeaten in Conference

by: Hiram Lupton

The Pamlico County High School volleyball team was busy last week with back-to-back-to-back matches on consecutive days. One good thing, they were all at home. On Tuesday, East Carteret came to town in a conference matchup and the Hurricanes sunk the Mariners, 3-0 (25-15, 25-23, 25-17). The duo of Hayden Gibbs-Ireland and Avery Hettinger were strong at the net for Pamlico with 12 and 11 kills respectively. The next evening the Hurricanes stepped out of conference as they butted heads with the Rams of Havelock and it was another straight set win for Pamlico, 3-0 (25-17, 25-13, 25-22). A conference match with Jones Senior finished out the week on Thursday and Pamlico took care of business with another sweep, 3-0 (25-14, 25-20, 25-10). The Hurricanes had 40 kills in the match, much of that due to the outstanding setup work of Lila Mehring and Evie Lang who combined for 36 assists. This week Pamlico hits the road. On Tuesday they travel to Pinetown for an important conference match with Northside and on Wednesday they make the trip to Morehead City for a nonconference battle with West Carteret.



Emma Charles-Craft



Evie Lang (#10) sets up Hayden Gibbs-Ireland for a kill.

North Carolina Coastal Counties Fisheries Coalition Pass Resolution on Fisheries Lawsuit

By Dee Lupton – Staff Marine Biologist, The Pamlico News, on assignment



North Carolina Coastal Counties Fisheries Coalition, September 16 in Morehead City, NC (photo: D. Lupton)

At its September 16 meeting in Morehead City, the North Carolina Coastal Counties Fisheries Coalition approved a resolution urging the NC Department of Justice to appeal a Wake County Superior Court ruling in a fisheries lawsuit that members said could have wide-ranging effects on commercial fishing communities, coastal economies, and other coastal activities.

The North Carolina Coastal Counties Fisheries Coalition

formed after last year's defeat of House Bill 442 that would have banned shrimp trawling inshore out to three miles in the ocean. The purpose of the coalition is to support the state's commercial fishermen and fishing communities in an effort to protect their livelihoods, preserve coastal heritage, and safeguard the economic vitality of our working waterfronts. Members of the coalition are primarily county commissioners and/or managers and fisheries consultants from

15 coastal counties including Pamlico County represented by County Commissioner Candy Bohmert.

The primary topic of discussion was a recent lawsuit ruling that can have an extensive effect on North Carolina's commercial fishing industry. In 2020, the Coastal Conservation Association of North Carolina (CCA-NC), et al filed a lawsuit against the State of North Carolina (Court Case 20CVS012925-910).

Continued on Page A12



Tan & Sober Gentlemen Close Out Ol' Front Porch Music Festival with "Celtic Punk-Grass"

Riverfront Stage – Saturday, Oct. 3, 5–6:30 p.m.

The Tan & Sober Gentlemen will bring the Ol' Front Porch Music Festival to a close with a performance on the Riverfront Stage Saturday, Oct. 3, from 5 to 6:30 p.m.

The performance is part of the Ol' Front Porch Music Festival, a free, two-day celebration of folk, Americana, bluegrass, country, gospel and jazz held Friday and Saturday, Oct. 2–3, 2026, in the waterfront village of Oriental, N.C. Now in its 12th year, the festival features a main stage overlooking the Neuse River along with performances on porches throughout the walkable town. There is no admission charge.

Hailing from Snow Camp, North Carolina, the Tan & Sober Gentlemen close out the festival with a genre-blurring style the band calls "Celtic punk-grass." The group fuses hard-driving bluegrass with the raw energy of punk rock and a distinct Gaelic influence, a combination that has drawn comparisons to a musical hurricane from regional critics. Their high-octane live show has made them a popular closing act on festival stages across the region.



Lewis Receives Honors

by: Hiram Lupton

If you have ever had reason to use the services of the Pamlico County Register of Deeds, you already know that the head of that office, Lynn Lewis, is an outstanding public servant. She has worked in that office for 24 years, serving as the Register the last 14. Last week, at the 74th annual North Carolina Association of Registers of Deeds (NCARD) Conference held in Atlantic Beach, Lewis was recognized by her peers for the excellent job she does. She was presented with the Eunice Ayres Distinguished Service Award for excellence and outstanding service to NCARD. She also received the 2026 North Carolina Association of County Commissioners Outstanding Register of Deeds Award. Congratulations Lynn on a job well done and thank you for your continued service to the citizens of Pamlico County.

LIKELY WEATHER OVER THE WEEKEND

Saturday, September 26th 77°Hi Intervals of clouds and sunshine

Sunday, September 27th 79°Hi Intervals of clouds and sunshine

OL' FRONT PORCH MUSIC FESTIVAL
ORIENTAL, NC

October 2-3, 2026
Music Begins Friday at 1pm
Saturday at 11am
Complete Schedule is Available at olfrontporch.org

Fighting for a different future.
WALK TO END ALZHEIMER'S
ALZHEIMER'S ASSOCIATION
Check-In 9am
Opening Ceremony 10 a.m.
Walk immediately following
Saturday, October 17
Union Point Park, New Bern



Belk Endowment leaders visit Pamlico



Officials from the Charlotte-based John M. Belk Endowment visited Pamlico Community College last week to meet with students and PCC leaders and to take a brief tour of the Grantsboro campus. The trip to Pamlico was the Belk Endowment's 55th visit to a North Carolina community college, leaving just three more to see. The Belk Endowment's mission is to support postsecondary education in North Carolina and to expand students' access to it. Pictured above, front row from left, are Belk Endowment Senior Vice President and Chief of Staff Chuck Kaylor, PCC Vice President of Financial Services Lee Tillman, Belk Endowment President and Board Chair MC Belk Pilon, PCC President Zac Schnell, PCC student Sarah

McRoy, and PCC Senior Director of Community & Work-Based Learning Shellie Saxby. On the back row from left are PCC Vice President of Instructional Services Neil Callahan, Belk Endowment Managing Director Nation Hahn, PCC Vice President of Extended Learning & Partnerships Eddie Gibbs, PCC student Thomas Jones, PCC student Wesley Bremiller, and PCC Vice President of Student Services Jamie D. Gibbs. Contributed photo

Play a round for a good cause!

We're less than a month away from the 25th edition of the Pamlico Community College Foundation's CarolinaEast Cup Fundraising Golf Tournament! It's set for Saturday, Oct. 17, at Minnesott Yacht, Golf & Country Club! Check-in will begin at 9 a.m., with a shotgun start scheduled for 10 a.m. The entry fee remains \$85 per player, which includes green fees and cart, continental breakfast, lunch, mulligan and tee, plus giveaways. As in recent years, the tournament will feature a Superball format, with the four-member teams flighted into divisions by their handicaps. Proceeds go to support the PCC Foundation and deserving Pamlico students. Visit <https://pamlicocc.edu/about-pcc/pcc-foundation/> or call 252-249-1851, ext. 3084, for details or to register for the event! Contributed photo





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SEPTEMBER 26, 2026**



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Land/Home Sales Property Management Appraisals Development



Agent of the Week

Susan Adams
Broker/Veteran

Here's what one of Susan's customers had to say...

"The words are few, but the thanks are many." We appreciate all your efforts to find us a home in Oriental. You're a lovely lady and it has been a pleasure working with you. You are a delight!
Steve and Janice, SC



BAYBORO – Low maintenance 3BR/1.5BA near the new Pamlico County High School. Will be sold as-is, offering an excellent opportunity for buyers who want to add their own updates and personal touches. Screened porch, outdoor BBQ pit, mature peach trees.
OFFERED AT \$225,000



ORIENTAL – 3BR/2BA 3 miles from town, 1.04 acre unrestricted site, fenced backyard. Surrounded by farm fields, not in flood zone, no HOA or HOA dues & no zoning. Roof replaced in 2018, package HVAC system replaced in 2014, crawl space sealed & dehumidified. Backyard deck & detached storage bldg.
OFFERED AT \$275,000



ORIENTAL – 3BR/2BA w/fenced lot ideal for dogs, children or horses. Unrestricted, no HOA, no zoning, no flood zone. Attached 1-car garage, detached storage bldg. & empty, door-way accessible grain silo ideal for protected firepit area or extra storage.
OFFERED AT \$375,000



ORIENTAL – 3BR/2BA 1,152 sf on 1 ac in the Buccaneer Bay West community close to downtown Oriental. Convenient access to marinas, boating, fishing, local restaurants, unique shops, and community events. Built in 1996, open porch, deck, patio areas, multiple storage sheds and a fenced in, above ground swimming pool.
OFFERED AT \$399,000



ORIENTAL – 3BR/2.5BA open floor plan, ideal for family gatherings or entertaining on 3 acres. Offers a great balance of space and tranquility. Property will be sold as is.
OFFERED AT \$415,000



ORIENTAL – 3BR/2BA 1,894 sf open floor plan, deeded boat slip on 1 acre lot. Screened outdoor entertainment area & fire pit. Bright, open spaces indoors and inviting outdoor areas surrounded by mature trees and natural beauty. Being sold as-is.
OFFERED AT \$500,000

See all Listings & Visual Tours at
www.orientalncwaterfront.com
1-800-347-8246 • 252-249-1014

Or contact **Allen Propst**
252-671-4644

704 Broad St, PO Box 750, Oriental, NC 28571



THIS WEEK IN HISTORY

by: Hiram Lupton

- September 23rd – 1962, The cartoon The Jetsons premiers on TV. I really thought we'd have flying cars by now.
- September 24th – “Today, is National Punctuation Day!”
- September 25th – Today is National Quesadilla Day.
- September 26th – Today is National Ghost Hunting Day. Do I need a license for this and what is the bag limit.
- September 27th – Today is National Chocolate Milk Day.
- September 28th – Today is National Good Neighbor Day.
- September 29th – Today is National Coffee Day.

BIRTHDAYS THIS WEEK

- September 23rd – 1930, Musician Ray Charles Robinson (Ray Charles)
- September 23rd – 1949, Musician Bruce Springsteen
- September 25th – 1947, Supermodel Cheryl Tiegs
- September 25th – 1951, Actor Mark Hamill
- September 25th – 1961, Actress Heather Locklear
- September 26th – 1948, Singer Olivia Newton-John
- September 26th – 1981, Tennis Champion Serena Williams
- September 28th – 19??, Outstanding Pamlico Citizen George Peacock



"Too many pieces of music finish too long after the end." - Stravinsky

Help Support Our Local Veterans — DAV Chapter 93

Lynn Lewis, Pamlico County Register of Deeds



I'd like to take a moment to bring attention to a very worthwhile cause right here in Pamlico County. I'd like to challenge each of you to give.

Our local Disabled American Veterans (DAV) Chapter 93 is raising funds to purchase a newer, more reliable vehicle to transport veterans to and from their medical appointments. The vehicle they currently have is older and is in need of replacement, making this an important resource for the veterans who depend on this transportation.

The chapter needs to raise at least \$22,000 toward the purchase. Once that goal is reached, those funds will be matched through a veterans trust fund, helping provide the remaining funding needed to purchase the new vehicle.

DAV Chapter 93 has already raised approximately \$9,000, which is an incredible start, but they still need approximately \$13,000 more to reach the \$22,000 goal.

This is about more than purchasing a vehicle. It's about helping ensure that our local veterans have dependable transportation to get to the medical care they need.

If you're able to donate, even a small contribution can help move them closer to their goal. And if you're not in a position to donate, sharing this post, talking about the fundraiser, and helping spread the word can make a difference too.

Let's come together as a community and show our veterans that we appreciate their service and are willing to support them when they need us.

\$13,000 to go. Let's help DAV Chapter 93 get there!
For more information or to make a donation, please contact Larry Summers at 252.675.0467. Checks can be made payable to DAV Chapter 93 and mailed to 119 Chinchilla Rd. Bayboro NC 28515. Earmark Vehicle

Concerned about your drinking?

You are not alone, there is help available!
Come join others who have found a Solution!
Alcoholics Anonymous: New Bern Hotline (252) 349-0898

Meetings in Pamlico County:

(If you think you may have a problem, you are welcome to attend)

Tuesday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church 600 Ragan Rd. in Oriental, NC (2nd brick building on left off Hwy 55)

Thursday *7:30pm** - Recovery and Beyond Group - Beginner/ Open Discussion Meeting at Alliance United Methodist Church, 687 Main Street in Bayboro, NC (close to DSS/Senior Center)

Friday 8pm - Oriental Group - Open Discussion Meeting held at the Free Will Baptist Church, 600 Ragan Road in Oriental, NC (2nd brick building on left off Hwy 55).

Sunday *7pm - Oriental Sunday Night Group - Big Book/12 & 12 Study Meeting held at St. Thomas Episcopal Church, 402 Freemason St. in Oriental, NC (2nd brick church on the left)

https://aaeasternnc.org/ https://aanorthcarolina.org/ https://www.aa.org/

The Pamlico News

Publisher
Sandy Winfrey
Office Manager
Katherine Winfrey
Jeannine Russo
Editor
Sandy Winfrey
Photographer Reporter
Hiram Lupton
Advertising Sales
Jeannine Russo
Production
J.P. Miller
Distribution
Neal McCraw

Press Releases, Events, News
editor@thepamliconews.com
Photographer Reporter
hiram@thepamliconews.com
Advertising
frontdesk@thepamliconews.com
Billing Inquiries
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Oriental, NC 28571
(252) 249-1555 fax: (252) 249 0857
www.thepamliconews.com

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We place ethical and professional principles of journalism at the center of everything we do in the production of the The Pamlico News.

COMMUNITY OBITUARIES



Mrs. Harriett “Hattie” Rebecca Beach Werner, 96, passed away peacefully on September 1, 2026, at her home in Oriental, North Carolina.

Hattie was born on January 9, 1930, in Elmont, New York, to Walter and Nan Beach. She was raised in Franklin Square, New York, alongside her two brothers, Roy and Billy Beach. On March 31, 1951, she married the love of her life, Robert L. “Bob” Werner. Together, they built a beautiful life and raised their two children, Laura and Rob, in Bellport, New York.

After retiring, Bob and Hattie made their way to Oriental, North Carolina, where they settled on Orient Lane and made their home in the community they came to love so dearly. Following Bob’s passing in 2011, Hattie remained in the home they had shared, surrounded by the memories and life they had created together.

Hattie was a woman who believed in giving of herself to others. She generously volunteered with hospice, offering her time and compassion to those in need. She was also

actively involved with Oriental Methodist Church and the Peace Preschool within the church, where she cherished the opportunity to be part of the lives of others in her community.

One of Hattie’s greatest joys was gardening. She found peace and happiness in tending to her flowers and plants, nurturing them with the same patience and care that she gave to the people she loved. Her home and garden were reflections of a life lived with purpose, kindness, and appreciation for the simple blessings around her.

She will be lovingly remembered by her daughter, Laura Werner Bennett; her daughter-in-law, Susan Werner; and her granddaughter, Rebecca Bennett (Devin Tutii); and many nieces and nephews. She was preceded in death by her beloved husband, Robert L. Werner; her son, Rob Werner; and her son-in-law, Dalton Bennett.

She will be inurned at Coastal Carolina State Veterans Cemetery in Jacksonville, North Carolina, alongside her beloved husband, Bob.

Arrangements by Daniels-Sadler Funeral Home & Crematory, Alliance, NC.



COUNTY OF PAMLICO
NOTICE OF PUBLIC HEARING

NOTICE is hereby given that the Board of Commissioners of the County of Pamlico, North Carolina has scheduled a Public Hearing as follows:

DATE: October 5th, 2026

TIME: 7:00 p.m.

PLACE: County Commissioner Meeting Room
202 Main Street
Bayboro, NC 28515

1. The purpose of this Public Hearing is to receive comments from the public on the following proposed resolution/application:

Application for Debt to the Local Government Commission to finance repairs to the Pamlico County Jail and installation of an HVAC in the Pamlico County Courthouse.

Please note the following:

During regular business hours, the full text of the following proposed resolution can be obtained from the Finance Officer at the County Manager’s Office located at 302 Main Street, Bayboro, NC (Phone Number: 252-745-3133, Email: alex.showalter@pamlicocounty.org)

Horoscopes



ARIES – Mar 21/Apr 20
Aries, it is time to be on the lookout for fresh financial opportunities. Set new goals for yourself, and put your finances at the top of your priority list.



TAURUS – Apr 21/May 21
Taurus, don't bother attracting people through false advertising. Instead, be authentic and you will find you garner much more attention and adoration.



GEMINI – May 22/Jun 21
Gemini, the universe is trying to send you cues this week. But you will only receive these cues if you keep your eyes and ears open. Things may not be what they seem.



CANCER – Jun 22/Jul 22
Cancer, if you want others to open up, you have to start the conversation by sharing something from your heart as well. Make an effort to be more open in the days ahead.



LEO – Jul 23/Aug 23
Leo, this week you have the strength and motivation to accomplish your goals. You will sigh with relief when everything gets accomplished on time and in order.



VIRGO – Aug 24/Sept 22
You have a green light to spoil yourself this week, Virgo. It isn't something you do often, so let loose a little bit and splurge on some luxuries.



LIBRA – Sept 23/Oct 23
Libra, a dear friend or relative could use your support right now. Offer a helping hand or even a shoulder to cry on so this special person knows you're there to help.



SCORPIO – Oct 24/Nov 22
Make an effort to be a social butterfly in the week ahead, Scorpio. This will quench your thirst to be around others. Don't be afraid to reconnect with old friends.



SAGITTARIUS – Nov 23/Dec 21
Sagittarius, this is a great week to establish a financial strategy that fits into your lifestyle. If this involves revisiting your professional ambitions, then so be it.



CAPRICORN – Dec 22/Jan 20
Capricorn, don't be afraid to shake things up a bit this week. You may not have time to mince words, so don't hesitate to get to the point. Others will appreciate your candor.



AQUARIUS – Jan 21/Feb 18
It is time to be your own teacher and become an expert in any subject you desire, Aquarius. Start doing your research and you may be surprised at the discoveries.



PISCES – Feb 19/Mar 20
Pisces, this week you might start seeing a platonic pal in a more amorous way. The affinity you share may be the foundation for a great relationship.

LIBRA Traits & Overview

Libra (September 23 - October 22) is an air sign represented by the scales (interestingly, the only inanimate object of the zodiac), an association that reflects Libra's fixation on balance and harmony. Libra is obsessed with symmetry and strives to create equilibrium in all areas of life. These air signs are the aesthetes of the zodiac: Ruled by Venus, the planet that governs love, beauty, and money, Libras adore high art, intellectualism, and connoisseurship. Suave Libras need to surround themselves with stunning objects and create environments that reflect their exquisite tastes. Accordingly, these air signs make excellent designers, decorators, art critics, and stylists.

While Libra's opposite sign, Aries, represents "me," Libra symbolizes "we." Relationships are paramount for Libras, who find balance in companionship. They love harmonious partnerships with fashionable mates, especially those who make attractive arm candy. (Libra governs the skin, and these air signs are highly motivated by physical appearance. There's no better way for a Libra to relax than with a luxurious face mask.)

FOR ENTERTAINMENT PURPOSES ONLY

FINANCIAL FOCUS

Donor-advised funds: A smart way to give



Dan M. Roberts

If you're looking for a tax-efficient way to support the causes you care about, a donor-advised fund, or DAF, may be worth considering. With a DAF, you can contribute cash, stocks and other appreciated assets, receive an immediate tax deduction if eligible and recommend grants to your favorite IRS-qualified charities over time. DAFs also offer two additional potential advantages: tax-free growth on assets held in the fund and

the ability to avoid capital gains taxes on appreciated investments you donate. This can help maximize the amount ultimately available for charitable giving. Keep in mind, though, that contributions to a DAF are irrevocable, investment choices are limited to those offered by the program and fees may apply. Because charitable giving and tax rules can be complex, talk with your tax professional and financial advisor to determine whether a donor-advised fund fits your goals and overall financial strategy.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor. Edward Jones, Member SIPC



4-H, Seasonal Traditions and Learning Opportunities



Kait Neeland
4-H Agent

September is still blistering here, and it doesn't quite feel like the autumnal season is anywhere close to being ushered in. However, for me it brings memories of preparing for the NC State Fair. As a 4-Her in my youth I often submitted sewing projects, woodworking, or jam to the 4-H Competitions and displays. We would make the trip to Raleigh every few years to the fair ourselves. I would wonder around the gardens, and the flower competitions, and see all the work everyone across the state had done over the last year, and get ideas for 4-H Projects I might like to do myself in the next year.

This year I get to participate in the State Fair again representing our 4-H Southeast District. Each year someone from each of our districts puts together a booth showcasing 4-H and their County. This year is our turn! I have been thinking off all the wonderful projects our 4-Hers have done over the last year, adventures that have been had, skills gained and new knowledge acquired. Looking back on this year we have a lot to celebrate!

Our Coastal Plaine chicken show, where kids learned about Poultry Science and how to show chickens. Our Second 4-H Dairy Project, where our 4-Hers raised dairy calves for two months and learned how to show them. Our Pamlico Super Star Presentations! Our 4-Her researched wrote and presented their presentations at the district and state coemptions! And so much more! Including some programs that are currently on going!

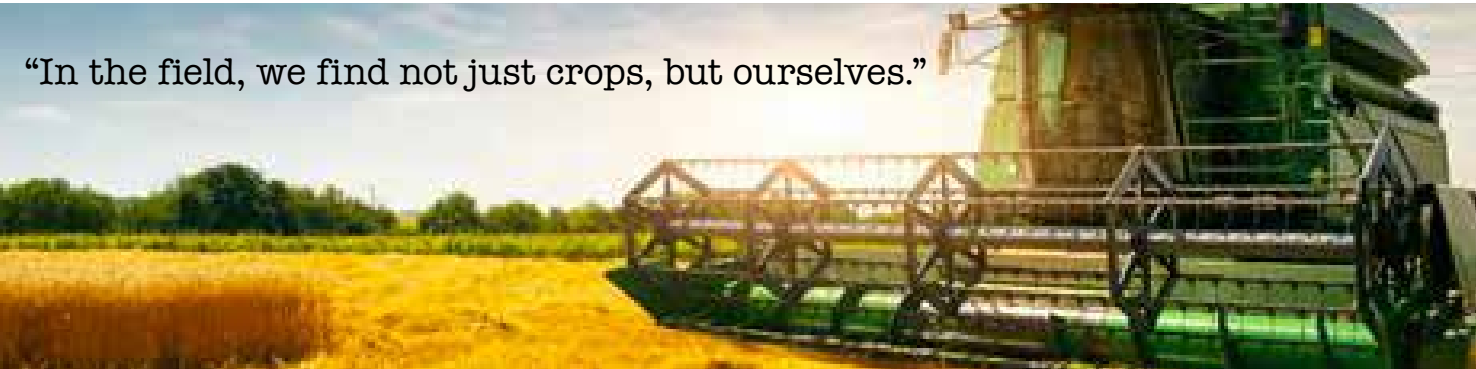
Our partnership with the Pamlico County Christian Academy to give our Pamlico youth the opportunity to explore many aspects of agriculture! So far this year they have also started fall vegetables and herbs. In our zone – 8b – there are quite a few vegetables that can be started August through November. So far, we have started three varieties of lettuce, kohlrabi, bok choy, mustard greens, collards, thyme, sage, and endive. Youth will learn about market prices, what adds value to a crop, and marketing strategies. Further they will learn about nutrition, and proper preparation of their crops. They have also learned about different type of soil and plant reproduction, and have so much more ahead of them this year!

Connecting youth to agriculture and food production continues to be important for youth. Youth who have the opportunity for experiential education in agriculture allows them to gain knowledge and skill in growing crops. They will also explore many agricultural careers. However, agriculture education provides much more than practical knowledge in crop production and food preparation. Agricultural education also has been shown to improve problem solving, critical thinking, long term planning, and team work.

Our It's Electric Program kicked earlier this week off and will carry into the spring Its Electric is for youth ages 10 – 18. Registration fees cover the supplies to make the project and snack. In addition to building our projects, such as retro game cubes, mini-tesla coils, and remote-control cars; youth will be developing their record keeping and communication skills by completing a project record book.

This fall our Chopped International cooking program will also be picking back up next week! Chopped international is a program that allows youth to explore countries around the world, hone cooking skills, and learn about nutrition. Each month we will explore new country, with new recipes. We will have a Chopped International every month from September to November. Each Chopped has a separate registration, and each Chopped cost \$15 dollars to participate. Chopped internation is for youth ages 9 – 18. Enrollment in 4-H Online is required to participate in all 4-H programs.

These 4-H Programs have been bringing the fun all year, and I can't wait to finalize our Upcoming Programs list! Looking to sign up for one of our upcoming 4-H programs? You'll find all the details and registration info on our website: pamlico.ces.ncsu.edu. To complete your registration, you'll also need to enroll in 4-H Online it's required for all NC 4-H programs. Don't worry if you're new to the process, the link is on our website, and if you have any trouble at all, just give us a call. We're happy to walk you through it step-by-step! Want to stay in the loop about future programs and events? Be sure to sign up for our Pamlico 4-H email list so you never miss an update. If you have questions or just want to learn more about what 4-H has to offer here in Pamlico County, reach out to Kait Neeland at (252) 745-4121 or kait_neeland@ncsu.edu



Job change?



Whether retiring or changing jobs, you'll want to know your retirement account options.

- There are four potential options for your 401(k) when leaving an employer:
- Leave it in your former employer's 401(k) plan, if allowed by the plan.
 - Move it to your new employer's 401(k) plan, if you've changed employers and your new employer plan allows for it.
 - Roll the account over to an individual retirement account (IRA).
 - Cash it out, which is subject to potential tax consequences.

We can talk through your financial goals and find the option that works best for you.



Dan Roberts IV, AAMS®
Financial Advisor
301 South Front Street
Building 1, Suite A
New Bern, NC 28560
252-633-5263

Angie Martin
Registered Branch Associate
Ashley Carpenter
Registered Branch Associate

RET-1948N-A-E-AD AECSPAD 29892409

New Dog Training Classes!

INTERMEDIATE OBEDIENCE (For Dogs Over 10 Months)

6 week class - \$175
October 7 - November 11
Wednesdays 10-11am
Oriental Recreation Park



INTRODUCTION TO SCENTWORK (For Dogs of Any Age)

5 week class \$150
October 22 - November 19
Thursdays 10-11am

To enroll in a class or for more information, please visit the website:
dovelandingtraining.com

Vaccination Record Required



Alecia Williams, Owner, ABCDT
Dove Landing Training, LLC
3690 Whortonsville Rd. ~ Merritt, NC
252-249-3034

WHAT'S THE DIFFERENCE?

There are four differences between Picture A and Picture B.



Answers:
1. Missing tomato on sign 2. Extra lemon on water jug 3. Cups are taller 4. Extra row of melons in background

GUESS WHO ?

I am an athlete born in Texas on September 17, 1995. I played football, basketball and baseball while in high school. But football is where I eventually gravitated, despite my father playing professional baseball. I have led the Kansas City Chiefs to several Super Bowl victories.

Answer: Patrick Mahomes

WORD SCRAMBLE

Rearrange the letters to spell something pertaining to sports.

I E F D L

--	--	--	--	--

Answer: Field

Pamlico Vistas

vista /vis-ta/ n / : a distant view through or along an avenue or opening



The Twin Bridges of Drum Creek - Hobucken

Photo by: Hiram Lupton

AMERICA
250
NC

The Battle of
Charlotte

In the final years of the American Revolutionary War, much of the fighting had shifted to the southern states, primarily North Carolina and South Carolina. With the war in the north somewhat stalemated, the British strategy became focused on subduing the rebellion in the southern colonies. Securing the south and putting down patriot resistance became the job of British General Charles Cornwallis. To do this he and his army went on various expeditions through the countryside doing the King’s work. In late September of 1780, the British army moved toward Charlotte, North Carolina. About 150 militia troops under the command of Major William Davie lay in wait near and around the Mecklenburg County Courthouse ready to ambush the British force of roughly 2000 troops. This area is roughly where the Bank of America tower is located in Charlotte today. On September 26th, British calvary entered the town and found something they didn’t expect. Resistance. Major Davie had positioned his men in buildings and behind stone walls. With cover and surprise on their side they drove the British back several times before sheer numbers forced them from their positions and out of town. In this initial battle, the British suffered about 44 killed and wounded while the patriots had about 5 killed and 6 wounded. The patriots employed a strategy that had served them well since the beginning of the war. Fight the British, inflict casualties, then withdraw, keeping the army intact to fight another day. Cornwallis now occupied the town and while the colonials had pulled out, they didn’t go far. They choked off British supply lines attempting to come into town and anytime British troops ventured into the countryside to forage for food and supplies, they were harassed by militia employing hit and run tactics, inflicting further casualties until the British position occupying the town became untenable. General Cornwallis is said to have remarked about Charlotte that it was a “hornet’s nest of rebellion.” After several weeks, the British withdrew from the town and headed back into South Carolina. By all standards, the battle and subsequent skirmishes were small, but they were not insignificant. The patriot strategy of keeping up the fight against the British continued. Cornwallis’ characterization of Charlotte as “a hornet’s nest” has had a lasting legacy as well. The first North Carolina flag depicted a hornet’s nest as well as the date “May 20, 1775.” The date refers to the adoption of the Mecklenburg Resolves, an early call for American independence that came from Mecklenburg County and is also displayed on the current NC State flag. The hornet is also the mascot name of the Charlotte NBA franchise, the Charlotte Hornets.



Militia prepare to ambush British troops



Early North Carolina State Flag.

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Hurricanes Fall to SCPA, 26-12

by: Hiram Lupton

The Pamlico County High School football team hosted the Trojans of Southeast Collegiate Prep Academy last Friday on a rainy night in Bayboro. When the showers started in the first quarter, both teams caught a disease every coach fears, fumbleitis. With a slippery ball neither team seemed to be able to hold on to, the offenses stagnated leading to more turnovers than points in the opening period. At the 7:30 mark before the half, SCPA finally held on to the ball for a long run to the endzone. Add in the 2-point conversion and the Trojans were up 8-0. SCPA added another score as time expired before the half and took a 14-0 lead into intermission. Pamlico finally got something going in the third period. Caleb Paul recovered a SCPA fumble, and the Hurricanes played mistake free football on a ball control drive that started on their own 33-yard line and ended with an Izir Benjamin 19-yard touchdown run to make it 14-6. Early in the final quarter, Pamlico added another score as Brayden Bujalski bulled his way to the endzone for a 6-yard rushing touchdown. It looked like a comeback in the making when the Hurricanes recovered a Trojan fumble, but Pamlico promptly gave the ball back with a fumble of their own. SCPA capitalized on that turnover with a score to make it 20-12. Pamlico gave up the ball again on another fumble on the kickoff and put the game away with a score to make it 26-12. A last gasp pass by Pamlico was intercepted and SCPA ran out the clock. This week Pamlico will make the long road trip to Camden County to take on the Bruins.



Hurricane blockers doing the dirty work. (L to R) Caleb Paul (44), Durey Cinicerros (51), Jamyis Davis (52), Cash Ollison (76), KJ Outlaw (78).



Brayden Bujalski headed to the endzone

PCMS Athletics – Football

by: Hiram Lupton

Pamlico County Middle School kicked off their home football schedule last Wednesday as they welcomed the Mustangs of Tucker Creek Middle School to Bayboro. Normally, Mustangs run wild, but on this afternoon, it was the Hurricanes who did all the running. On the second play from scrimmage, running back Damarion Roberts set the tone with a long touchdown run, scoring the Hurricanes first points. After a successful recovery of an onside kick, Pamlico marched down the field for another rushing touchdown, this time with quarterback Keegan Lang taking it in. Add in another Roberts touchdown and the Hurricanes were up 24-0 at the end of the first quarter. Tucker Creek wasn't ready to throw in the towel yet and came out throwing in the second period. The problem was they threw it to a Hurricane. Bentley Davis picked off a Mustang throw and Pamlico once again took the ball down the field, culminating in another long gallop by Roberts for his third touchdown of the game. After Pamlico stopped Tucker Creek on downs, Sean Sanchez rambled for a rushing touchdown of his own to cap off the first half scoring at 40-0 Pamlico. The Mustangs came out throwing to start the second half and completed a nice pass over the middle, but their receiver fumbled and Pamlico's Colt Cowell recovered, once again stopping any Tucker Creek threat. With a running clock and Pamlico Coach Jack Taylor shuffling in subs, the second half went by fast with no further scoring and a Pamlico win, 40-0. In addition to their strong running game, Pamlico also utilized an excellent kicking game. Britton Jones was perfect, going five for five in extra point attempts. PCMS has another big conference home matchup this week on the 23rd as they travel to H.J. MacDonald Middle School.



The Hurricanes hit the field



Damarion Roberts had 3 rushing touchdowns for Pamlico



Kicker Britton Jones was 5 for 5 in extra-point kicks



Keegan Lang headed for the endzone

Tips to get ready for DIY gift projects

There are many reasons people gravitate to homemade holiday gifts. Customizing and personalizing gifts to the needs of a particular recipient is a thoughtful touch. Homemade gifts may be particularly fun for savvy do-it-yourselfers to give to loved ones. DIY gifts require extra time and effort, which means they often cannot be left to the last minute. Crafty gift givers who plan to give homemade items this holiday season should plan and gather supplies well in advance of the holidays to ensure gifts will be ready in time. Following these tips can help the planning process.

- Identify your project(s). Prior to the holiday season, begin to think about which holiday gift projects you will be undertaking. Ideas run the gamut from yarn crafts to woodworking to food gifts. Understanding the scope of the project will help you determine how much time it will take to complete it.
- Start shopping supplies. Each project will require various materials. Shopping early ensures availability of materials. The closer it gets to the holiday season, the more scarce certain supplies may become, making shopping early a necessity. Plus, the earlier you shop, the greater the opportunity to compare prices and shop sales.
- Store materials in an organized manner. Devote an area, box or another storage solution for your tools and materials so that they are not absorbed by existing clutter. Time can be wasted looking for materials and setting up a project, particularly if you purchased items in advance.
- Block out time. Devote time on your schedule to working on holiday gifts. Treat the work like any other job. Take advantage of quiet moments when you can devote your attention to the DIY projects.
- Create personalized tags. Let gift recipients know the item was handmade by you. Create or purchase tags that can be attached to the finished project and read, "Made by (Name Person)." It's a clever finishing touch to the gift. Plus, it showcases your pride in the homemade item.

Do-it-yourself gifts are heartfelt and personal. Prepare for any homemade gifts well in advance of the holidays to ensure you have the time and materials to get everything done on time.





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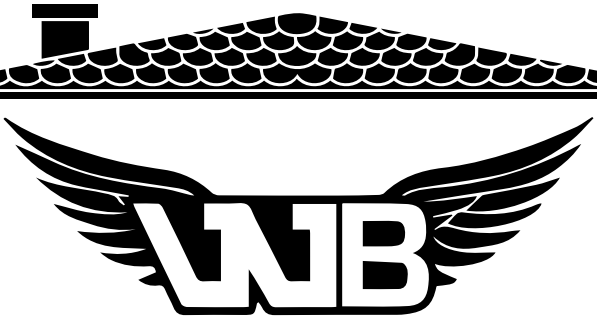
- The Dirt Road Band will Perform from 11-2
- Demos of Antique Farming, Weaving and Chores
- BBQ Sandwiches
- Bake Sale

- School House & Barber Shop Open
- Blacksmith Shop will be open
- Children's Games
- Pamlico County Arts Council Community Mural
- Vendor Booths

New this year! A dunking booth! Some of the dunkees include: "A county commissioner, a pastor, a mayor, and a deputy"

Football is like life - it requires perseverance, self-denial, hard work, sacrifice, dedication and respect for authority.
—Vince Lombardi

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– Bruce Lee

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF DEBRA M WATTS
File No.: 24E000180-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to MATTHEW B. JONES, ADMINISTRATOR on or before DECEMBER 1, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR.

This 2ND DAY OF SEPTEMBER, 2026

ESTATE OF DEBRA M. WATTS
C/O MATTHEW B. JONES
465 HARE HOLLOW
NEW BERN, NC 28562

Publish SEPTEMBER 2, 9, 16, AND 23, 2026.

NOTICE TO CREDITORS

All persons, firms and corporations having claims against the Estate of THEDAA. BUTKUS (a/k/a THEDA RAE BUTKUS), Deceased, of Pamlico County, N.C., are notified to present the same to the Personal Representatives listed below on or before December 2, 2026 or this Notice will be pleaded in bar of recovery. All debtors of the said Estate are asked to make immediate payment. This 2nd day of September 2026.

MARY DILLON
WILLIAM BUTKUS
Co-Executors
c/o GREGORY T. PEACOCK
Ward and Smith, P.A.
Attorneys at Law
1001 College Court (28562)
Post Office Box 867
New Bern, NC 28563-0867

STATE OF NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION BEFORE THE CLERK
FILE NO.: 26SP000041-680
IN RE: REGISTERED
IN RE: REGISTERED ESTATE NUMBER 4A NOTICE OF SERVICE OF PROCESS BY PUBLICATION PURSUANT TO N.C.G.S. § 43-17.2

TO: All persons having or claiming an interest or estate in Registered Estate Number 4A.

NOTICE is hereby given that a petition was filed by Petitioner CBR Properties, LLC, by and through its attorney Steven K. Bell Attorney at Law, P.C., in the office of the Clerk of the Superior Court of Pamlico County, alleging that the Certificate of Title for Registered Estate No. 4A had been lost under the circumstances stated therein, and praying that new duplicate certificates of title be issued to the Petitioner.

The land referred to in Certificate of Title for Registered Estate No. 4A is bounded and described as follows:

Lying and being on the south side of the highway leading from Merritt to Florence, in Number Two Township, Pamlico County,

Woodfield Cove in Havelock is now accepting applications for the waiting list for 1, 2, and 3-Bedroom Units. This family community is close to schools, the bus line, and shopping. Woodfield Cove offers on-site laundry facilities, washer dryer hook ups in each unit, and a playground. Units also include ceiling fans, Energy Star Appliances, spacious closets, patio/balcony space, and dishwashers. Call 252-652-7025 today to schedule an appointment for an application. Credit and Criminal (TTY 711) Background check required. \$25 application fee. Handicap accessible units subject to availability. Equal Housing Opportunity. Professionally managed by Partnership Property Management.



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North Carolina, and bounded on the southwest by Hugh G. Swan’s Brite Farm, BEGINNING at a point in the centerline of said highway located North 49 degrees 30 minutes West 15 feet from the beginning point of Registered Estate Number 4A as the same appears in the Owner’s Certificate of Title issued to John T. Taylor, Jr. and wife, Dora W. Taylor, dated March 17, 1953 and recorded in Book 1 of Registration of Land Titled at Page 16, Pamlico County Registry, and running thence from said beginning point South 49 degrees 30 minutes East along the first line of said Registered Estate, a ditch and Hugh G. Swan’s northeast line, 1075 feet to a ditch angle; thence North 57 degrees 45 minutes East along a ditch 138 feet; thence North 49 degrees 30 minutes West along a ditch 1,045.5 feet to a point in the centerline of said highway; thence South 74 degrees 30 minutes West along the highway centerline 158 feet to the BEGINNING, containing 3.14 acres, more or less.

Said Registered Estate No. 4A and the portion thereof above described are shown on a plat attached to the instrument transferring said portion by John T. Taylor, Jr. and wife, Dora W. Taylor to Ralph Muse and wife, dated June _____, 1962 and of record in Pamlico County Registry.

See also Registered Estate No. 4A recorded in the Office of the Register of Deeds of Pamlico County, North Carolina in Book No. 579, Page No. 249-250.

ESTATE: 38.05282% UNDIVIDED INTEREST IN FEE SIMPLE.

Said petition will be heard and considered and an order entered thereon at the office of the Clerk of the Superior Court of Pamlico County, on the 7th day of October, 2026, at 9:00 o’clock a.m.

This 2nd day of September, 2026.

STATE OF NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION BEFORE THE CLERK
FILE NO.: 26SP000042-680
IN RE: REGISTERED ESTATE NUMBER 4A NOTICE OF SERVICE OF PROCESS BY PUBLICATION PURSUANT TO N.C.G.S. § 43-17.2

TO: All persons having or claiming an interest or estate in Registered Estate Number 4A.

NOTICE is hereby given that a petition was filed by Petitioner CBR Properties, LLC, by and through its attorney Steven K. Bell Attorney at Law, P.C., in the office of the Clerk of the Superior Court of Pamlico County, alleging that the Certificate of Title for Registered Estate No. 4A had been lost under the circumstances stated therein, and praying that new duplicate certificates of title be issued to the Petitioner.

The land referred to in Certificate of Title for Registered Estate No. 4A is bounded and described as follows:

Lying and being on the south side of the highway leading from Merritt to Florence, in Number Two Township, Pamlico County, North Carolina, and bounded on the southwest by Hugh G. Swan’s Brite Farm, BEGINNING at a point in the centerline of said highway located North 49 degrees 30 minutes West 15 feet from the beginning point of Registered Estate Number Four as the same appears in the Owner’s Certificate of Title issued to John T. Taylor, Jr. and wife, Dora W. Taylor, dated March 17, 1953 and recorded in Book 1 of Registration of Land Titled at Page 16 in the Office of the Register of Deed of Pamlico County and running thence from said beginning point South 49 degrees 30 minutes East along the first line of said Registered Estate, a ditch and Hugh G. Swan’s northeast line, 1075 feet to a ditch angle; thence North 57 degrees 45 minutes East along a ditch 138 feet; thence North 49 degrees 30 minutes West along a ditch 1,045.5 feet to a point in the centerline of said highway; thence South 74 degrees 30 minutes West along the highway centerline 158 feet to the BEGINNING, containing 3.14 acres, more or less.

Said Registered Estate No. 4A and the portion thereof above-described are shown on a plat attached to the instrument transferring said portion by John T. Taylor, Jr. and wife, Dora W. Taylor to Ralph Muse and wife, dated June _____, 1962 and of record in Pamlico County Registry.

See also Registered Estate No. 4A recorded in the Office of the Register of Deeds of Pamlico County, North Carolina in Book No. 382, Page No. 840.

ESTATE: 61.94718% UNDIVIDED INTEREST IN FEE SIMPLE.

Said petition will be heard and considered and an order entered thereon at the office of the Clerk of the Superior Court of Pamlico County, on the 7th day of October, 2026, at 9:00 o’clock a.m.

This 2nd day of September, 2026.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF JOHNNY BERT ARMSTRONG
File No.: 26E000154-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to JOY ARMSTRONG BARTLE, ADMINISTRATOR on or before DECEMBER 8, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR.

This 9TH DAY OF SEPTEMBER, 2026

ESTATE OF JOHNNY BERT ARMSTRONG
C/O JOY ARMSTRONG BARTLE
14923 HESTIA CT
SAN ANTONIO, TX 78245

Publish SEPTEMBER 9, 16, 23 AND 30, 2026.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF BENNY DALE SCOTT
File No.: 26E000018-680

All persons, firms and corporations having claims against deceased, are notified to exhibit

them to TRAVIS DALE SCOTT, ADMINISTRATOR on or before DECEMBER 8, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named ADMINISTRATOR.

This 9TH DAY OF SEPTEMBER, 2026

ESTATE OF BENNY DALE SCOTT
C/O TRAVIS DALE SCOTT
2407 OAK VIEW DRIVE
NEW BERN, NC 285662

Publish SEPTEMBER 9, 16, 23 AND 30, 2026.

NORTH CAROLINA IN THE GENERAL COURT OF JUSTICE PAMLICO COUNTY SUPERIOR COURT DIVISION NOTICE TO CREDITORS AND DEBTORS OF JOHN DALTON WHITFORD
File No.: 26E000167-680

All persons, firms and corporations having claims against deceased, are notified to exhibit them to M. SCOTT WHITFORD, EXECUTOR on or before DECEMBER 16, 2026, at the address listed below or be barred from their recovery. Debtors of the decedent are asked to make immediate payment to the above-named EXECUTOR.

This 16TH DAY OF SEPTEMBER 2026

ESTATE OF JOHN DALTON WHITFORD
C/O M. SCOTT WHITFORD
1903 SCOTTS STORE RD
GRANTSBORO, NC 28529

Publish SEPTEMBER 16, 23, 30 AND OCTOBER 7, 2026.

Notice to Creditors North Carolina, Pamlico County

All persons, firms and corporations having claims against the Estate of Joan P. Kart, deceased, of Oriental, NC, are notified to present the same to the personal representative listed below on or before December 23, 2026, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment. This the 23rd day of September, 2026.

William Kart, Administrator of the Estate of Joan P. Kart
c/o Quay & Associates, P.A.
412 Broad Street
New Bern, NC 28560

PUBLICATION DATES:
9/23/2026; 9/30/2026; 10/7/2026; 10/14/2026

NORTH CAROLINA PAMLICO COUNTY NOTICE TO CREDITORS:

All persons, firms and corporations having claims against the Estate of George Carlton Hill, deceased, of Pamlico County, NC., are notified to present the same to the personal representative listed below on or before December 23, 2026, or this notice will be pleaded in bar of recovery. All debtors of the said estate are asked to make immediate payment.

This 23rd day of September, 2026.

B. Kyle Dickerson, Administrator CTA of the Estate of George Carlton Hill, Deceased, c/o B. Kyle Dickerson Sumrell Sugg, P.A. 416 Pollock Street P.O. Drawer 889 New Bern, NC 28563

Run: 09/23/2026, 09/30/2026, 10/07/2026, 10/14/2026

Fred A. Anderson All Stars Start the Year Learning, Creating and Shining

By: Elizabeth Harwick, Public Information Officer, Pamlico County Schools

BAYBORO, N.C. — The school year is off to a busy start at Fred A. Anderson Elementary School, where students are already learning, creating and finding new ways to shine both inside and outside the classroom.

From one-on-one reading support to math lessons using playing cards, FAA teachers are finding engaging ways to help students build skills and make meaningful connections with what they are learning. In art class, students have also been putting their creativity to work, creating colorful projects while practicing skills such as painting, drawing, cutting and gluing.



The arts are continuing to expand at FAA this year as well. Under the direction of music teacher Dawn Wilson, students are beginning both an instrumental ensemble and chorus, providing additional opportunities for young musicians to develop their talents, build confidence and experience the importance of working together as a group.



Science is also coming to life for FAA students. Fifth graders have been studying multicellular organisms and learning how their different parts work together, but some of their biggest STEM experiences this year are happening through STARBASE Cherry Point in partnership with Fleet Readiness Center East.

During their second day of STARBASE, fifth-grade students took on “Mad Scientist Day,” exploring chemical and physical changes, building molecular models and conducting chemistry experiments. They also put technology and problem-solving skills to work during a CAD Mars Mission.

The STARBASE program provides students with hands-on experiences in science, technology, engineering and mathematics while introducing them to STEM careers and opportunities, including those available right here in Eastern North Carolina. FAA is grateful to the STARBASE Cherry Point team and Fleet Readiness Center East for investing their time and expertise in Pamlico County students.



Learning at FAA also goes beyond academics. Students recently participated in bus safety instruction, practicing how to safely board and exit a school bus and reviewing the importance of making responsible choices while riding.

Positive choices are being recognized throughout the school through FAA’s SHINE expectations. Students who demonstrate those expectations can complete SHINE Bingo, with students who earn the recognition celebrated on the school’s SHINE board.

Whether they are strengthening reading and math skills, creating art, making music, conducting science experiments, learning about bus safety or discovering future careers, FAA’s All Stars are already showing what this year’s school motto is all about: “Many Stars, One Path.”

Did you know?

School sports participation continues to grow. According to the High School Athletics Participation Survey, conducted by the National Federation of State High School Associations for the 2022-2023 school year, participation in high school sports was quite high. A total of 7,851,833 girls and boys were involved in school sports during the 2022-2023 academic year. That number marked an increase of 232,779 participants from the previous school year. Among the surveyed participants, the most popular boys programs were football and outdoor track and field. For girls, the most popular programs were outdoor track and field and volleyball.



Celebrating the Legacy of Mrs. Elinor D. Hawkins

You might recognize Mrs. Elinor D. Hawkins from the bear statue placed in her honor at the New Bern-Craven County Library! Mrs. Hawkins was truly a visionary in our community, and was instrumental in the founding of many of our local libraries, as well as our cooperative regional library system here at CPRL. She had a knack for finding unusual places to start community libraries, including the Sheriff’s office in Havelock, a closet in Cove City Town Hall, and a woman’s club building in Vanceboro. Mrs. Hawkins was also a local TV legend, hosting Teletory Time for over 50 years and sharing the love of reading with generation after generation.

Elinor D. Hawkins Fund for Early Literacy

To continue her legacy of introducing children to the joy of reading, Craven-Pamlico Regional Library is collecting donations for our early literacy fund named in her memory. With these funds, we will be supporting our regional libraries’ early literacy programs and purchasing new storybooks for our libraries.

If you would like to donate to this fund, please stop by your local library branch or visit mycpri.org/donate/!

Friday, September 25th is Elinor D. Hawkins Day!

Mrs. Elinor was rarely spotted without her signature red accessories, and we are inviting all our patrons and staff to celebrate her birthday on September 25 by wearing red in her honor!

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ACS Athletics – Volleyball

by: Hiram Lupton



Fall athletics is in full swing at Arapahoe Charter School and last Monday the Bobcats hosted the Lions of Opendoor School in a real cat fight of a JV volleyball match. This was a tight match that went 3 sets before Opendoor clawed out a 2-1 win (25-15, 22-25, 15-6).

“Every challenge is a stepping stone to greater wisdom.”





"They say money can't buy happiness, but it can buy a classic car, and that's pretty close!"
–Unknown

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Reelsboro VFD Vendor Fair

by: Hiram Lupton



If you were looking to get out Saturday and do a little craft shopping, a great place to head was the Reelsboro Volunteer Fire Department as they hosted a Vendor Fair Fundraiser. There were plenty of vendors selling their wares as well as baked goods, a silent auction, and raffles. There was also a great deal on their brown bag lunch, a hot dog, chips and a drink for \$5. Every dollar spent helps the Reelsboro VFD help serve the community.

“The crisp air of autumn invites us to breathe deeply of the present moment, for now is where eternity resides.”

Norman

Sanderson

★ ★ ★ ★ ★ ★ ★ ★

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“

When prices go up,
families feel it first.
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across Eastern North Carolina.

”

— SENATOR NORM SANDERSON

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PCMS Volleyball

by: Hiram Lupton

Pamlico County Middle School played a pair of matches against conference rivals last week and went 3-1. On Tuesday the Hurricanes were home against the Warcubs of H.J. MacDonald and Pamlico came out on top in the doubleheader, winning 2-0 and 2-1. On Thursday, Pamlico hit the road and travelled to Tucker Creek and earned a split, 1-2 and 2-0. This week PCMS travels to Havelock Middle School on Tuesday and then hosts the Coastal Middle School Athletic Conference Tournament on Thursday. Match times and pairings will be announced.



Layton Willis



Aubrianna Karp



Sabrosos Del Son Opens Saturday with Latin Rhythms at Ol’ Front Porch Music Festival
Riverfront Stage — Saturday, Oct. 3, 11 a.m.–noon

Sabrosos Del Son will open Saturday’s Riverfront Stage lineup with a performance from 11 a.m. to noon at the Ol’ Front Porch Music Festival in Oriental, N.C.

The performance is part of the Ol’ Front Porch Music Festival, a free, two-day celebration of folk, Americana, bluegrass, country, gospel and jazz held Friday and Saturday, Oct. 2–3, 2026, in the waterfront village of Oriental, N.C. Now in its 12th year, the festival features a main stage overlooking the Neuse River along with performances on porches throughout the walkable town. There is no admission charge.

Sabrosos Del Son is a high-energy Latin band based in the coastal Carolinas, bringing a lively mix of tropical Caribbean rhythms to the Riverfront Stage. The group’s repertoire spans salsa, merengue and bachata, making them a favorite for dancing along the waterfront.

COASTAL LIVING

■Continued from page A1

North Carolina Coastal Counties Fisheries Coalition Pass Resolution on Fisheries Lawsuit

The complaint accused the State of failing to meet its constitutional duty to protect coastal fisheries. After an extension hearing earlier this year, Wake County Superior Court Judge Bryan Collins issued a 190-page ruling on August 18, 2026, finding in favor of the Plaintiffs. The ruling did not immediately set a remedy. Instead, it moved the case into a remedy phase and directed the parties to report back to the court within 45 days.

Several members of the Coalition stated their concern about how this ruling can have a devastating effect on North Carolina's coastal counties and economies. According to data cited by the Coalition, North Carolina's wild-caught commercial seafood industry is \$297.3 million with an employment of 5,528. Members also warned that the ruling could have broader effects depending on the final resolutions

ordered by Court, potentially affecting dredging, bulkheading, and other fishing activities, and future precedent for other industries throughout North Carolina.

The concern for impacts on the coastal counties, and the State as a whole, led the Coalition to approve "A Resolution of the North Carolina Coastal Counties Fisheries Coalition, Consisting of Beaufort, Brunswick, Camden, Carteret, Chowan, Craven, Currituck, Dare, Hyde, Onslow, Pamlico, Pasquotank, Perquimans, Tyrrell, and Washington Counties, Requesting that the August 17, 2026, Ruling in Coastal Conservation Association v. State of North Carolina be Appealed." Several Coalition members reiterated that the Governor and state agencies need to urge the Department of Justice to exhaust all efforts up to the Supreme Court and to take appropriate measures to preserve North Carolina's

commercial fishing industries and other industries, from the destruction of this ruling.

Simultaneously and unknown to the Coalition during their meeting, the N.C. Attorney General Jeff Jackson filed an appeal on September 16 that stated,

"The defendant-the State of North Carolina hereby gives notice of appeal to the North Carolina Court of Appeals from the trial court's Order in Liability Phase, which the trial court entered on August 17, 2026. This appeal is based on N.C. Gen. Stat. §§ 1-277(a) and 7A-27(b)(3) (a). The Order in Liability Phase affects a substantial right that would be lost, prejudiced, and/or inadequately preserved without an immediate appeal."

The Coalition will be meeting again on January 6, 2027.

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North Carolina's Wild-Caught Commercial Seafood Industry (provided by the NC Coastal Counties Fisheries Coalition handout).

BOC Approves Resolution Supporting Appeal of Court Ruling

At their regular meeting Monday evening, the Pamlico County Board of Commissioners approved a Resolution supporting the NC Coastal Counties Fisheries Coalition request that the North Carolina Attorney General's office appeal the recent court ruling in the Coastal Conservation Association V. the State of North Carolina court case.

Updated Resolution

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(252) 745-1111 / (252) 745-1110
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A RESOLUTION OF THE NORTH CAROLINA COASTAL COUNTIES FISHERIES COALITION, CONSISTING OF BEAUFORT, BRUNSWICK, CAMDEN, CARTERET, CHOWAN, CRAVEN, CURRITUCK, DARE, HYDE, ONSLOW, PAMLIKO, PASQUOTANK, PERQUIMANS, TYRRELL, AND WASHINGTON COUNTIES, REQUESTING THAT THE AUGUST 17, 2026, RULING IN COASTAL CONSERVATION ASSOCIATION V. STATE OF NORTH CAROLINA BE APPEALED

WHEREAS, the Coastal Conservation Association and several individual Plaintiffs filed 20CV5012925-910 against the State of North Carolina in the Superior Court of Wake County alleging, inter alia, that the State has breached its obligations under the public-trust doctrine, Article I, Section 34 of the North Carolina Constitution (Right to Hunt and Fish, passed in 2018), and Article XIV, Section 3 of the North Carolina Constitution (Conservation of Natural Resources); and

WHEREAS, the ability to sue under these statutes was allowed for the first time. In this case, the trial judge and the Court of Appeals allowed the Plaintiff to proceed with this lawsuit against the state under these novel theories; see *Coastal Conservation Ass'n v. State*, 285 N.C. App. 267, 269, 878 S.E.2d 288, 292 (2022); and,

WHEREAS, this case has not been reviewed by the Supreme Court of North Carolina; and,

WHEREAS, the State cited Supreme Court case law in its defense at trial; and,

WHEREAS, Judge Collins, in his ruling finding the State liable for its breach of its duties under the public trust doctrine and the constitution, disregarded the Supreme Court precedent and cited the novel precedent provided by the North Carolina Court of Appeals in the earlier appeal of this case; and

WHEREAS, this ruling, if left in place, could destroy the entire commercial fishing industry in this State, thousands of jobs, and consumer access to North Carolina Seafood; and

WHEREAS, this ruling, if left in place, could be detrimental to the recreational and charter fishing industries in this State; and

WHEREAS, this ruling, if left in place, would set a dangerous precedent that could destroy other industries that Eastern North Carolinians rely on, such as Agriculture.

Updated Resolution

NOW, THEREFORE, BE IT RESOLVED by the North Carolina Coastal Counties Fisheries Coalition, which consists of 15 coastal counties that form the backbone of our state's working waterfronts, including:

Beaufort County
Brunswick County
Camden County
Carteret County
Chowan County
Craven County
Currituck County
Dare County
Hyde County
Onslow County
Pamlico County
Pasquotank County
Perquimans County
Tyrrell County
Washington County

That:

1. The Coalition strongly requests the ruling entered in 20CV5012925-910 on August 17, 2026, to be appealed to the appellate Courts of the State of North Carolina.

2. The Coalition humbly urges the Honorable Governor Josh Stein and the North Carolina Department of Justice to pursue all available legal remedies through the State Appellate Courts until this ruling is reviewed by the North Carolina Supreme Court.

3. The Coalition requests that all appropriate measures are taken to preserve Eastern North Carolina's commercial fishing industry, and other industries, from destruction by the ruling in this case and the dangerous precedent it sets.

ADOPTED this 21st day of September, 2026.

BY: _____
Kimmy Heath, Chair
Pamlico County Board of Commissioners

ATTESTED: _____
Tracy Royd, Clerk
Pamlico County Board of Commissioners

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The link between sitting and type 2 diabetes

The International Diabetes Federation notes that one in nine individuals between the ages of 20 and 79 across the globe are living with diabetes. That equates to roughly 589 million adults, a figure the IDF expects to rise to 853 million adults by 2050.

Risk factors for diabetes are sometimes linked to variables individuals cannot control. For example, the Centers for Disease Control and Prevention notes that type 1 diabetes is thought to be a byproduct of an autoimmune reaction. The CDC adds that individuals with a parent or sibling with type 1 diabetes are at greater risk for the disease than individuals with no such family history. But various risk factors for type 2 diabetes, which the Cleveland Clinic notes accounts for more than 90 percent of diabetes cases, often are within individuals' control. Sitting for extended periods of time, not only at work but also during free time, has been linked to type 2 diabetes. A 2015 meta-analysis published in the journal *Medicine and Sport Science* suggested a large duration of sedentary behavior is associated with a 112 percent greater risk for type 2 diabetes.



So why does sitting affect type 2 diabetes risk? One reason concerns the effects of long periods of sitting on metabolism. In a 2019 interview with *Health Matters*, endocrinologist Dr. Rekha B. Kumar noted that prolonged sitting required muscles to work less. Active muscles, Dr. Kumar noted, boost metabolism and lead to better blood sugar management. When a body sits for long periods of time, metabolism is adversely affected and the risk for type 2 diabetes increases.

Another way sitting has been linked to type 2 diabetes concerns the effects of sitting on insulin. According to the diaTribe Foundation, which aims to inform about diabetes and advocate for diabetes patients, sitting affects the way muscles respond to insulin, the hormone that reduces the amount of sugar in the blood. When people sit for long periods of time, they may not have the bandwidth to contract their muscles, and that can make it harder to regulate blood sugar. As that happens, people may develop a resistance to insulin that increases their risk for type 2 diabetes.

Surveys from the CDC have indicated that people self-report sitting somewhere between 6.5 to eight hours per day, while other studies suggest heavy screen users may be spending as much as 11 hours per day sitting. That's a potentially dangerous and costly development, but one that people can confront head on by making a concerted effort to spend less time sitting each day.



Memory loss disrupting life?

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ALZHEIMER’S ASSOCIATION INVITES
PAMLICO COUNTY RESIDENTS TO JOIN
2026 WALK TO END ALZHEIMER’S ON OCT. 17

Walk to End Alzheimer’s is World’s Largest Event Dedicated to Alzheimer’s Care, Support and Research



NEW BERN, N.C., Sept. 15, 2026 — The Alzheimer’s Association invites residents of Pamlico County and nearby areas to join the fight to end Alzheimer’s on Saturday, Oct. 17.

The Alzheimer’s Association - Eastern North Carolina Chapter will be hosting Walk to End Alzheimer’s – New Bern at Union Point Park located at 210 E. Front Street in New Bern. Check-in opens at 9 a.m.; Opening Ceremony at 10 a.m. and the Walk immediately following.

“This is a pivotal moment in the fight against Alzheimer’s. With new treatments and proven lifestyle habits that support brain health, there is real hope,” said Christine John-Fuller, executive director of the Alzheimer’s Association - Eastern North Carolina Chapter. “Together, we can build a brain-healthy future and help end this disease. We invite everyone to join us by forming a team to raise awareness and funds for families facing Alzheimer’s today.”

On Walk day, participants honor those affected by Alzheimer’s with the poignant Promise Garden ceremony — a mission-focused experience that signifies our solidarity in the fight against the disease. During the ceremony, walkers will carry flowers of various colors, each color representing their personal connection to the disease.

More than 7 million Americans are living with Alzheimer’s disease – a leading cause of death in the United States. Additionally, nearly 13 million family members and friends provide care to people living with Alzheimer’s and other dementias. In North Carolina, there are more than 210,000 people living with the disease and 338,000 caregivers. Craven County has an Alzheimer’s prevalence rate of 11.8% in its age 65 and older population.

The Alzheimer’s Association hosts 17 walks across North Carolina including: Alamance County, Asheville, Charlotte, Gaston/Cleveland/Lincoln Counties, Fayetteville, Guilford County, Henderson County, Iredell Co. & Lake Norman, Jacksonville, Moore County, Mount Airy, New Bern, Rowan-Cabarrus Counties, Triangle (Raleigh and Durham), Unifour, Wilmington and Winston-Salem.

To register as a participant, team captain, or learn about becoming a sponsor or volunteer of Walk to End Alzheimer’s – New Bern, visit act.alz.org/NewBern or call 800-272-3900.

Alzheimer's Association Walk to End Alzheimer's®

The Alzheimer’s Association Walk to End Alzheimer’s is the world’s largest event to raise awareness and funds for Alzheimer’s care, support and research. Since 1989, the Alzheimer’s Association mobilized millions of Americans in the Alzheimer’s Association Memory Walk®; now the Alzheimer’s Association is continuing to lead the way with Walk to End Alzheimer’s. Together, we can end Alzheimer’s.

Alzheimer's Association®

The Alzheimer’s Association is a worldwide voluntary health organization dedicated to Alzheimer’s care, support and research. Its mission is to lead the way to end Alzheimer’s and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Visit alz.org or call 800.272.3900.

About the Alzheimer's Association - Eastern North Carolina Chapter:

The Eastern North Carolina Chapter provides patient and family services, information and referral, education, and advocacy in 51 eastern North Carolina counties. It offers opportunities to get involved and to make a difference, in addition to a variety of services including: a 24/7 Helpline, support groups, educational programs and care consultations. For more information about Alzheimer’s disease, or the Alzheimer’s Association - Eastern North Carolina Chapter, visit alz.org/nc or call 800-272-3900. For the latest news and updates, follow us on Facebook, X and Instagram.



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